

LIFE

JUNE 1985 \$27.00

Looking Back
At
Looking Good





**EL CAPITAN
HIGH SCHOOL
10410 Ashwood St.
Lakeside, California
92040**

Looking Back At Looking Good i.e. Success

by Jeff Cole

When a group of growing, changing, striving, young adults gather to brainstorm for a theme, the mood of the group will inherently be a part of their decision. The theme of this year's book, "Looking back at looking good", offers a view at the inner thoughts of the students at El Capitan. What is on their minds? Success! Looking back at looking good is simply another way of saying success. And so the '84-'85 annual staff offers El Capitan, it's students, and the community of Lakeside a look at success: In leadership, in activities, in sports, in academics, and in achieving goals and learning about living. According to some faculty, this year's classes of young adults, from freshmen to seniors, are more success orientated than previous years. As a result, the underlying message throughout will reflect this style, this tone. If you are skeptic about young people in East County, we warn you. This publication will change your mind. If you are content in the knowledge that El Capitan students will be leaders in the future, then we invite you to reminisce with us as we share looking back at looking good. Think success!



Proud success can be found on the face of varsity cheerleader, Amy Hageman.



According to Mr. DeKock's best recollection, this sign has welcomed students to El Capitan since a bright sunny day, February 13, 1972.





HEADLINE NEWS

Active Leadership

Far left: Apathy went out the window along with clothes as participation in homecoming week toga day and other school activities was high ... *page 17*

Middle: "The class of '85 is alive and everyone has gone crazy," states Brenda Brassell, secretary of the senior class in reference to their theme, "Let's go crazy." ... *page 33*

Left: The faculty and administration continue their jobs of teaching, administrating, restraining, liberating, limiting, and setting free ... *page 79*

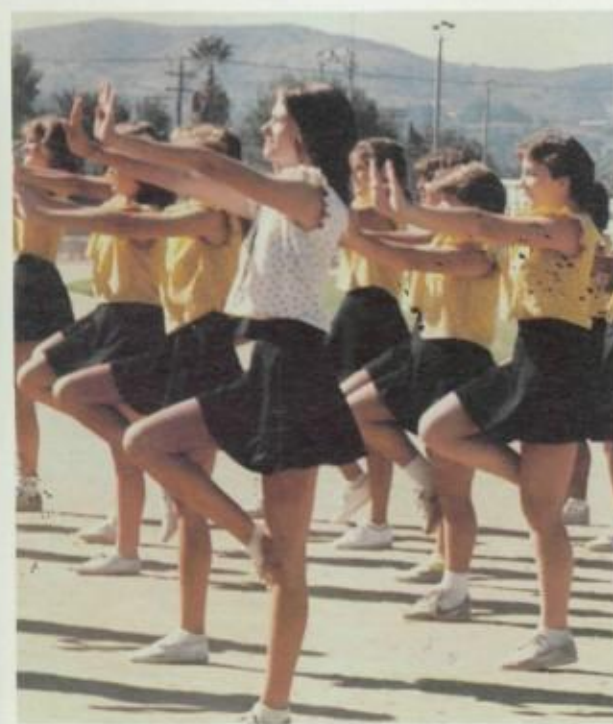


Understanding, Learning, and Aspiring

Far left: Juniors have taken their cue to enter into the game of responsibility and leadership, some specializing in certain activities, while others keep well rounded social lives ... *page 101*

Middle: Caught in the middle and just becoming stable, sophomores enjoy their newly found lifestyles. A respect-filled awe at new possibilities can be seen ... *page 119*

Left: Culture shock and learning how to grow are a few of the hurdles common to freshmen. "A strong class academically", says Mr. Lipetzky, freshman geography teacher ... *page 137*



"The Best", Participation, and Creativity

Far left: "We're the best", says Jared Brooks referring to the varsity boys cross country team. In one way or another, a year of success in every sport ... *page 157*

Middle: Attendance of clubs and organizations grew enormously as a densely populated student body became involved on campus ... *page 205*

Left: Students creatively communicate their thoughts in poems, photographs, and drawings ... *page 241*



What was the strangest/most unusual thing you wore to school?

"The pink tu-tu at the Spanish play."

— Alan Bocko —

"A Charlie Brown toga."

— Liann Brian —

"A burlap sack and a beanie."

— Curtis Canfield —

"My granny's mini dress, cowboy boots, a flowered scarf, sunglasses, and knee highs for slave day."

— Brandy Harrison —

"Me and my ponytail and my Mary Jane's."

— Steve Noriega —

"A potatoe sack."

— Rich Schulenberg —



What was the strangest/most unusual thing you saw someone else wear to school?

"Ken Brinegar wearing a striped shirt and plaid shorts."

— Bert Weiss —

"Green hair and dog chains."

— Ray Osle —

"A chick dressed up as Boy George."

— Dennis Tolley —

"Hair starched, nose pierced, and leather pants with studs."

— Cherie Haugum —



What do you want to be remembered for when you leave El Cap?

"As the guy who got 5.684×10^8 hugs in four years; and of course for my magnificent charm and intelligence."

— Ted "Teddy Bear" Cuevas —

"Being there physically but not always mentally."

— Carrie Pangborn —

"For making good times out of bad times and making the good times even better."

— Jon Comfort —



What was your funniest/most unusual locker experience?

"My freshman year — being assigned a locker that did not exist."

— Lisa Pfohl —

"When we stuffed a freshman in one, and left him there over the weekend."

— Eric Daniels —

"When the locker next to mine caught on fire."

— Doug Owens —



What was your most embarrassing moment on the quad?

"Wearing Brenda's cheer uniform and cheering at a pep assembly."

— Scott Freeman —

"Running into a pole in front of a bunch of guys."

— Sharon Moss —

"Walking around with a note on my back that said 'I'm ugly'."

— Kyle Boswell —

"Being hit in the face by my brother and Darren Ives with two whipped cream pies for my 16th birthday."

— Heather Artzer —



What was your best excuse?

"Brain fade."

— Paul Dautremont —

"A band of hoodlums were assembled outside your door and they went straight for my American Studies mattress."

— Debby Corcoran —

"But Mom, there were tons of teenage boys!"

— Brandy Harrison —

"I'm not late, I'm early for the next period."

— Ken Brinegar —

Students Rally To Promote School Spirit

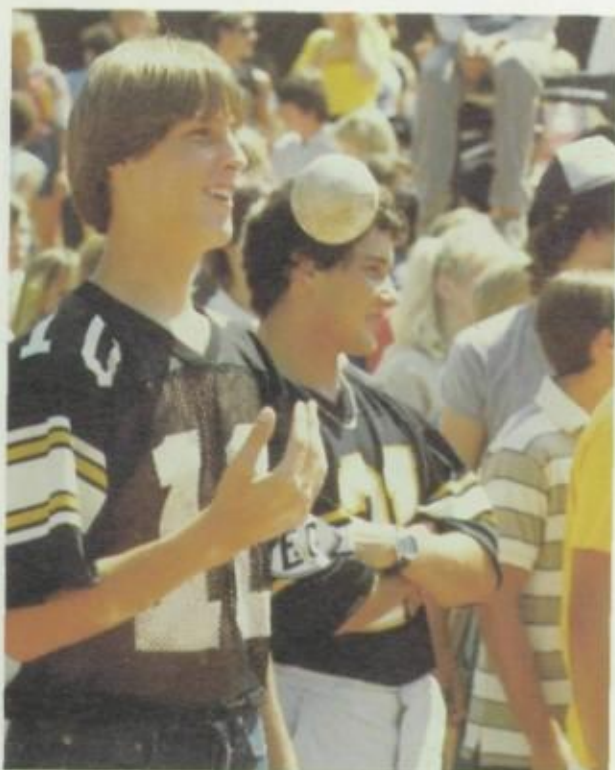


Larry Himmel at Large, El Capitan High School.



Our first place chariot team. Seniors Brad Burton, Darin Curtis, Carl Cato, David Nowlan, and rider Bert Weiss.

by Cookie McLean



Mike Thompson impatiently waiting to dunk a cheerleader.

With the opening of the '84-'85 school year, the usual first day complaints came to surface. "The summer was too short", "I already have homework!" But, this year unlike years in the past, a 110° heat wave hit our southern California city. The unbearable heat made it difficult to concentrate on studies, so students looked for a place to cool off. The ASB sponsored dunking booth on the quad seemed to be the popular choice as students aimed to "dunk a hunk", cheerleader, or math teacher. As the temperature cooled to 101° at the week's end, ASB held the first assembly of the school year. Joey Till and Varsity coaches introduced the football, water polo, tennis, and volleyball teams as well as band, drill, and ASB members. We also got a preview of the new cheerleaders as they performed the first cheer of the '84-'85 season.

The next assembly fell on October 4 and was for "seniors only". We found out who had won senior standouts, were told about upcoming senior activities, enlightened by Mr. Finch on the perils of drugs and alcohol on campus, and then we were lead into the shape of an 85 for the senior class picture.

Our homecoming assembly was not only enjoyed by El Cap students but by all of San Diego. Channel 8's Larry Himmel filmed his 5 o'clock news spot at our assembly. San Diegans didn't see us in our normal state though. Our dress up topic for homecoming Friday was toga day. And to fit in with the Greek atmosphere, ASB held a chariot race. The week's activities and our successful homecoming assembly boosted school spirit and got the football players fired up to beat Santana 21-7.



Students look on at the first assembly of the year.



Kristin aims to dunk her dad, Coach Wilkins.

Kids Caught Up In Style

Leather, Layering, & Lace

by Cookie McLean

The 80's brought the space shuttle, home computers, and dolls with birth certificates. But for El Capitan students the 80's meant a changing of the "Lakeside" stereotype.

Although a few good 'ole country boys still roamed our campus, hard rockers and mods prevailed.

This "crazy" trend slowly drowned out the conservative preppy look of the past year as students strived to be as shocking and bizarre as possible.

Multi-color, short hair, layering, flourescent, lace, and gladiator shoes were popularized by the punk sector, while long hair, chains, black, and leopard skin became the traits of the hard rock group.

Fashions were also influenced by movies. The box office hit, *Ghostbusters*, casued a buster-mania of sorts as everyone and everything was being "busted". This buster trend ranged from "Cub Buster" tee-shirts to "Thirstbuster" cups.

Other fads of 1984 were Trivial Pursuit, helium balloons, and romance novels.



Like thousands of international clubs, Sannie Gibson and Tammy Hicks share romance novels.



Front row: Lara West, Kristina Koltavary, Mike Leavitt Back row: Marci Boyles,



Jimmy Peek, Richard Balk, Mike Reed, Natalie Shifano, Johnny King.

Why Do You Standout?

by *Cookie McLean*

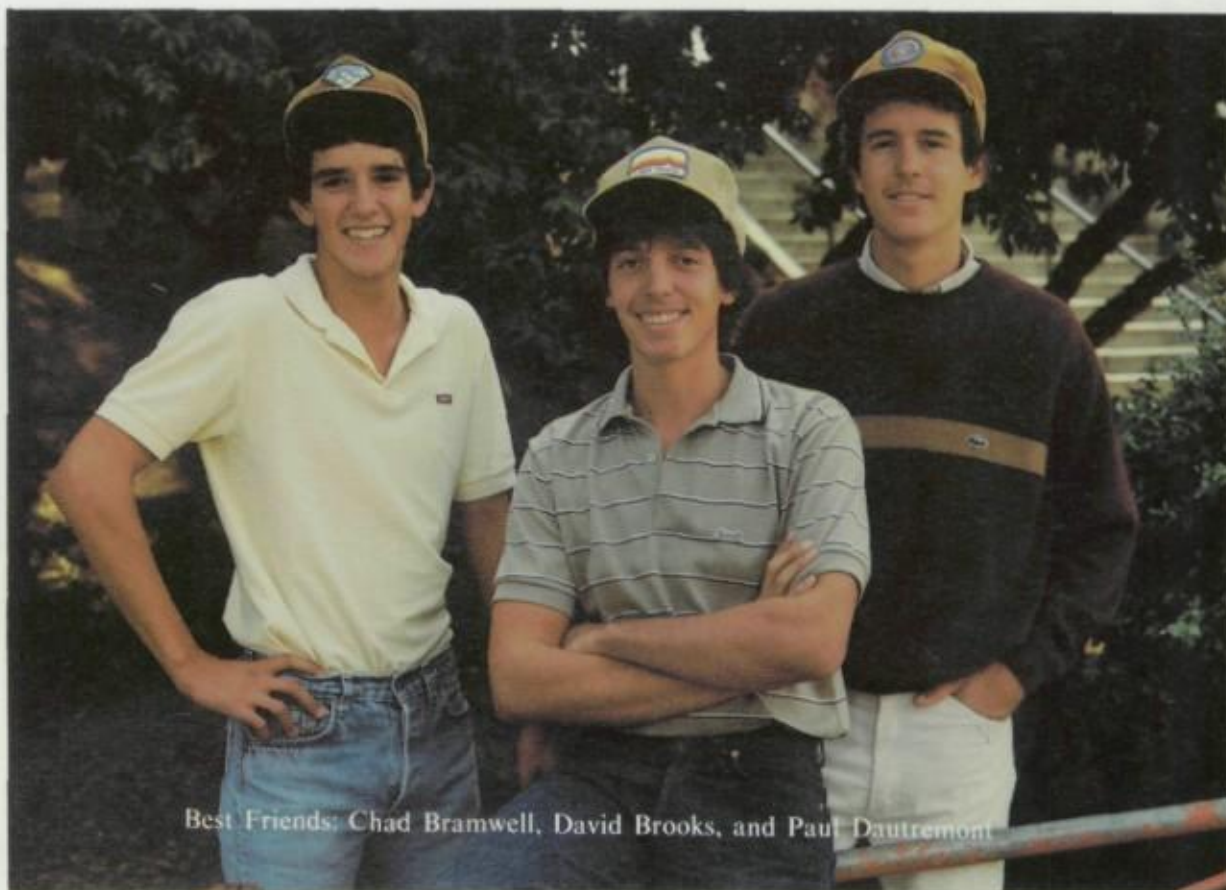
member themselves?

In 10 years we'll take out our yearbooks and reminisce about the good old days. We'll always remember the class flirt or the class hunk everyone was in love with, but what about them? How will they re-

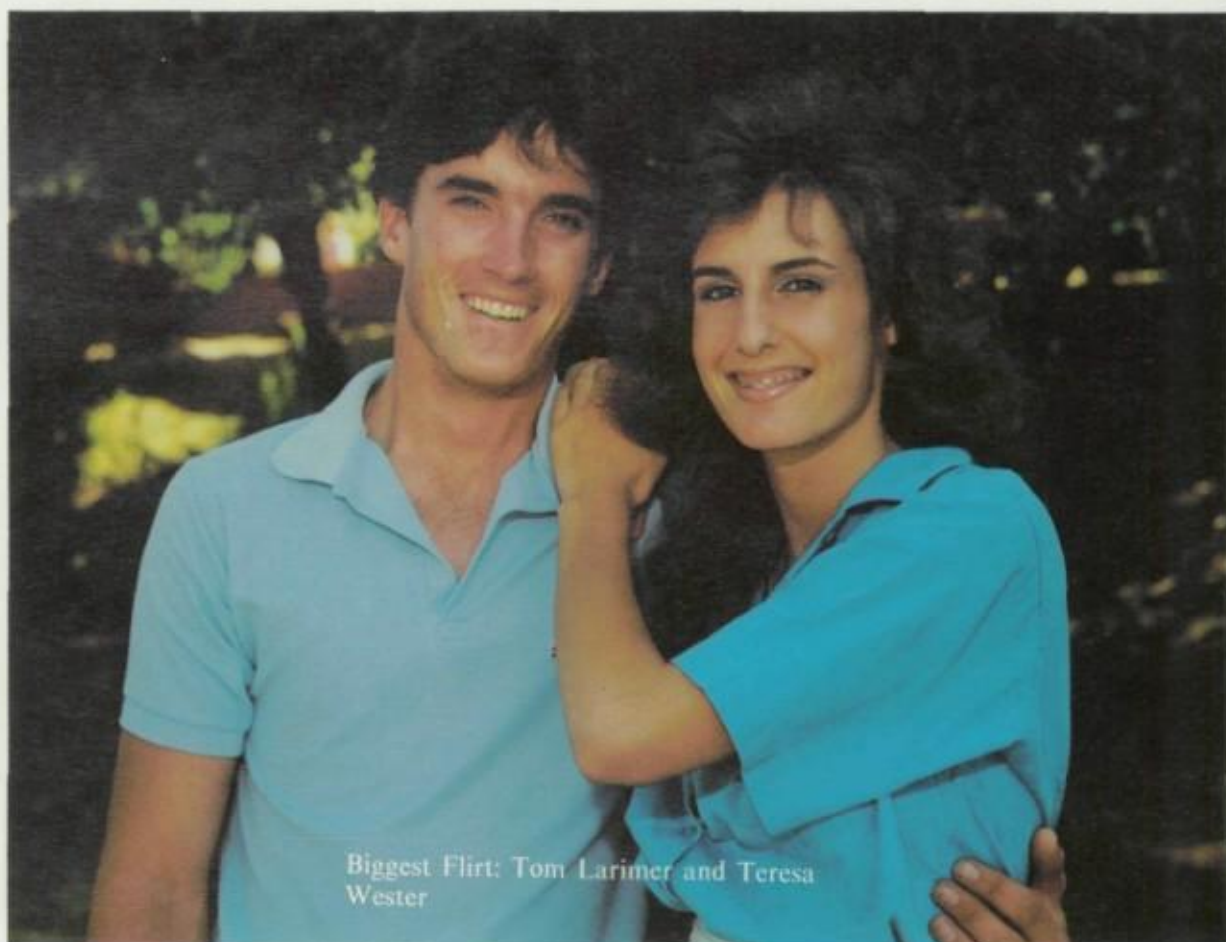
Why are you best friends? "Actually Debby and Cookie aren't best friends, they're just good buds. Woof and Tweet are. No matter what happens to Debby and Cookie, Woof and Tweet will always



Best Friends: Debby Corcoran and Cookie McLean



Best Friends: Chad Bramwell, David Brooks, and Paul Dautremont



Biggest Flirt: Tom Larimer and Teresa Wester

live on." — *Cookie McLean.*

What qualities in a person makes them have a good personality? "Friendly, easy to get along with, good ears, ... most likely to laugh in a tough situation." — *Jon Comford.* "The ability to get along

with everyone, sense of humor, and being able to laugh at yourself." — *Suzy Bass.*

Why do you flirt? "It makes you feel good all over!" — *Tom Larimer.*

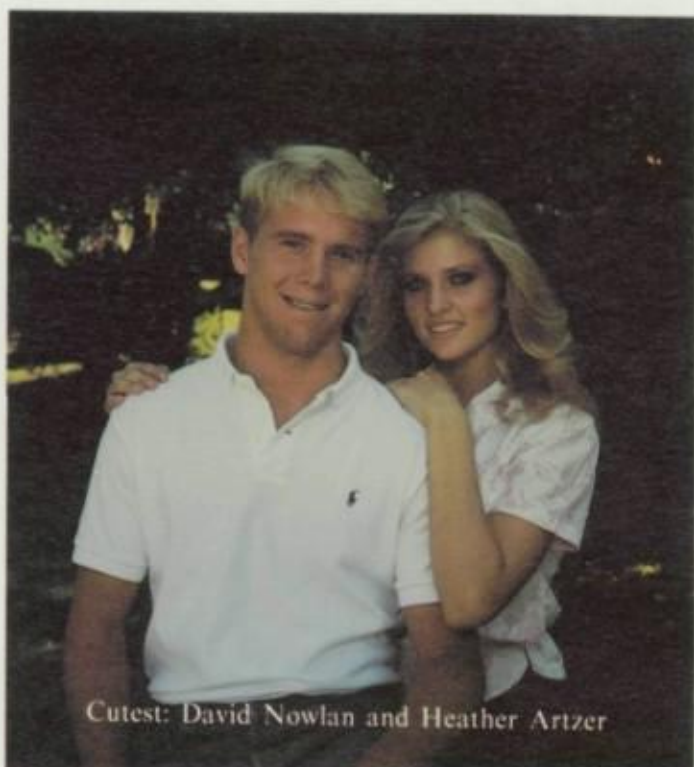
Why are you a clown? "I can't handle all



Most Athletic: Brad Burton, Shelly McVicker, and Mitch Burton



Most Popular: Todd Torgerson and Geri Critti

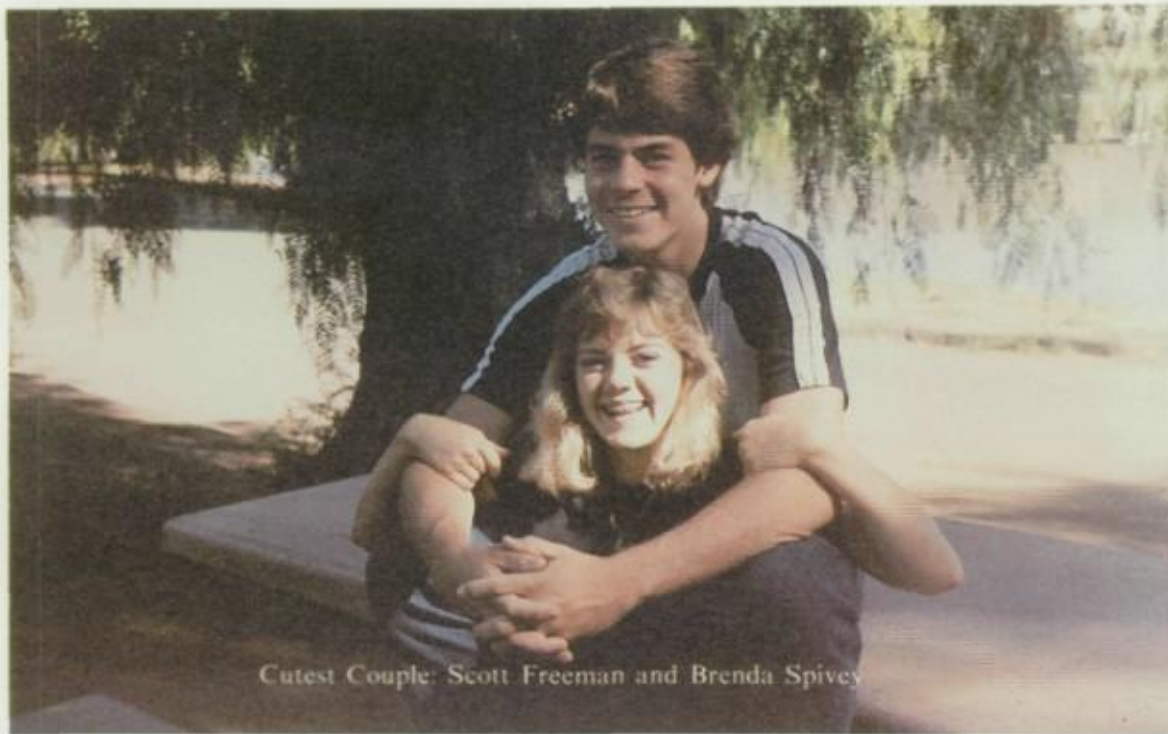


Cutest: David Nowlan and Heather Artzer

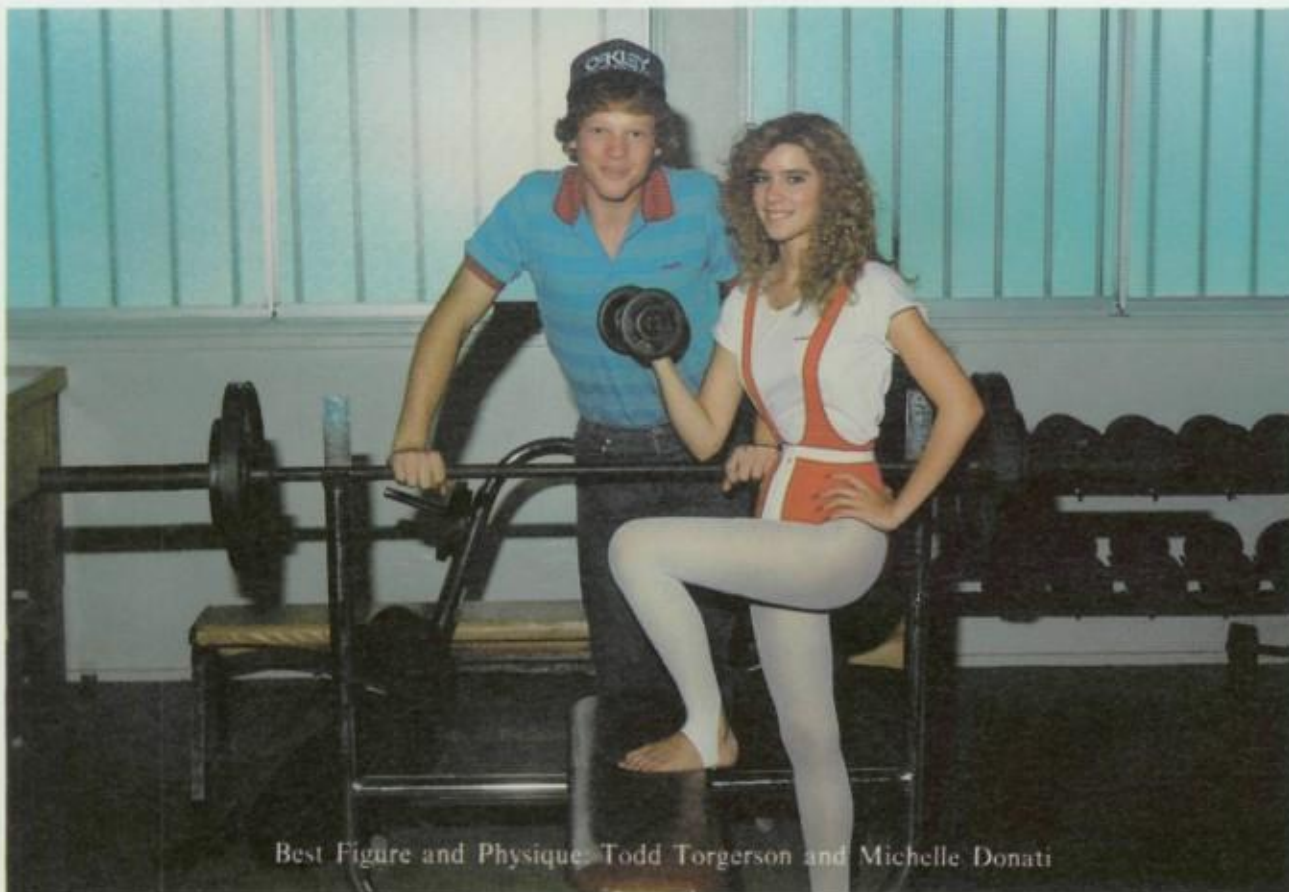
the seriousness . . . sometimes you just have to be a jerk." — *Kim Weiser*. "Everyone takes everything too seriously. It's my duty in life to make them see the other side. Sometimes you just have to say what the heck." — *Bert Weiss*. "Sometimes I feel like being goofy. I like to make people

laugh during a lecture so they get in trouble." — *Carl Cato*.

What is success? "Success is a good job, a happy family, and plenty of money!" — *Renee Mueller*.



Cutest Couple: Scott Freeman and Brenda Spivey



Best Figure and Physique: Todd Torgerson and Michelle Donati



Class Clowns: Bert Weiss, Carl Cato and Kim Weiser

How do you think athletics has contributed to your future? "It teaches you dedication, hard work, and discipline." — *The Burtons.*

Why do you dress well? "Girls like a well

dressed man." — *Phil Aguilar.*

Why do you think you were voted cutest couple? "Because we have a strong relationship. She is cute enough for two." — *Scott Freeman.*



Most likely to succeed: Brian Burdowski and Renee Mueller



Best Personality: Suzi Comfort and Jon



Best Dressed: Geri Critti and Phil Aguilar



The Graduating Class Of 1985



“Let’s Go Crazy!”



THE SATURDAY EVENING POST



FOUNDED A.D. 1728 BY BENJAMIN FRANKLIN

JUNE, '85

\$27.00

Lights . . .

Camera . . .

Action . . .

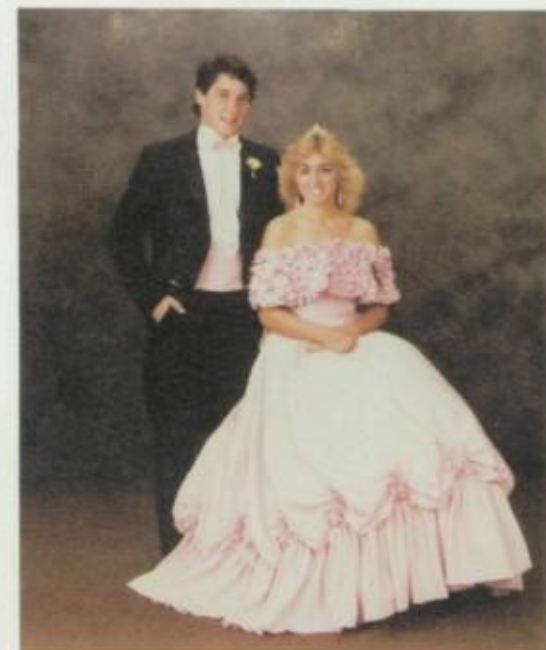
A MOVIELAND HOMECOMING

by Cookie McLean

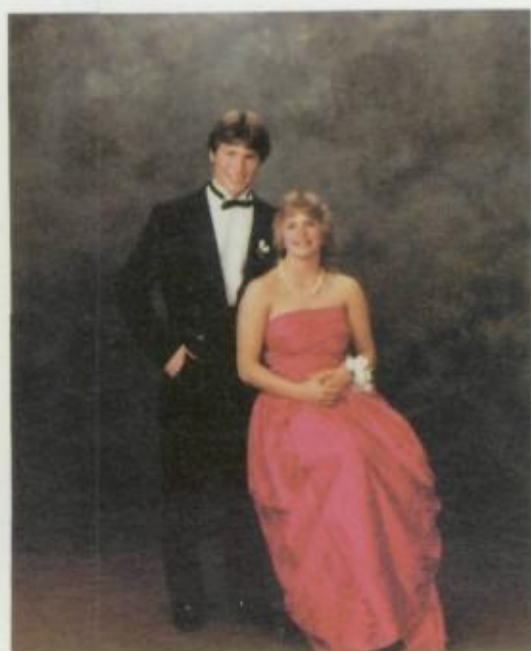
By half-time, El Capitan lead Santana 14-0. But, the 5000 fans no longer had their minds on the game. All eyes were on the cars slowly parading by the stands with elegant princesses and dapper princes. Bert Weiss, "The Voice of the Vaqueros," was the master of ceremonies, announcing titles of couples as they walked under a rainbow arch of

balloons and took their place on the field.

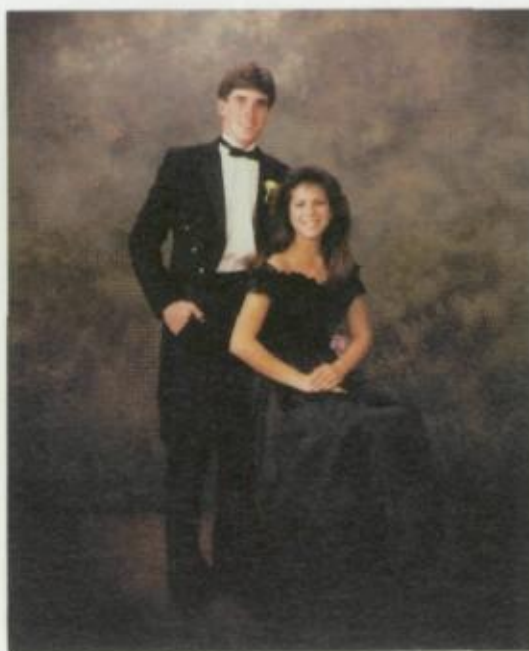
Flowerbearers, Torrie Prill and Jason Oftedahl, presented a rose to each prince and princess and tension mounted. Joe Schramm and Kari Henzie, the 1983-84 Homecoming King and Queen, moved forward with the flowerbearers and Bert announced the names of Heather Artzer and David Nowlan. Each stepped forward to be crowned and their reign began.



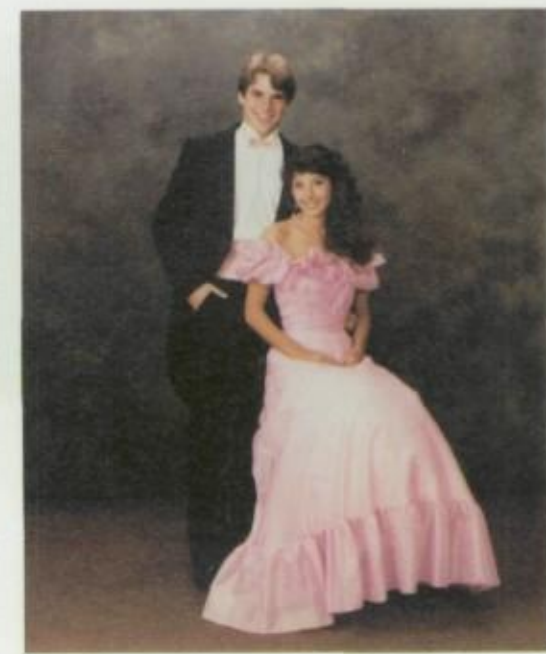
Ken Brinegar and Trisha Hock.



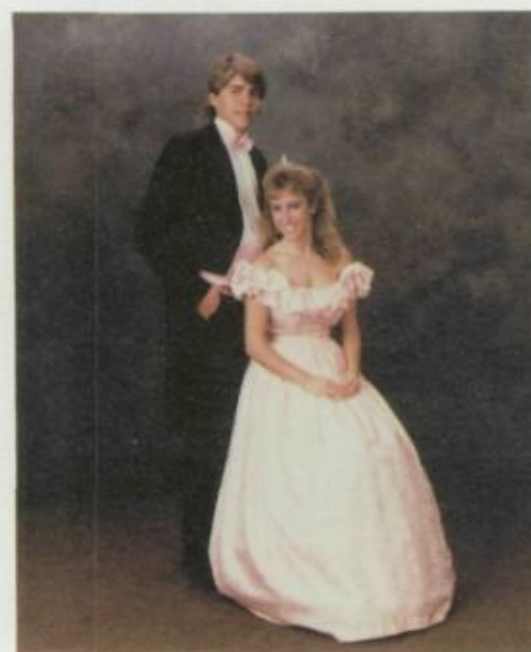
Joey Till and Michelle Sanders.



Tom Larimer and Dominique Reveles.



Darin Curtis and Paula Stooddy.



18 Sherry Gebhardt and Gherig Browning.



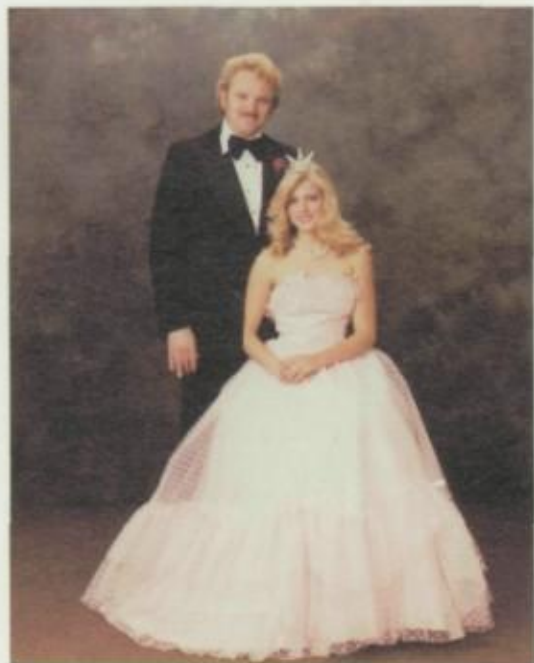
Mia Branski and Greg Bluffin.



Tina Stoner and Richard Harrelson.



Prince of Enthusiasm, David Nowlan and Michelle Clark.



Princess of Enthusiasm, Heather Artzer and Mr. Artzer.



Flowerbearers, Jason Oftedahl and Torrie Prill.



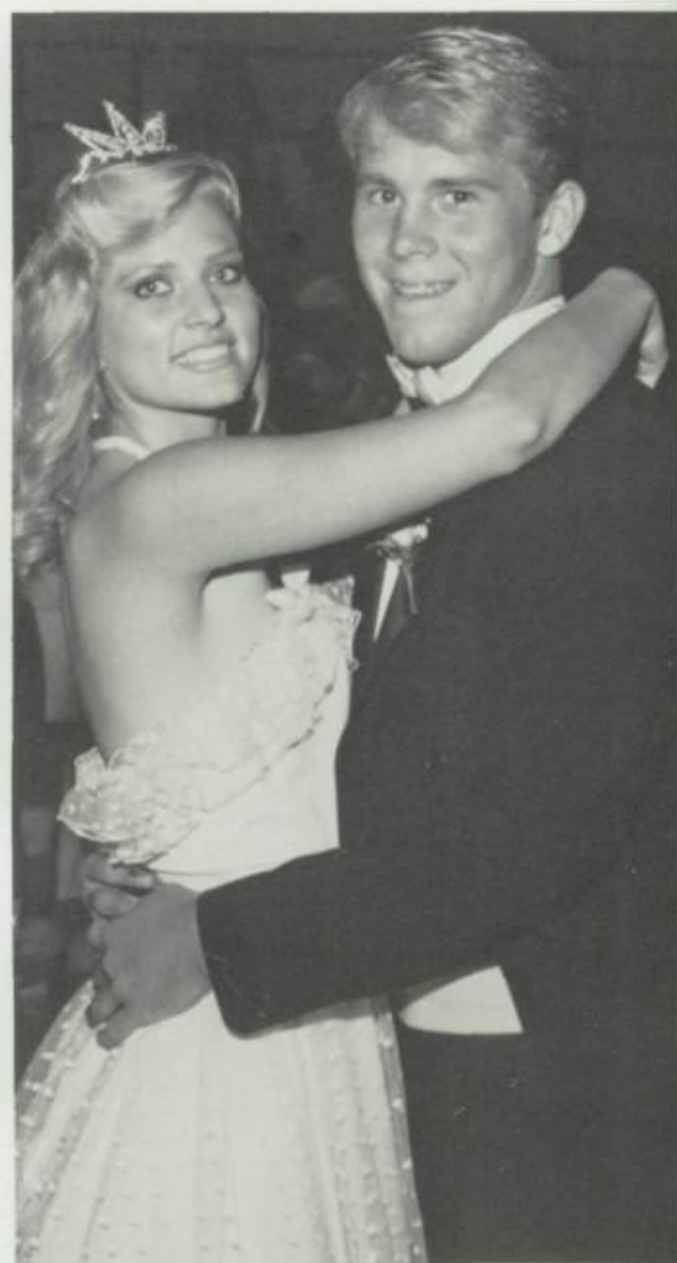
Front row — Tina Stoner, Princess of Success, Torrie Prill, Queen Heather Artzer, Jason Oftedahl, Sherry Gebhardt, Princess of Sportsmanship. Back row — Darin Curtis, Prince of Success, Tom Larimer and Mia Branski, Prince and Princess of Spirit, King David Nowlan, Trisha Hock and Ken Brinegar, Princess and Prince of Victory, Joey Till, Prince of Sportsmanship.



And you said we were going to the drive-in.



Cookie McLean escorts flowerbearers Torrie and Jason in Homecoming ceremonies.



Our newly crowned King and Queen share a victory dance.



Prince and Princess, Ken and Trisha, wait in anticipation for the announcement of King and Queen.





Heather and Dave being crowned by the 1983-84 Homecoming King and Queen, Joe Schramm and Kari Henzie.



Juniors Kristina Koltavary and Josie Perez carry out the movie theme by dressing for *The Day After*.



Seniors "make noise" on their float, Animal House.

"Life's An Off Campus Activity . . .



The warmth of a beachside campfire draws friends together

We were off campus; we were on the streets, at the beach, taking in a movie, riding the dunes, and skiing fresh snow. These are the activities enjoyed by Southern Californians and El Capitan students alike. San Diego offers us the ultimate in versatile past times. More and more people each year flock to America's finest city to enjoy the "fun in the sun" we have at our doorstep.

For some of us, this doorstep is as close as; Buttercup, Glamis, or Moreno Off Road Park. Off-Road moto enthusiasts

load up their buggies and bikes for dirt sturring, energized air filled, enjoyment. Those persons who enjoy watching the maniac moto riders tend to stay in the stands at Hidden Valley Off Road Racing Park.

Those of us who sought a break from our studies and a good opportunity to socialize, found ourselves out on the town at the \$1.00 Night movies. The movies provide a change of pace to break up the weeks homework load. When, by chance, there was nothing

showing; El Cappers killed the time by patronizing Farrell's, Parkway Plaza, or just wasting precious gas cruising the infamous Second Street.

Then there were those students who just couldn't get enough El Cap fun 'n' good times. Tailgate parties were the event this fall. Avid football fans gathered together with their radios and takeout pizzas to get pumped for the games. You've heard of dancin' in the streets . . . ever heard of dancin in the parking lot?



It's a bird, it's a plane, no it's Cliff Schulenberg



Shelly McVicker geared up to hit the slopes at Mammoth



Henry Lozano does a fancy slip off the lip

Fall soon fell and winter came peeping around our neighboring Laguna Mountains. The mild snow bunnies took their toboggans and innertubes up 5000 ft. to that white fluffy stuff called snow. A few hours of icy playland was enough to tide most of us over for at least a year. But for the hard core snow thinkers — ski slopes were solely on their minds. Popular ski spots this year were the usual: Mammoth, Big Bear, Snow Summit, and Holiday Hill. They "packed up" for "packed white fun". But snow isn't for everyone and the beach boys, blond haired blue eyed, stereo typed "Moon Doggies" know

what the waves in San Diego were created for. Surfing remains an exceedingly popular sport. A newly christened gathering place in Pacific Beach was specifically named for those students with only good times on their minds. The beach front property often frequented by El Cappers is Law Street. Festive spirits and a campfire set the mood as students "celebrate life", the end of midterms, or just the weekends arrival.

Student Jobs: Priority Or Fun?

by Laurie Erdman

The schedule is tight, the free time limited. The high school years are jammed full with homework, football games and dating. But today's teenagers find a great need to take on a part-time job. It is hard to hold down a job and keep up with school at the same time, but many energetic teenagers at El Capitan high school are doing just that. And you can believe the jobs vary; from washing dishes to bucking hay and from serving ice cream to working in construction.

Toby Gaerin, a senior at El Capitan works in the construction business. Toby specializes in building houses and decks. Unlike most teenagers Toby travels in his work. One day he will work in Point Loma building a deck, the next day he might be in Escondido constructing a house. But, like

most teenagers, Toby works to maintain a car. Another reason he gave for holding down a job is to gain experience. "I want to have something to fall back on if my future does not work out," says Toby.

Washing dishes is another job that occupies the time of El Capitan students. Seniors Robert Abbott and Jeff Hamen wash dishes at Hoi Pings in Lakeside. They say it's not the greatest job but it brings in the money. Both Jeff and Robert agree that work does not get in the way of school. In fact, their employer encourages them to do their homework at work if there is nothing else to do. Another job that seems to have become quite popular at El Capitan is bucking hay. There are several feed stores in the area that employ students seeking extra cash. Tom Larimer and Troy Pitts are just a few who take on the grueling work of bucking hay.

As it has been for generations past, working in a restaurant has got to be the most popular job among high school students today. Jeff Cole at Farrell's, Sean Quigley at La Palapa, and Kim Weiser at Marechiaro's. They all make their money "slinging hash" or waiting on tables. Not a glamorous job but "you do meet lots of people."

These various jobs, held by students, have many advantages. But, as with anything in life, there are the disadvantages. Mr. DeKock says, "If a kid has to work I would like to see it just 8 to 12 hours a week." It is true that when a student is holding down a job their school work slacks off. It is also true that many students lose out on the "high school experience" when they have a job. Granted they can maintain a car, but, they miss out on football games, dances, and parties because they often have to



Toby Gaerin prepares for the future by working in construction

work during these events. Mr. DeKock also believes that it is healthy and stresses apprenticeship when a student has a job. But, that these teenagers are sacrificing their youth as they spend up to 38 and 40 hours a week working.

None of the above jobs are glamorous or eternally benefiting. This also seems to be a problem when it comes to student jobs. All too many times the only job a high school student can get is a menial, low paying one. Adults take advantage of teenagers looking for a job and give them the ones that no one else will take.

These students have two things in common. A need for money and parents who won't give it to them. But are the late hours and early mornings good on teenagers? Most have gotten used to doing homework in the early hours of the morning, but, unfortunately, some just bypass the homework. Where do the priorities start and the fun begin?



Jeff Hamen and Robert Abbott wash dishes at Hoi Pings Village.



Jennifer Clinger works the register at Price Rite Pharmacy.



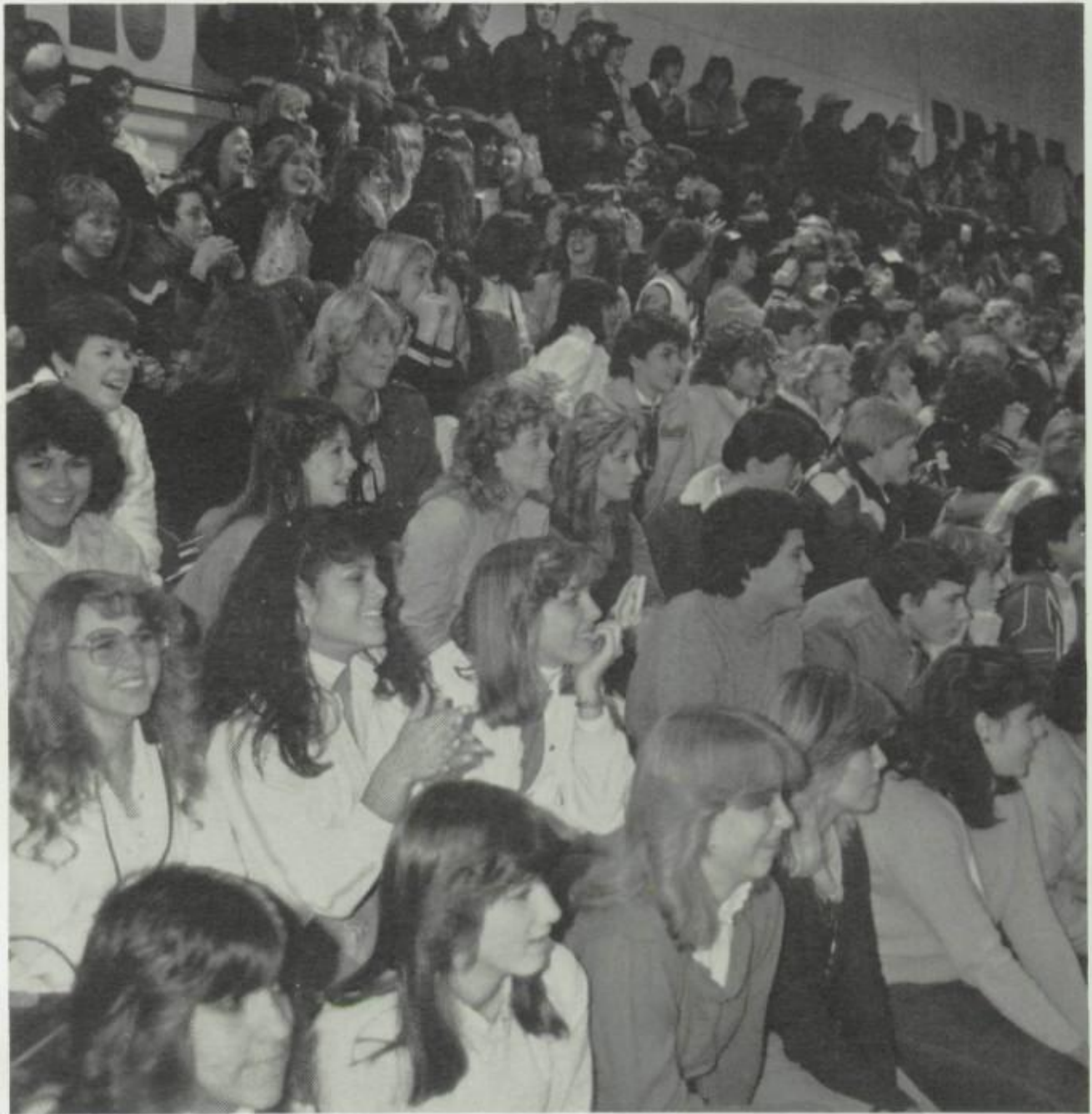
Robert Abbott fulfills his responsibilities at Hoi Pings.

Christmas Spirit Is In The Air

Holiday cheer and spirit were the moods surrounding the annual Christmas Assembly. Each year the students gather to share the togetherness the holidays bring.

Performances included the drill teams's "Chipmunk" routine, choreography's rendition of "Hallelujah" and several spirited cheers from El Capitan's sports teams.

Another exciting part of the assembly was the class competition. The contest was a relay race with four participants from each class. They combined a foot race with eating bananas, drinking coke from a baby bottle, putting on various articles of clothing and running with a soccer ball between their legs.



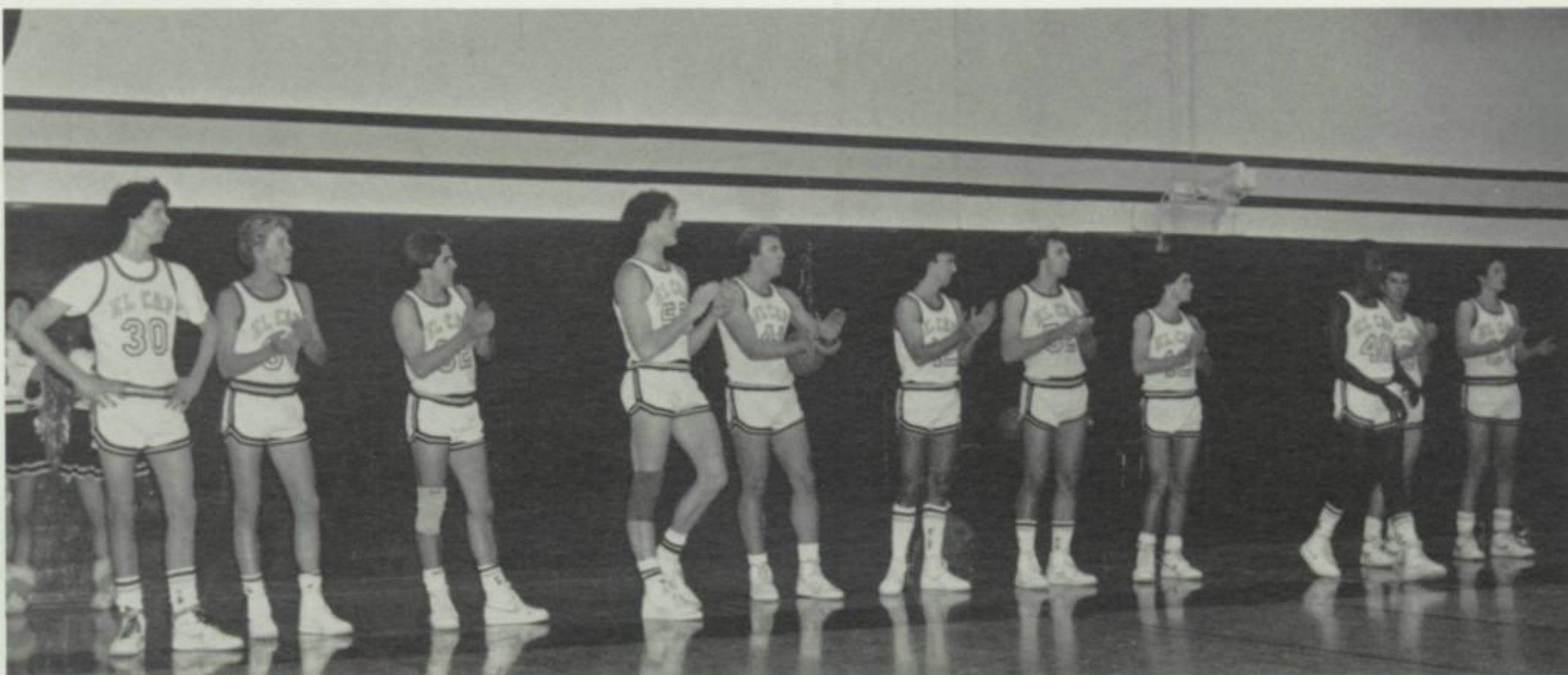
Fun people come in crowds.



Drill Team "Jingle Bell Rocks" around.



The choreography classes in the grand finale of the *Hallelujah* chorus.



"... and now the 84-85 Varsity Basketball Team!"



Joey Till is the official commentator to the 1984 Christmas Assembly.



Bill, Greg, and Jeff lead the crowd in a cheer.

Winter's Fantasy

"A Winter Fantasy" was the theme of this year's Christmas Dance. The evening began with valet parking handled by distinguished, handsomely dressed attendants in tuxedos. The couples then began a romantic stroll amidst twinkling Christmas lights hung on the bushes leading to the dance. The red carpet led the couples directly into the "Fantasy". Silver and blue balloons, snowflakes, and blue stars hung from the ceiling giving the effect of dancing under the moon and stars.

The music played and couples filled the dance floor for four hours of dancing, romancing, and fun. Elegant Buffet did the catering, and KS103 supplied the music.



The KS103 D.J.



Wendy Ashworth and escort Pep Osuna dance the night away.



Kim, Brenda, Alan, and Lois rock to Wham!

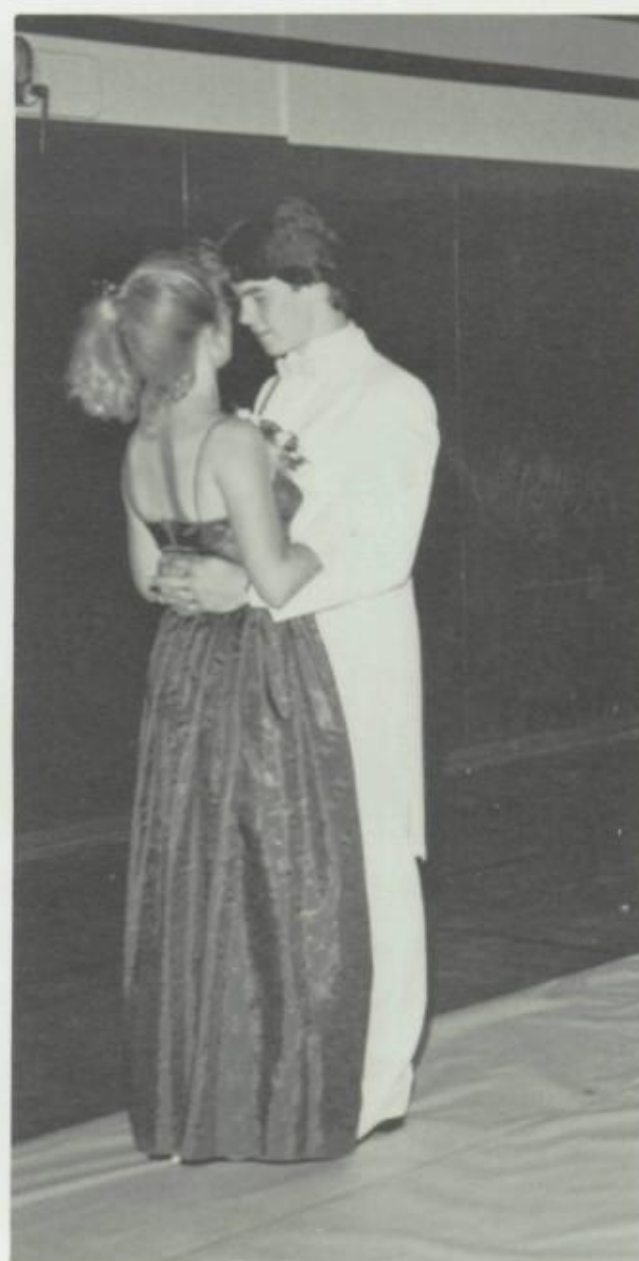


Romance on the sidelines.



Senior King And Queen

Geri Critti and Phillip Aguilar.



Scott Freeman shares a special song with Brenda Spivey.



Juniors

Molly Purcell and Rob Breedlove.



Sophomores

Julie Wyborny and Wally Pimentel.



Freshmen

Carlos Guterrez.

A Showcase Of Talent



Clarinet players warming up at the El Cajon Performing Arts Center.



A brief rehearsal before showtime instills confidence in the choreography classes.



Solist, Trevor Warren, singing *Blue Christmas*



Nicole Dreis and Michelle Clark, El Capitan's first and second chair flautists, harmoniously perform for the Christmas crowd.



Mr. Nugent conducts the choir in "A Christmas Wish".

The Performing Arts Department held their Christmas show at the El Cajon Performing Arts Center on December 8, 1984. The show consisted of a variety of holiday entertainment including instrumental tunes by the band, songs by the choir, and dance numbers by Mrs. Bush's period 4 and 5 choreography classes.

"Everyone involved put forth a large amount of time and effort to make the show a success," said Mrs. Bush. Each of the 65 girls in her classes participated in 3 out of 4 dances performed throughout the show. Dori Eppstein and Lisa Traver choreographed and taught the other girls the modern jazz dance done to the song "When Doves Cry". "All of the girls cooperated," commented Dori.

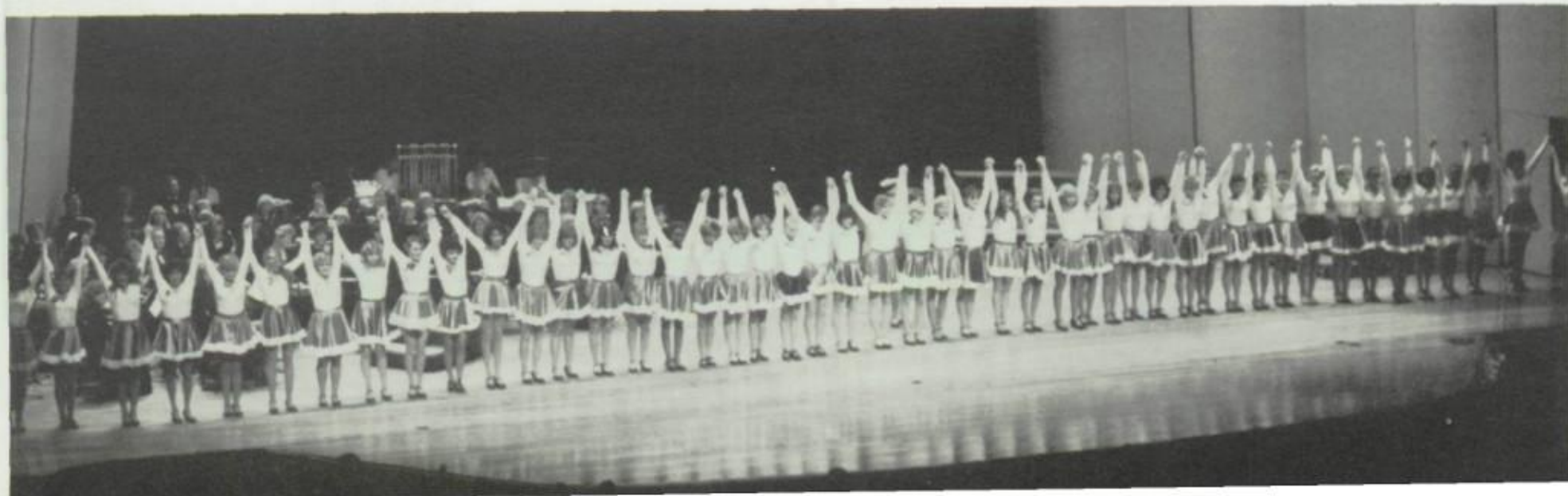
"It felt great up on stage. I think the three months of hard work and practice was well worth it," said Lisa.

Both the band and the dancers began preparing for the show in mid October, and the choir began practicing in November. A selection of brave students from the choir stood up on stage and sang a solo or duet. Trish Winningham said about her solo performance, "I was scared and nervous. I was afraid the audience wouldn't like it, but they did."

Linda Tagney and Kelly Kaiser sang "I Remember Christmas Past" as their duet song. "We practiced in my truck on the way home from school for 2 to 3 weeks," claims Linda. Both Linda and Kelly enjoyed themselves and said they would do it all again if given the chance.



Lisa Travers practices one last time before performing.





Bert announces couples at the Homecoming game.



Graffiti at its best.



Nicole Dries, Pam Crawford, Nicole Birkel, Guy Kopperud, and Dave Root look on at a Grossmont Football game.



DeAnna intently watches action on the Senior lawn.



Mascot Brian Leung and returning mascot Jill Randolph raise spirits at homecoming.

SENIOR PARKING APPROVED: SENIORS PAINT SPACES

US

JUNE 13, 1985/\$1.25

SENIORS TAKE A RETROSPECTIVE LOOK AT GROWING UP

by Matt Barlow

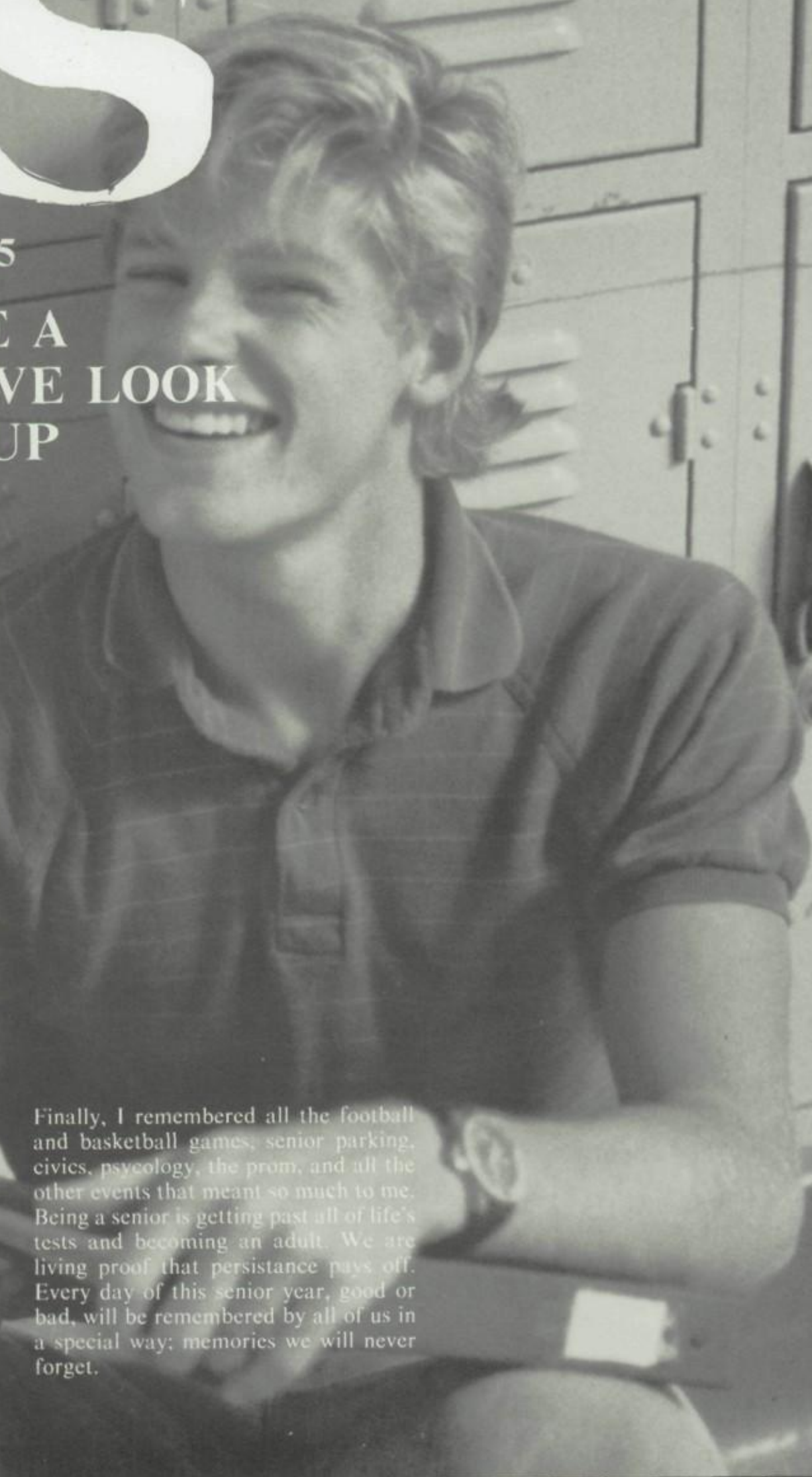
As last year ended, most of us really didn't feel any different. We didn't look any different, but we had changed. We evolved through the years from a scrawny freshman into the supreme being, a senior.

As I was driving to my graduation, I thought back through my years at El Cap. I thought back to one week of my freshman year; the week Mr. Lipetzky's Europe report was due. I remembered staying up 'til one o'clock in the morning typing until I couldn't see. Then flashed to my sophomore year, and Mrs. Harley's vocabulary words. I envisioned myself surrounded by 3 x 5 cards and having to know them in an hour. I remembered my first oral vocabulary, almost tripping over the chair and acting like a nervous wreck. Then after all that passing easily.

My mind leaped to my sixteenth birthday. Getting my driver's license and the car I dreamed would take me everywhere and never break down; it was everything I didn't expect.

I thought of my first job. A fast food place, minimum wage for maximum hours. But with all the money I got, I paid off the car and its problems.

Finally, I remembered all the football and basketball games, senior parking, civics, psychology, the prom, and all the other events that meant so much to me. Being a senior is getting past all of life's tests and becoming an adult. We are living proof that persistence pays off. Every day of this senior year, good or bad, will be remembered by all of us in a special way; memories we will never forget.



"Lets Go Crazy"

by Jeff Cole

Senior parking, senior lawn, senior privilege card, and senior activities all come with the diploma, right? There are eight seniors who could tell you another story. Mr. Ed Legace, senior class advisor, says, "Don't wait for something to happen, make it happen." And the senior class officers practiced what they preached. Early morning and late night meetings were included in the responsibilities that they took on when they accepted their positions. Says Mr. Legace, "Be successful, be organized, think before you act, and above all, enjoy whatever it is you do." The officers were asked what experience or insight they had gained from being active in school and by being a senior officer. Here are some of their answers:



"I've learned to work better with people, striving towards a common goal. A successful class of '85." *David Nowlan, President*



"Once you've committed yourself to an idea, there has to be a followthrough or else the end result is failure." *Michelle Beurkle, Vice-President*



"I've learned to take the good with the bad." *Brenda Brassell, Secretary*



"It takes more than being a follower to be successful." *Erica Rice, Treasurer*



"I've learned to be more responsible, organized. Also that we have the best class ever." *Mia Branski, Senior Activities*



"I've gained respect for those people who were involved. Good luck to the class of '85." *Michelle Sanders, Ambassador to A.S.B.*



"Don't be afraid to voice your opinions and ideas, but be prepared to take charge for carrying them through." *Deanna Weber, Publicity*

"Get involved because you only have one chance." *Kristin Wilkins, Publicity*



"Nothing is impossible, where there is a will there is a way. If you don't know the answer, find someone who does." *Ed Legace, Advisor*



David Abbott



Robert Abbott Most mem: Fair Motel, Rex's W.B. B.F.: E.L., R.K., J.H., L.E., E.B., A.D. Act: F.F.A. 1-4, Wrestling 1, 2, 4, Fav. saying: What the? Fut. plans: To be rich, Fav. excuse: I didn't understand



Mark Acuna Most mem: Mom's birthday party B.F.: D.B., C.F., S.G., R.L., S.S., J.V. Most emb: Ski trip with S.S., D.B., J.V. Fav saying: See ya! Weakness: T.S. Nickname: NEG



Forest Adams Most mem: Terril's New Years Party, 83-84 B.F.: R.W., T.L., R.O., C.C., T.B. Fut plans: Getting a rad truck, rich, party with friends Weakness: Blondes with long legs and blue eyes Fav. group: Dio, Van Halen Pet Peeve: Mods and punkers



Michelle Adams B.F.: C.S., M.T., D.W., D.S. Act: Gymnastics, diving 3, 4, drama 2-4 Fav. saying: Hey baby! Hobb: Dance Fav. group: Violent Femmes Pet Peeve: Close minded or negative people



Deborah Adamson Most mem: Making V cheer, June 1, 1984 Act: Treasurer 2, cheer 3, 4, campus life 1-4, ski club 3, 4, Pub. 3, 4, Journ. 4 B.F.: Mom, M.E., L.W., R.S., J.C., D.B., J.M., P.A., cheer pals Weakness: Guys who spoil me, chinese food, castles, Mike Nickname: Bernice, Princess Fut. plans: To have happiness and Mike



Michael Adamson



Phillip Aguilar B.F.: Darrell, Devin, Jared, Debbie, Geri Act: CSF, Varsity club, cross country, track Fav. saying: The ball is in your court Nickname: Nature Boy Fav. group: EBN OZN Pet Peeve: '57 Chevy



Deborah Apton Most mem: Making friends in hoop, bad jokes B.F.: C.H., J.S., K.C., R.F., K.W., T.M., family and Mark Act: Basketball 1-4, Soccer, ASB 3, 4, Softball, Volleyball Fav. saying: Sometimes you've got to say, what the heck! Fut. plans: College, make friends, play hoop, be a Brain Surgeon



Stephanie Arlia



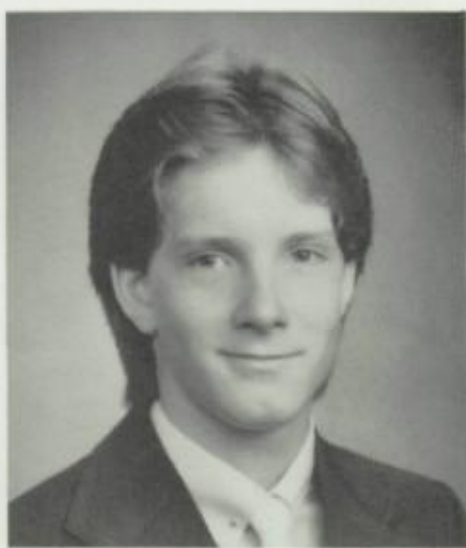
Heather Artzer Most mem: Going out with Bryon A., times with Robin, ban-zai'n with Becky B.F.: Robin Reesor, Becky L., Connie E., T.M., M.B., S.R., S.K. Act: Class pres. 1, 2, El Cap connection 1, 2, Key Club 4, Dance 2, 4 Most emb: Playing tug of war with T.F. for B.A. Fut. plans: Find true love, be filthy rich, college



Susan Ashburn Most mem: Summer of '84 B.F.: D.M., L.P., J.A., W.N., mom Fav. teacher: Mrs. McClain



Wendy Ashworth — Most mem: Good times with Pep and friends, my parties. B.F: Pep, Stephanie Hiatt, Kathy Ashworth, Mom. Most emb: Incidents behind 7-11. Fav. saying: Live and let live. Weakness: Pep, pretty eyes, flowers. Fav. teacher: Dave Waasted.



Kevin Ayers — B.F: Woody Schnieder, Tom Quance. Fav. saying: What a trip. Hobb: Guitar, motorcycles. Fut. plans: Electrician. Weakness: Tan girls with blonde hair and brown eyes Fav. group: Judas Priest, Van Halen, Scorps.



Jalene Baker — B.F: Sharron Moss. Most emb: Bending over at school and my pants ripping. Hobb: Swimming, volleyball. Fut. plans: Going to college. Weakness: Candy. Best year: 1985.



Chris Balentine — Most mem: March 4, 1983, Friday night. B.F: C.F, D.B, A.M, R.M, T.H.. Fav. saying: oooh hush. Fut plans: A career and being with Craig. Weakness: Craig and sprees. Nickname: Chrissy.



Bonnie Baranoff — Most mem: 3/16/84. B.F: A.M, Buzba, S.N.T.. Act: Band 1-4. Fut. plans: College, career, happiness. Weakness: Aaron, roses and Aramis. Nickname: B.B, Puffy, Frog.



Wyvona Barrett — B.F: Karin Miller, Tracy Thompson, T.T, P.C.. Most emb: Sliding into K.M. during typing class. Weakness: Tall and cute basketball players. Nickname: Wayne, Steve, Wing, Sorry. Fav. group: Def Leppard. Fav. song: Me and my wine.



Suzy Bass — Most mem: Rosarito, P.S. 83 and 84, Police concert, Sunset Cliffs with T.L., B.F: A.H, T.H, C.P, L.B, D.W, K.W, P.S, M.B, E.R, R.M, T.T, N.R.. Act: Tennis 2-4, Soccer 3, Journ. 3-4, ASB 4. Most emb: Being called a valley girl with A.H, Lo Siento Mucho in P.S. '84. Weakness: Gorgeous guys and Taco Bell. Fav. teacher: Señora McClain, Mr. Hoss.



Jeanne Beat — Most mem: Hawaii '82. B.F: K.K, T.E, W.W, G.R, M.M.. Act: Band 1-4, president 4. Fav. saying: Go for it. Fut. plans: College, stay with Wayne, teaching. Weakness: Wayne's eyes.



Caren Beith — Most mem: 2-26-82, times with Harry and friends, dez trips. B.F: Harry, Shari, Michele, mom and the Girls. Most emb: 2-26-82, D.Q. Weakness: Hoodwa's everything, especially in red. Nickname: Baby Beef.



Darren Bennett — Most mem: Having a great time with friends. B.F: John Debus, Tim Martin, Scott Eister. Hobb: River rafting. Fut. plans: Go to college. Fav. teacher: Coach White, Coach Taggart. Best year: Senior.



David Berens — Most mem: Going with Diana Stallard. B.F: J.S, M.P, D.S, T.H, B.E, M.K, C.B, M.B., M.S.G.. Act: Water Polo, girls and being with friends. Most emb: Shorts ripped in front of other schools cheerleaders. Fut. plans: Be rich, have a good time, maybe marriage. Fav. song: Crocodile Rock.



John Berkheimer — B.F: Tim Martin, Scott Bennett. Fav. teacher: Mr. Taggart. Fav. group: Bon Jovi Fav. song: Shot through the heart. Fav. excuse: I forgot, I don't remember.



Tami Bigler — Most mem: Partying with A.G, S.G, C.W, J.P, J and M.G, P.D. B.F: Adam G, Shannon G, Cindy W. Fut. plans: Be a physical therapist. Fav. group: Night Ranger. Fav. song: Passion Play.

Tom Berkshire

Jaime Birkel — Most mem: June 18, 1983, San Felipe '84, Baja 250. B.F: Mitch, A.H, M.B, J.S, J.W, L.B. Act: Softball 1, 2, Swim 1-4, ASB, Publicity 3. Most emb: Driving into my living room. Weakness: Green eyes, convertible mustangs. Nickname: Beez, James.

Gregory Bluffin — Most mem: Magnolia Mulvaney's, football '84. B.F: Brad, Mitch, Scott. Hobb: Art, Photography. Fav. group: The Police, The Romantics. Fav. song: Every breath you take, What I like about you



The Wild and Crazy Seniors on the float at Homecoming.

Positively Wretched



Rusty Espinoza jamming at the Rock N Hall

"... besides if Boy George can make it anyone can."

by Debby Corcoran

Q: What is the name of your band?

A: Wretched

Q: How long have you been together?

A: Umm ... three months

Q: What instrument do you play?

A: The, uh, guitar

Q: How do you plan to improve your playing?

A: Ah, this is an easy one, I can sum up in three words; practice, practice, practice.

Q: How often do you practice?

A: The band gets together 2-3 times a week, but I put in my personal practice at least 4-5 hours a day.

Q: Who is your hero?

A: I totally look up to my brother Mark, cuz it was him who got me started, but my real idol is definately Edward Van Halen

Q: Do you think you would like to study music?

A: I am right now., but with an unusual combination of all styles of music I hope to come up with a style of my own someday.

Q: Why do you prefer Rock n Roll to other types of music?

A: I like Rock n Roll because the guitarists in this type of sound truly jam. I also like to listen to classical, and the jazz musicians blow my mind. But you know what the man says, 'Its gotta be Rock n Roll music if you want to dance with me.'

Q: Do you think Rock n Roll is a negative type of music?

A: Oh yeah ... about as negative as Pope John Paul II. No way, Rock is about as anti-negative as you can get. It is something that the youth can listen to and feel good about, to me, that's not negative.

Q: Do you feel there is a great deal of competition in the music industry, how do you plan to overcome this?

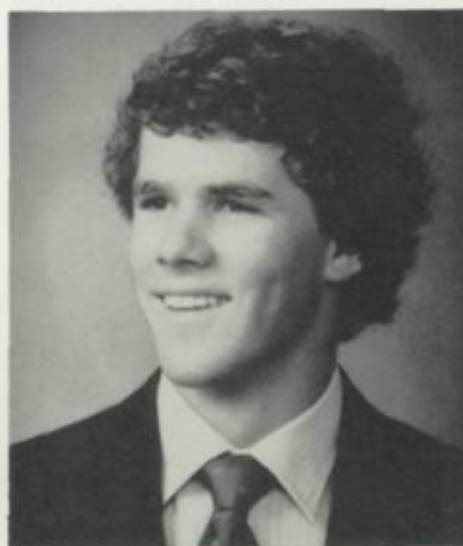
A: Oh yeah ... I know it is highly competitive, but this fact alone causes me to strive for perfection that much more. Besides, if Boy George can make it anyone can.

Q: What are your future plans?

A: After I graduate, I want to cut an E.P. then wing on over to Hollywood and jam with Edward.

Q: What are your personal goals?

A: I have only one goal, and that is that the next time the class of '85 sees my mug it will be on the back of an album cover, preferable ... platinum.



Alan Bocko — Most Mem: Winning the Monta Vista Basketball game in overtime. B.F.: BP., K.S., S.F., B.B., M.B. Act: Doing Am. Stud. mattress during school the day it's due. Fav. saying: Vamos a la playa. Fut. Plans: Attend U.C.L.A. — M.D. Nickname: Big Al.



Toby Bogner



Deanna Boswell — B.F: R.M., W.B., T.V., K.R. Act: Swimming, 2-4, Choir 1-2 Hob: Swimming, Horseback riding. Fut. Plans: Go to college. Fav. Group: Def Leppard, Van Halen. Best Yr.: My 9th grade summer in Hawaii.



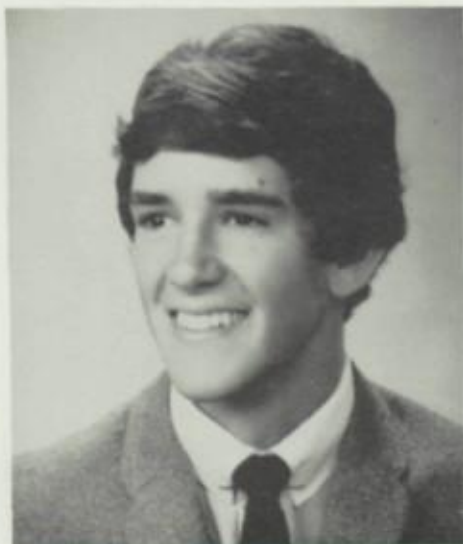
Kyle Boswell — Most Mem: early passes to see the Padres. Act: Parking out at lunch. Fut. Plans: College — F.B.I. Fav. Teacher: Mr. DeKock. Fav. Group: The Cars. Pet Peeve: L.A. Dodgers.



Nicole Brackley — B.F.: Christy Jones — Sean Quigley. Act: Key Club, I Club, Dance. Hob: Dance, Music. Fut. Plans: College. Navy. Weakness: Guys on motorcycles with tight 501s. Best Yr.: Junior Year.



Sonya Bradley — Most Mem.: 12/6/82, B.T. experience w/R., L.E. Most Emb.: My date's car getting stuck in my driveway, Scott's house. Weakness: R.H., guys with green eyes, food. Act: Track 1, Volleyball 2, Cheer 3-4. B.F.: Linda H., Julie B., "Dot" M. Fav. Saying: "how gay", "Hole".



Chad Bramwell — Most Mem: Ski Trips '84, Holiday Hill. B.F.: Paul, David, Crystal, C.M., K.B. Most Emb: The Hill, T.G. '84, D.B. rolling down the hill. Weakness: Long Legs, Big blue eyes, money. Fav. Excuse: What's a guy supposed to do? Pet Peeve: Skip-jack Wannabe's.



Mia Branski — Most Mem: P.S. '83-'84, Mammoth '84, Hawaii '84. B.F.: T.H., P.S., S.B., N.R., S.G., K.B., G.B., D.B., P.D. Act: Baseball 1, JV Cheer 2, Varsity Cheer 3-4, CSF 2-4, Soccer 3, Deca 3-4, Senior class acts. — 4 Fav. Saying: KARRRRRUL! Weakness: French Fries, hot fudge sundaes, gorgeous guys Best Year: '84-'85



Brenda Brassell — Most Mem: Rosar-iot w/D.W., Second Wind 83-84, Air Band Yazoo B.F.: D.W., K.W., J.C., S.M., Mom and Dad, God Act: Senior Secretary, Campus Life 2-4, Annual Staff 3-4, Gymnastics 1 Fut. Plans: Modeling and being happy Weakness: Sharp dressed guys, beautiful eyes, M. McCuen, and J.C. Nickname: Jelly-bean, Brat, Brusselsprouts.



Monique Brawn — Most Mem: 1-13-84, 7-20-83 B.D., good times w/K.C., 3-10-82. B.F.: M. Brink, G.A., K.C., L.B., S.B. Fut. Plans: Be successful, marry someone rich, remain "In Love". Weakness: Pretty eyes, K.C., nice bodies, tight 50ls, pretty smiles flowers, love songs, and guys that spoil me. Best Year: Senior Year.



Ken Brinegar — Most Mem: Trisha, The Who, Summit runs, the beach. B.F.: Wall Buddies. Act: Football 1-4, CSF, ASB, V.P. Lettermen's club, Al-lusions. Fav. Saying: Bird-Dog. Weak-ness: Trisha's smile. Pet Peeve: Mod chicks.



Michelle Brink — Most Mem: April 23, 1983 ... when I fell in love with Danny Bell. B.F.: Danny, Niki Brawn, Caren Beith, Michelle Neal, Mommy, and the girls. Most Emb.: DB's horn freaking out with me and D.B. driving by 7-11. Fut. Plans: To spend future years with Danny and fulfill all my dreams. Weakness: 4 X 4s, tans, Danny's smile and sly smurk.



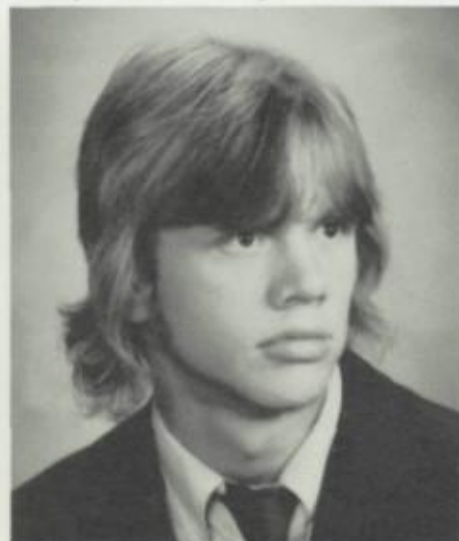
David Brooks — Most Mem: Ski Trip, Summer '84.B.F.: Paul D., Chad B., D.B., The Wall Gang. Most Emb: K.B.'s house, "The Hill" '84 — T.G. Fav. Saying: Sure enough. Weakness: Long legs, Blue eyes, and smiles. Pet Peeve: Squids, Rockers, and Punks.



Jared Brooks — Most Mem: June '84. B.F.: K.S., B.P., K.G., S.G., D.D., J.R. Act: Cross Country, Track. Most Emb: July-August '84. Fav. Saying: "Rudyard Kipling". Pet Peeve: Tattletails.



Liann Bryan — Most Mem: Being ASB Secretary, pizza after football games. B.F.: Dianna, Jon, S.B., J.M., C.M., Mr. Mooney, and everybody else. Most Emb: Tripping over sprin-ker next to Senior Hall. Fav. Saying: Is this guy clueless or what? Weakness: GQ guys with blond hair and blue eyes. Pet Peeve: Phoney, rude, or unhappy people.



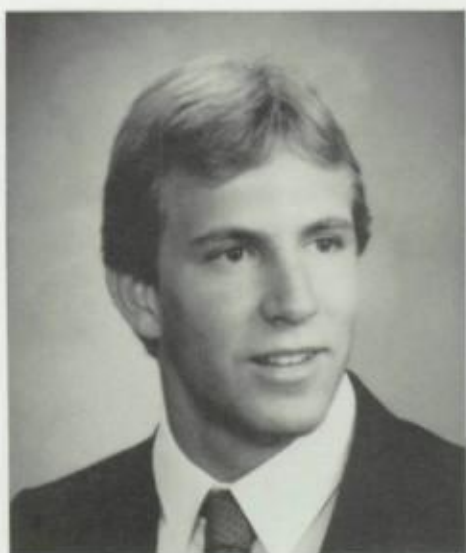
Richard Buck



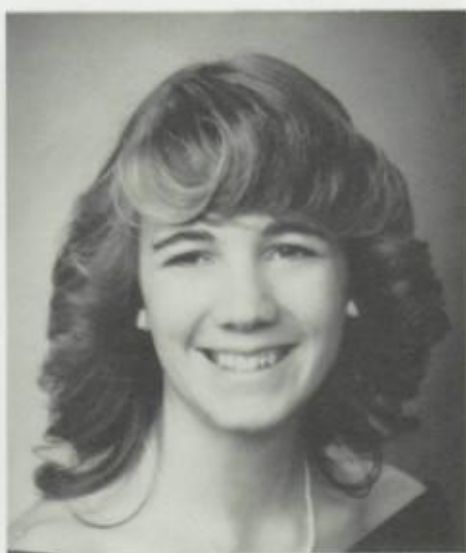
Michelle Buerkle — B.F.: J.H., J.B., M.S. Act: Junior class Publicity, Sen-ior class V.P., Varsity Gymnastics 1, 2, 4 Captain, CSF. Fut. Plans: College, get rich. Weakness: Nice bodies. Best Year: Senior Year. Pet Peeve: My car.



Brad Burton — Most Mem: Football '83. B.F.: M.B., G.G., R.B., A.B., K.S. Act: Football 1-4, Basketball 1-4, Baseball 1-4, CSF, Lettermen's club. Fav. Saying: You play with fire Fut. Plans: College, Football. Weak-ness: Kryptonite.



Mitch Burton — Most Mem: Football '83. F.B.: B.B., G.G., B.P., G.B., A.B., K.S. Act: Football 1-4, Basketball 1-4, Track 2-4. Fut. Plans: College and Football. Fav. Group: Van Halen. Pet Peeve: Brown Nosers.



D'Anna Butcheck



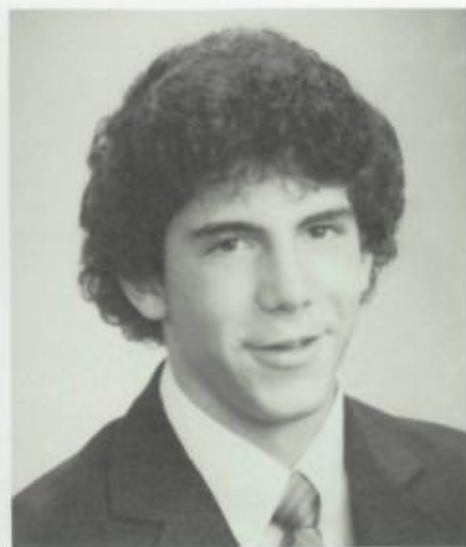
Michael Cabell — B.F.: Glenn Sutton, Carlos, Christina Romero. Act: Baseball and football. Fut. Plans: Joining the Army. Weakness: Pretty girls. Fav. Group: Van Halen. Fav. Song: Unchained.



Jessi Camp



Curtis Canfield — Most Mem: Mom's car at the jumps — 1982. B.F.: 1984 Varsity Football Team. Act: Baseball 1-4, Football 2-4. Weakness: Drop Dead Legs. Nickname: Dirt, Shamu. Fav. Excuse: The pigs got out again.



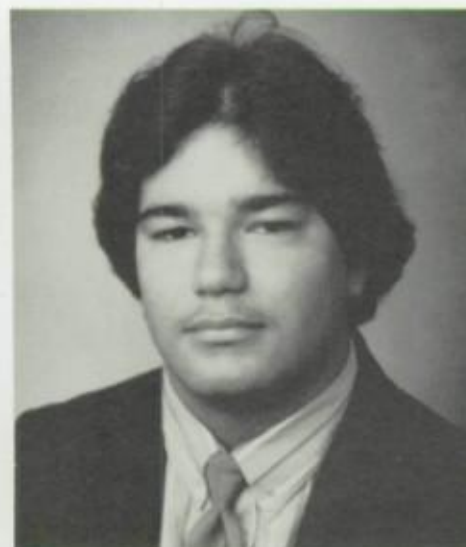
Victor Carlino — Most Mem: Summer of '79, Times at the desert, 10-5-83. B.F.: N. Shan, M. Acuna, J. Vogt, A. Lynch, Dad and Mom. Hob: 3-Wheelers, Desert, Bass fishing, females. Weakness: Long Legs, Silver Bullets, 3-wheelers, Ford 4 X 4s. Fav. Teacher: Waasted, Graham, Lipetsky.



Mary Carlson



Roberta Carmichael — Most Mem: Going with Bob Symonds. B.F.: Poland, Bob, Jennie, Mary. Most Emb: 1983-84 Senior take over day (Mr. Legace's class). Weakness: Bob Symonds. Nickname: Bobbie Fred, Speedy. Best Year: '84.



Carlos Carrera — Most Mem: GY & STC. B.F.: Glenn Sutton, Robert Walters, Forrest Adams. Weakness: Girls at the beach. Nickname: "Beandip". Best Year: Senior Year. Pet Peeve: Heavy Metal Rockers.



Leya Carter — Most Mem: 29th, w/W. B.F.: Kris, Shari. Most Emb: C.B. car gas. Weakness: Raymond and brown eyes. Fav. Song: L.R.C. Pet Peeve: The Zum Traino.



Shari Castleberry — Most Mem: w/W, 11th. B.F.: Kris, Leya, Laura, Caren. Most Emb: Sat. 11th, C.B.'s car gas, BR 1st day '84, D.Q. Nickname: Cass. Weakness: Nice bods, Wranglers, B.D. Pet Peeve: Mr. and Mrs. Springfield.



Rhonda Cates



Nerds of the world unite!



Carl Cato



Bernie Celaya — Most Mem: Getting stuck in the old chev. with Donnie. B.F.: Donnie Castle, Peggy Green, Cindy Hargraves, Dannie McCool. Most Emb: Having to stay the night in a girls closet. Weakness: Cindy Hargraves legs. Nickname: Pud.



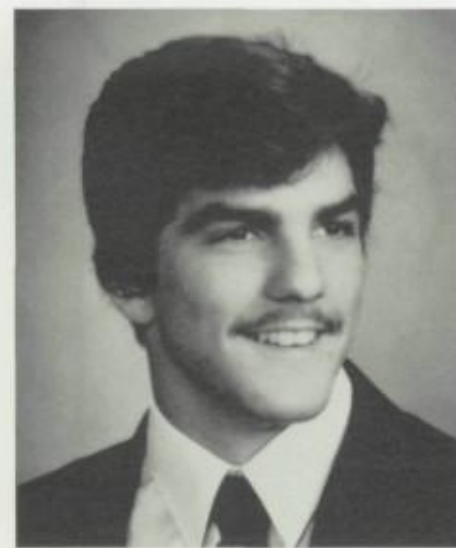
Lois Chareonsuphiphat — Most Mem: Making cheer, skiing trips. B.F.: Amy, cheer pals, mom, pooky. Act: Roller-skating, 78-84, cheer, dancing. Weakness: slow music. Fav. Group: Howard Jones. Fav. Song: What is love anyway.



Sarah Chisolm



Jim Clifford



Jeff Colburn



Jeff Cole — Most Mem: midnight deadlines. B.F.: J.G., S.P.S., D.A., L.E. Act: Annual 2-4, I-club 1-4, Bike club 2, 3, Drama 3, 4. Fut. plans: 4 year college communications major. Weakness: Beautiful and intelligent young ladies. Fav. teacher: Ms. Schuster, Mr. Lipetzky, and Ms. Baker-Bush.

Korina Church — Most Mem.: 12/84, 8/11/83. B.F.: Don F., Stacey S., Candy H., S.S., K.C., D.A. Most Emb: Hit someone in the leg with a golf ball at F.F. Fav. Saying: Diddly-Squat. Fav. Song: Darling Nikki. Pet Peeve: L.T. (Grunt), Bops.



Kim Colls — Most mem: Summer of '84; Saturday's and Sunday's. B.F.: Jim, Shea, Candy, Debbie. Act: Journ. 3, 4; Pub. 4; Allusions 4; Sports. Fav. saying: Hey. F. plans: Happiness, college, achieving goals. Weakness: '65 and '66 pony's finesse.



Jon Comford — B.F.: R.H., T.S., B.W., L.B., S.M., Dad. Act: A.S.B., Journalism 1-2. F. plans: U.F.H., S.D.S.U., S.D. Union. Nickname: Geddy, Juan, Zulu, Lim-Head, Johnny Juan Carlos, L.C. Fav song: Beautiful Girls, Life's Been Good. Fav excuse: My family was killed in a nuclear explosion.



Debra Corcoran — Most mem: 9-13-83, scenic drives, lunches w/Cook, TGIWs. B.F.: Cookie McLean. Fav saying: Woof 'N' Tweet live on. F. plans: Become a world reknown novelist, travel, and live luxuriously. Weakness: B.R., sunsets, and moonlight. Best year: '84.



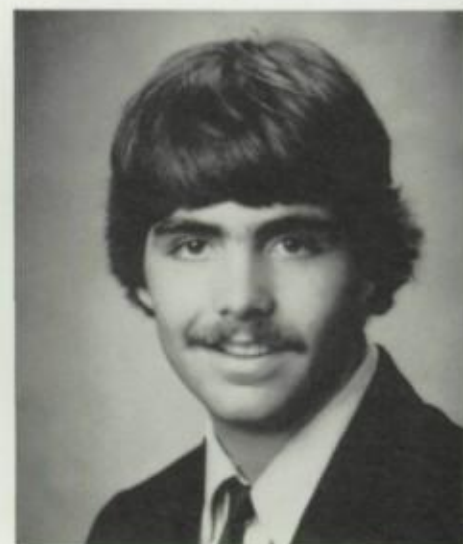
Dianna Cox — Hob: Piano, dancing, singing, sports. F. plans: English and piano teacher/Psychology. Weakness: Guys with dark hair and dark eyes. Fav teacher: Mrs. Harley, Mr. Dekock, and Mr. Lipetzky. Fav group: Scorpions. Fav song: The Zoo.



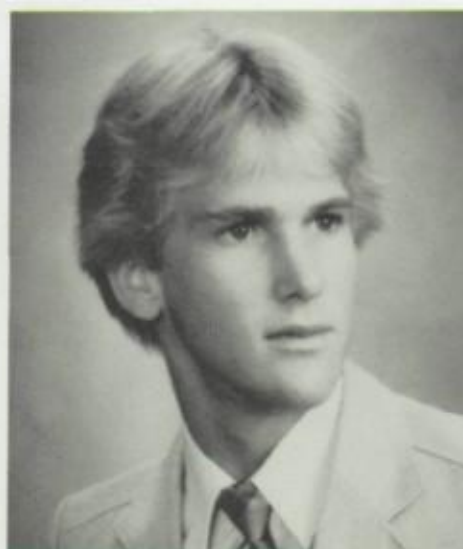
Kathy Webber and Karl Stanzick give their curious attention to organized activities during lunch.



Geraldine Critti — Most mem: Summer of '84 in New York. B.F.: Kerri Nesvig, Mirella Critti, Ann Girimonte. Most emb: Darrin singing Happy B-Day to me in quad. Fav saying: You shmuck. F. plans: Own a boutique in Manhattan. Weakness: Dark hair and green eyes — (Mike).



Brett Crockett



Billy Crookshank — Most mem: S. Carlsbad beach trips, Mammoth, time w/Shan, Sr. proms. B.F.: W.P., SLO, B.B., B.P., A.B., G.B., M.B. Act: Tennis 1-4, Soccer 1, 2, 4, Water Polo 4, CSF 1-4. Hob: Motorcycles w/W.P., surfing. Weakness: Beautiful eyes and half shirts. Fav teacher: Mr. Pendleton, Balls in your court.



Ted Cuevas — Most mem: Boneyard sessions, partying with C.C. B.F.: C.E., C.C., M.D., R.C., K.B., D.B., J.M., S.W., R.R., X.Z., etc. Weakness: Shy girls. Nickname: Teddy Bear. Fav teacher: Mrs. McClaine. Fav excuse: I forgot.



Jill Cunningham — Most mem: Summer of '84. B.F.: T.S., D.M., Mom, Dad. Weakness: Pretty eyes, hair, S.G. Nickname: Spanky. Fav song: Still loving you.



Yolanda Curiel — Most mem: Telling my mom I love you every day. B.F.: Mona Lammers, Bobby Carmichael, Geri Critti. Act: Wood shop, Photo. Most emb: Spilling my drink on myself. Fav saying: I'm just kidding. Hob: Sports and wood working.



Darin Curtis — Most mem: Monte Vista 68-61 o.t. victory. Fav saying: Ya h.a. birddog. Hob: Balloons of California. F. plans: Full of success and fun. Nickname: Smurf.



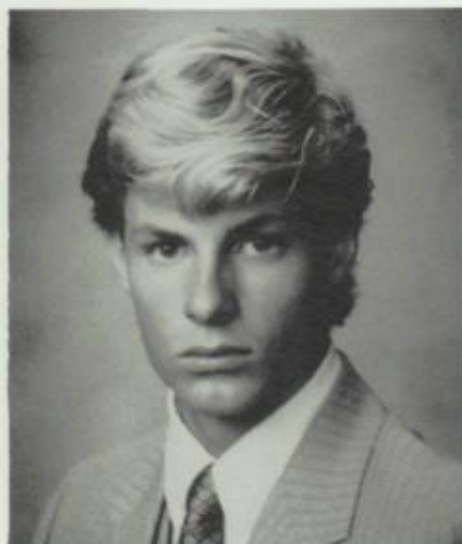
Demetres Daleanes



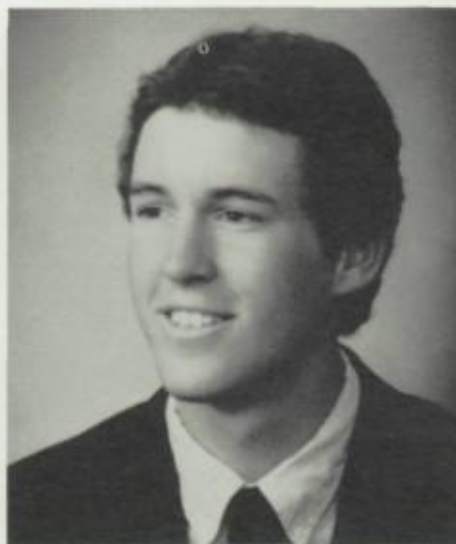
Eric Daniels — Fav song: (animal) The Mob Rules. Most mem: Alister parties. F. Plans: To headline at the next U.S. Festival. B.F.: J.C., C.D., T.G., S.W., R.E., Band and friends, M.S., S.F. Fav group: Iron Maiden.



Connie Darby — B.F.: L.T., K.K., L.W., J.C. Most mem: Football games with L.T. and R.H. F. Plans: College and a career. Nickname: B.S., Brat. Fav excuse: Just because. Best year: Sr. year.



Mark Darwell



Paul Dautremont — Most mem: Summit trip, 83/84 year. B.F.: D.B., C.B., K.B., Wall gang. Most emb: 7-11/83. Pet Peeve: 83. Weakness: Long legs, blue eyes, nice smiles. Fav excuse: Brain fade. P.P.: Rockers, mods and want-to-be's.



Mascot Brian Leung encouraging the students to "make noise" during the Homecoming Assembly.



Raquel Davis — Most mem: 3-20-82, R.N. hitting me with his truck. B.F: Lisa S., Ernie L., Robert A., Laurie E., Jeff H. Nickname: Rodel. Weakness: Blonde hair and blue eyes. Act: F.F.A. 1-4. Fav teacher: All 6 of the ag. teachers from 81-85.



Tammy Davis — Fav saying: Are you serious? Hob: Tennis, cars. Weakness: Tall guys w/dark hair, blue eyes, nice tan, nice build. Fav group: Scorpions. Fav song: Crossfire.



Sarina DeLaTorre



Tuyen DeLorica — B.F: Tibby, Tama-le, Radio. Fav saying: Hey, I know that dude! Weakness: Guys, guys, guys! Pet Peeve: Campus supervisors. Fav song: The Wall. Fav group: Motley Crue.



Karen Denton — B.F: Julie H., Karen D. Act: Band. Fav saying: you ank". Weakness: sleep. Fav teacher: Mr. Yount. Fav group: Supertramp.



Devin Dietzen — Most mem: C.I.F., Cross country, '84, C.C. party '81. B.F: M.D., S.G., K.G., T.E., L.M., C.C. Team. Act: Cross country, 1-4, track and field 1-4, E.C. Club. Nickname: Ladies man. Best year: '84-'85. Pet Peeve: People who brag.



Laurie Dillavou — Most mem: 84-85. B.F: J.W., C.K., E.T., J.S., S.E., S.B. Act: Volleyball 3. Most emb: tripping over curb. Fav saying: Say what! Hobbies: Volleyball, softball, eating, talking on phone, football.



Michelle Donati — Most mem: Loving Mike, going out w/Helen and friends, T.S., SR. year. B.F: Jellin' Helen Jones, Mike, Mom, Aunt Carol, D.D., R.M. Most emb: Being dragged through Jr. and Sr. Hall backwards by Mike Martinez. F. plans: To party every day of my life! Weakness: Romantics, muscles, naturally curly hair. Fav teacher: Dave Waasted.



Darin Curtis, Mia Branski and Alan Bock competing for the Seniors in the class competition.



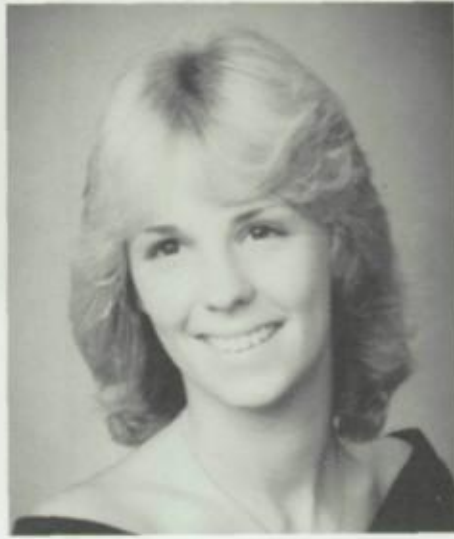
Connie Edge — Most mem: The Who concert, Boneyard zoids, S.O., T.G.I.W. Act: Yobs, Cheab. Most emb: Laying the big smooch on R.J. Hoss. Weakness: The 5 B's. B.F: T.C., M.S., K.A., S.F., C.Z., H.A. Fav saying: you can dress her up, but you can't take her out.



Tom Elbert — Most mem: 8-8-84; "Grand Master Champion". B.F: K.K., G.R., M.M., J.B., Band Gang. Act: Drama 1-3, Band 1-4, ADM 3, DM 4. Most emb: 10-4-83, "Mr. Hydrant". Weakness: Blonde, blue-eyed, good looking women. Pet peeve: Non-band members in the back room.



Debbie Elkins — Most mem: Pete Carroll, 3-26-84. Most emb: Wearing ballerina suit Sophomore year to school on Halloween. Fav teacher: Mr. Varvel. Fav excuse: I forgot. Best year: Junior and Senior year. Pet peeve: getting in fights with Pete.



Sheri Englebright — Hob: Art. F. plans: Going to designers college. Weakness: Woody Schnieder. Fav teacher: Mr. Fish. Best year: Freshman.



Marc Ennis — Most mem: Jumping my car 30 feet in Woodward Sandpits. B.F: C.R., E.R., T.A., T.L., F.A., D.I., J.V., J.N., T.B. Most emb: Passing out during biology final. F. plans: Buy a house and start a business. Weakness: Beautiful blondes with bright blue eyes (H.A.). Fav excuse: I forgot.



Rob Robertson quenching his thirst during an exhausting football game.



Dori Eppstein — Most mem: Times at the bay with Brian. B.F: Kari D., Lisa T., Brian K., Debbie A. Act: Dance, 4 yrs., Tennis 1, Drill Team 2. F. plans: S.D.S.U., psychologist, dance. Weakness: eyes, smile, flowers. Best year: Senior.



Laurie Erdman — Weakness: J.K., chocolate, blue eyes. Act: F.F.A. 1-4, Freedoms Foundation 3, Annual Staff 4. Most mem: Rocklin L.C., scamming w/M.L. B.F: J.K., M.L., C.E., M.W., N.W., S.D., Ag. gang. F. plans: college, ag. lawyer, J.K. Most emb: Lakeside Fair '83.



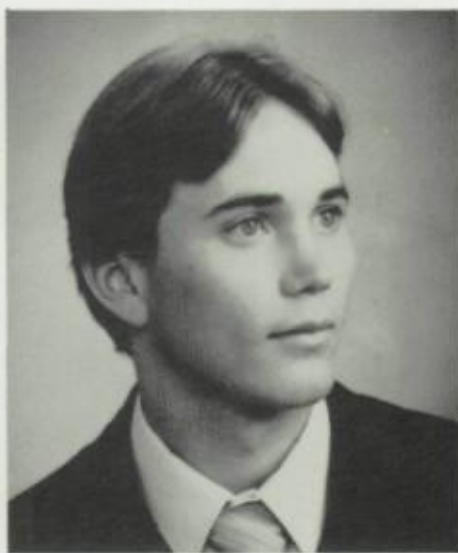
Amy Essman



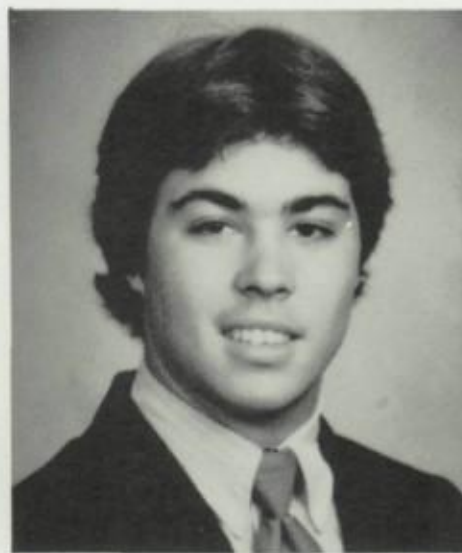
Jackie Estrella



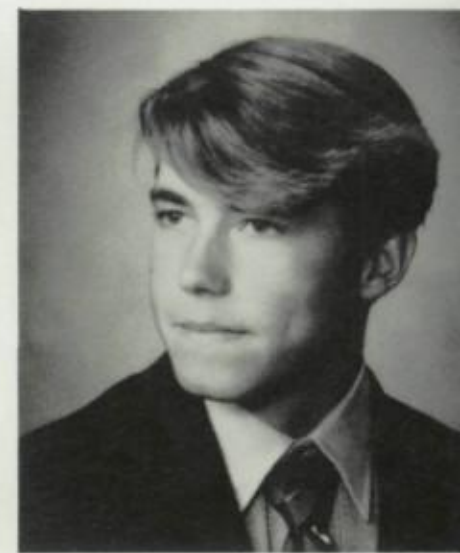
Teresa Evans



Matthew Eyer — Most mem; Tahoe '84. B.F: Mark, Stew. Act: Track 83-85, Soccer. Nickname: Eyes. Fav. group: Nutz Squad. Best year: 83-84.



Christopher Fain — Most mem: Easter river trip 84. B.F: SS, RL, MA, JV, SS, BC, football team. Fav. saying: Here boy. Hob: River trips, riding my jet ski. Weakness: True blonds. Fav. excuse: I only had one.



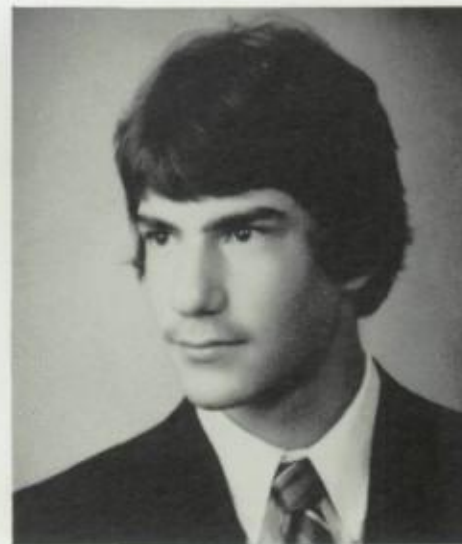
Cory Falter — Most mem: Summer 84 with KH, Bri, friends and unleaded. B.F: RS, BF, CS, BJ, JL, TS, LG. Hob: Motocross, surfing, scammin jetskiing. Fut. plans: Motocross, or become a engineer. Fav. group Inxs, De peche Mode. Fav. song: If this is i (Katie).



Matthew Fare — Most emb: Is getting Mt. Dew all over you. Fut. plans: Fly an F-16 in the air force. Fav. song: I lost on jeopardy. Fav. excuse: He/she did it first. Best year: This year, it's a breeze.



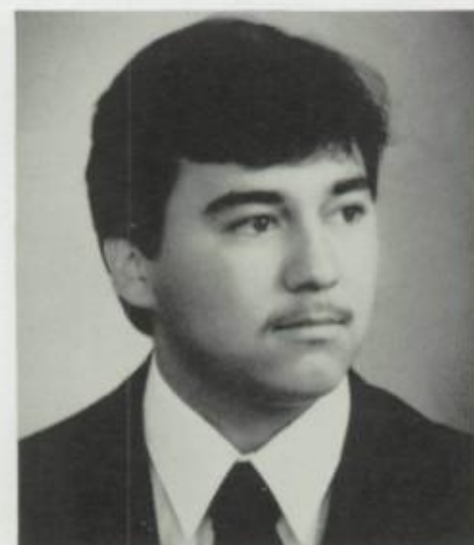
Alan Ferreiro — Most mem: In the Sauna room at Caesars. B.F: Eric G. Caesar S, Tony F. Weakness: Jump suits. Nickname: Mel. Fav. song: Little girls. Best year: Summer of 82.



Kirk Fichter — Most mem: 9-4-84 L.W. B.F: DS, EC, TA. Hob: Cars. Weakness: Nice figures. Best year: Senior. Pet Peeve: Squeaky voices.



Michael Fischer



Shawnee Flint — Most mem: Mod hunts with S.W. B.F: JC, SW, JC, TT, TP. Act: Football. Most emb: Running out of gas the first day of school. Fav. saying: Hey what do you say gang. Nickname: Ant man.



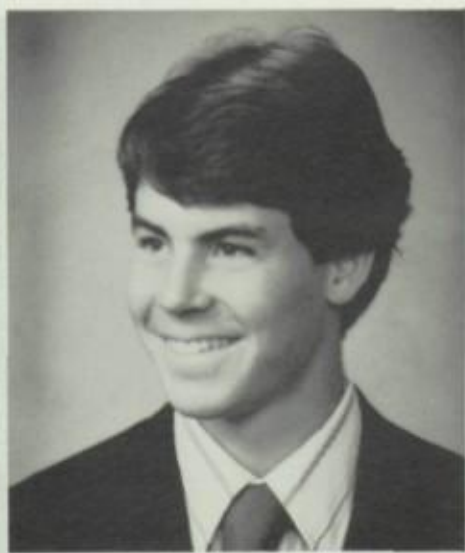
Thomas Fox — Act: Baseball, Golf. Hob: Playing golf. Fut. plans: Go to college, architecture. Nickname: Junior. Best year: Junior year.



Tiffany Francois — Most mem: 10-19-80 Getting together with Bryon Antonacci. B.F: T. Manry, K. Kelly, T. West-er, B. Antonacci, R. Taylor. Fav. saying: Here boy, Ooh la la. Fut. plans: Marry Bryon and spend eternity together. Nickname: Biff, Tin tin. Fav. song: Turn around bright eyes, Dog eat dog.



Beth Frasor — Most mem: Hitting school bus 9-14-84. B.F: BT, TL, MH, CS, KS, MG. Act: Soccer 3-4. Fav. saying: Give me a break. Fav. group: Judas Priest. Pet Peeve: Mods and punkers.



Scott Freeman — Act. Football, Baseball, Soccer, C.S.F, Letterman's club. Fav. saying: I told you so. Fut. plans: College, marry Brenda, \$100,000 income. Weakness: Brenda's feet. Fav. excuse: I didn't have time. Pet Peeve: Brenda in a bad mood.



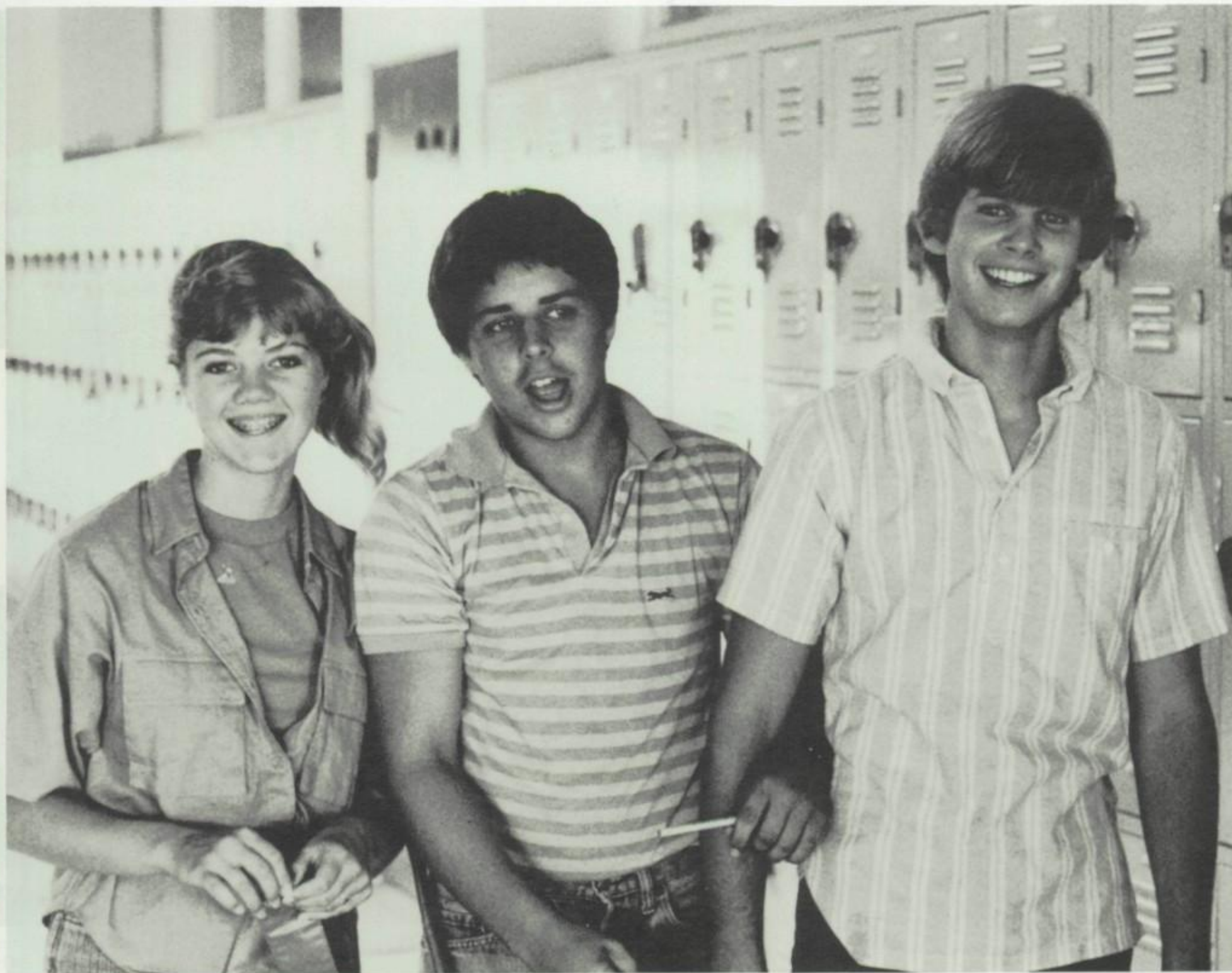
Michael Gabriella — Most mem: Scorpions concert 83. B.F: Bret Martin. Act: Cross country 1-3 Track 2-3. Most emb: Rich's party. Fav. saying: See ya. Weakness: Eyes, Legs.



Toby Gaerin — Most mem: B.K.B, Easter day, campus life, off-roading in Baja Bug. B.F: Matt Schwuchow, Eric Daniels, Lee Wright Act: Campus life, Soccer, skiing, doing crazy things, T.P.ing. Fav. saying: Ota, hey bud. Fut. plans: To be happy and successful. Pet Peeve: Smart mouths, bad drivers.



Kenneth Gammon — B.F: JH, JB. Fut. plans: Major in bumology. Weakness: Public speaking. Pet Peeve: Mods.



Brenda, Brett and Jon wasting time between class.



Cookie dressing up for toga day and the homecoming assembly



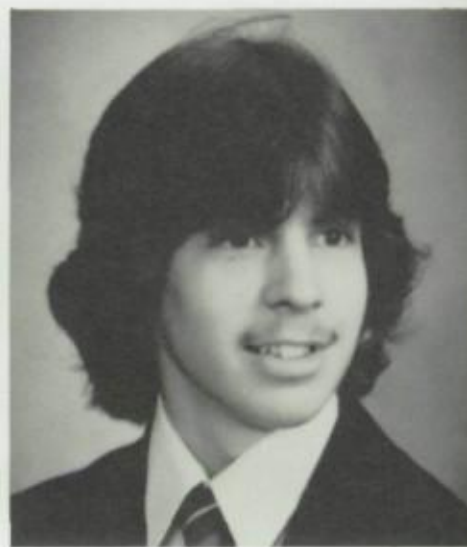
Lori Gaustad — Most mem: Summer of 83. B.F: TG, SH, KH, the girls. Most emb: When R.C. came up to me and kiss me at 7/11. Weakness: Guys w/muscles Chip and Dale style. Nickname: Lori-Lay. Fav. Group: AC-DC, Ratt.



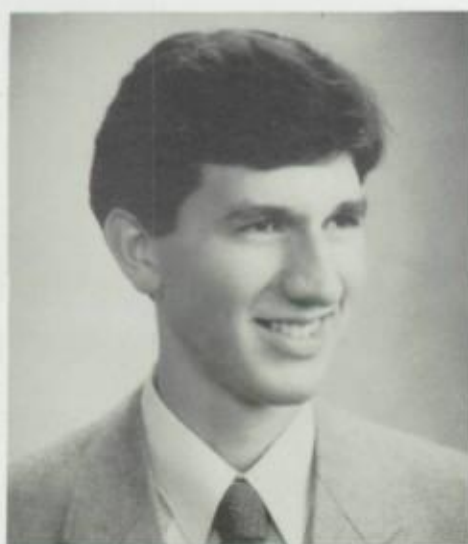
Sherry Gebhardt — Most mem: 9th grd. summer. B.F: GB, NR, cheer, LT. Hob: Dancing, acting, singing. Act: Cheer 3-4, Dance troupe 1-2, Tennis — 2. Fut. plans: College, marry Gehrig, career in law. Weakness: Gehrig, pizza.



Scott Gerdes — Most mem: Summer of 83. B.F.: LM, DD, CM. Act: D.E.C.A. 3-4, Soccer 2, Cross country 3-4, A.S.B. 4, C.S.F. 2-4. Fav. saying: Beef is best. Hob: Surfing, parties, girls. Fav. group: Inxs.



Eric Gibson — Most mem: The Sauna room at Ceasar's. B.F: Alan Ferreiro, Caesar Santos, Eric Daniels, April Rochstien. Act: Being with April. Most emb: Being at Mulvany's with a girl and having two girls dukeing it out because of yours truly. Fav. saying: Check it out guy. Hob: Frisbee, the outdoors



Lance Gibson — B.F: Brad Mitch Burton, Ted Cuevas, Carl Cato, Don Graham, DT, CF, AH, MS, KW, AE. Fav. saying: Crud, yea right. Weakness: Girls, mustangs. Nickname: Lance romance. Fav. group: Air Supply. Fav. song: When doves cry.



Bradley Gilson



Don Graham — Most mem: Lived in Italy for 9th-11th grade. Fut. plans: Become a computer programmer and set up my own business. Fav. teacher: Mr. Peabody. Fav. song: I'll wait. Fav. group: Van Halen. Best year: 11th grd. in Brindisi American High, Italy.



Jason Greer



Chris, Todd, and Brett waiting to open their care packages



William Grimsley — Most mem: Mr. Fellman's 6th per. class. B.F: Andy Uppenkamp. Fav. saying: Never seen it done that way before. Nickname: Grim's. Fav. teacher: Mr. Fellman. Fav. excuse: I forgot.



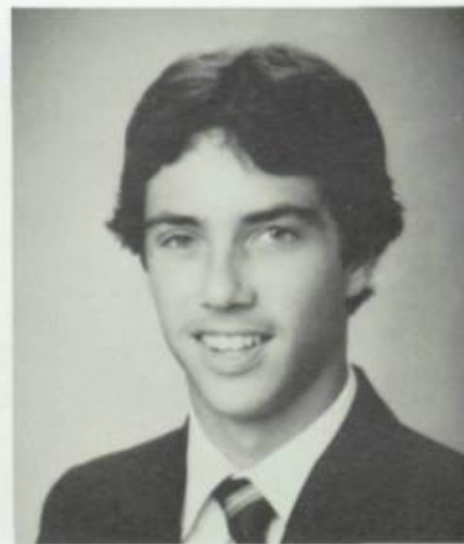
Juan Guzman — Fav. Saying: Going to the pro. Fut. plans: To be A L.T. of the CA. Highway Patrol. Fav. group: Night Ranger. Fav. song: I wear my sun glasses at night. Fav. excuse: I got up late. PP: People saying you can not do it.



Amy Hageman — Most mem: 10-28-82; poems from tiger, roses, Police concert. B.F: Jon Strelic, SB, BS, TS, JB. Act: Cheer 2-4, Ski club 3-4, E.C. Conn. 2. Most emb: 10-28-82 Jons truck on my hill. Fav. saying: You know what I mean. Weakness: Tiger's B.B's, smile, legs, BBQ chips.



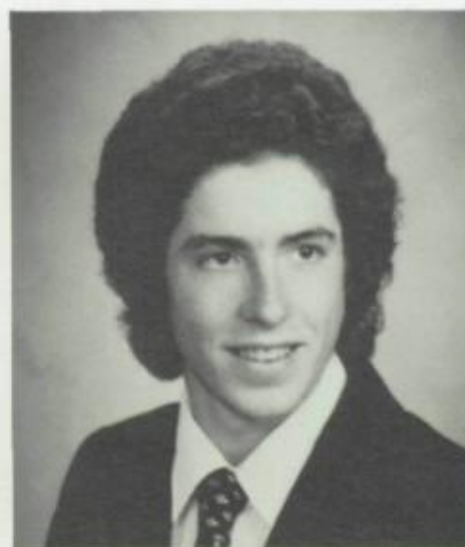
Aubra Hague



Jeffrey Hamen — B.F: RA, EL, LS, RD, KP, KG, RK, LE, CH. Act: FFA 1-4. Fav. group: Alabama. Fav. song: Dixieland Delight. Fav. excuse: I forgot.



Richard Hamilton



Sidney Harris



Brandy Harrison — Most mem: Blue Ford trucks, sleeping bags. Hob: Taking the scenic route at the beach. Weakness: All the teenage boys. Fav. group: Billy Idol. Best year: Summer of 84. Pet Peeve: Liars, dead weekends at home.



Cherie Haugum



Curtis Heckman — Most mem: Summer '84, B.F: R.M., G.P., N.B., R.S., Fav saying: Casual, Hobs: Skiing, computers, riding motorcycles, Weakness: Blue eyes, Best year: Senior



Johnny Heinz



Daniel Heiser



Deanna Hernandez — Act: 3-Wheelin, horse backriding, 4 x 4, listening to Rock-n-Roll, Hobs: 3-Wheelin, Horses, 4 x 4, Fut Plans: To be a large animal vet, Weakness: A great looking guy (love), Nickname: Little Motley, Fav teacher: Walker



Lunch breaks are fun breaks when spent with friends.



Julie Herrington — Most mem: Meeting John How, B.F: J.H, K.D, B.B., Act.: Band, Most Emb: Car broke down on the way to school, Fav saying: Really?, Hobs: Band, Skating, bike riding



Stephanie Hiatt — Most mem: Wendy's parties, B.F.: G.S, W.A, L.G, K.H, S.G, D.W., Hobs: Beach, going dancing, tennis, concerts, Weakness: Nice cars, cuties at the beach, gentlemen, Fav song: Mad World, P.P: Stuck up people; "Fakies"



Casandra Hickie — Most mem: 11-24-83, 12-31-83, 8-11-83, B.F: Debbie, Kim, Derek, Korina, Act: Basketball, 2-4; Journalism 3-4, Most emb: Walking into a parked car, Fav saying: Oh well; are you serious?, Hobs: Derek, Donald Ducks, 4-H

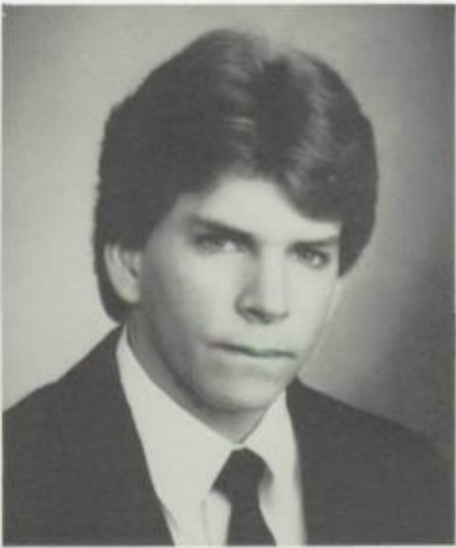


Thomas Hicks



Trisha Hock — Most mem: Times with Ken and all my friends; Summer '84; Hawaii, Mammoth and Palm Springs all in '84, B.F: K.B, M.B, P.S, S.B, S.G, N.R., Act: J.V. and Varsity Cheer 2-4, DECA 3-4, Journalism 3-4, ASB comm. of student affairs 4, Soccer 3, allusions 4, EC Club 4, Fut Plans: Having fun and being happy.

Terra Hofmann — Most mem: Summer of '84, B.F: L.B, M.P, S.M., Most Emb: Jack in the Box near SDSU, Hobs: Skiing, beach, guys, Weakness: E.S, P.O, and nice cars, Nickname: Terror



Mike Hogate — Hobs: Beach, car racing, Fut. Plans: Be a bum, Fav Teacher: Peabody, Fav group: Lena Ford, Fav song: "You gotta let go", Fav excuse: What homework?, Best Year: Senior

Dave Holt

Debbie Pierce showing her "best side."



Jaquelin Hoog — Most Mem: M.H, M.C, I'll never forget the LPBM, sea-side & VH 84, B.F: M.H, P.M, J.I, T.W, D.D, J.W, P, M.V, D.M, I luv ya, Act: SD 1-3, Var CC 1-3, Var Track 1-3, OTL 1-4, Fav Saying: Oh yea, right, whatever. Nickname: J.J., Dandalion, Fav excuse: I forgot

James Houk

Steven Houll

Donald Huntington — Fav Saying: I try, Hobs: Backpacking, Canoeing, Kayaking, Fut. Plans: Areonautical Engineer, Nickname: Dragon, Fav teacher: Mr. DeKock, Fav excuse: My Dragon has a temperature.



ALL EYES ON HEATHER ARTZER

by Cookie McLean

On September 16, 1984, senior Heather Artzer was crowned Miss West Coast Golden Beauty.

Being crowned isn't new to Heather. In 1980 she was named Junior Miss Lakeside and our 1984 Homecoming Queen. She was also voted cutest in the senior class, class president her freshman and sophomore years, and was involved in

drama, dance, key club, and the E.C.C.

Sound impressive? It did to the judges too. The contest involved a 2-5 minute interview, sportswear competition, evening gown, poise, beauty, and a question given to the 17 finalists.

"This pageant was an excellent experience for me," stated Heather, "It made me feel good about myself."

Among the list of prizes awarded were a trophy, a bouquet of roses, a scholarship to John Robert Powers, a 3 month scholarship to The Dance Scene, a model's portfolio by Marin Kosmicki, a scholarship to D.J. Sullivan's Actor's Workshop, a signing by modeling agent, Tina Real, a designer evening gown, a watch, and a cruise aboard the **Invader Schooner** as guest of honor.

Does this lengthy list make you want to run out and enter a beauty pageant? Well, Heather doesn't advise this because "Not every girl would even enjoy the experience."

Heather feels the pageant has opened new doors. She has received many opportunities that would have been difficult to obtain. "I would really like to do well as a model, I guess it's every girl's childhood dream."



Bridgette Ironside — Most mem: Going to cabin with family and Ron, B.F: R.H, T.U, B.M, P.G., Fav Saying: Oh brothers!, Fut. Plans: Go to 4 yr. college, Weakness: The sunset, and Ron, Fav excuse: I didn't know



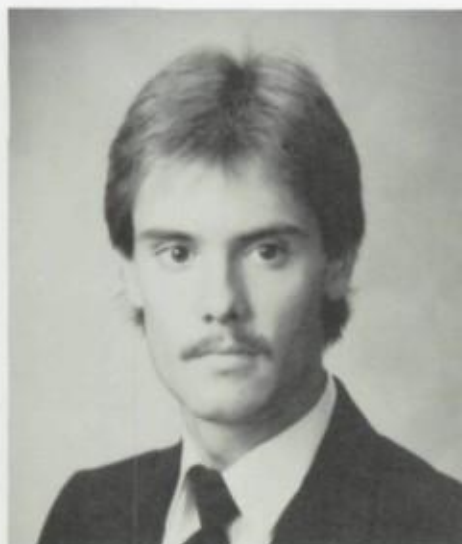
Debra Keenan — Most mem: Summer 84, B.F: Juli, Susan, Janea, Karen, John, Scott, Act: Specialty team, I-Club, Key Club, Fav Saying: C'est la Vie, Fut. Plans: Veterinarian, constructive surgery, Weakness: Boys, Big Brown eyes and a nice smile



Jon Issacson — Most mem: Going to Mountain and Bobby McGee's with T.S., B.F: T.S., R.K, R.S, D.D, D.A, J.T, M.G, P.H., Act: Water polo 1-4, Swimming 1-2, Key club 1-2, Fut. Plans: Navy 30 years, Nickname: Whale, Half moon, Skin head, Best year: All of them, 1-4



Helen Jones — Most mem: Getting my "Z", Aug 84, going out with "Chelle" and Friends, B.F: Michelle Donati, Tami Petry, N.S., D.M, Mom and Sis, S.R.Q.R., REN, Fav. Saying: Move it or Lose it, Fut. Plans: Stay single, become *filthy rich* and live happily ever after, Weakness: C.F., AC/DC, brown eyes, strawberry soda, Fav Song: Sin City



Craig Johnson



Christina Johnson



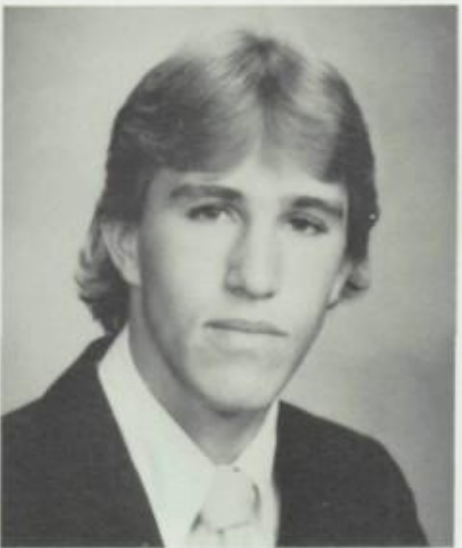
David Johnstone



Christine Jones — Most mem: Tim Weston, Mom and Dad, B.F: N.B, S.Q, K.L, J.C, and T.W., Fut. Plans: College and a good job, Fav teacher: Legacy, Fav Song: Honesty, Best Year: Junior



Sandra Kessinger — Most mem: #1 Soapflipper, B.F: Junie Gross and Laurie Lesh, Fav Saying: I am sure they will get over it. if not, oh well!, Weakness: Wendy's Hamburgers, Fav Teacher: Mrs. Romaine, Best Year: Junior year — 1983-84



Martin Kindreich



Stephanie King — Most mem: Italy 81-83; 4-7-84, B.F: E.R, T.W, S.H, J.W, and Mom, Most emb: You'd better roll up the window!, Fut. Plans: Going to college and being happy, Fav excuse: It's Monday, It's Tuesday, Wed., etc.



Michelle Kirby — Most mem: Mike B. in civics class and beach house with Mom, B.F: J.C, M.C, Mom, Dad, J.R, B.R, C.C, T.C, R.K, C.K., Most emb: Shaffer's house, Fav Saying: See you later Jelly Bean, Hobs: Skiing, Snowskiing, beach, guys, cruising, Fut. Plans: Go to college, become a doctor, and live in La Jolla



Doug Kitten



Lori Kleiboeker



Marc Klein



Gavin Knapp — Fav Saying: Oh Well!, Fut. Plans: Go to SDSU; Major (Electrical Engineering), Fav Excuse: I forgot, Best Year: This is it!, P.P: Terminal Freshmen



Kathy Knapp — B.F: Deanna Tackett, Most emb: BR 1st day 84 Shari, Fav saying: Right now?, Fut. Plans: Go to college, get married, be rich, Nick-name: Buzzing Buddies, Fav Group: Journey



Mr. McGuire's third period class carousing around, raising school spirit.



Cathy Koltavary — B.F: Heidi Avant, Toni Dawes, Mary Carlson, Act: WSS, Sports, D and D, School Clubs, Hobs: Soccer, Horseback riding, stamp collecting, Fut. Plans: College, be an engineer, Nickname: Cookie, Best Year: Senior Year



Kelly Krueger — Most mem: 84 Easter vacation — Mexico, B.F: Connie Darby, Cheryl Myers, Dena C. and Tammy A., Fav Saying: Lo siento mucho, Fav Group: Pat Benetar, Fav song: Against all odds, Best Year: Senior year and sophomore year



Near the student store, Connie Darby enjoys her free time during lunch.



Catherine Kuhner — Most mem: Meeting Robert and being with friends, B.F: Janine W., Robert F., Lorraine D., Laurie D., Fav saying: I'm sure, Fut. Plans: Go to college, be rich and happy, get married, Fav song: If ever your in my arms again, Fav excuse: We were talking, Best Year: Junior and Senior



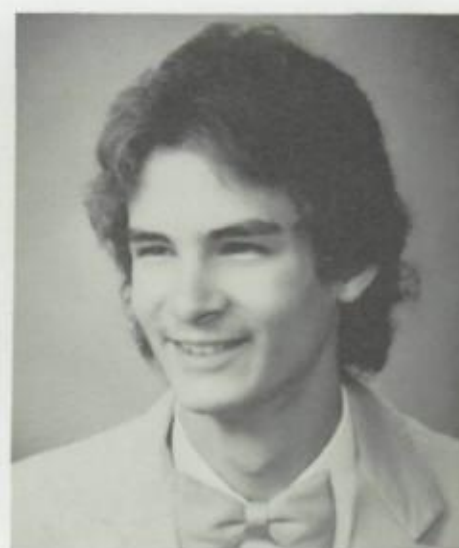
Kristie Kundrat — Most mem: Hawaii 82, B.F: J.B, T.V, T.E, D.W, J.B, K.R, G.R., Act: Band 1-4, Fav saying: I love you too, Nickname: Krispy, P.P: People cutting the less fortunate down



Rex Kyne — B.F: Bobby Bridges, Jeff Nelson, Ernie Lawler, Robert Abbot, Lisa Robeson, Hobs: Raising Birds, riding motorcycles, Fut. Plans: being a Hero, Nickname: Cradle baby lover, Best Year: My last one (12th grade)



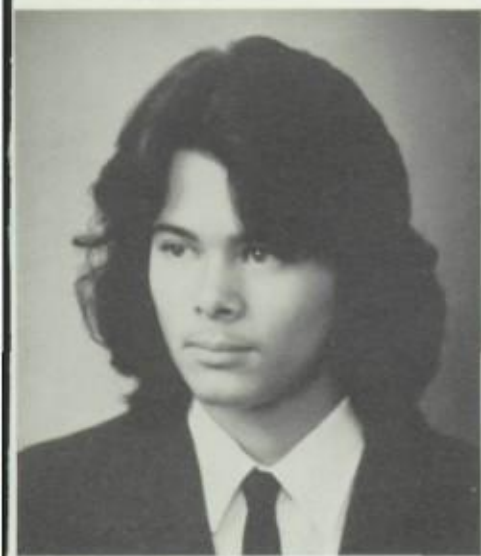
Jason LaBlond — Most mem: Sr. Year, B.F: T.W, C.J.H., Fav saying: Good Job!, Fut. Plans: Marine reserve, College, Fav excuse: I forgot, Best Year: Senior



John LaCrue — B.F: S.V, D.K, D.P, S.L., Hobs: GQ, Fut. Plans: Retire rich early, Weakness: Getting up early, Geometry, Best Year: Junior



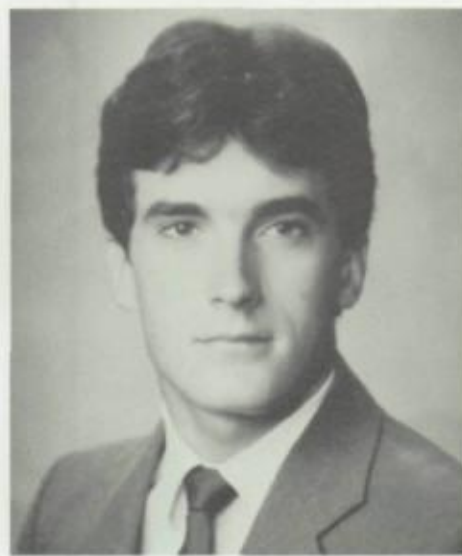
Jolee Lacher — Most mem: Summer of 84, B.F: Chris Romero, Tammy Rogers, Fav saying: Get Real, Fav Song: Cherish, Best Year: 1985, P.P: Slow moving People



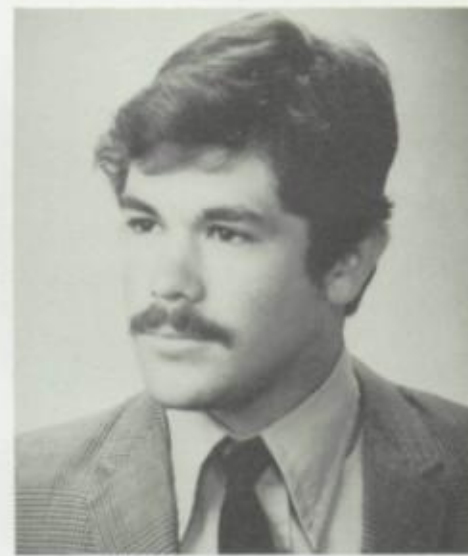
Anthony Lachica



Scott Lajoie — B.F: Greg Mason, Chris Mendoza, Sam Tagney, Act: Bike Club, Fav Saying: Chicamoles, Hobs: Bicycling, Camping, Fishing, Hunting, Stamps, Fut. Plans: San Diego State; Electrical Engineering Major: Megabucks, Fav teacher: Mr. DeKock



Tom Larimer — Most mem: Season of 83-84; Summer of 84, Act: FFA 1-2, Football 1-3, Track 2, Fav saying: Hey Dudes!, Weakness: food, Girls, Fav Excuse: I gotta go to work, P.P: Homework



Ernie Lawler — Most mem: Del Mar Fair, Fair Hotel, B.F: Aggies, Carp anglers of America, Act: FFA, Wrestling, Track, Fav saying: Sometimes you gotta say what the heck!, Fut. Plans: Go into Army and become a real man., Fav teacher: Mr. Norwood



Karen Lenahan — Most mem: Summer 81, Christmas 83, B.F: Michelle Carbone, T.S, M.N, S.C., and all the girls, Fut. Plans: To be with James and Plan a career with James, Weakness: James Alvernaz and Bon Scott, Fav group: AC/DC, Bon Scott Style, Ratt



Michele LePire — B.F: Sabrina, Janine, Chanel, Bonnie. Fut. Plans: Go to college, Fav teacher: Mr. DeKock, Mr. Yount, Mr. McGuire, Fav song: I don't like Mondays, P.P.: Being called a mod



Karl Lepker



Brian Leung — Most mem: Conflict Spivey, Freeman, B.F: Sandy Schuster, Scott, Act: Horizon, Mascot, Allusions, ASB, Fav saying: Merry Christmas, Fut. Plans: Network News in 2007 or before, Best Year: 1984-85 The Year of Leung



Brenda, Kim, Lois, Darin, Amy, and Crystal waiting for their shipment of Fuji film.



Becky Long — Most mem: 9-3-84, 6-8-84, B.F: C.M., D.B., S.S., S.L., Fav. Saying: Hota-Hiya, Weakness: Mark, Ladas, Rockers, Nickname: Speedy, Fav. Group: Motley Crue



Mary Longo — Most Mem: 6-18-82, R.B., B.K., R.T.W., B.F: S.G., T.S., K.C., S.T., S.M., S.B.T., C.L., C.H., Act: Softball Varsity — 4, Track Varsity — 2, Fav. Saying: Goo bee, Weakness: W.C. & D.M. with T.S., Fav. Excuse: I didn't mean it.



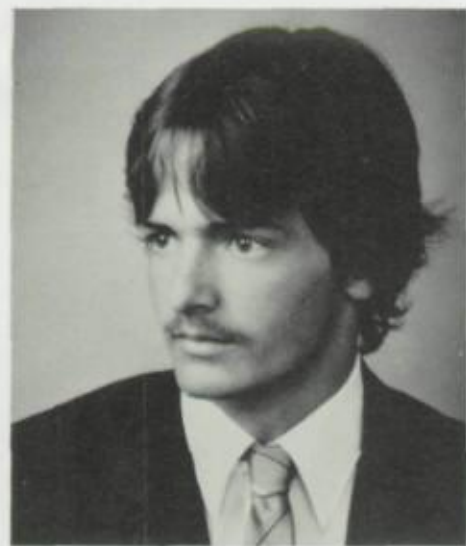
Jesse Lopez — B.F: Bret Martin, Dominic Sprecco, Matt Eyer, F. Plans: Pilot, Fav. Teacher: Ross, Furrow, Fav. Group: Van Halen, Fav. Song: So This Is Love, Fav. Excuse: Do it later!



Karyn Lowe — Most Mem: '83 Del Mar Dance Competition, B.F: Scotty's Clan, Fav. Saying: Guess you had to be there., Hob.: Dancing, Horses, Chu-Chu (my dog), Weakness: Blonde, Blue eyes & enjoys dancing, Nickname: Tonka



Sports fanatics Guy and Toby cheer on sports day during Homecoming week.



Wayne Lozier — B.F: M.M., K.C., R.B., M.M., Fav. Saying: That's tight, Hob.: working on trucks, Weakness: Women, Nickname: Buz, Fav. Group: Quiet Riot



Susan Lucas — Most Mem.: Doing ballet with Mr. Waasted, B.F: Katrina Sevensma, Becky Long, Little Sis, Act.: I-Club — publicity '83, Sec/Tres — 4, Most Emb.: Tripping in Mr. Waasted's 1st period '83, Nickname: Star Wars, pee wee, shorty, Fav. Teacher: Mr. Waasted, Mr. Graham



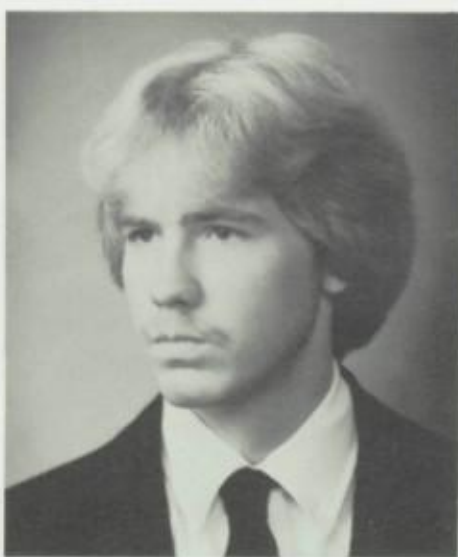
Tony Lybarger — B.F: R.W., M.W., F.A., R.L., L.S., Most Emb.: Wrecking my mom's car., Hob.: cruising, spending money, F. Plans: get rich and have a nice truck., Weakness: La Jolla beach girls., Fav. Group: Journey, Van Halen



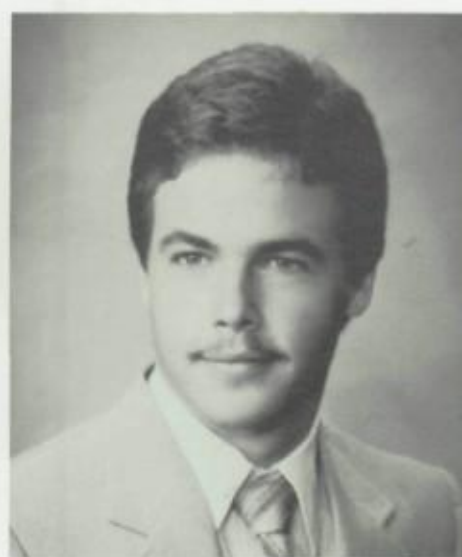
Matt Manescu — Most Mem.: summer of 83-84, B.F: D.O., W.L., D.W., R.E., B.G., M.E., Fav. Saying: That's tight, Weakness: Dawn, blondes, blue eyes, money, Fav. Group: Scorpions, P.P.: Mods, waiting in line.



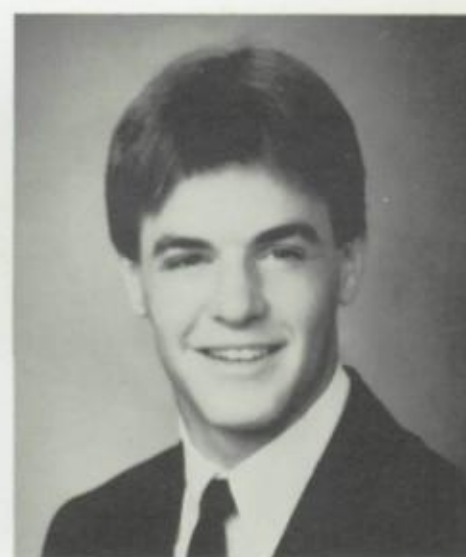
Tanya Manry — B.F: Steve, Kari, Laura, Teresa. Hob: Going to the river. F. Plans: Career, being with Steve. Weakness: Steve. Best Year: 83-84



Jack Marks — B.F: D.H., D.Z., D.S. Hob: Bike riding. Weakness: mini-skirts & tight pants. Nickname: Jumbo Jack. Fav. Teacher: Peabody. Best Year: Senior.



Bret Martin — Most Mem: 1st date with Tracey Thompson. B.F: Tracey T., Dominic S. Hob: Guitar, women, fishing. Fav. Group: Zeppelin. Best Year: Senior. P.P: Mods.



Joe Martin — Most Mem: 4-26 with Lisa T. B.F: Lisa T., Mike E. & Debbie A. Fav. Saying: Jour Mama. Weakness: Sexy calves & blue eyes. Fav. Song: Let's Go Crazy. Fav. Excuse: I-R#3? I thought you said IR#1.



Scott and Debbie in a heavy discussion at a football game.



Tim Martin — B.F: John B., Scott B., Chris M. Hob: Motorcycle riding & fixing cars. Weakness: A nice looking girl/girls. Fav. Teacher: Mann. Fav. Group: Journey. Best Year: Senior.



Darlene Martinez — Most Mem: C.C.'s at the beach. B.F: N.S., H.J., M.D., D.M., T.T., T.G.I.W. Fav. Saying: Whats your problem. F. Plans: Spending someone else's money. Weakness: Hunks. Nickname: Martini. Fav. Excuse: Um, well, ya see, ya know.



Paul Masek — Most Mem: Special 25, I.M.F., TERRORISM. B.F: R.S., R.R., C.F., D.C. Fav. Saying: Help Me. Hob: Bajas, canyon racers. F. Plans: 4 yr. college, TV camera man.



Greg Mason — B.F: Scott Lajoie, Chris Mendoza. Act: Bike Club. Fav. Saying: Oh well. F. Plans: Pilot. Weakness: Dumb movies. Fav. Excuse: I fell asleep.



Michael Mayers



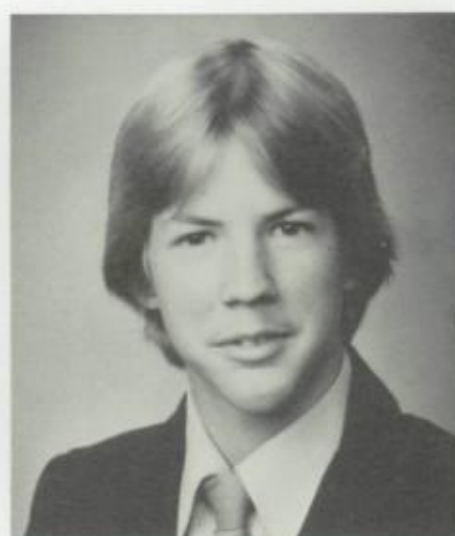
Alan and Toby on their way to a victorious win in the Chariot Race on Toga Day.



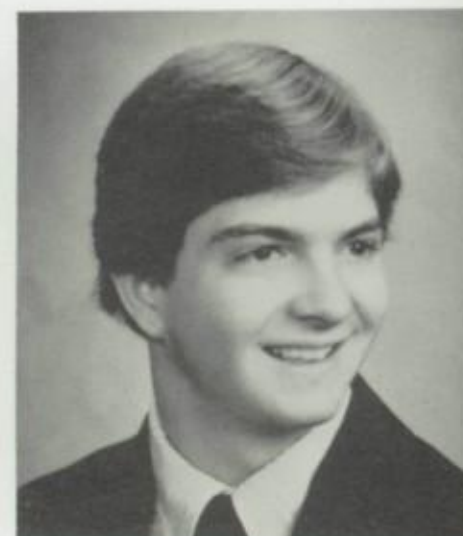
Sandra McAdams — Most Mem: Desert trips, Tahoe and Flynn's, off-road-ing. B.F: Maureen Flynn, Allison Flynn, mom, M.N. Fav. Saying: oh well it happens. Weakness: guys with dark hair, hazel eyes, gold, diamonds, flowers. Nickname: Beach. P.P: People who bail.



Benni McAllister — B.F: T.M, C.Y., L.T., P.M. Fav. Saying: No problem. Hob: Horseback riding, cooking, concerts. Weakness: Chocolate. Fav. Ex-cuse: I forgot. Best Year: 83-84.



Troy McCann



Ron McGuire — Most Mem: Summer '84. B.F: D.O., R.R., K.T., K.S., J.B., B.B., M.B., A.B., B.P. Act: C.S.F. 2-4. Fav Teachers: Lipetzky, Peabody, McClain, Yount, DeKock. Best Year: 85



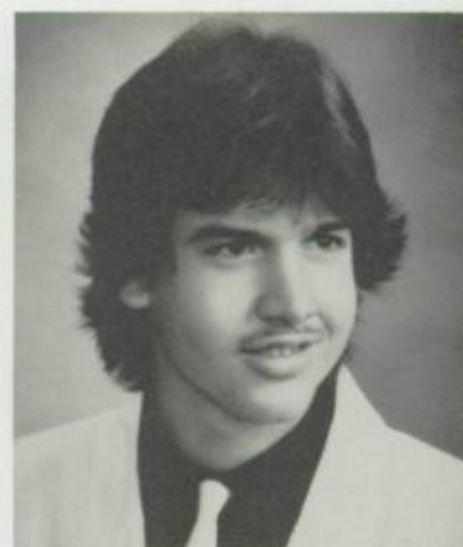
Brett McIntosh — Most Mem: S.M. bathroom roof. B.F: R.L., L.O., J.S., A.H., A.F., C.S., J.M. Hob: Fav. Say-ing: No gain without Pain. Hob: Surf-ing. Weakness: Surf.



Roxanne McKechni — Most Mem: Dances with C.H., G.R. & J.M. B.F: C.H., K.B., G.R., D.B., B.C., G.P. Act: Tennis, Band. Weakness: Cute, Sweet guys & chocolate chip cookies.



Jean McLean — Most Mem: TGIW girls, mom #2, Aunt Fanny, The Mon-key. B.F: Debby Corcoran. Fav. Say-ing: "Woof and Tweet Live On." F. Plans: Editor-in-chief of GQ. Weak-ness: Gorgeous Guys. Nickname: Cookie.



Brian McNulty — Most Mem: M.P. at my house '83. B.F: C.D., J.W., S.B., T.S., R.L., L.C., P.C. Most Emb: 502 at Santee drive-in, with C.P. & S.C. 10-14-83. Hob: Water skiing, 3-wheel-ers. Weakness: Chevie D., River, C & P. Fav. Song: Walk All Over You.



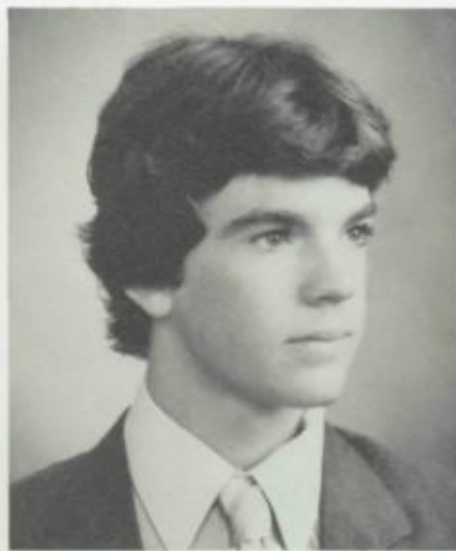
Shelly McVicker — Most Mem: Summer '84, naming the Bears. B.F: Dezha Ralph. Act: Tennis 1-4, Softball 1-4, Basketball 3, Stat. Girl 4, E.C. Club, Ski Club. Most Emb: Having my car TP'ed in school parking lot. F. Plans: play softball at UCLA. Fav. Saying: Let's Get Crazy.



Chris Mendoza — Most Mem: MHB at Disneyland. B.F: Scott, Greg Treavor, Mark. Act: Martial arts. Hob: Cruisin. Weakness: Girls in half-shirts. Nickname: Cheese (origin unknown).



Teresa Mergens — Most Mem: 1-4-84. B.F: Shelly McVicker & Desire Ralph. Act: Basketball 2-4, Volleyball 4, Band 2, Choir 2, Track 2. Most Emb: Shooting at wrong basket — Monta Vista. Fav. Teacher: DeKock. Fav. Group: Prince. Best Year: Senior.



Shawn Meskimen — Most Mem: Laguna run with Nelson. B.F: David, Hayden, Gary, Jeff, Peter. Hob: Going to desert with friends & D.S.R. F. Plans: Graduate, have grad party & get rich. Weakness: Blondes with blue eyes and T.A. Fav. Excuse: I went to the doctor.



Jared scrubbing away at a Senior car wash.



Valerie Miller — Most Mem: Football game with T.B. '83. B.F: S.M., T.H., K.S., T.B., M.M., J.E. Act: Varsity Swim 1-2, Hob: water skiing, 3-wheeler riding. Nickname: Melvin. Best Year: Senior.



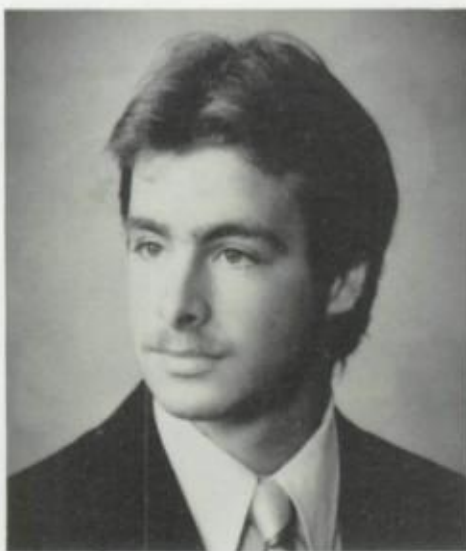
Chris Millsap



Christina Millsap — B.F: Stephanie Swink, Becky Long, D' Anna Butcheck. Fav. Saying: Hota Hiya. Weakness: Anton/Ladas/Rockers. Nickname: Accy. Fav. Group: Motley Crue. Best Year: 4



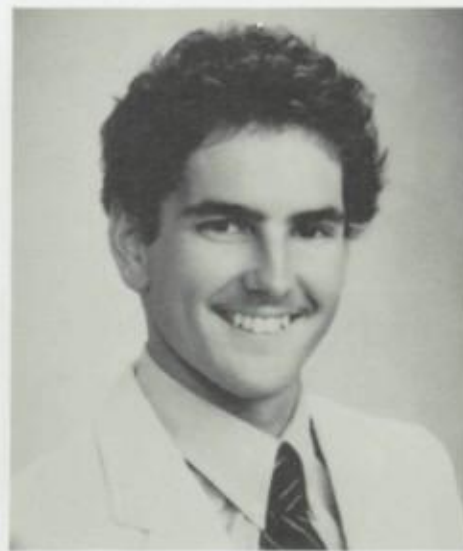
Laura Moen — Most Mem: Meeting Harry Rogers 4-16-82. B.F: H.R., C.W., S.L., S.N., K.H., B.B., Harry's mom & the Gang. Most Emb: Seeing "bears" at the Flats. F. Plans: Marry Harry and have rad 4 x 4's. Weakness: Harry's crying baby blue eyes. Nickname: Sparkie.



Mark Morrison — B.F: Kent, Matt, Tony, Buzz, Stew, Joe. Act: Soccer, truck, skiing. Fav. Saying: Yah Buddy. Weakness: 200 lb. bench press & Calif. girls. Nickname: Marko. Best Year 3



Lydia Morrissey



Stewart Morse — B.F: Dave Weaver, Matt Eyer. Act: Tennis 1-4, Soccer 2-3, Bike Club 1-2, 4, Ski Club 3-4. Fav. Saying: G'day mate. Hob: Skiing, biking, body surfing. Weakness: Women with green eyes. Fav. Group: The Cars.



Sharon Moss — Most Mem: Bass Lake '83. B.F: Darin, Valerie, Jalane, Darron. F. Plans: Further education — marry D.M. Weakness: ice cream, D.M.'s smile. Fav. Teacher: Mr. Graham. P.P: Men who are always late.



Renee Mueller — Most Mem: Times with Alan, TGIW. B.F: Erica Rice, Alan Murray, C.M., K.W., C.B., K.W. Act: Track 1-4, Cross Country 2, Allusions, Letterman Club. Fav. Saying: No problem. F. Plans: College, career. Best Year: '83-'84.



Brad getting a juicy kiss from his mommy at a pep assembly.



Michael Myers



Michelle Neal — Most Mem: 6-16-84, Eddie's Party & 7-14-84. B.F: S.M., K.L., L.V., T.S., L.R., C.R., D.C., M.C., M.B., C.B., AC & Skippy. Most Emb: Running out of gas after 6th jr. yr. F. Plans: Get rich, be happy, & own a killer 4 x 4. Weakness: Guys with blue eyes, tight wranglers & Rad trucks. Fav. Group: AC/DC.



Jeff Nelson — Most Mem: 84-85 trip to mtns. with Shawn B.F: S.M., K.W., P.U., G.S. Most Emb: The back of a cop car. Fav Saying: Go ahead make my day. Weakness: Kathy. Nickname: Pillsbury Dough Boy.



Shari Nelson — B.F: Merilee, Gunnells. Hob: Scamming on guys. Weakness: Shawn Mari. Fav. Group: Scorpions. Fav. Song: Still Loving you.



Karen Nesvig — Most Mem: Western Regional '84. B.F: Geraldine Critti, Shannon Stedt, Frank Restrepo. Act: DECA. Weakness: Italians with green eyes. Nickname: Ker-Bear. Best Year: 3



Sara Ninteman — Most Mem: 3-30-84, 4-3-84. B.F: Rick R., A.P., M.R., L.S., D.S., S.S., S.M. Most Emb: Driving my Falcon. Fav. Saying: Yum. Weakness: Guys in tight white cords.



Suzanne Nolan — Most Mem: East County Fair. B.F: Troy Cox & Kendra Elrod. Act: FFA. Fav. Group: Alabama Fav. Song: Carolina. Fav. Excuse: My Steer Ate It.



Steve Noriega — Most Mem: On-stage & backstage with Andi, S.G. '82 & Ian '84. B.F: Nick German, Bobby Lane, Jill Randolph, Rhonda Cates. Hob: Dark poetry readings, surfing, skateboarding. F. Plans: Major in design. Weakness: Smiles from the female gender. Fav. Teacher: Mr. De-Kock.



David Nowlan — Most Mem: El Cap 21 Helix 7; '83 season; pre game: BW & SN. B.F: B.W., A.R., S.N., T.T., '83-'84 football team. Act: Varsity baseball & soccer 1-4, Varsity football 3-4, Sr. Class Pres. Fav. Saying: Bird-dog, are you serious? H.A. F. Plans: having a good time, being successful. Fav. Teacher: Duke & Waasted.



Gregg Osborn — B.F: B.W., S.P., D.J., J.C., B.S., B.G. Act: Wrestling, drama. Most Emb: Peair's class. Fav. Saying: Whoa ... Cowboy. Fav. Excuse: Who me? Best Year: Senior.



Ray Oslie — B.F: Robert Walters, Forrest Adams, Tony L., Carlos Carrera, Troy Wigham, Kim Burnworth. Fav. Saying: Let's do it. Hob: Surfing, skateboarding, loving girls. F. Plans: Have fun, sing punk. Weakness: The beach and Christina Castro. Fav. Excuse: I forgot.



Doug Owens — B.F: R.R., R.M., K.T., R.S., P.M., K.S., M.O. Act: Football. Most Emb: Cal Poly '84 Hob: Russian Roulette, F. Plans: College, Computers. Nickname: Slug.



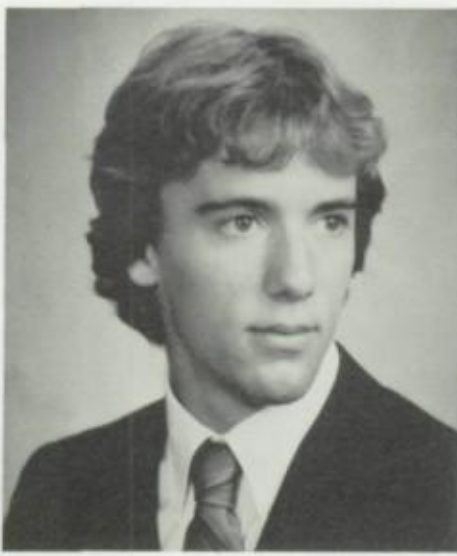
Kathy Pacheco — Most Mem: 5-84 Jr. Prom night. Act: Cheer 1-3, Track 2-3. F. Plans: Attend college & become a flight attendant. Weakness: Chocolate, food & getting up for school. Fav. Song: I need a lover who won't drive me crazy. P.P: People who are nosey, cheap and stuck-up.



Carrie Pangborn — Most Mem: Secondwind '84, Butterfield Ranch '82-'83, summer of '82 '84 with Jeff. B.F: S.B., D.W., J.B., cheer pals. Act: Cheer 3-4, gymastics 1-2, tennis 2, Campus Life 1-4, soccer 3. Most Emb: Cheer pyramid with rear showing to crowd. Nickname: Care Bear. Fav. Excuse: I just didn't see that car that I hit.



Manuel Paniagua — Most Mem: Seeing Mr. Till get dunked. B.F: John Heinz, Bobby Priddy, Gregg Osborn, Seraphan F. Fav. Saying: Patience is a virtue. F. Plans: Attend Loyola Marymount — study Theology. Nickname: Benado. Best Year: Senior.



Brian Paradowski — Most mem: 1/1/84, B.F: A.B., K.S., M.B., J.B., B.B., Act.: Basketball 1-4, Track 3-4, J.V. Baseball 2, C.S.F. 1-4, Most emb: Being a slave and wearing a diaper. Fav. saying: You got some kind of problem? Hob: Avoiding homework



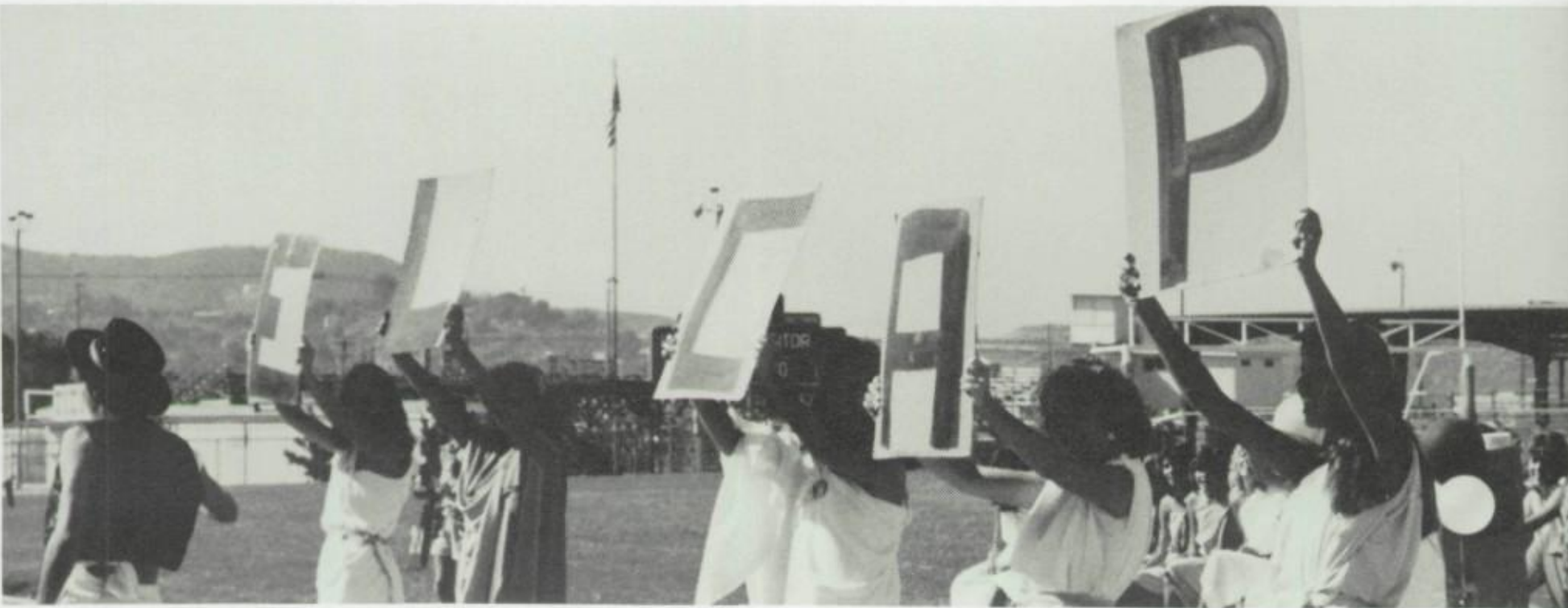
Merrie Paskle — Most mem: 8/6/84, 9/18/84, B.F.: Terra H., Scotties Gang, Fut. plans: College, Weakness: Cookies and milk, Fav. teacher: Mr. Peabody



Kari Peightal — Most mem: 6/30/84, B.F: Dori, Shauna, Lisa, Debbie, Fut. plans: College, Weakness: Mikes eyes, Fav. excuse: But mom said, Best year: Senior



Tami Petry — Most mem: Jan. 14, 1982, Sept. 15, 1984, B.F: T.M., H.J., mom, sis, Tigger, Act: Softball 1-4, Tennis 1-4, Varsity Club 4, Fut. plans: College and marriage, Weakness: Todd's blue eyes, Fav. teacher: Mr. Waasted, Mrs. McClain



The cheerleaders and mascot get the crowd involved during a pep assembly.



Lisa Pfohl — Most mem: Times with Paul and special friends., B.F: E.R., P.T., A.S., R.S., Fav. saying: The Elite, Fut. plans: To travel and live the world, Nickname: Lola, Fav. group: The Rave Ups



Suraphan Phutayanon — B.F: Dean, Manual, and Damaie, Act: Tennis, Fav.: saying: I'm a nice guy., Hob: Tennis, swimming, meditation, Fut. plans: Financial banking and administration, politician, Nickname: Nuts



Debbie Pierce — Most mem: Summer of 84 and 8-16 with B.W., B.F: Tina Stoner, J.C. R.H., Most emb: T.S.'s livingroom, Hob: Skiing, swim, Fut. plans: Marry into money, Weakness: Guys in levis



Tracye Pierce



Ronda Pinnell — Most mem: when I got my trophy for the outstanding discus thrower 84, Fav. saying: Go for it big guy, Fut. plans: College for 7 years to be a pharmacist, Weakness: Cute guys with blonde hair, Fav. excuse: But, I was in the bathroom



David Prentice — Hob: fishing, swimming and camping, Fut. plans: Be a school teacher, Fav. teacher: Mr. Peabody, Fav. group: Hank Williams Jr., Fav. song: Attitude adjustment, P.P. People that think they know it all



Allison Presley



Robert Priddy



Daniel Pritchett — B.F: Ricky Smith, Woody Schneider, Fav. saying: Bonzi, let's party, Hob: Stay out of trouble, Fut. plans: Surviving, Air Force, Nickname: Hey you, Fav. teacher: Mr. White, Mr. Furrow



Joey Till getting undressed after a hard practice.



Sean Quigley — Most mem: 83-84 football and basketball season, B.F: Christy Jo, Nikki B., Act: I-Club 2-4, Key Club 3-4, I-Club pres., Key Club V.P., pres., senior class pub. Fut plans: College, Best Year: Junior



Dezhareé Ralph — Most mem: Desert 84, B.F: Shelly McVicker, Fut. plans: College, get married, Best year: Senior year, P.P: Predjudiced people



Jill Randolph — B.F: Penny Hubert, mom and Steve, Act: Cheer 2, varsity mascot 3, A.S.B 3, Best year: 10th grade, Fav. teacher: Mrs. Romaine, Weakness: Sleep, Nickname: Jilly



Donna Rather — Most mem: meeting Donny and Marie Osmond, B.F: Joe Hall and Ken Bolton, Hob: listening to music, singing and dancing, Fut plans: to become a paramedic, Fav. group: Night Ranger, Fav. song: Sister Christian



Kay Raymond — Most mem: Jan. 10, July 26, 1984, tour 81-85, B.F: Greg, Diana, Lisa, Kristie, John, Tom, Michelle, Act: band 1-4, swim team 2-4, rad sax player 3-4, Fav. saying: it was so funny, weeeeeee, plans: passing time away with Greg, Weakness: Greg's body and when he sings to me



Crystal and Darin hanging out in the parking lot after school.



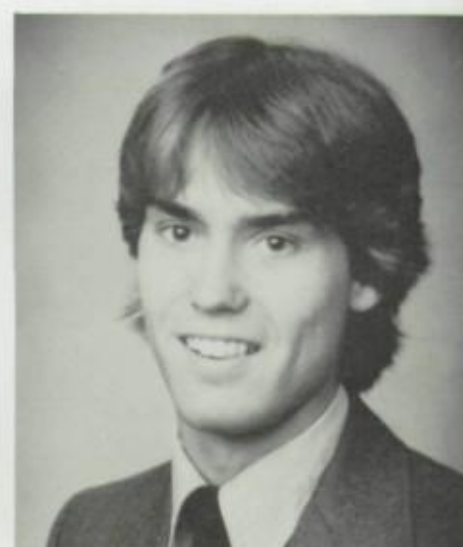
Robin Reesor — Most mem: Spending time with Heather, C.F. and friends, B.F: H.A., T.W., S.K., T.M., Fav. saying: whatever and oh well, Fut. plans: happy and Rich, Weakness: nice cars and pretty eyes, Best year: 81-82 freshman



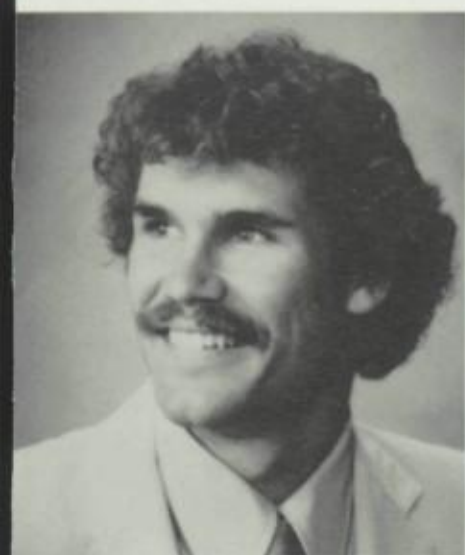
Audra Register — Most mem: 5-7-84, Jimmy Vogt, B.F: Scott Shirley, Jimmy Vogt, T.S., D.W., Hob: watch Jimmy walk, Fut. plans: marry Jimmy, Weakness: blonde hair, blue eyes, Jimmy Vogt, Best year: senior



Dominique Reveles — Most mem: summer of 1984, B.F: Sherry G., S.B., T.H., S.M., T.P., Act: tennis 1-4, Varsity Club 4, Allusions 4, Fut plans: college and veterinarian med., Weakness: T.N.T. smile, Fav. teacher: Mr. Waasted, Mr. Taggart



John Reyes — B.F: Harold Hill, Jim Seelle, Carlos Negrety, Weakness: tall, slender pretty girls, Fav group: Beatles, Fav. song: Day tripper, Fav. excuse: I don't know, Best year: summer 1983



Ronald Rhoades — B.F: Davis, Greg and John, Act: Football and track, Fav. saying: You're ugly, Weakness: Debbie Apton, Nickname: Caveman, Fav. group: The Beatles



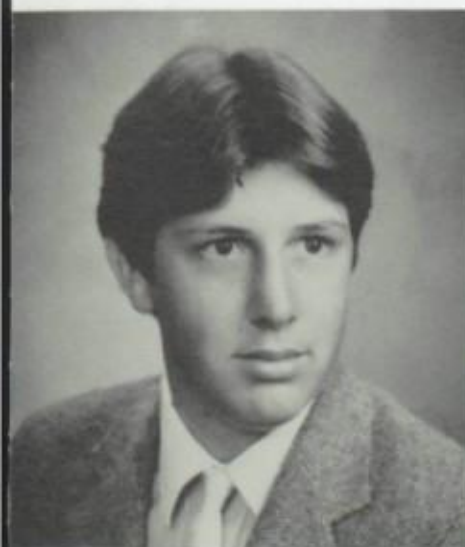
Erica Rice — Most mem: Havisu July 83 and summer of 84, B.F: L.P., K.W., R.M., S.B., S.M., B.E., J.H., Act: Track 1, tennis 3-4, Sr. class treasurer, E.C. connection, Alusions 4, Letterman's Club 4, Fav. saying: Totally cool, Weakness: Gorgeous eyes, red roses, Best year: 84-85



Jeffrey Rice — Most mem: Summer of 84, B.F: C.C. Team, C.Y.O., D.T., D.C., K.G., Fav. saying: What can I say?, Weakness: Big waves and beautiful, tan girls P.P: Water polo



Scott Richards — B.F: Kevin Woods, Fav. saying: Hey dude let's party, Hob: Racing street stock cars and RC cars and head banging, Fav. group: Iron Maiden, Leather Wolf and Armored Saint, Fav. excuse: I don't know, P.P: Punks, mods and hicks



Darren Riker



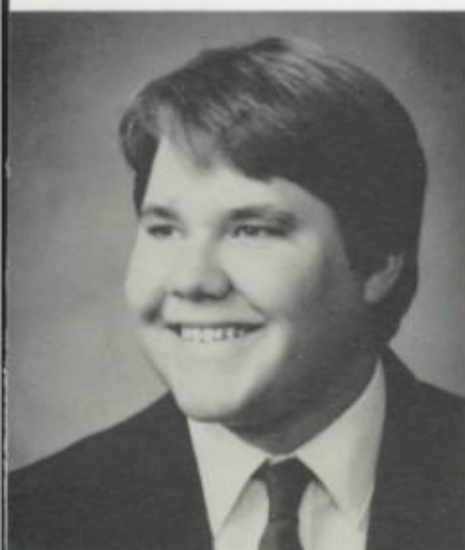
Shannon Ring — Most mem: Fun and crazy times with Jules, B.F: Jules, N.B., T.U., D.W., M.C., C.F., R.S., Most emb: Incident at football game with Jules, Fav. saying: Aw-wooh baby, Nickname: Shannie and Ring-a-ding, Fav. excuse: Jules fault



Jennie Rios — B.F: Bobbie Lynne, Yolanda and Mary, Fav. saying: What, Fut. plans: Business college, Nickname: Jen, Fav. teacher: Mr. Gilmore, Mr. Fish, Fav. excuse: I forgot



Davis Robbins



Robert Robertson — B.F: M.B., M.B., B.B., P.M., A.B., D.O., B.P., K.S., K.T., R.M.C., Act: Football 4, Golf 2, Fav. saying: The la bamba, Hob: Desert, bajas, dunebuggies, Fut. plans: College 4 years



Erik Robinson — Most mem: Ripping my pants at fair dance, B.F: M.L., K.C., W.L., Act: F.F.A., Fav. saying: That's tight, Hob: Hunting and fishing, Fut. plans: Forestry



Raydell Robinson — Most mem: meeting Joel and falling in love, B.F: Shari Nelson, Brad, Jack, Act: Key Club, El Cap Connection, Most emb: Have your boyfriend carry you off the quad, Fav. saying: Hi guys what's happening?, Hob: Horses, boys, swimming, back packing



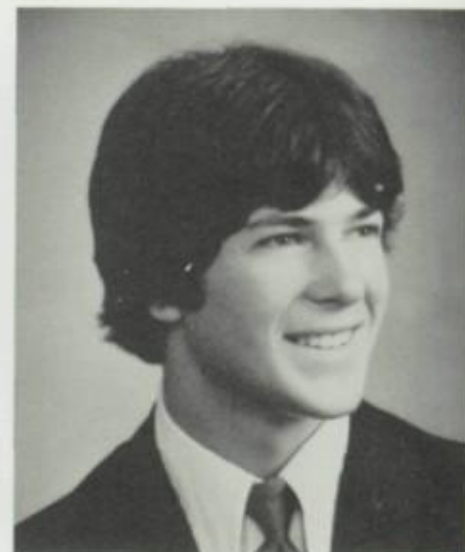
Donna Rodgers



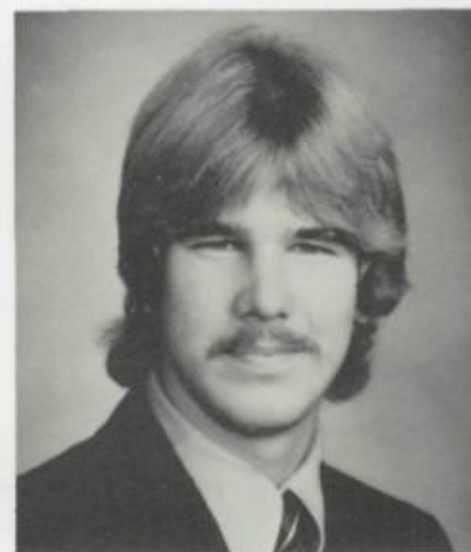
Jon Comfort introducing Larry Himmel at Homecoming assembly.



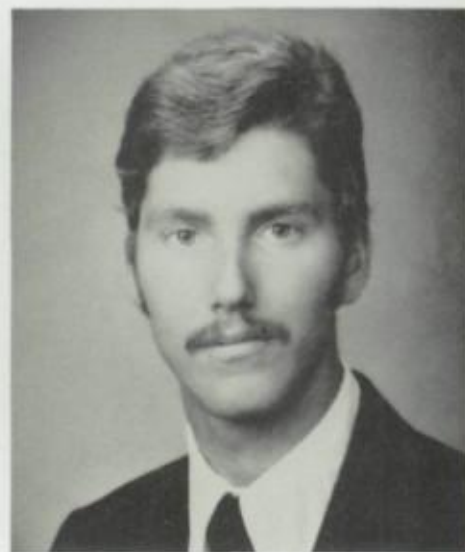
Christina Romero



Christopher Row — Most mem: Rear ending Mr. Eubank's "Z", B.F: ME, WS, RR, TA, DI, TS, ES, SE, JU, T.N.T., Fav saying: Let's party, Hob: Off-roading w/Marc Enniss, Pontiac, F. plans: Party for 1 yr., go to Arizona, Weakness: Blondes



James Rupp



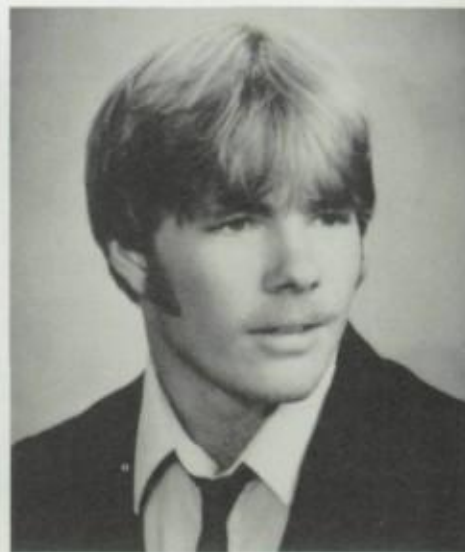
Greg Rushing — Most mem: Jan. 10, 1984, B.F: Ronnie, Davis, Kay, Tom, T.C., Act: Band 1-4, Swim 2, 4, Water Polo 4, Hob: Music, swim, Weakness: Bikinis, mini-skirts, Fav group: Billy Joel



John Russell



Laura Saiz — Most mem: Brett Crockett, 10-2-82, being with Helen and w/W, B.F: BC, HJ, SC, LC, TM, KH, KC, Most emb: C.B. car with S.C., L.C., H.J., at 7-eleven, F. plans: Hopefully get married (B.C.), get rich, Weakness: B.C., blonde hair and blue eyes, sad brown eyes, Fav group: AC DC Bon Scott style



Randy Salewske — Most mem: 1-8-84, B.F: J.V., B.C., C.F., S.S., A.D., the Boys, F. plans: Get a job, Weakness: A.D., J.D., C.L., Cop, S.B., Fav excuse: I ran out of gas, P.P: Break-dancing, punkers



George Sanchez



Michelle Sanders — B.F: Jaime, Michelle, B.H., T.S., J.C., B.W., R.S., L.B., Act: Swim 1-4, Track 1, Basketball 4, Jr. class V.P., Bike Club, Most emb: Night at C.T.C. w/Suzi, Fav saying: Hey bud, Weakness: Blue eyes, Levis, Nickname: Mitch



Caesar Santos



James Scantlin — Most mem: Artesia '81, B.F: J.B., K.K., T.V., T.E., G.R., K.R., Act: Band 1-4, F. plans: Community College, Fav teacher: Ms. Schuster, Best year: '82-'83



Curt and Bert clowning around.



Natalie Schifano — Most mem: July 31, B.F: B.H., K.H., D.M., D.M., T.G.I.W., F. plans: Bumming on the beach, Weakness: Nice eyes and body, Fav excuse: I can't help it



Forrest Schneider — B.F: D.P., R.S., C.R., S.D., Hob: My car and Sheri Englebright, Weakness: Sheri Englebright, Fav teacher: Sonja Duchow, Fav group: Iron Maiden, Dio, Ratt, Fav song: Last in line by: DIO



Rich Schulenberg — Most mem: Special 25, midnight task force, Hob: Cars, motorcycles, spear fishing, F. plans: Underwater demolition, Weakness: Legs and explosives, Nickname: Schulee



Dwayne Selman — B.F: J.M., D.T., D.Z., B.P., Act: Baseball 2, Hob: Sports, Weakness: Girls, Fav song: Hard habit to break, Best year: Senior



Stacey Servant — Most mem: 8-11-83, B.F: Korina F., Michelle B., Sue J., D.H., A.R., Fav saying: Oh yeah?, how gay, Weakness: Ice cream, yellow con., VW, Fav group: Beatles, Fav song: Darling Nikki



Katrina Sevensma — B.F: Susan Lucas, Lisa Baker, Act: I-Club sec./tres. '83/'84, Fav saying: No way, give me a break, you tunga, Weakness: Snicker candy bars, carnations, Nickname: Trina, Fav excuse: I forgot



Pam Shafer — B.F: Joy Williams, Most emb: Getting punch spilt on you, Nickname: Pamelita Rosita, Fav group: Scorpions, Fav song: Still Loving You, Best Year: '85



Brian Shirley — Most mem: River and desert trips, B.F: C.F., M.A., S.R., J.V., R.L., Weakness: Blue eyed blondes, Nickname: Squirly, Fav excuse: It's not mine



Roy Shroyer — B.F: G.R., M.G., B.A., C.H., R.K., Act: Basketball 2, Water Polo, Bike Club, Lettermans Club 4, Weakness: Blue eyes, mini skirts, Fav group: Judas Priest, Fav song: Let the good times roll, Best year: Senior



Tammi Signs — Most mem: Times spent with C.S., R.C., and friends, B.F.: Kelly, M.A., K.L., Westers, S.T., M.S., M.P., D.S., S.R., S.C., M.L., and all the girls, Most emb: Brian McNultry's party, Fav saying: Whatever, Weakness: Blue eyes, nice legs, tight wranglers, gold, Nickname: Bee Bee, Tamsy



Lauren Skinner



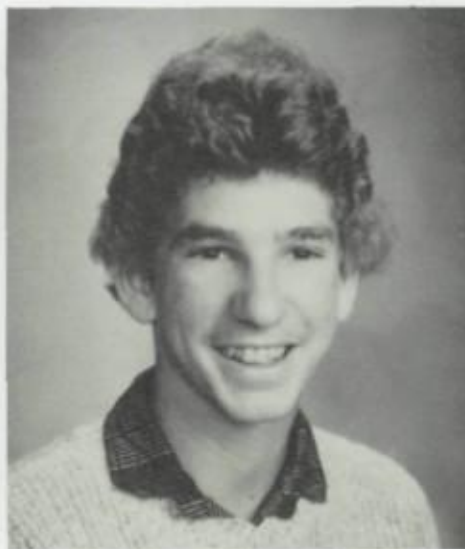
Darryl Sloan — Most mem: Being with Tawny, B.F: Vic Carlino, Alan Lynch, Kirk Fichter, Hob: Bass fishing, three wheelers, truckin', F. plans: Go to school in Arizona, Weakness: Blonde hair and blue eyes



Jill Smith — Most mem: Buddy Wilkerson, B.F: Buddy, Robin, Dane, Mom, Most emb: Louie Osuna, Fav saying: Yah ya are!, F. plans: College, life with Buddy, Weakness: Buddy, green eyes



Richard Smith



Tom Smith



Kathy Snowden — Most mem: Seeing M.D. and J.W. for the first time, B.F: C.V, J.L, J.S, V.M, and the gang, Fav saying: Give me a break, F. plans: Marriage in L.A. temple; to be a surgeon, Weakness: M.D.'s eyes and J.W.'s body, Nickname: Bee Bee's



Jon and Rich pondering the meaning of life.



Brenda Spivey — Act: Cheer '82-'83, '84-'85, CSF, ASB, Fav saying: That's life, F. plans: Marry Scott, 4 year college, Weakness: Scott's puppy eyes, Fav teacher: Mrs. McClain, Best year: '84-'85



Dominic Sprecco — B.F: B.M., J.L., L.S., S.N., F. plans: Go into law enforcement, Weakness: Blue/green eyes, Fav group: Scorpions, Fav song: I can't drive, Best year: Senior



Diana Stallard — Most mem: Meeting David B., B.F: D.B., K.T., D.R., J.S., T.H., S.E., S.H., Fav saying: Omi god, F. plans: To be rich and famous, Weakness: Guys, dark tans, Big Macs, Fav teacher: Mr. Peabody and Mr. Legace



Lisa Standing



Karl Stanzick — B.F: B.P, J.B, M.B, B.B, A.B, Act: Tennis, Band, Bike club, Fav. saying: Shut up Mia, Hob: Tuba, bicycling, tennis, F. plans: College and making millions, Weakness: None



Cheryl Steward — Most mem: 9-18-83, Act: Band 1-2, Weakness: Ken Roach, Fav. excuse: Alarm didn't go off, Best year: Freshman, senior



Gary Stewart — Most mem: Sophomore year with C.P., B.F: S.M, J.H, T.P, C.P, D.M, B.M, Most emb: Mike Ellerries water jug keg, Hob: Partying and off-roading, Nickname: Stew, Best year: Senior



Kevin Stone



Bert Weiss announces the football plays as press box members look on.



Christina Stoner — Most mem: Summer vacation '84', B.F: Debbie Pierce, J.C, R.H, B.W, K.E, Most emb: Sunday afternoon at J.C. grandmothers, F. plans: College and marry wealthy, Weakness: Muscular masculine chests, P.P: People who dress like slobs



Paula Stoodly — Most mem: Mammoth '84, Hawaii '84, Palm Springs '83/84 with M.B. and friends, B.F: Mia Branski, Trisha Hock, K.D., R.B., S.B., K.W., D.B., P.D. Act: J.V. cheer 2, Varsity cheer 3-4, soccer 3, Most emb: Pop-top on Maui with M.B., T.H., K.W., Weakness: Mia begging for McDonalds.



Aileen Storie — Most mem: Spending time at the beach during summer, B.F: M & D, S.C.C., Sis, T.S., M.L., Act: Basketball 2, Journalsim 4, F. Plans: College — orthopedics, get convertible Mustang, Nickname: Leenie, Fav. Teacher: Mrs. Romaine



Jon Strelie — Most mem: 10-28-83 Western bass 83', Alamo with J.W, 10-2, 9-8. B.F. A.H, J.W, B.M Act: Soccer 1, 2, 3, Hob: Fishing Weakness: Amy Lynn, bacon cheeseburgers chevy trucks, champion boats Best Year: Junior, Senior



Mark Sullivan — Most mem: Superstitions, BaJa, B.F: E.L, J.C, C.M, M.T, T.M, Fav. saying: By all means!, Weakness: Woman, Harley Davidsons, Fav. group: C.A.A.



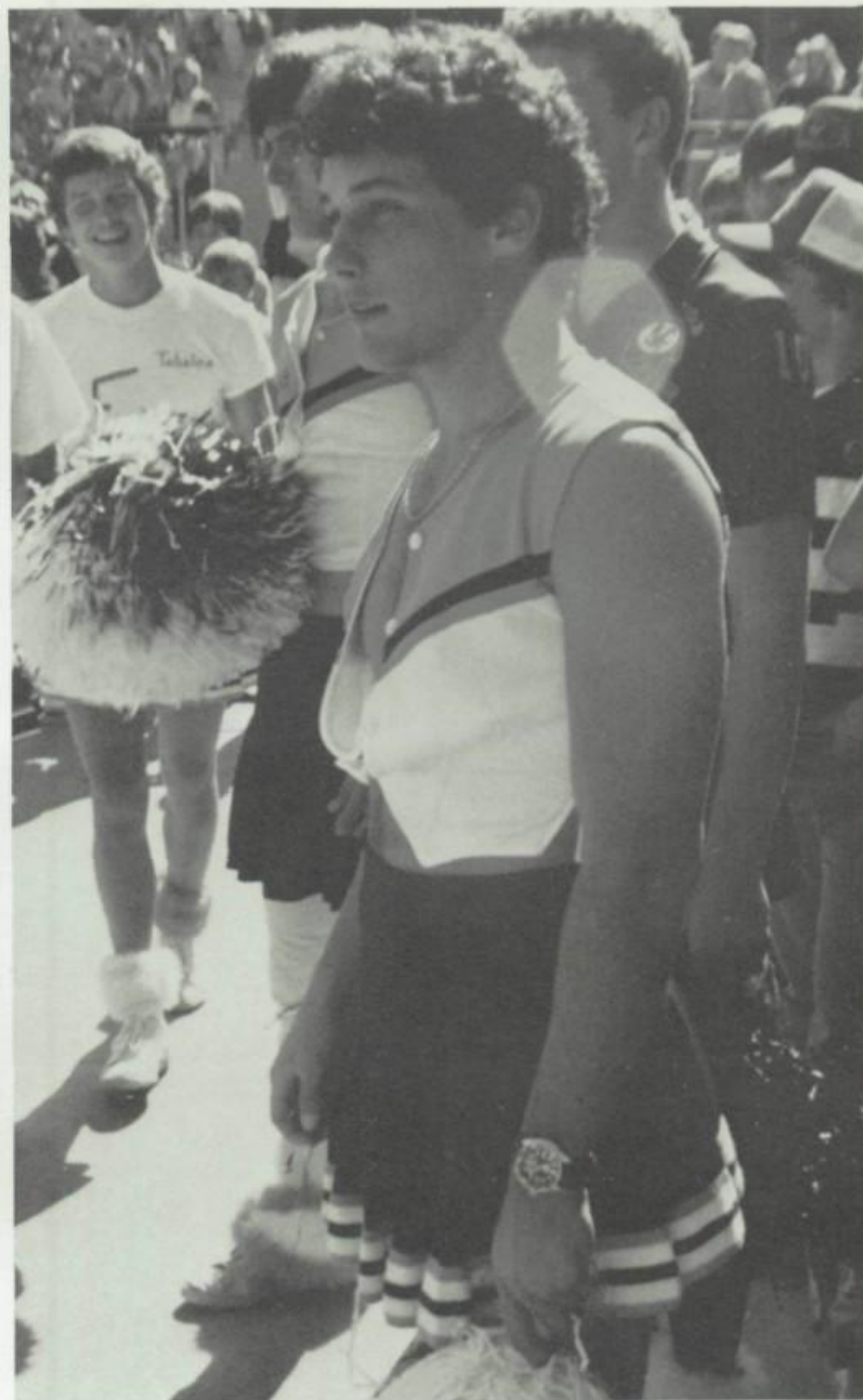
Glen Sutton



Stephanie Swink — Most mem: 6-8-84, 9-3-84, B.F: Christina (Acey) Mill-sap, Becky (Speedy) Long, Fav. say-ing: Hota-Hiya, Dairndt, Weakness: Rockers, Nickname: Ampy-Duff, Fav. group: Motley-Crue



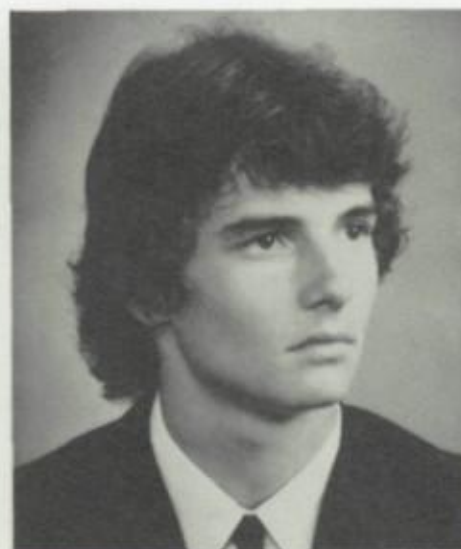
Leilani Symonds



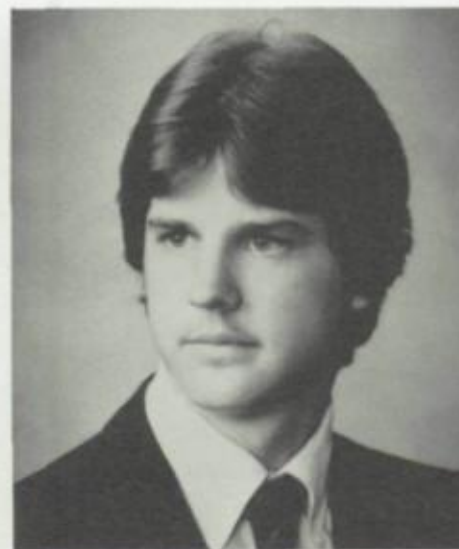
Football player Ken Brinegar cheers on the cheerleaders during a pep assembly.



Linda Tagney — Most mem: Football games with C.D & R.H, B.F: L.W, C.D, K.K, R.H, Weakness: Broad shoulders and green eyes, Nickname: Woble, Fav. song: Hard habit to break, Best year: Senior



William Taylor



Alan Thompson — Most mem: 9-10-81, B.F: D.W, P.R, J.V, P.J, K.M, Act: Marching Band, Most emb: 11-24, 82, Fav. saying: I'll try anything once, Hob: Fishing, skiing, clarinet



Tracey Thompson — Most mem: Summer of 84', B.F: Debra, Bret, C.B, T.B, C.J, F. plans: To be filthy rich and own a red MG, Weakness: Blue eyes, tight Levis, 64 Ramblers, red MGs, Fav. excuse: We were just talking and lost track of time!, P.P: Getting up in the morning



Tracy Thompson



Joey Till — Fav. Saying: Interesting, Hob: Trips to L.A. and the beach, F. Plans: College life, Nickname: Holsy, Fav. song: Invisible Sun



Todd Torgerson — Most mem: Grossmont League Champs, B.F: The Wall, Roejob, D.D., Act: Football 1-4, soccer 1-4, tennis 1-2, Letterman's Club 1-4, A.S.B. 4, Hob: Surfing, parties, Nickname: Torgie, Fav. excuse: I've got a broken hand



Lisa Traver — - B.F: J.M., D.E., K.P., M & D, Act: Dance 1-4, Most emb: If you see anything you like, just grab it! Fav. saying: Have a clue, F. Plans: Professional dancer, Weakness: Guys in 501's



Kenny Treichel



Bonnie Trenholm — B.F: Mom, Dad, Warren, Craig, Mary, Act: Drill 1-3, Drama 3, Allusions 4, Journalism 4, Dance 1-4, Sr. Class 4, Most mem: 6-20-82, F. Plans: College, Career



Lance Urquhart — Hob: Fishing, hunting, motorcycle riding, F. Plans: Go straight to work, Fav. teacher: Mr. White, Fav. group: Hank Williams JR, Fav. song: All my rowdie friends, Best year: Senior



Tracey Urquhart — Most mem: Taking a cruise to the Carribean, Julie Shannon, Brigitte, and Nikki at the football games, B.F: Brigitte, Shannon, Nikki, Mom, K.K., Mel, D.W., G.S., Act: Publications 3, Deca 4, S.S.C. 4, Most emb: Filling the back of Dad's car with gasoline, Weakness: Guys with rad bodies, dark hair, and green eyes, Best year: Senior



Damian Valencia — B.F: Home boys, home girls, Mannel, Surphan P., Act: J.V. football 1-2, Varsity football 3-4, Weakness: Latinas con ojos grandes y color cafe, Fav. teacher: Sra. McClain, Fav. group: Camio, Dazz, Time, Prince, Fav. song: Room 1, 2, 3



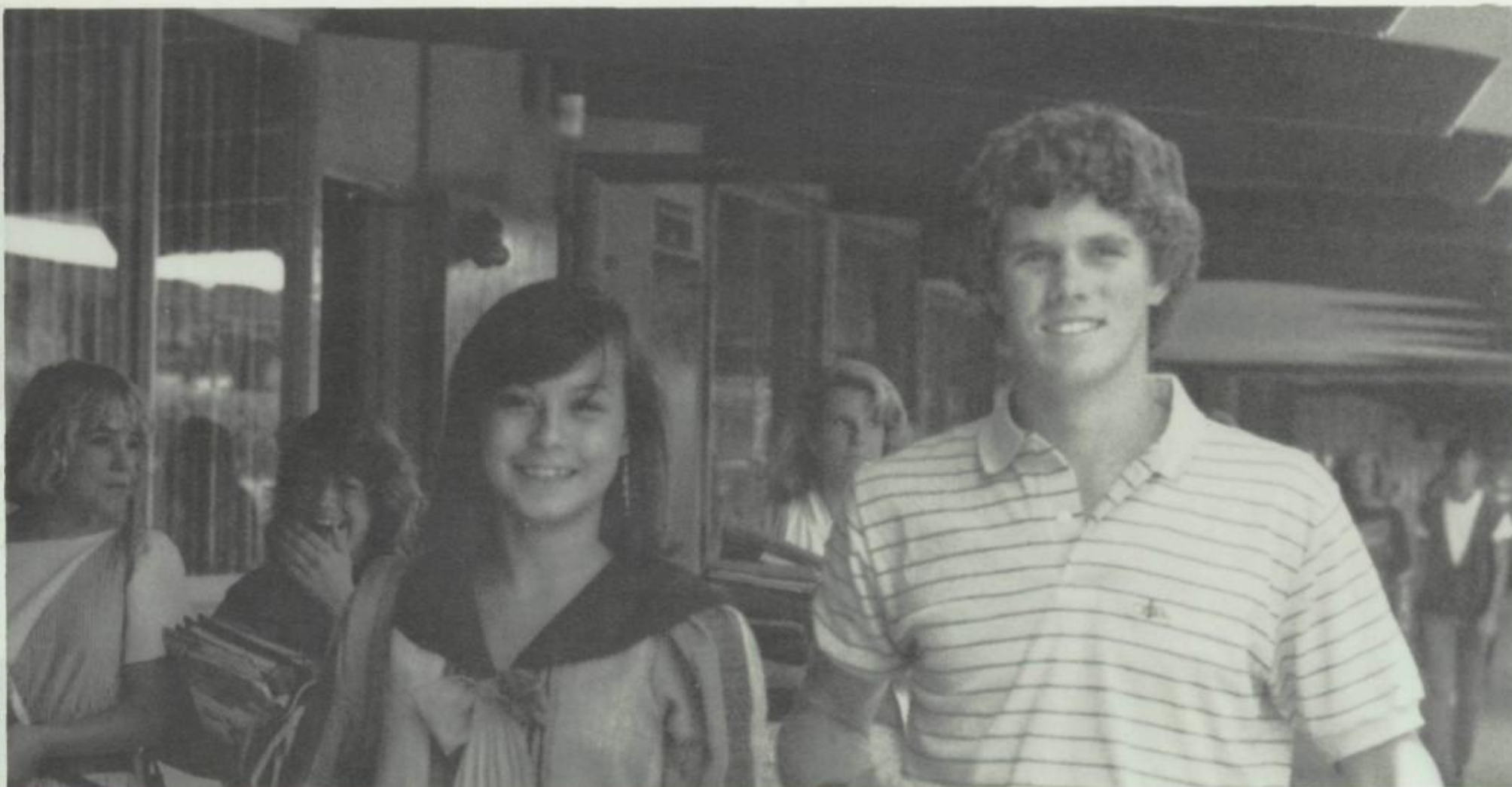
Karen Vanderhyde — Most mem: Sept. 5, 1984, B.F: James Vantrease, Debra Keenen, Robert Niebauer, Theresa, Vargo, Stacy Schmidt, Tracy Vanderhyde, Fav. saying: I don't wanna, Weakness: Blue eyes and smiles, Fav. song: Hard habit to break, Best year: Senior



James Vantrease — Most mem: Sept. 5, 1984, B.F: Karen Vanderhyde, Robert Niebauer, Debra Keenan, Theresa Vargo, Weakness: Women, Fav. teacher: Mr. Legace, Fav. song: Hard habit to break, Best year: Senior



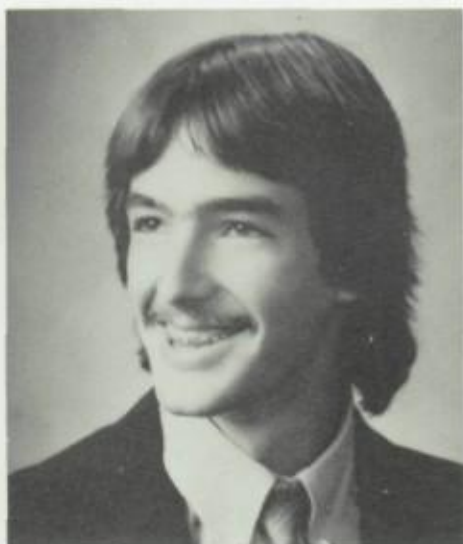
Stephanie Varden — Fav. group: Alabama, Fav. song: Ain't missing you at all



Alan Bock proves that chivalry is not dead by carrying Lois's books.



Theresa Vargo — Most mem: Ocean-side Parade, Hawaii '82, B.F: K.K., J.S., J.S., K.R., G.R., A.R., A.T., Act: Flag team 1-3, Banners 3-4, F. Plans: Computers, Weakness: James Scantlin, Nickname: Smurfette



Scott Vermillion



Laura Villa — B.F: Belia Sardinha, Fav. saying: How awful and too bad, Weakness: Tall guys with dark hair, Fav. teacher: Mr. White, Mrs. Romaine, Fav. excuse: I forgot, Best year: 9 and 12



Lennie Vockrodt — B.F: Mom, D.W., A.C., S.W., S.P., M.N., C.B., T.M., Act: FFA 1-4, Fav. saying: you betcha, Hob: Rodeos and cowboys, F. Plans: Be rich, happy, get married, Weakness: Cowboys in tight Wranglers and S.S.

Where Have Our Heroes Gone?

John Wayne, John F. Kennedy and Nadia Comaneci, all gone in one way or another. Remembered for their feats and admired for their courage. But the saddest part, there is no replacement for these everyday life. Sure, there is Rob Lowe, Ronald Reagan, and Mary Lou Retton, but the aura around them is not that of being a hero.

The hero image seems to have

disappeared in today's society. We only admire these people for their feats instead of idolizing them like people past. Heroes have always been a big part of American society but now they have disappeared from the scene; a dying breed. Long ago, parents could depend on heroes their teenagers could look up to and follow. Now teenagers are doing their own thing as they lack someone to idolize, making for a nation

of seemingly individualistic teenagers. Without heroes these teenagers have no dreams; without dreams there is nothing to achieve.

The problem may be seated in the fact a great many heroes turn out to be disappointments. For instance, Chuck Muncie turns out to be an excessive drug user as well as a top running back. Vannesa Williams

poses nude before gaining her title of Miss America. It could be that the American people do not have faith in those that seem unbreakable.

Bonnie Tyler sings she is *Hold-ing Out For A Hero*, let's hope she does not have too wait long.

By Laurie Erdman



Jim Vogt — Most mem: 5-7-84 Sissy Register, Easter vacation '84 river, B.F: S.R., S.S., B.C., C.F., R.S., R.S., M.A., S.S., T.W., Act: Soccer 1-4, baseball! Most emb: Easter vacation at river, F. Plans: Marry, get rich, Weakness: S.R.



Crystal Von Feldt — Most mem: Mammoth '84 Feb., B.F: D.W., C.B., C.S., T.S., K.W., D.C., Most emb: Rear ending Jared's car before school, Weakness: Guys, orange M&M's, Fav. teacher: Mr. Peabody, Fav. group: The Cars



Janine Wall — Most mem: 11-19-82, 3-26-83, meeting Jeff 82-85, being with friends, B.F: Jeff M., Cathy K., Julie W., Laurie D., Fav. saying: How cute, F. Plans: go to college, be rich, happy, marriage, make Jeff happy forever, Fav. song: All out of love, Fav. excuse: We were talking, Best year: Junior and Senior



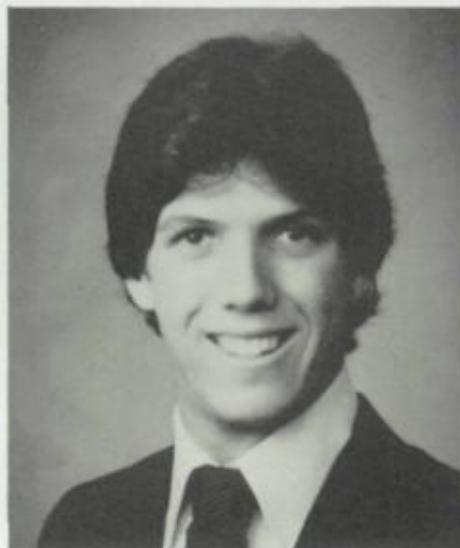
Timothy Waller



Robert Walters — B.F: Forrest Adams, Tony L., Troy W., Ray O., Carlos C., Fav. saying: Here boy, Hob: Surfing, water skiing, three wheelers, skating, F. Plans: Make a lot of money, Weakness: Girls and the beach, Fav. excuse: Just couldn't make it!



Julie Wardell — Most mem: Crazy times w/Shan & Trace, Jim — ILU! Thnx Mom & Dad & Paul — you're the best! Nickname: Jules, Ace, B.F: Shan, Trace, Jim, L.A., D.S., C.E., D.O., B.M., Mom, Dad, Paul, Most emb: Wetting pants at football game, being with Mom and Diana anywhere! Hob: Ice skating, Fav. excuse: Waiting for Shannon!



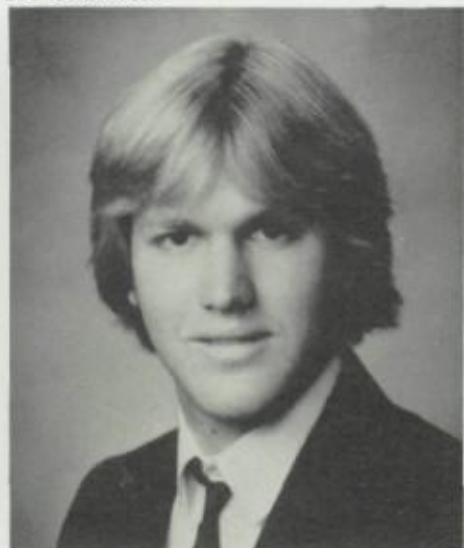
Trevor Warren — Most mem: Hawaii — Freshman yr., B.F: G.O., C.M., B.W., Hob: Piano, drama, singing, F. Plans: U.S.C., Weakness: Girls in tight jeans, mini skirts, Fav. song: Faithfully



Lisa Watkins — Most mem: 9-4-84, 9-9-84, Mission Bay, B.F: Kirk, Jama, Jaime, Jon, Dezharee, Act: Softball, volleyball, Most emb: Skiing at Del Mar fair, Weakness: Tall guys, mustaches, getting tickled, K.F., P.P: Squeaky voices, dumb blondes



Sandra Watson



David Weaver — B.F: J.F., J.P., M.B.: S.M., J.H., T.P., M.M., Hob: Football, hunting, fishing, F. Plans: Fishing bum, Weakness: Legs, Best Year: Senior



Deanna Weber — Most mem: Rosirita w/S.B., B.B., 2nd wind 83-84, yaz airband, B.I. concert, B.F: C.V., B.B., C.P., S.B., D.A., Y.R., MOM, Act: Swim 2-4, H20 polo mgr 1-4, swim mgr 1, C.I.F. 1-2, publicity 1, 2, 4, Campus Life 1-4, Lettermans club 4, Fav. saying: My buddy, my pal, my best friend, Nickname: Gidget, dee.



Kathy Webber — Most. mem: Hawaii 84 — summer, B.F: Kim Weiser, E.R., K.W., Act: Basketball, tennis 2, Jr. class treasurer, Hob: Beach, water skiing, shopping, F. Plans: strive to be all I can be, Weakness: Pizza, clothes, guys in levis



Kimberly Weiser — B.F: Kathy Webber, Ronda Pinnell, Renee Mueller, Devin Dietson, Act: Cross-country, basketball, track, TGIW, Most emb: Track practice '83, Fav. Saying: ... drives me crazy! Weakness: Nice levis, Nickname: Sniffels



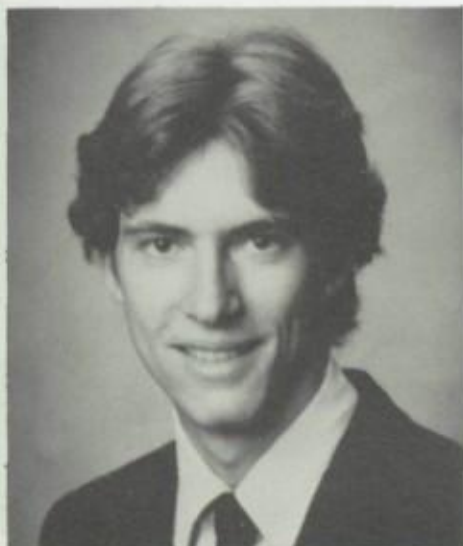
Bert Weiss — Most mem: Summer of '84, R.C.'s party, pre-game football celebration with D.N. in 10th, the football team beating Helix in '84, B.F: D "BIRD DOG" N, J.C., the wall, T.S., Hob: Racing the Bert mobile, Weakness: Girls with blonde, brunette, brown, or orange hair, white or tan legs, brown, green, or blue eyes.



Cathy Weslowski — Most mem: Jesus helping me through out my Sr. year, B.F: Jesus, Jessi, Jenny T, Mom, Fav. Saying: Jesus loves you, F. Plans: Bring more people to Christ, Fav. Group: B.J. Thomas — gospel, Fav. Song: Love shines



Teresa Wester — Most mem: Meeting Greg!!, river with dad, J.W., D.S., K.H., M.F., B.F: Greg, Stephanie, Jodie, Kelly, Fran, Mom, Fav. Saying: What ever, F. Plans: Be happy and rich with Greg, Weakness: Greg and Ferrari's, Best Year: 81-82, freshman



Robert Whisman — Fav. Saying: You're mother cries at night, Hob: Unicyles, ATC'S, Nickname: Whizzy, Fav. Song: I LBT's, Fav. Excuse: I didn't know

Our All American Boy

"... a young man preparing for his future.", is how Scott Freeman sees himself. But the rest of El Capitan High School pictures Scott as the "all American boy". Scott plays the position of quarterback on the varsity football team, plays on the varsity baseball team and plays the piano. He has a 4.0 grade point average; likes apple pie; has a steady girlfriend, Brenda Spivey; and spends most of his time doing homework.

"I don't do anything different than other people," says Scott. So what makes him so different? The fact that Scott is not seen as a partier and he

does not get into trouble, along with doing well in school, contributes to his image of the "all American boy".

Scott attributes his image to being able to do what he wants to do. He never did what others expected of him, set his own goals and went his own way to achieve them. In the fall Scott is planning on majoring in computer science. His future plans are to be happy and successful in his career and family. Three cheers for our "all American boy".

By Laurie Erdman



Leslie White — Most mem: Ricky — ILY!, crazy times with Deb, Tiff, and friends, B.F: Ricky, mom, Deb, Tiff, Connie, Scott, Linda, Jackie, F. Plans: Happy successful life with Ricky, Weakness: RICKY!! Fav. Group: Prince, Fav. Song: You're All I Need (Ricky)



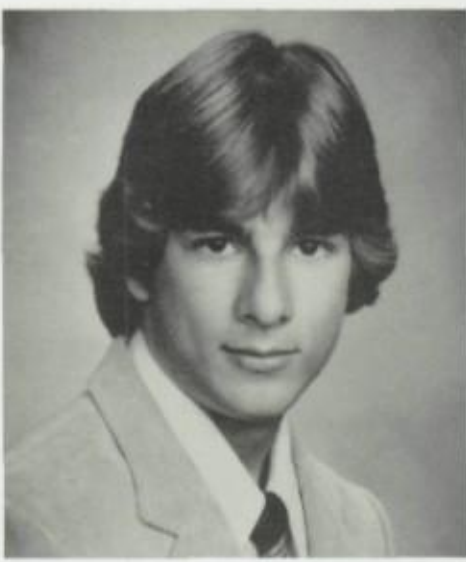
Brian Whitlock — Most mem: El Cap's 83-84 football season, Most emb: Pushing a shopping cart down an aisle with items falling out, F. Plans: Technical school then Computer field, Fav. Teacher: Mrs. McClain, Best Year: 1984-85, P.P: Slow drivers driving in the fast lane on the freeway



Marissa Whittemore — B.F: Lolly, S.S., K.C., C.C., Mom and family, Fav. Saying: Hold it down, F. Plans: College, Weakness: Sailors in uniform, Fav. Group: Journey, Fav. Song: Separate Ways



David Wigham — Most mem: When I broke my leg, B.F: Karen Miller, Robert Walters, George Sanchez, Hob: Fishing, going out with friends, F. Plans: College, Nickname: E.T, Wiggy



Michael Wilkey — Most mem: Junior year, B.F: Shawnee Flint, Jeff Colburn, Troy Pitts, Todd Torgerson, Act: Football, Fav. Saying: Hey gang, what do you say?, Hob: Shotgun, F. Plans: Big business, Weakness: Girls, food



Kristin Wilkins — B.F: S.B., C.M., D.C., C.V., D.W., C.P., E.R., R.M., TGIW'S, Act: Track 1, tennis 3-4 — publications 3-4, publicity 4, Most emb: T.C's party, being chased by dobermans with Renee, F. Plans: Go to a four year college, Weakness: Eyes, GQ men, pizza, Fav. Teacher: DeKock, Yount, Best year: Sophomore, senior



Marcia Wilkins



Joy Williams — Most mem: First date with Mike, B.F: Pam Schafer, Tracey Pierce, Mom, Most emb: Date with Marshall Thompson, F. Plans: College, Fav. Group: Night Ranger, Best Year: Senior



Carrie Yavorosky — Most mem: 9-14-84, B.F: Lisa Standring, Teresa M., Benni M., Most emb: Physr's trip, Weakness: Cute guys, Fav. excuse: I didn't hear you



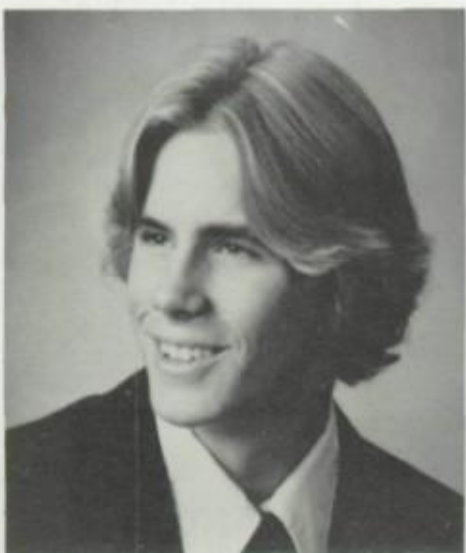
Christine Zehm — Most mem: Christmas 82', B.F: K.R, F. Plans: Becoming Mrs. Roczey, Weakness: Kevin, Fav. excuse: I forgot, Best Year: Sophomore



Shawn Zimmerman



Danny Zwolenski — B.F: Laura, Dwayne, Jack, Fish, Fav. saying: That's life, F. Plans: Attend San Diego State, Nickname: Slick, Fav. group: The Cars



Steve Napierskie — Most mem: Weekends, B.F: Bill, Hob: Change tires, F. Plans: Make money, Weakness: Cute eyes



David Rousey

Not Pictured

Rita Aguirre
Todd Ambriz
Tony Archer
Michael Barnes
Eric Clark
Gordon Deason
Clyde Fitzsimmons
Barbara Fontaine
Michael Friedman
Rich Harrelson
Harold Hill
David Hohn
Sharon Hoover
Michelle Keehan
Jeffery Keener

Buddy Lackey
Tadman Lai
Steven Napierskie
Robert Niebaur
Eric Peterman
Dominique Pether
Alice Piebel
Penny Poffenbarger
Alph Potter
Michelle Sanchez
Larry Snow
Dennis Tolley
Steven Tyrell
Richard Willis
Bill Witt

The Early Grad Catches Opportunities

Although most seniors felt that June was nearing too quickly to graduate from high school and go out in the "real" world, others were a bit more anxious to get an early start. The 1985 January graduates were: Jon Isaacson, Katrina Sevensma, Donna Rodgers, Christine Jones, Raquel Davis, Jill Randolph, Susan Lucas, Lisa Standing, Clyde Fitzsimmons, and Julie Herrington. The future plans of these seniors varied, but they all agreed that the main reason for graduating in January was to get an early start on their college education, military careers, and in some cases, marriage. Jon Isaacson decided in his sophomore year that he wanted to go to Annapolis, but realized he had not taken the necessary tests for admittance. He then decided to join the Navy to try to get a nomination to Annapolis. If he failed to get nominated, he planned to make a career in the Navy in nuclear electronics. His plans after the service include moving to Nebraska and becoming a rancher.

Although most of the seniors were anxious to begin their various careers and schooling, most were going to miss high school. The things they will miss are school spirit, basketball and football games, friends, sports, and the memories they would miss in the last months of high school.



Jon Isaacson: I am graduating early to get an early start on my military career in the Navy. I am hoping I will get nominated to Annapolis in the Navy. I'm going to miss El Cap, and I would like to thank Mr. Finch for turning a boy into a man.



Katrina Sevensma: I wanted to graduate early because I am anxious to get started in my education and career in computers.



Donna Rodgers: I have a whole life ahead of me and I am ready to take advantage of it now beginning with my marriage and move to Oklahoma.



Susan Lucas: Although I am going to miss everything at El Cap, I am especially going to miss school activities, school spirit, and Becky.



Christine Jones



Jill Randolph

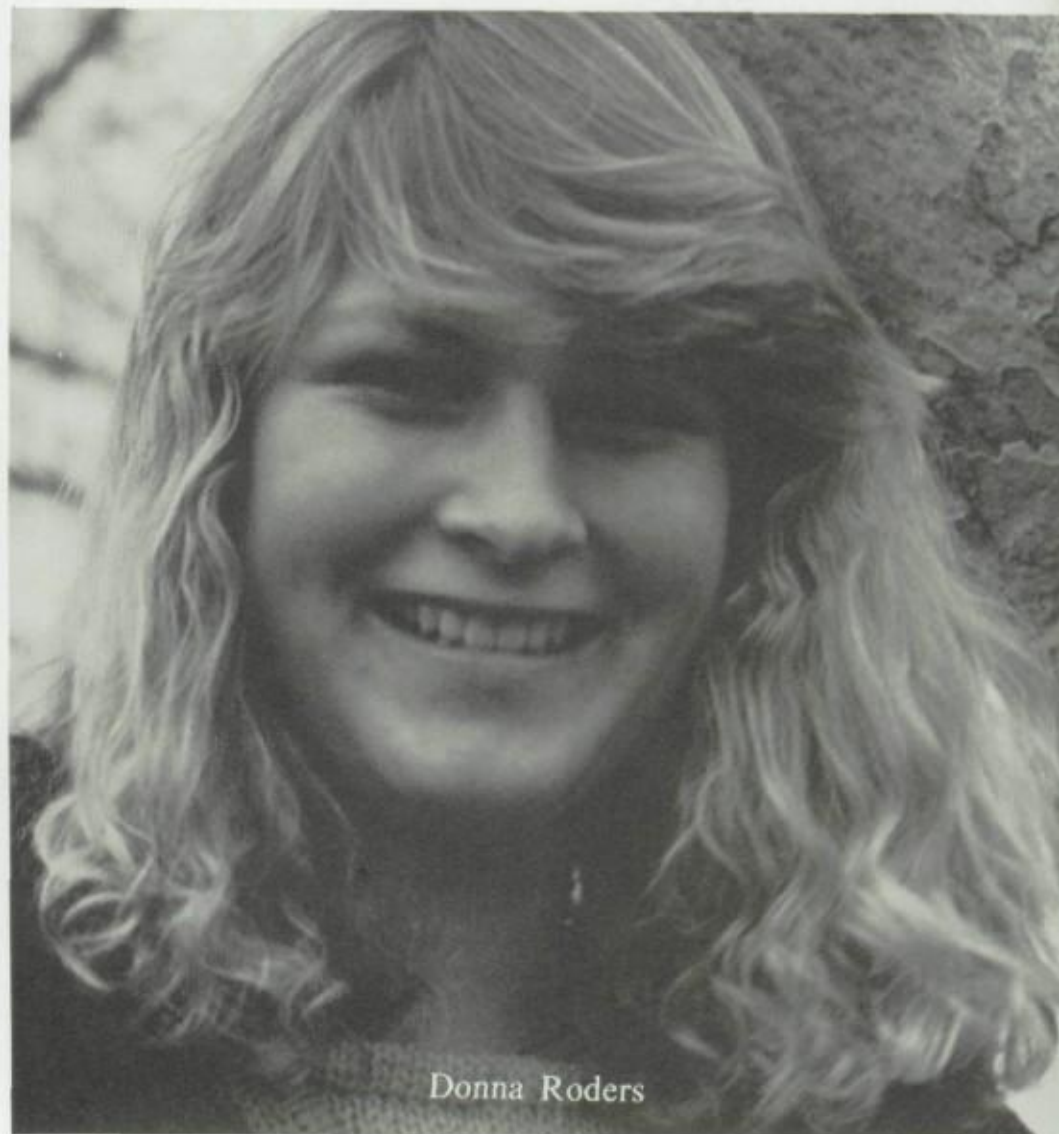
To Have And To Hold

More teenagers have been considering marriage than they did in the past. Is this a reoccurring trend? Parents today seemed to think teenagers should wait until they've "experienced" life. They tell their kids to finish school, go to college and live a little before tying yourself down and taking on the responsibility of marriage. But how old were your parents when they got married? Some were barely through their sophomore year. Maybe they were speaking to you through the voice of experience, but times have changed. They tell you to wait until you are 24 or 25, when you are ready for this kind of responsibility. Two seniors, Donna Roders and Leslie White have decided they are ready to spend the rest of their lives with the men they love. Both felt they have many things to experience, but why not experience them together?

Although marriage is a major commitment based on love, it requires additional work to make it last. Donna and her fiance Steve are entering marriage knowing that if things start to go wrong, they are not going to get a divorce, they plan to work things out, together. Leslie said, "Why wait? Just because a person is older doesn't necessarily mean that they are more responsible or more prepared for marriage. It's not age that matters, but the people themselves. I'm ready to commit myself to my fiance and build a life together. but not everyone is ready for that. Then again, some people may never be ready."



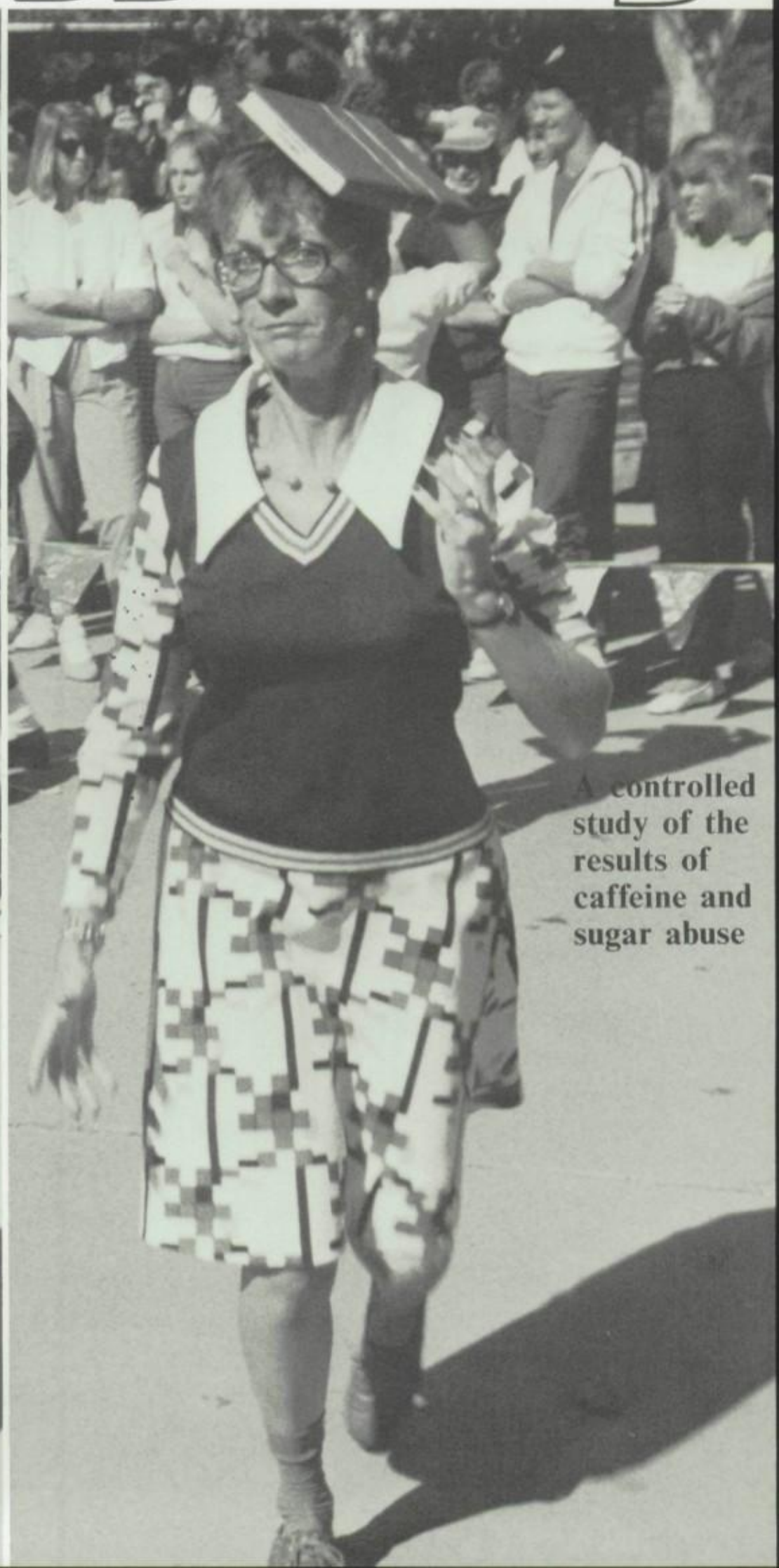
Leslie White



Donna Roders

JUNE 1985

psychology today



A controlled
study of the
results of
caffeine and
sugar abuse

Appositive Thinking

By Kim White

Having problems with appositives? The views of Albert Camus? Endless essays, papers, speeches, and reports? How about the mountains of vocabulary? or finishing an outside reading book?

The cause of all your troubles is El Capitan's merciless English Department. This department wishes to fill you with rules of grammar, punctuation, and spelling. But that isn't enough, they want to expand your horizons with vocabulary, literature, and cross-disciplinary writing.

English skills will follow you throughout your life, whether it's writing complex laws in Washington or writing about why Johnny was absent. As you can see, the need for writing will always be there.

The English teachers here at El Capitan

have a variety of styles — students love Mr. Hanson for his jovial attitude and relaxed manners, students respect Ms. Harley for her knowledge and discipline, while others like Mrs. Schuster because of her temperament and poetry unit.

Most of the teachers on campus have interests outside their classrooms. Ms. Harley is the junior class sponsor. Mrs. Schuster heads Publications and Journalism. Mr. Hanson contributes his time to the production of *Allusions*. These contributions help the student to fulfill their goals, in the classroom and out.

All the teachers in this department are striving to make their students more literate and to introduce them to complex thinking. They spend hours with their students on the basics — then even more time having them read the greatest works in history. To fill the gap between these two,



Jan Coulsby



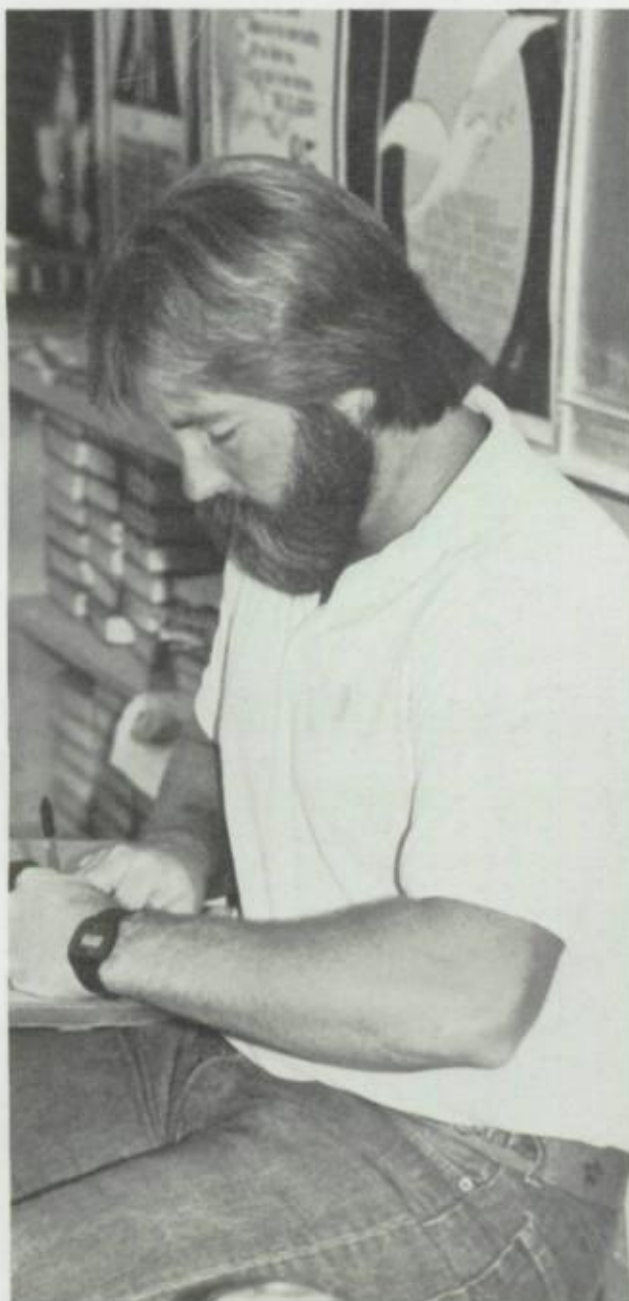
Mary Ellett



Mark Hanson



Ed Lagace



Mr. Waasted
computing a curve.



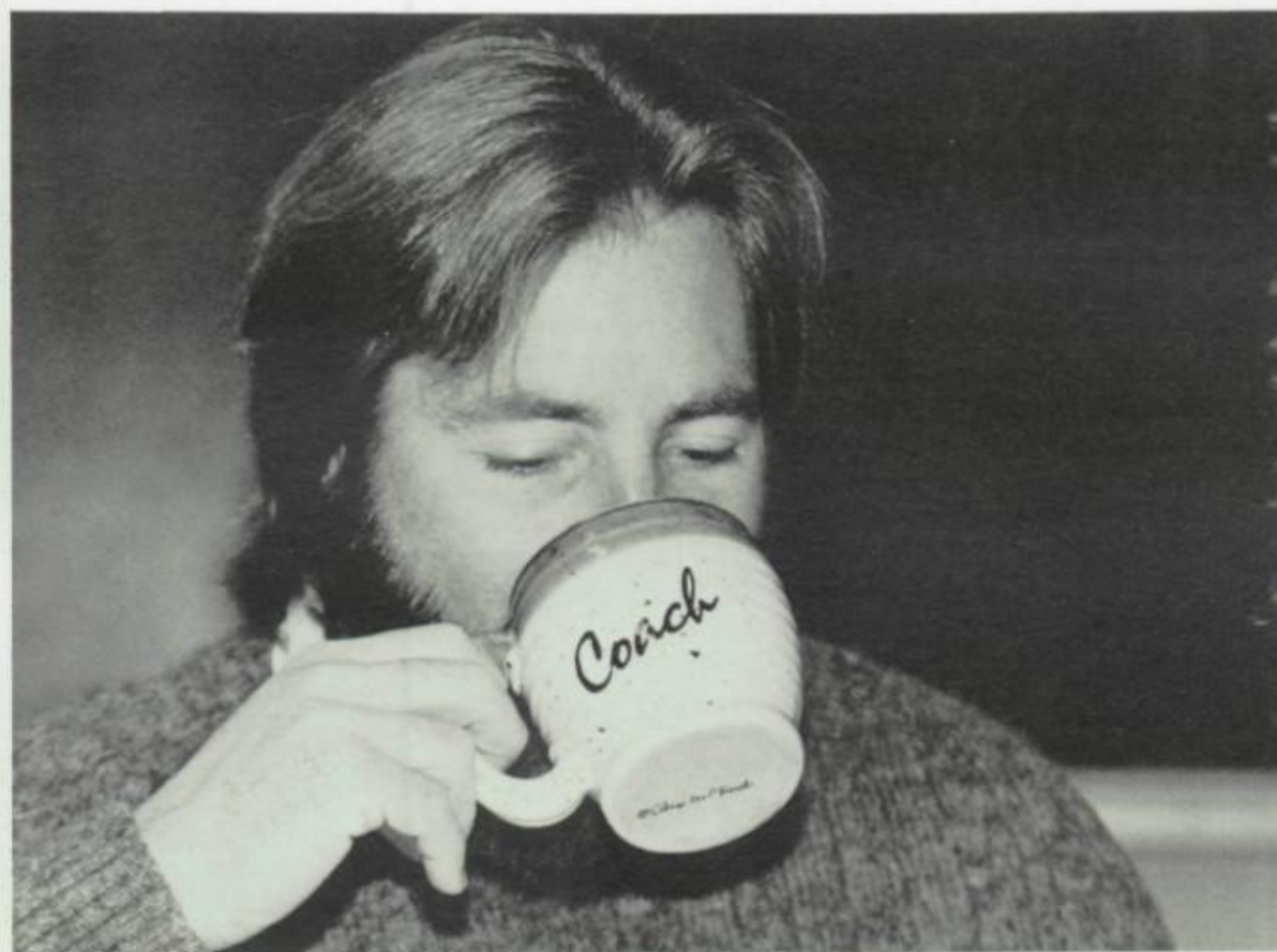
Mr. Lagace directing
traffic?



Mrs. Mc Quillan lecturing to class.



Mr. Taggart catching up on his reading.



Coach Waasted is never quite himself without his coffee.



Gene Lentz



Jackie Lynch



Bob Reck



Sandy Schuster



Bernard Taggart



Lincoln Westal

they make their students write, and write, and write . . . They are laying the foundations for a successful college career whether college is a goal or not.

You have all heard the question, "Why can't Johnny read?" Here at El Capitan you will never hear that question or its mate, "Why can't Johnny write?" **NOT PICTURED:** Ms. Harley, Ms. Mc Auillan, and Mr. Waasted.

Learn To Create

By Debby Corcoran

"I am convinced that El Cap has one of the best art departments in San Diego County," stated Mr. Fish, art instructor. What makes El Cap distinguished from other schools?

One reason is that the department is divided into three distinct areas. "Art" at El Cap could fall into the categories of crafts, photo, or class instruction. The skill of ceramic and jewelry making is learned in craft classes. In photography classes students learn how to operate a camera, develop and print black and white film, and create studio portraits. Our photo department has been exceedingly fortunate to have excellent photographic equipment. Not only did students have access to a "lithe" but an etching machine as well. "Very few schools in the nation have both machines," informed Mr. Fish. In art classes ranging from beginning to advanced students learned; design, drawing, painting, and print-making. Encouraged students have also taken advantage of the opportunity to compete in San Diego art exhibitions. Seniors Greg Bluffin and Sherry Engelbright and junior Francis Carillo competed in the Del Mar Fair, with the East Couty Art Association, and the Alpine Art Association.

"Home Economics is not what it used to be", stated Mrs. Swennes home economics teacher. Home Economics at El Cap is a collage of sewing, cooking, child development, and single survival.

Home Economics students operated in a free, liberal environment this year. Several field trips were planned, where single survivalists visited banks, car dealerships, and apartment complexes. In addition the home economics class hosted 25 guest speakers who explained about their trades and professions.

The workshop type class gave students realistic hands-on experience. Mrs. Swennes felt this was an important learning tool because "home economics is a part of your life". Home economics and single survival prepare students for the real world after graduation.

Beginning in May, child development students put to work what they had learned in a student operated on campus nursery school. This was a great opportunity for students to see if this was what they really wanted to do after for a living.

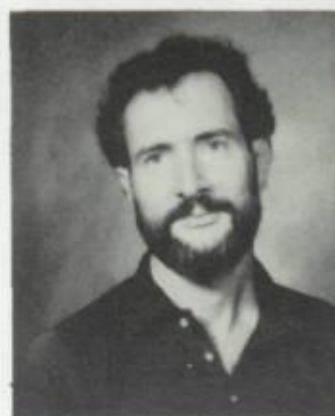
The class earned money from the nursey school, cookbook sale, and the sixteen year traditional fruitcake sale.



Amber Bradley



Dixon Fish



Peter Nelson



Stacey creates her own unique style of clothing.



Leon Roloff



Donna Swennes



Mrs. Bradley helps with the kitchen cooking duties.

Skills Are Tutored



Mrs. Ritts-Williams explains a possible format to answer algebra problems for students needing help.



Mr. Miller attempts to have a student help himself by doing a math problem.



Mr. Miller looks over Bob Shaieb's report card to see where he has improved.



Mrs. Debbie Jerd



Mrs. MaryAnn Jones



Mr. Forrest Miller



Mrs. Jane Nolan



Mrs. Nancy Rhodes



Mrs. Barbara Ritts-Williams



Mrs. Carol Stevens

By Kristine Stanzick

What would you have done if you had problems with basic English or math skills? There were seven teachers on campus who tutored students in these basic skills. The four teachers and three aides in the special education department were here to help you to learn.

Ms. Nolan, the head of the department, and Mrs. Ritts-Williams assisted students for one or two periods a day while Mr. Williams and Mrs. Jerd taught students different subjects for most of the day.

These members of the faculty tested students and assisted the ones with low test scores with classes such as geography, science, math, and English. The ratio of teachers to students was one teacher to every six students.

Multiply Your Chances

By Kim White

Do you end your week with "A thought for the weekend?" Do you begin your week with an analysis of Friday's game? Or do you just spend all your time looking for car keys? All these activities actually depend on which Math teacher you have. Each of them obviously have their own personalities and teaching methods. It is not uncommon to see two classes of Algebra using different text books.

Mathematics takes logical thinking, and that is what Mr. La Blond, Mr. Hoss, Mr. Till, Ms. Peairs, and the others are trying to instill into your minds. Once you have mastered logical thinking Math just gets easier and easier.

These teachers don't limit their energy and enthusiasm to only the classroom either. In the first weeks of school the Math department participated in a dunking booth to help the A.S.B. For a dollar you could submerge your favorite (or least favorite)

Math teacher in water. Maybe to get back for that lousy test grade ... The booth was an enormous success, due to the spirit of our "Dunkies."

Even though an atmosphere of fun and games seems evident, there is a serious side to the department with courses of Basic Math, Algebra, Geometry, and Calculus. Any variation of these classes imaginable is offered at El Capitan. In daily living, death and taxes can be counted on; in high school there is Math homework. Most teachers base their lessons on the previous night's homework results. This insures understanding which is the key in any subject. At El Capitan understanding is the goal of the department.



Ms. Peairs handing back test to hopeful students.



Mr. LaBlond



Richard Landstedt



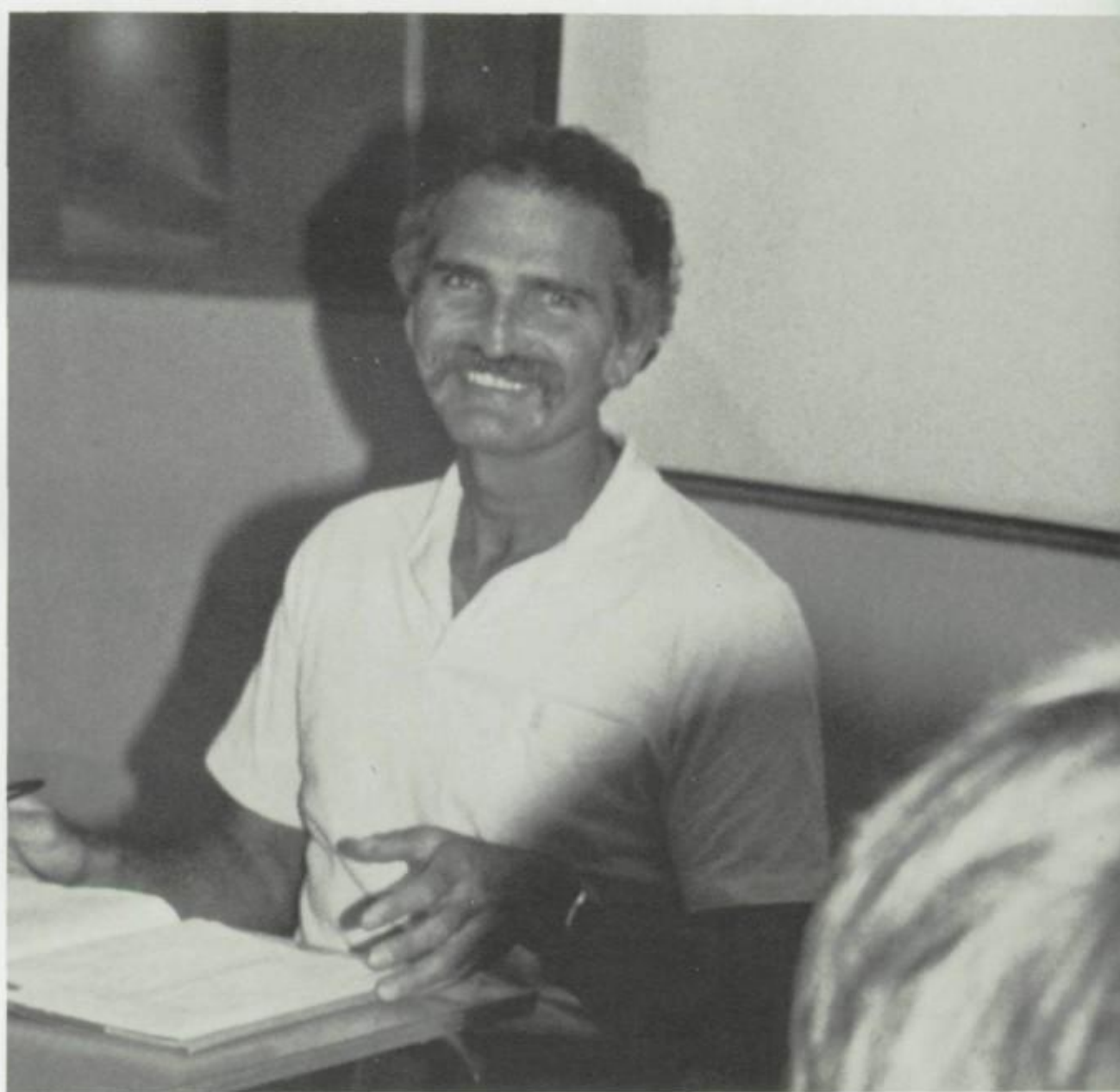
Dan Plough



Sue Sutton



Joe Uden



Mr. Hoss flashes his sly grin.



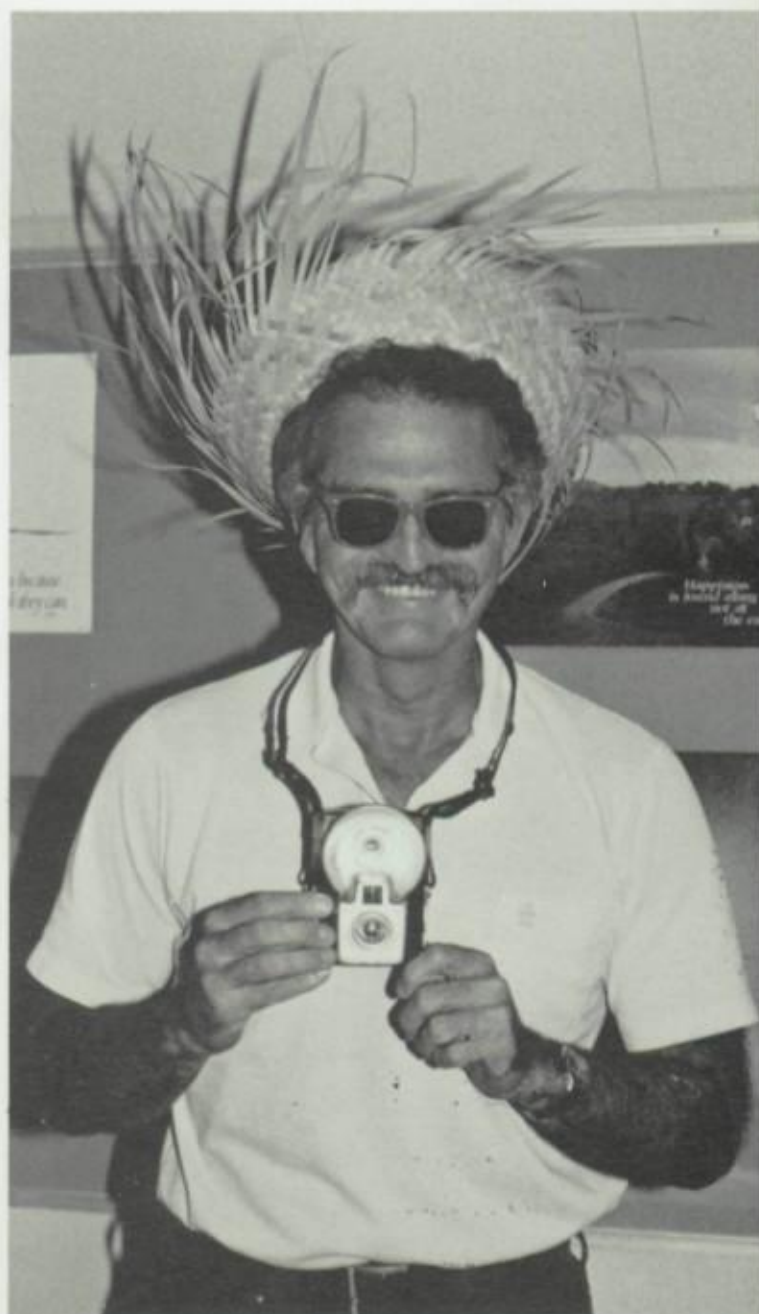
Coach Till — Football plays or Math?



Steve Vickery



Dick Wilkins



Mr. Hoss impersonating Mr. Brooks?

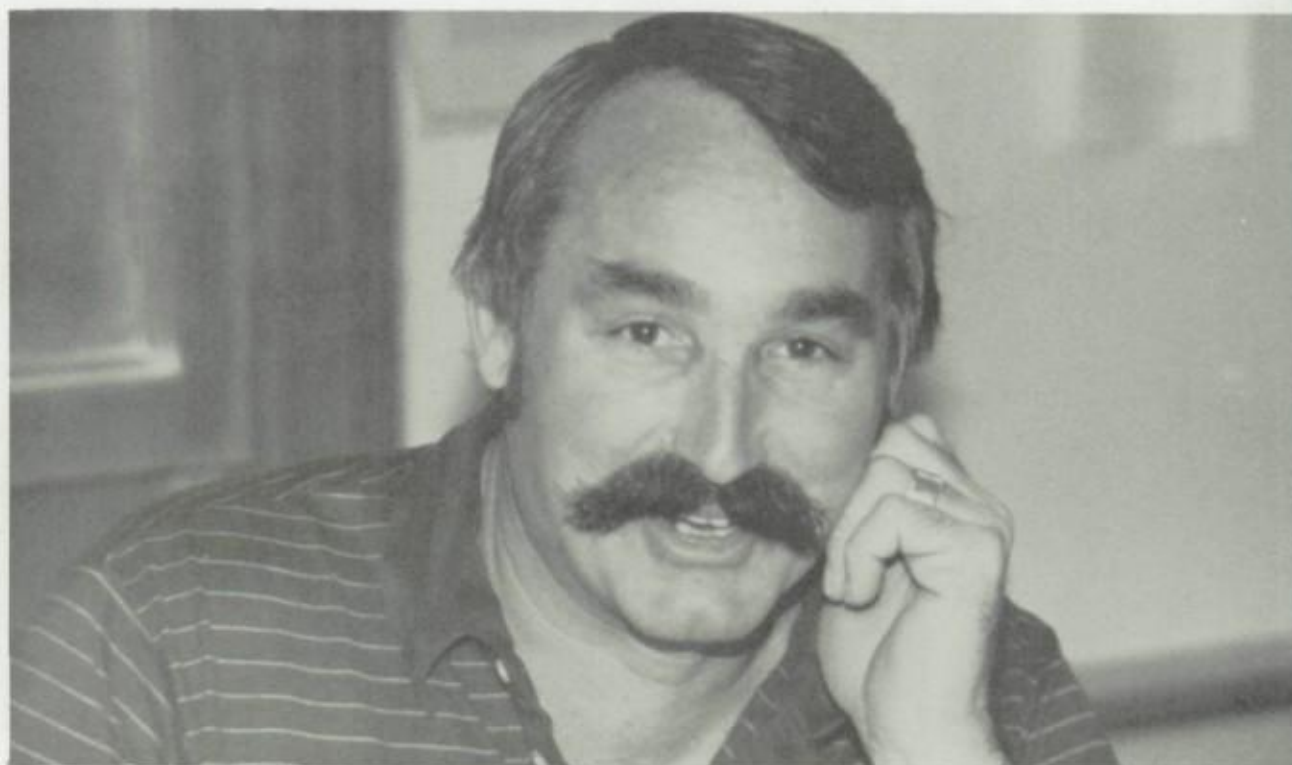


Mr. Brooks Impersonating Mr. Hoss?

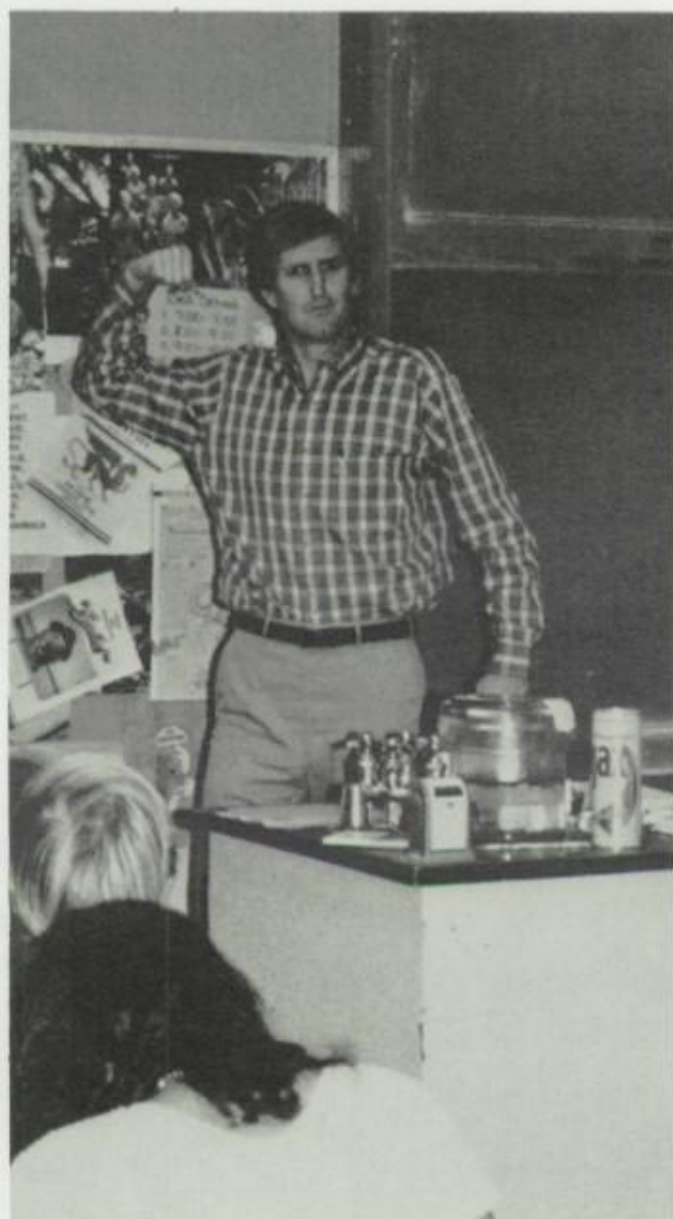
Scientifically Speaking,

Two new teachers and Biology 3CS-4CS class started the science department off to a new year. Among the steady science teachers were a couple of additions, Mr. Hedburg and Mr. Price.

Science was for those who sought a career in any one of the science fields. Roster's show that a growing number of science oriented students enrolled in the science classes this year. Because students actually chose to enter the classes, the responses and enthusiasm from the students and teachers themselves were at much higher levels. Thus, enabling the teachers to teach in a new and exciting atmosphere.



So there is a little humor in a chemistry class, right Mr. Price?



Mr. Peabody expresses there is more to biology than meets the eye.



Mr. Pendleton giving a physics lecture to students.



Jim Peabody



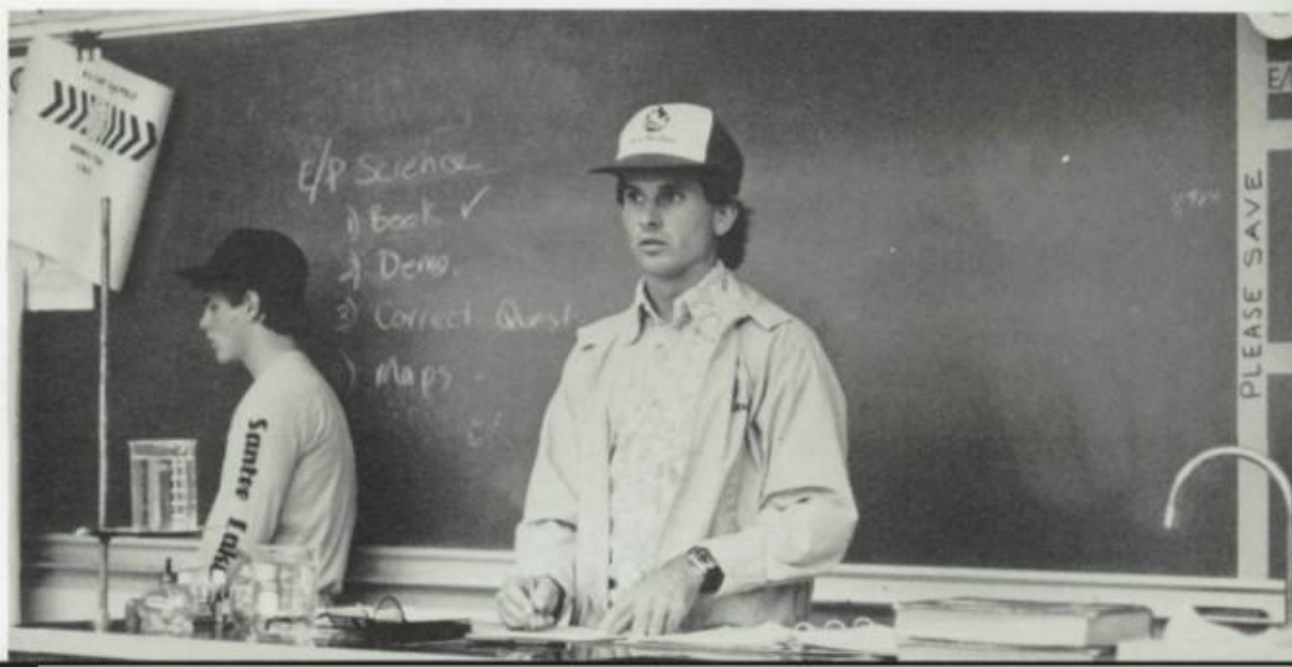
Paul Hedburg



Rick White



Phil Villani





Steve George



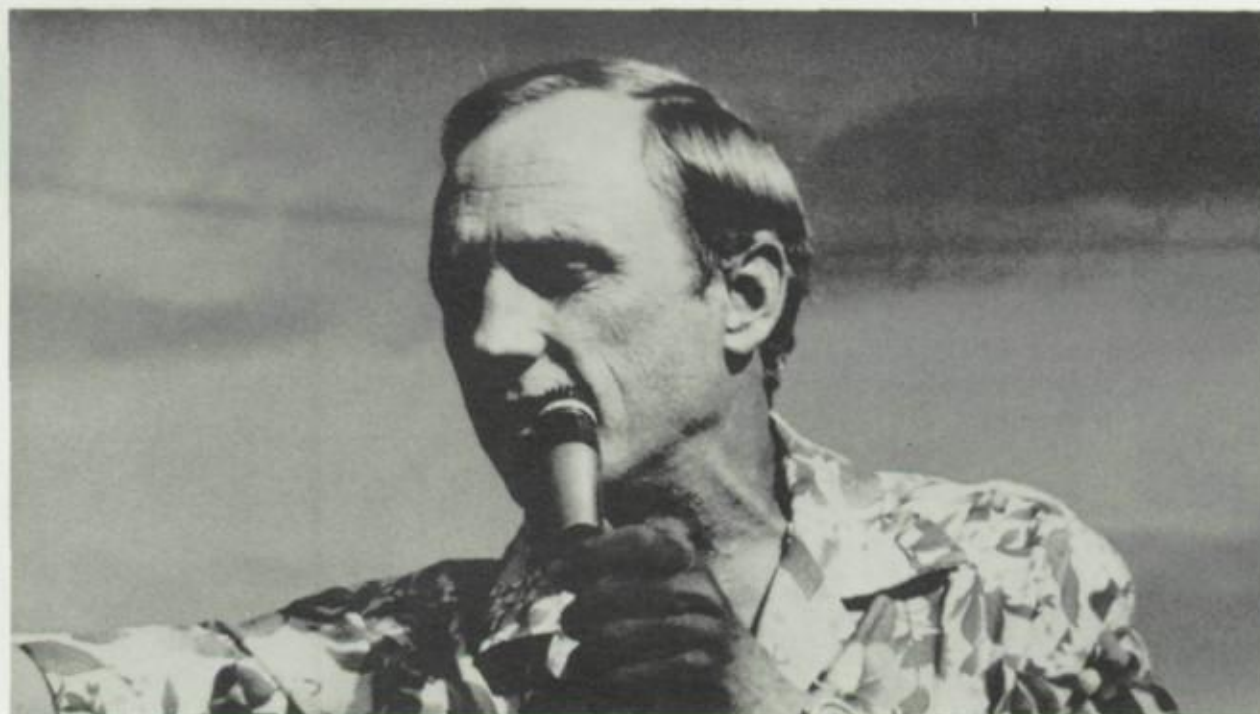
Donald Cleland



Joe Rockhold



Lloyd Overbay



Mr. Rockhold demonstrates his authority outside of class.



Mr. Eubanks explains the assignment to one of his students.



Mr. Newman shows students the proper way to use a sander.

Apprenticeship is the main idea kept in mind for those taking mechanics, woodshop, or a maintenance class. The students who took the classes enjoyed the atmosphere. The teachers were friendly and liked teaching those willing to learn. A lack of confidence or knowledge of their study was often the first reaction from students. With help from the teachers, the students gained certitude in new skills.

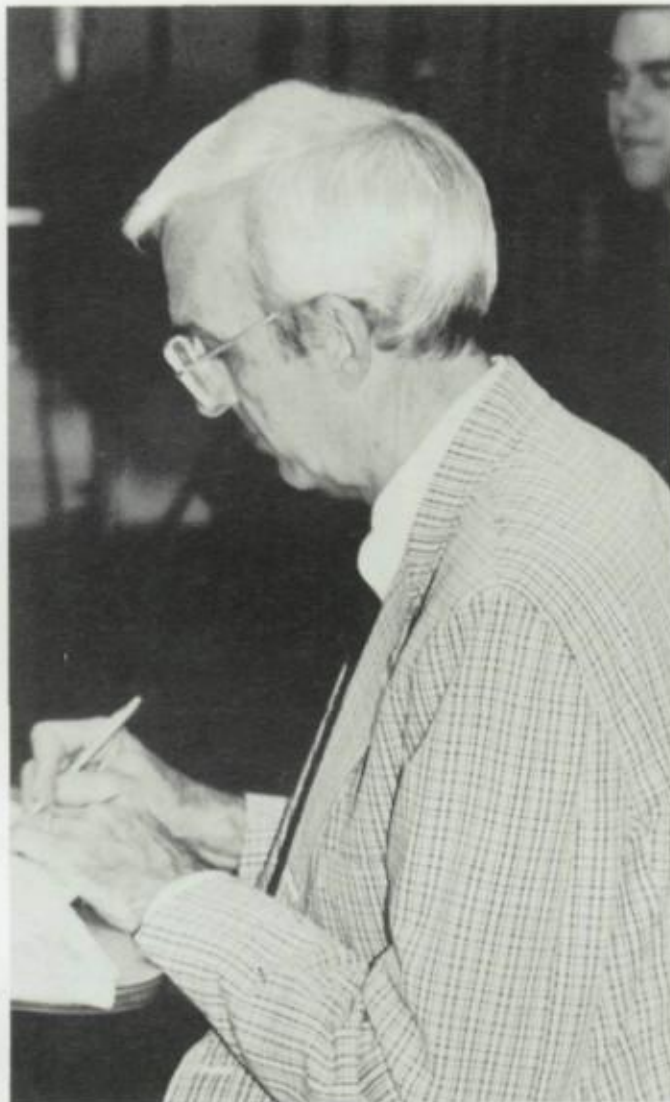
Students from the mechanics class brought their vehicles to work on while obtaining class credit. Many of the students from the advanced woodshop class found careers using the skills they acquired. Classes were meant to learn a technical skill so disciplines had to be followed, such as safety rules and regulations; without these, there was no steady foundation to follow. The opinions of the students were ones of positive attitudes and over all pride in their work.

Students Experience The World

Our Social Studies Department consists of many different classes and styles of teaching. Geography was taught by Mr. Benfante, Mr. Lipetzky, Mr. Gramham, Mr. Brown, and Mr. Duke. U.S. History was taught by Mr. Furrow, and Mr. Gramham. Civics was taught by Mr. McGuire, Mr. Felice, and Mr. Brimhall. Included in the Social Studies Department is American Studies taught by Mr. Yount and Mr. DeKock. It combines history with English.

Geography is a required freshman course. The class covers physical geography, cultural geography, and world affairs both past and present. More specifically, students learned the basics about weather and studied a variety of land formations such as mountains, volcanoes, and glacial topography. They learned about the way people in other countries and other walks of life lived and how their governments operated compared to ours. In one class, the students were required to write about an imaginary vacation through the countries of Europe and were rewarded for their efforts with a light snack of escargot!

During their last year in high school, students were required to take Civics. Civics is the social science class for seniors. It is a blend between activity oriented courses the students have experienced in earlier years, and more structured approaches found beyond high school. A variety of approaches were used including, note taking, discussion, political decision-making, personal budget-planning, lab experiments, maze races, and a simulated trial or congress. Mr. McGuire, Mr. Felice, and Mr. Brimhall focused on the many aspects of government, and psychology. The course includes study of our political system, theories on behav-



Mr. DeKock analyzing a students speech on Voluntary Simplicity.

ior, and economic problems. The main idea was to focus on real issues confronting the student now as a young adult.

The two hour American Studies class generated feeling of past times to let students decide if the historical values remained the same today. American Studies prepared students for college as well as life, by helping them discover their beliefs. The class conducted simulations and committee activities which help students speak up and share their point of view. They also reflected their feeling and thoughts in writing. The general feeling from the students was good attitudes and input. Not only are these classes to learn, but also to bring out new ideas and issues to carry on for future use.

Not Pictured: Mr. Furrow



Paul Benfante



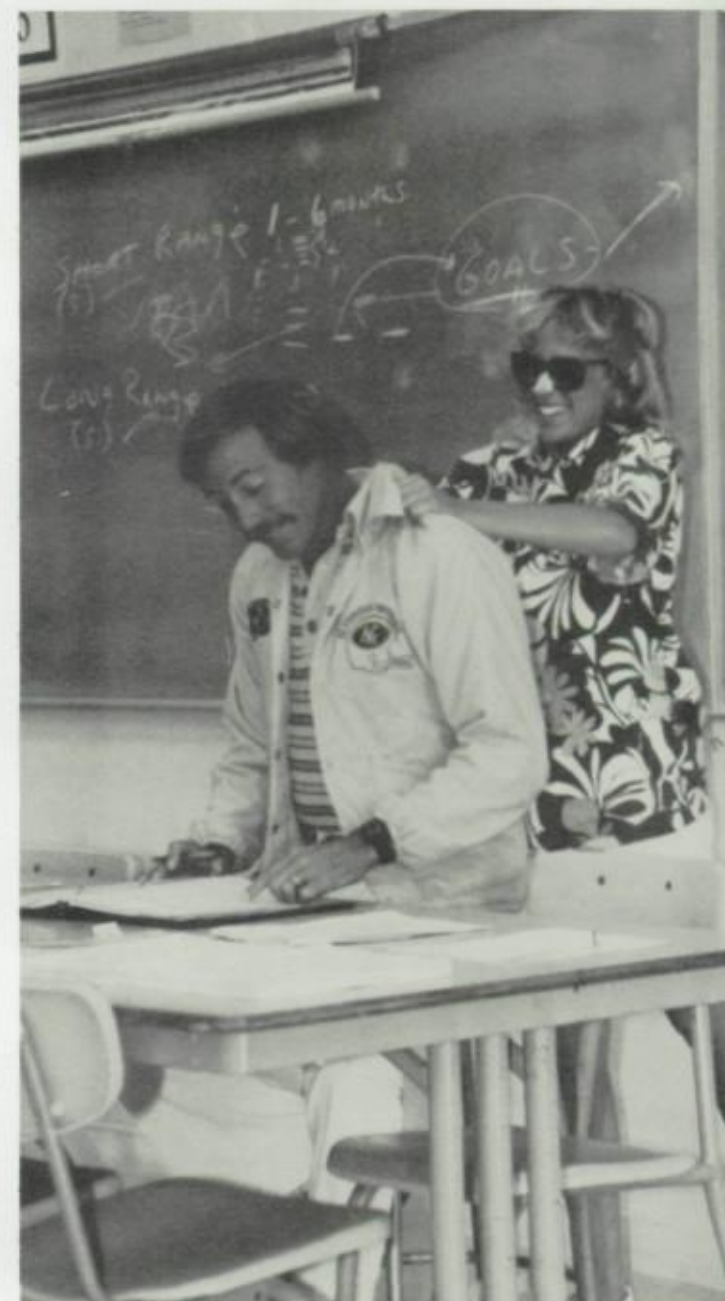
Richard Brimhall



Roger Brown



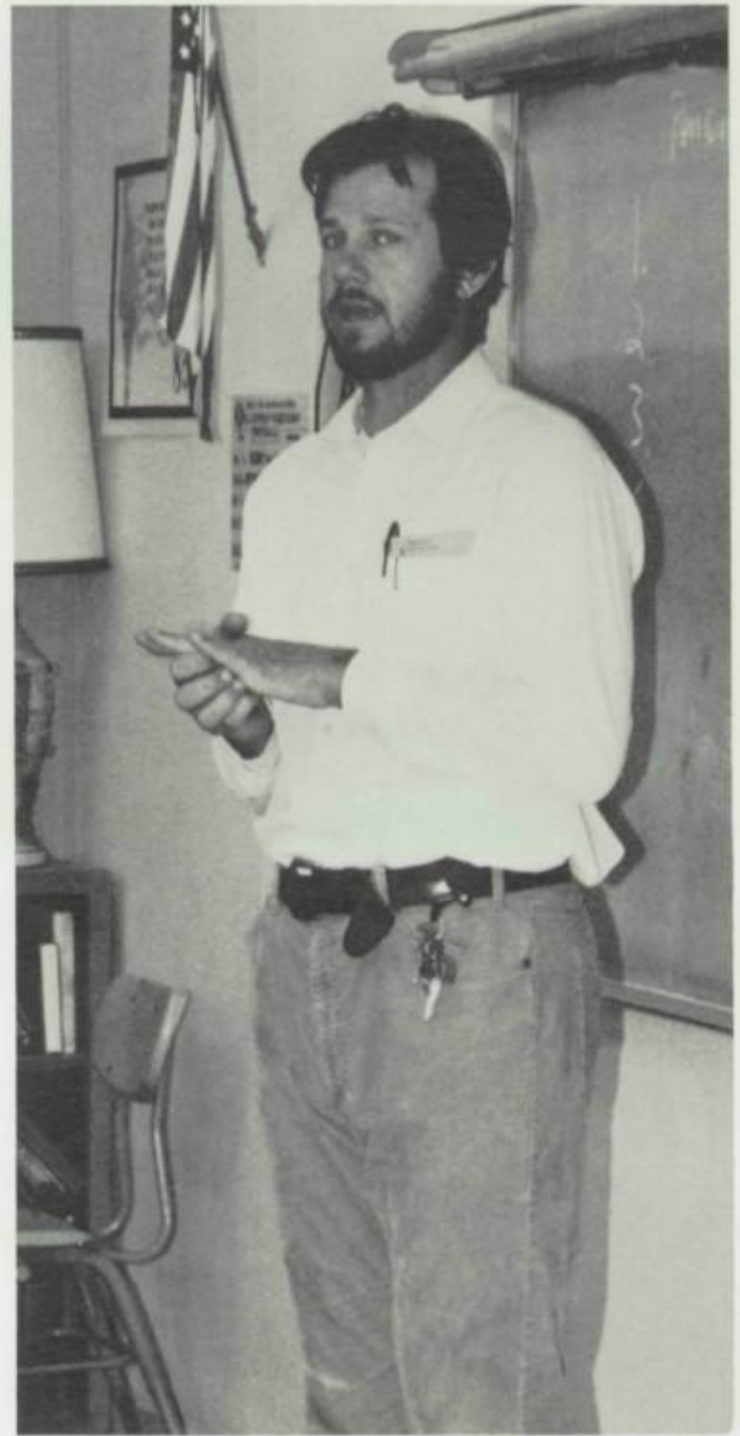
Paul De Kock



Mr. Duke takes role, whole one of his favorite tourist comforts him.



Mr. Yount, American Studies teacher, talking about Disunia.



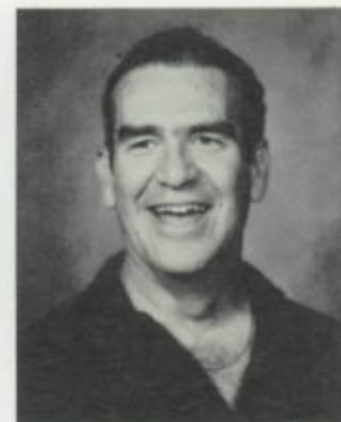
Mr. Felice, making a point on the economy.



Mr. Lipetzky, sharing his rock collection with his Geography class.



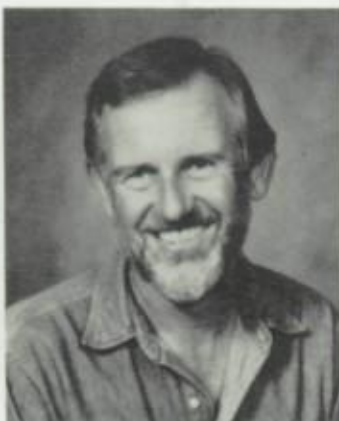
Lee Felice



Tom Fellman



Sandy Graham



Jerome Lipetzky



Lloyd Mc Guire

Break A Leg; Performing Arts



The El Capitan banners performing at a football game.



Mrs. Joan Baker-Bush



Mr. Nugent's second childhood?

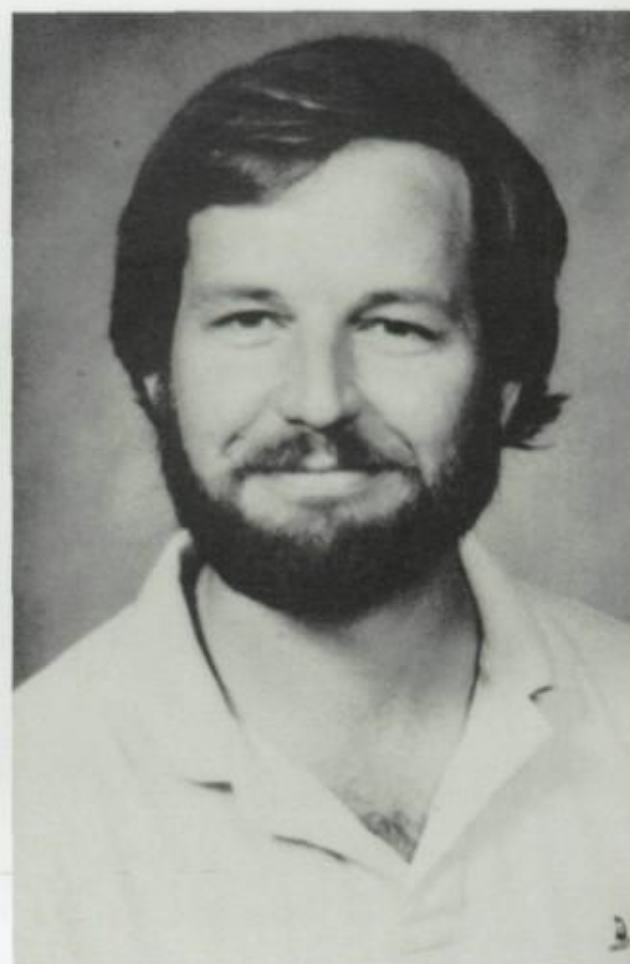
By Kristine Stanzick

The performing arts department consisted of drama and choreography classes, band, choir, marching band, and banners. The two performing arts teachers were Mrs. Joan Baker-Bush, who taught drama and choreography, and Mr. Jim Nugent who taught band, choir, and also directed the marching band and banners team.

With the guidance of Mrs. Baker-Bush the drama classes were taught the arts of the stage. They learned how to project their voices, how to flow on stage, and how to create a mood with their expressions and body language. Mrs. Baker-Bush taught the choreography classes how to move to music. The beginning classes learned basic dancing moves and the more advanced classes learned the finer points of dance.

Mr. Nugent taught beginning and advanced band. The classes were taught to read music, to play a musical instrument, and to play in harmony with the other members of the band. The choir classes learned to use their voices in harmony with others and also how to find their individual pitch and range.

Mr. Nugent spends many of his after school hours practicing marching with the marching band. As with sports, marching band is an extra-curricular activity. The band and banners team learned to march and play in unison. On weekends they entered parades and competed against other schools in their class. They were judged on appearance, sound, and precision marching. The banners team competed as part of the band doing marching routines carrying a Vaqueros banner.



Mr. Jim Nugent

Experiencing Culture

By Kristine Stanzick

Have you ever had the desire to learn a different language or experience a different culture? Mrs. Louise McClain, Mrs. Gail Romaine and Mr. Miguel Muniozguren, the teachers in our foreign language department teach these things. Mrs. McClain teaches beginning and advanced Spanish, Mrs. Romaine Spanish and French, and Mr. Muniozguren beginning and intermediate Spanish.

Many activities were related to foreign language this year. Mrs. McClain and Mrs. Romaine took their students to see Spanish plays and the advanced Spanish class produced a play in Spanish. The French class created a cabaret for the orientation of the freshmen including songs and music. A key activity was Cinco de Mayo when all three teachers helped the classes draw murals and make posters to celebrate the Spanish holiday. The school was decorated in Mexico's red, green, and white. Mexican food was served, and the performing arts department provided Spanish dancers and music. The Spanish students recieved extra credit if they took part in helping to celebrate.

Not Pictured: Mr. Miguel Muniozguren



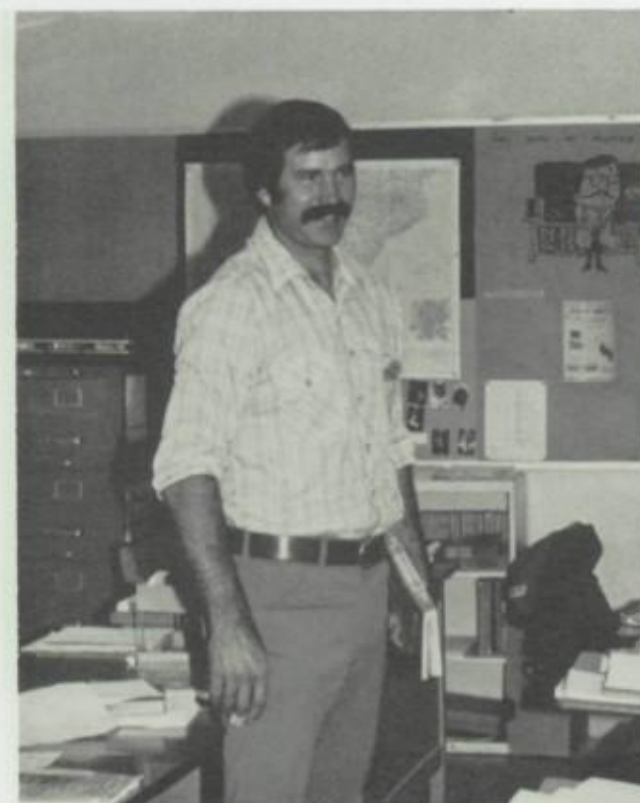
Mrs. Loise McClain



Mrs. Gail Romaine



Mrs. Romaine's students all dreaming of faraway lands.



Mr. Muniozguren laughing at his own jokes.



Joey Till earning extra credit with Mrs. McClain.

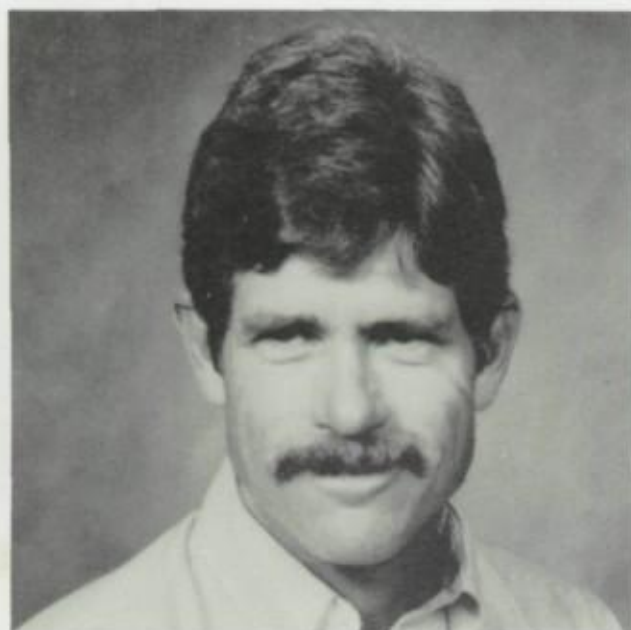
Marketing Knowledge

By Kristine Stanzick

The business department which consists of typing, accounting and other related classes, is beneficial to our students. Mr. Williamson, Mr. O'Malley, and Mr. Gilmore teach students business skills they can utilize throughout their lives, whether or not they plan on entering the business world.

The accounting classes teach logical thinking and how to use math in a business manner. The typing classes teach a skill that can be used regularly at home or school.

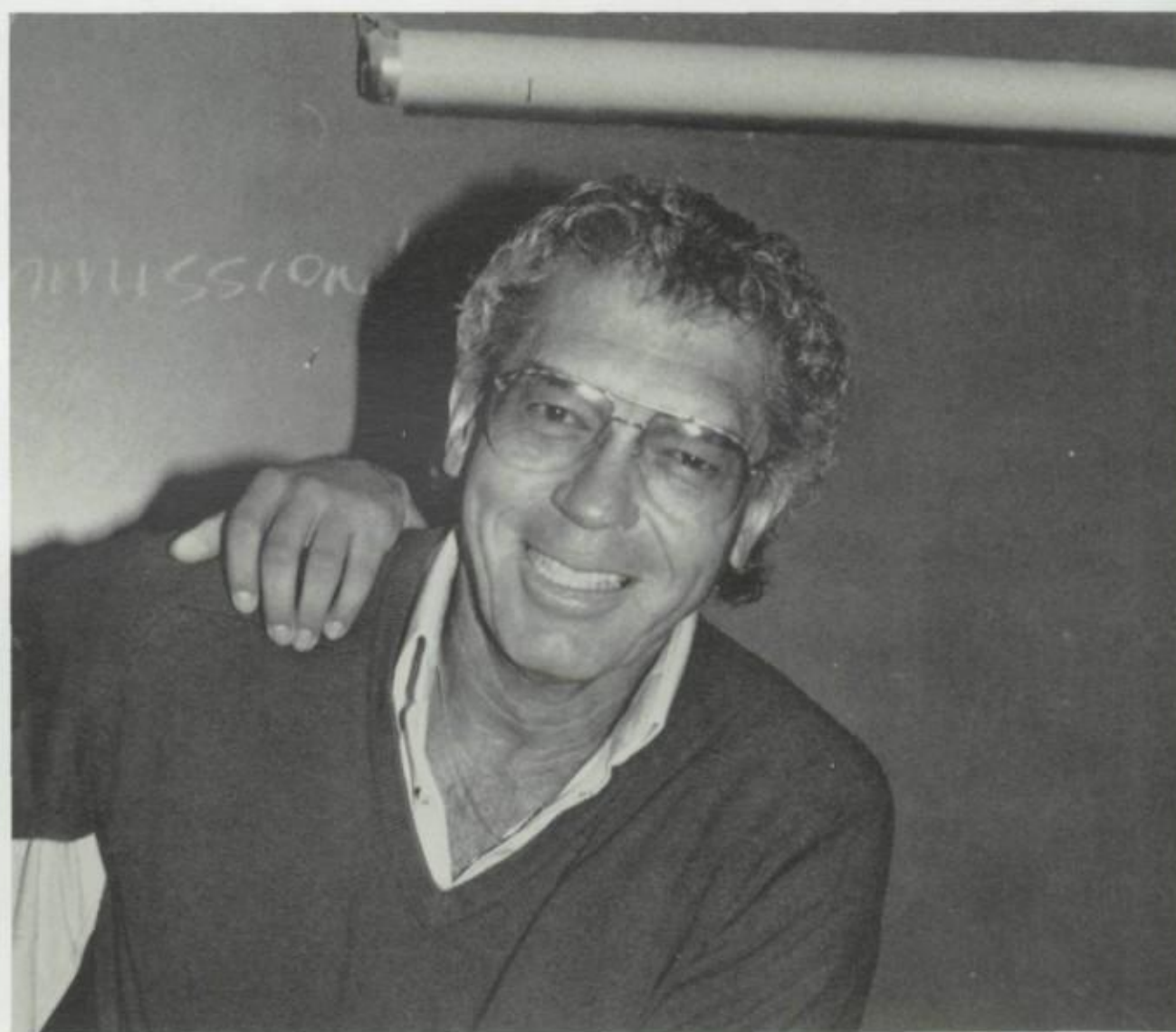
Not pictured: Mr. Gilmore and Mr. Williamson.



Mr. Jack O'Malley



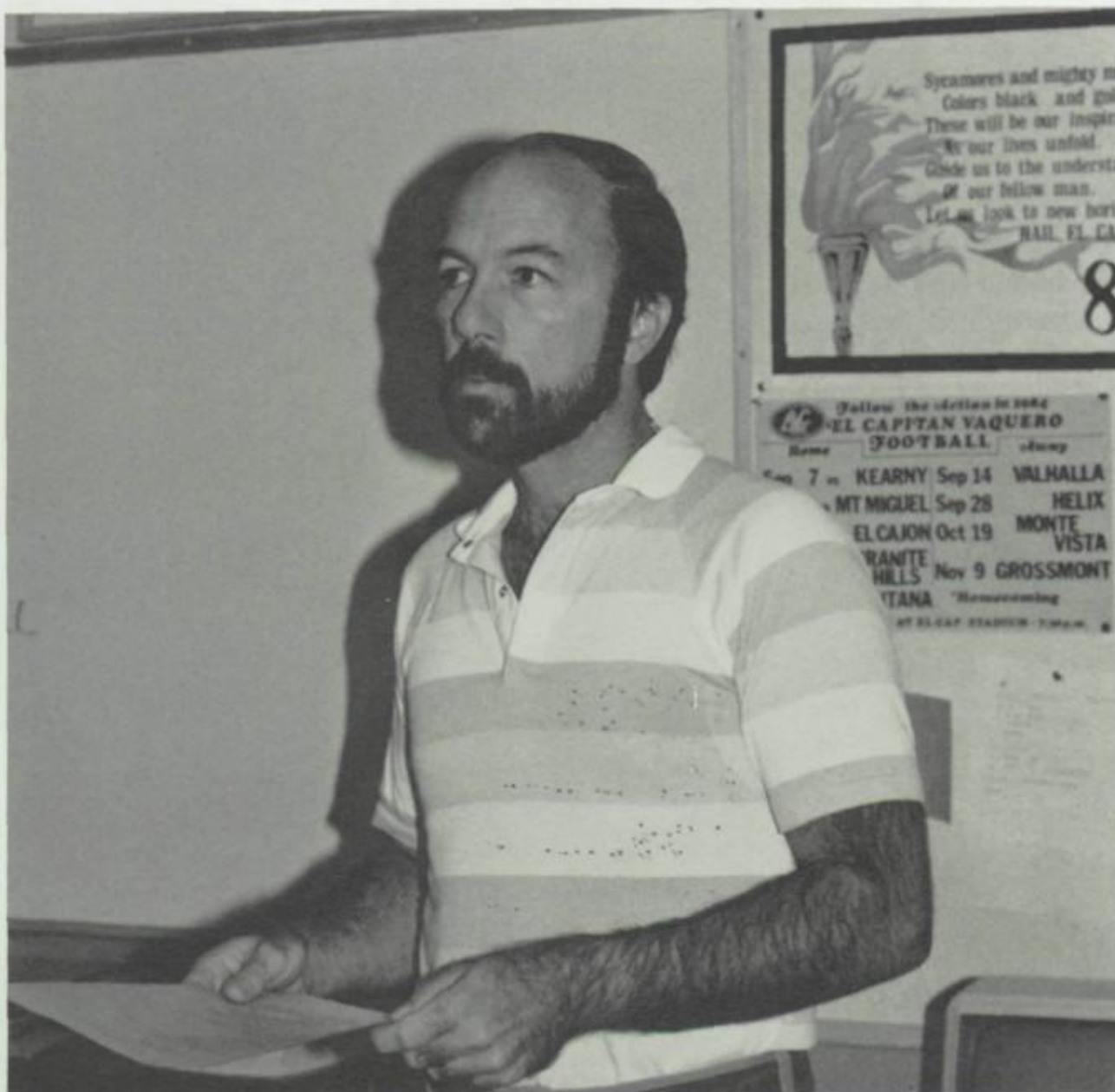
Mr. Gilmore getting into the swing of normal life.



Mr. Williamson foreseeing the prowess of his students.



"Byte"-ing Into The Future



Mr. Paradowski introducing new computer lingo.



Mr. Dave Varvel

By Kristine Stanzick

Computer Programming is taught by Mr. Lieberknecht, Mr. Paradowski, Mr. Varvel and an assistant Ms. Sansom. The classes are taught in four semesters. The students learn to program several popular computer systems that use the BASIC computer language. They are also able to work at their own pace, writing programs that range from solving a simple algebra problem to making a home amortization table.

Computers are our link to the future. By learning to understand them now, we are better prepared for our ventures into the working world. The teachers in this department are aware of this fact. They try to initiate better computer literacy through their teaching curriculum. The students are given the opportunity to increase their knowledge of computers for easy access into the computer world.

Not pictured: Mr. Paradowski.



Mr. Scott Lieberknecht



Ms. Sharon Sansom

Beyond Calisthenics



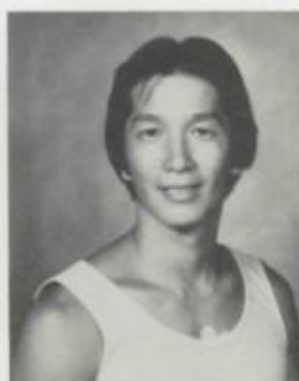
Cathy Fogarty



Thomas Mann



Ed Olsen



John Yasuda

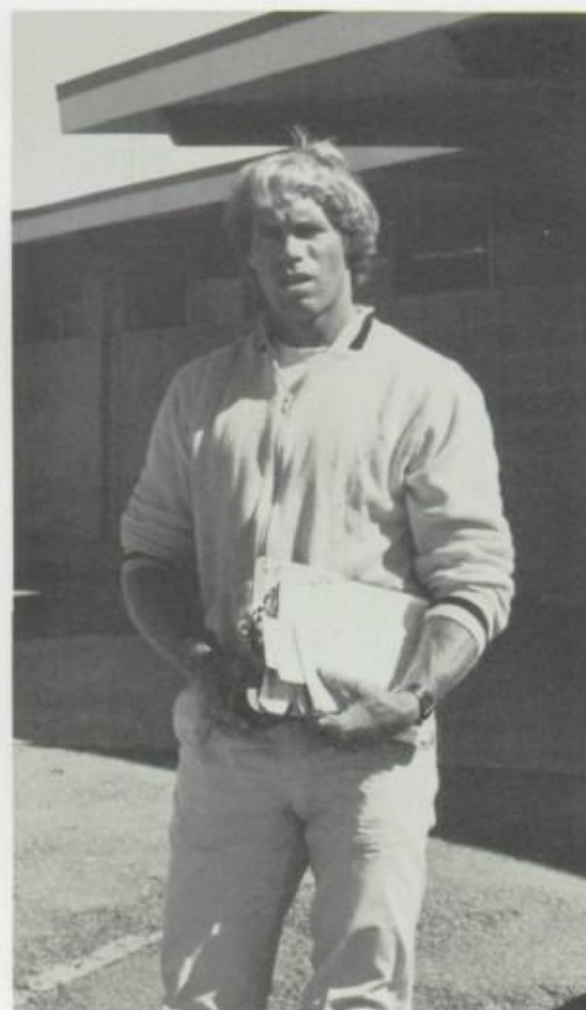


Coach Yasuda cheers Coach Mann.



Freshmen class playing volleyball.

The description of physical education in the Websters Dictionary is "instruction in the exercise and the care of the body". These teachers really do not say this but they try to get it pass you by playing different types of sports. These sports are played usually in a six week grading period. We here at El Capitan are lucky enough to have all the right sport equipment and places to play. We have a swimming pool, soccer, baseball, football fields, racketball courts and a weight room plus a lot more. Physical Education has moved to afterschool. It helps get the students involved with school spirit. It helps the students stay out of trouble afterschool plus staying fit and having fun.

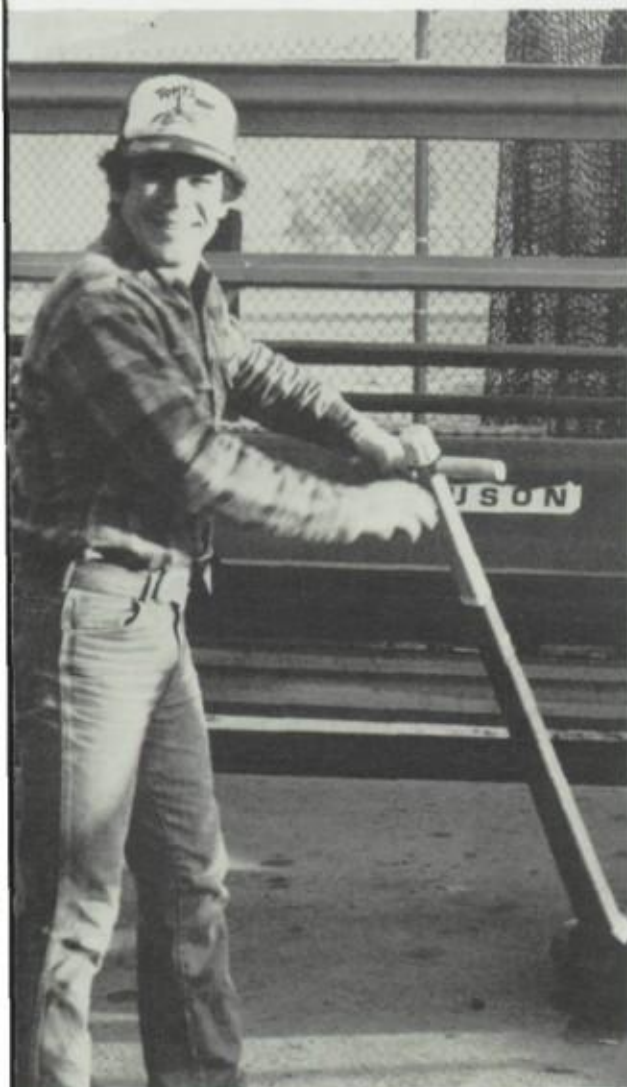


Coach Storm prepares for class.



Coach Newton dressed up on tourist day.

Agriculture Keeps America On The Grow



Ernie pulls out the swather used to cut hay.



Mark Fry, bucking hay.

Agriculture is America's number one industry. One hundred fifty El Capitan students were being prepared to keep that tradition alive through instruction in their vocational agriculture class. In the vocational agriculture classes students were not only instructed in agriculture, but in leadership, FFA, parliamentary procedure, public speaking and record keeping. Contrary to popular belief, ag classes are hard and rigorous, and do require good study habits. Since agriculture is such a large industry. Mr. Sam Walker was very eager to persuade his students to pursue a career in this field. But even if they wanted to be a doctor, he was satisfied with his role in making the students aware of agriculture contributions to this country. Not pictured: Penny Duncan and Mike Gorham



Mark and Jeff rearranged some wires to use the tractor.



Jeff and Ernie examine a damaged part in the seeder.



Dion comforts the calf while a tractor is started.



Sam Walker

Kiss The Cooks

During the past year, the Food Service Department of the Grossmont Union High School District generated a new school cafeteria program. It consisted of a nutritionally balanced lunch: $\frac{3}{4}$ of a cup of fruit, two ounces of cooked protein, bread or starch, fruit juice and/or vegetable consisting of at least two items and milk. One goal of this program was to show students there were choices available in a lunch. On March 6, they began selling the School Lunch Pattern Meal every first working Wednesday of the month for 50¢ rather than \$1.25. By doing this, they helped promote the National School Lunch Program which currently accounts for about 15% of this program. not pictured: Marilyn DuVall, Mary Ann Slojowski, and Bonnie Smith.



Mary Ann taking a break after the lunch rush.



A cafeteria worker counts change in order to see the profit that was made.



The making of a fruit cup behind the scenes at the cafeteria.



Lora Steeves



Cindy Sampson



Virginia Collins



Elizabeth Boone



Glory Bledsoe

Custodians Clean Up



Pauline Kniss rakes the leaves of autumn.



Ellon Pontius transports Molly Burton to the book room.



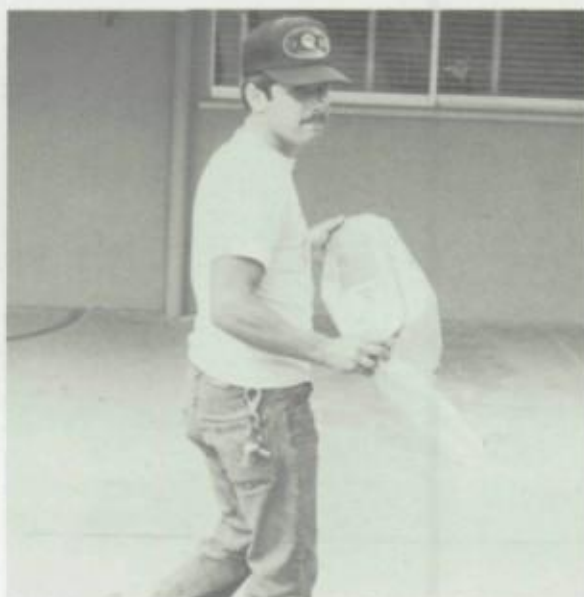
Terry Buchanan



Mark Leewaye



Pauline Kniss



Mark Leewaye carries fertilizer to the senior lawn.

El Capitan was ranked third in the district for the cleanest campus. This was largely because the custodians spent many after school hours, ranging from 2:30 to 11:00 at night maintaining the campus. The duties of the custodians may have seemed few when thinking about the small mess made by one person, but multiply that by 1900 students and consider we only had nine custodians on staff.

In reality, there were many duties that the custodial staff had to fulfill. They repaired the many broken desks, blown lights, and any spills the classrooms may have encountered. They prepared the auditorium for assemblies and maintained the playing and track fields for the various sports.

Besides the preparation for our activities and the repairs on the school property, they also maintained the landscaping of the school. This included the cleaning of the lunch areas after the student lunch.

1984-85 Office Staff's Essential Leadership

What if there was no one to keep track of tardies, absences, or scheduling? What about when you're sick, or want to get a book? From a teachers standpoint, doing this on their own could be a nightmare.

The people who kept this nightmare from occurring was El Captain's office staff. The staff was made of the secretaries, the book-clerk, counselors, the bookkeeper, and of course, the administrators. These people were the organizational nucleus of our campus. They made sure people and things were at the right place at the right time.

This year the job of tabulating tardies and absences was made easier by the computer, HAL. Thus it removed the responsibility from the faculty and gave the teachers more time to concentrate on their courses. The staff focused on the needs of the students and counselors were offered who altered classes while they helped to get a students into a university.

Not Pictured: Tom Nelson.



Jessica See and Robin Croteau enjoying a snack out on the quad.



Lucille Bevington



Peggy Bocko



Molly Burton



Rudy Chavez



Jane Clark



Robin Croteau



Jean Debus



Sonja Duchow



Linda Frieze



Carol Johnson



Genevieve Matherly



Dorothy Mix



Lesta Peisner



Caroline Schmider



Jessica See



Joan Short



Patti Spatz



Donna Snider



Shirley Teeter



Melanie Tehan



Tom Nelson entering the offices of the elite.



Janet Webb



Nadine Weishan

The Vital Link

The Administrative staff dealt with discipline and scheduling problems, as well as linking the staff and parents together.

Mr. Wong handled class scheduling conflicts and single class offerings seeing that each class had as even as a distribution as possible.

Mr. Finch was in charge of discipline and all classroom referrals were directed to his office. In addition to this, he conferenced with students and parents regarding discipline, suspension, and expulsion. Mr. Finch also was in charge of discipline for all campus and extra curricular activities.

Mr. Avant, among other duties, attended meetings outside our school and on campus. He met with district officials, PTA, governing board, and the administration.

El Cap's coordinator between the student and parent was Mr. January. When problems arose, he tested and counseled students and also was a bridge between parents and their children.

The three counselors provided information for colleges, scholarships, and helped students decide on career goals.



Bob Avant



Richard Brown



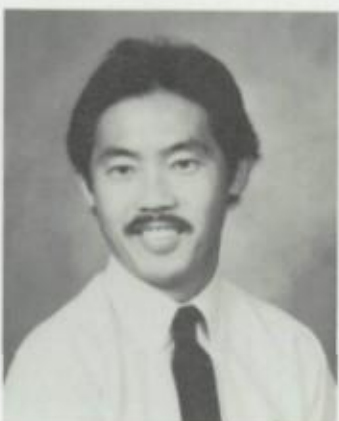
Roger Buller



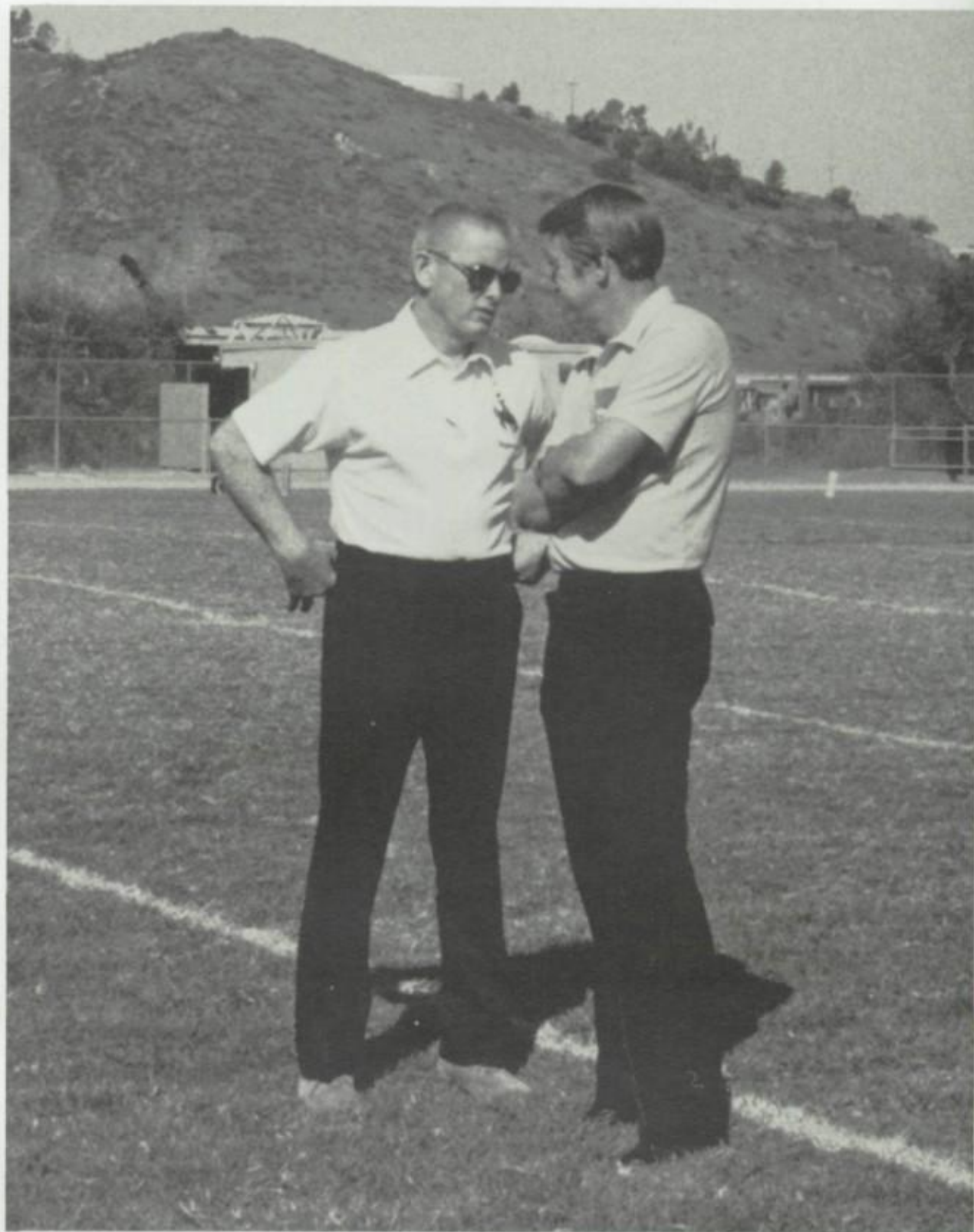
Joyce Hardin



100 Isabelle Piccini



Carl Wong



Mr. Finch and Mr. Avant
discussing school business



Mr. January on his way to his office



CHANGING JUNIORS

THE "MEDIAN-MIDDLE" STATE-OF-BEING

by Debby Corcoran

What did it mean to be a junior at El Capitan? The "median-middle" state-of-being to many was a halfway point between underclassmanship and that ever-sought-after authority of Seniorhood. For most juniors this temporary condition was the hardest year of their high school life. The degree of difficulty was determined by how involved the student became, or by the level of academic classes they took.

In most cases, by a student's junior year he/she has become reasonably established in high school. When a student reached the eleventh grade they had become involved in a special sport, organization, or club. "Finding your niche" in the third year of high school not only kept you busy with added responsibilities but, in addition, added to your social life and strengthened school-found friendships.

Being a junior at El Capitan meant accepting the challenges that made themselves readily available to enthusiastic eleventh graders. They may have appeared in the form of the PSAT or drivers test taking. All these things helped prepare juniors for the future.

Junior Officers Are Changing El Capitan



Advisor Cherie Harley



President Mike Alvarez



Vice President Scott Murray



Secretary Kim White



Publicity Robin Stansbury (at right) and Yvonne Phillips (at left)



Treasurer Rachel Brawdy



Tim Aaron Bjarke Abel Ralph Acierno David Acosta Geoff Adams Ron Adams Mike Alvarez Erin Ames Jesper Anderson



¿Donde esta la playa?



Tammy Anderson Jennifer Arnaiz Diane Arnold



Jennifer Ashburn Tim Askins Charles Atchinson



Patricia Atherton Maria Axelson Anthony Baird



Jody Baker Eric Bakman John Bales



Richard Balk Steven Barbeau Matt Barlow Lisa Barber Kathy Barnard Brett Barnett Jill Barnett Phil Bassett Glen Bauer



Darrell Baum Juli Becker David Bell Jeff Bell Tim Bell Brad Bennett Eric Bertrand Lori Beyer Nicole Birkel



John Blackledge Melissa Blanchard Jeff Blanco Serena Blanks Brian Boggess Troy Boggs Rovilla Bollinger Stefanie Bonvouloir Eric Bott



El Cap gladiators cheering on the chariot races.



Richard Bowe Marci Boyles Michele Bracco Greg Brackley Cliff Branch Rachel Brawdy Robert Breedlove Julie Brennan Dave Brewer



Traci
Bridgeman

Jon Brinegar

Terri Brock



Lisa Brown

Todd Brown

Dawn
Browning



Robert Cain

Rodney
Calkins

Delia
Camarero



Nancy
Cardozo

Kim Carlin

Matt Carlson



Edwardo
Celaya

Cheryl Chaney

David
Chereonsuphaht



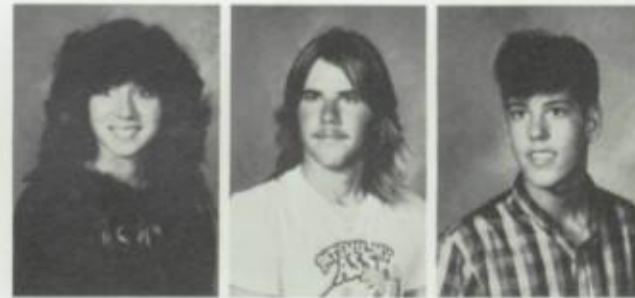
Candy
Christman

Michelle Clark

Victor Clark



Steve Nowlan, a member of 84's Varsity cheer.



Debbie Brooks

Patrick Brooks

Ricky Brooks



Murl Bruton

Mark Bryan

Steve
Burroughs



Tim Campbell

Arthur
Campos

Gonzalo
Campos



Kelly
Carmichael

Francess
Carillo

Sandy Castle



Alison Chase

Nancy
Chavarin

Sarah Chisolm



Dorothy
Clinger

Jennifer
Clinger

Shawn Clopton

The First Day Of School

By Matt Barlow



Michelle Cole



Don Coney



John Conner



Bobby Cook



Brett Cooley



Michael Cozart

I was running too late to eat any breakfast. I hurried through my shower, and ate on the way out the door. I saw many freshmen as I passed the bus stop on my way to school. Their faces resembled Prisoners of War in front of a firing squad. I glanced over at my brother's friend who appeared as if he hadn't slept in a week. We were extremely early that morning, so early that the few cars in the parking lot seemed to be engulfed in mist.

As I walked up the sidewalk, I overlooked the terrorized faces of the freshmen and the adamant faces of the seniors. I squeezed my way to my locker in Junior Hall to put my books away. As I did this I thought of the past summer. Going to the beach, cruising with my

friends, working, and everything else. My thoughts were disturbed by the piercing cry of the first bell. As I dodged my way through the halls, I saw the effects of the last party of the summer which left many kids tiredly dragging their feet to their first class of the new school year. In my first class, I realized school hadn't changed since last year. The teacher introduced herself, called roll, then explained the rules of the class. I fell into a deep trance engendered by staring at the wall. Before I realized it, lunch had arrived. Whew! I needed it badly. I talked to all of my friends and met a few new ones. The other two periods went by quickly, and I was on my way home with seven books.



Pam Crawford



Todd Crites



Shelley Crocket



John Cruz



Theresa Cruz



Dan Daffer



Karla Day



Lisa De La Torre



Frank Deitchman



Joe Delgadillo



Lorraine Demi



Laurie Dennis



Kirsten Denton



William Desautels



Civita Di Giovanni



Andrea Diaz



Chris Dickerson



Jimmy Donahoe



Scott Dosie



Adrienne Douglass



Nicloe Dreis



Brian Duffy



Jim Duke



Christina Durbin



Tim Durst



Doug Easterly



Scott Eister



Mike Elkins



Diana Ellery



Sean Erskine



Debbie Estrella



Karen Ethridge



Matt Every



Leigh Fauke



Stephen Fenwick



Leonard Ferreiro



Another year, another seating chart.



John Ferris



Amy Fishburn



David Flack



Gail Flemming



John Floyd



Dennis Flynn



Lisa Fowler



Sherry Fraley



Tim Frasor



Loretta Freund



Mark Fry



Don Gabriella



Denise Garcia



Elizabeth
Garcia



Roy Garoutte



David Garver



Jeff Gassaway



Kim Geary



Brian Gerdes



Angie German



Savannah
Gibson



Miles Gleaton



Janet Goda



Claudia
Gonzales



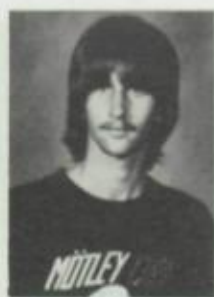
Cynthia
Goodell



Leslie Gosen



Debbie Grant



Jeff Gregory



Kevin Griffin



Aleshia Gross



Maria Guevara



Rosemary
Guevara



Merilee
Gunnells



Cassandra
Hadfield



Lisa Hale



Cynthia
Hargraves



Laura Harris



Mike Harris



Stacy Harris



Christina
Harrison



Kamee
Harrison



Greg Hauet



Kristie Hayes



Doug Heath



Brooks Herald



Bobby Cook, Robert Priddy, and friend comparing notes before class.



Penni Herbert



Janene
Herlehy



Alan Hertz



Rachel Herzig



Tammy Hicks



Tammie Hiller



Jim Hillin



Mike Hinson



Todd Hock



David Hodges



David M.
Hodges



Janet Hodges



Jill
Hollingsworth



Doug Hopper



Jeff Hoss



Karrie Howes



Michelle
Hughes



Travis Hulbert



Robert
Humphrey



Jim Hunnell



Mike Hurst



Tracy
Hutchinson



Michele
Huyser



Ron Jackson



Dana Jenson



Aaron Johnson



Don Johnson



Victoria
Jordan



Kelly Kaiser



Dan Kakuris



Christina
Kemp



Eric Kennedy



Andrea
Kenniston



Scott Keppel



Sebastian
Kindreich



Bill Kitts



Kristina
Koltavary



Kim Kooistra



Guy
Kopperrud



Chris
Krickhahn



David Krugh



Mike Krugh



Jerry Ksiaek



Tammy
Kumke



Thomas Kuoha



Jeff Hoss concentrating on Granite Hills at half-time.



Michelle La
Blond



Ray La Costa



Nicole La
Frenier



Gary Lane



Joe Laughhead



Tammy Leach



Tricia Lemon



Lori Liddicoat



Joel Liebe



Tammy Little



Tonnie
Lodewyks



Jami Long



Crissy Longo



John Lotz



David Lozano



Harry Lozano



Cathy Lucas



Christine
Lucas



Scott Lupien



Alan Lynch



Wes Lynn



Meegan
Maddux



Scott
Mallinson



Jamie
Mancera



Renee Marcus



Arron
Martinez



Deanna
Martinez



Jeff Martinez



Nathan
Masters



Joe Mc
Dermont



Ron Mc
Donough



Jeff Mc Garity



Maureen Mc
Grath



Diana Mc
Intosh



Sarah Mc
Intosh



Mike Mc Kean



Robert Mc
Kee



Steve Mc
Mann



Scott Mc
Millan



Good friends sharing good times.



Jim Medlin



Sandy Mandel



Richard
Messinger



Calleen Miller



Noel Millican



Scott Mills



Cheryl
Monteleon



Debra Morgan



Donna Morgan



"Just havin' a little fun, Mike!"



Jim Mortiz



Kelly
Morrissey



Rosemarie
Mueller



Joe Murphy



Scott Murray



Lisa Nero



Linh Nguyen



Mike Nichols



Frederick
Niman



Steve Nowlan



Traci O
Connor



Dawn
Olszewski



Lissi Osuna



Roberta Osuna



Christine
Pangborn



Robert
Pangborn



Michelle
Pardue



Lois Paris



Eric Parker



Kurt Peckman



James Peek



Ron Peeler



Darryl Perez



Joesephine
Perez



Kathy Perez



Tiffany Perkins



Noel Peters



Lisa Petersen



Robbie
Peterson



Anjanette
Pether



Robert Phares



Yvonne
Phillips



Jason
Pinkerton



Troy Pitts



Kurt
Poindexter



Mark Principe



Dan Pritchett



Molly Purcell



Tom Quance



Mario Rangel



Anthony
Rascon



Kim Reed



Lisa Reed



Mike Reed



Tracy Reeves



Tim Reilly



Jamie Rice



Debra Rios



Karen Rios



Richard Rios



Priscilla Rivas



Mike Rivera



Tim Roach



Debra Roberts



Erika
Robertson



Shauna
Robeson



John Robinson



Rhonda
Robison



Cathy
Rockwell



David Roesch



Delia, Christy, Deanna, "The three musketeers"



Brian Roland



John Rose



Martin Ruzek



Jason Sandoval



Laura Scalise



David Schmidt



Matt Schmidt



Lois Schneider



Tim
Schwuchow



Jeff Scott



Mark Scudder



Traci Seaver



Patrick Sewell



Amy Sharp



Wayne
Sheldon



Matt Shreve



Tina Signs



Tawny Siler



Junior class debating Homecoming float



Dion
Simonides



Cecelia
Simpson



Madonna Sisk



Shane Skaggs



Megan Skinner



Jeff Smith



Jill Smith



Natalie Smith



Sam Smith



John Snoen



Dan Spencer



Angie Sprecco



Desiree Staite



Robin
Stansbury



Kristine
Stanzick



Carol
Starkweather



Kevin
Stephenson



Craig Stewart



Mike Stolzer



Gina Storck



Tina Storrs



Jennifer
Strong



Jay Suhama



Jeff Sumner



Troy Surratt



Lorne
Symonds



Mike Tapley



Lisa Tapp



Victor Teasly



Travis Tilley



Kym
Timberlake



Jim Tixier



David
Tochtrop



Andy Tolley



Stephanie
Topping



Kevin Trotter



Peggy Turpin



Peter Uzunov



Anthony Van
Boxtel



Eric Van Der
Lee



Shane
Vanderveur



Scott Varvel



Coreen Walker



Lance Walker



Wanda Walker



Lorraine
Warner



Tori Warren



Louise Weber



Sean Weddle



Sabrina Welch



Gary Wellong



Lara West



Jo Deane
Wester



Shawn Wettig



Kim White



Mylinda White



Brad
Whitmann



Shaela Trumbo



Kristie
Wikoren



Nicole Birkel and Pam Crawford lost at Disneyland
... Where is the Matterhorn?



Donna Whitt



Laura Wicke



Ken Wikoren



Don Wilkins



Denise
Williams



Tammi
Williams



Dan Wilson



Devon
Winthrop



Don Wooten



Mike Worrall



Amy Yakey



Kim Zurline

ASB ACTIVITIES

ASB planned many activities this year to motivate El Capitan students. There were class competitions held every Friday including a book relay, a water balloon toss, a donut eating contest, and a three legged race. During Homecoming week students participated in nerd day, tourist day, sport day, and toga day. The winner of this year's competition is to receive a hefty sum of \$200 to add to their class treasury.



Peace, love, and the Day After.

Not Pictured

Charlie Allen
Tom Berkshire
Steve Burroughs
Antonette Cairo
Bernardo Celaya
Kevin Dobson
Gene Gana
Edward Gilman
Kristine Hague
Stacie Harper
Dain Hasson
Mike Hooper
James Kimble
Kim Lane
Reggie Lennon
Michele Mayers
Johnna Morel
Margie Munoz
Dean Potter
Heidi Riese

Daniel Romano
Gary Romano
Tim Rudkin
John Ruse
Mona Simunovich
Tracy Smith
Larry Snow
Andrea Stephens
Michael Stolzer
Aileen Storie
Shane Tarbell
Vito Tocco
Jason Unrein
Shari Valley
Scott Vermillion
Brian Wells
Karla Whitaker
Marissa Whittemore
Vincent Wimberley
Michelle Yarbrough



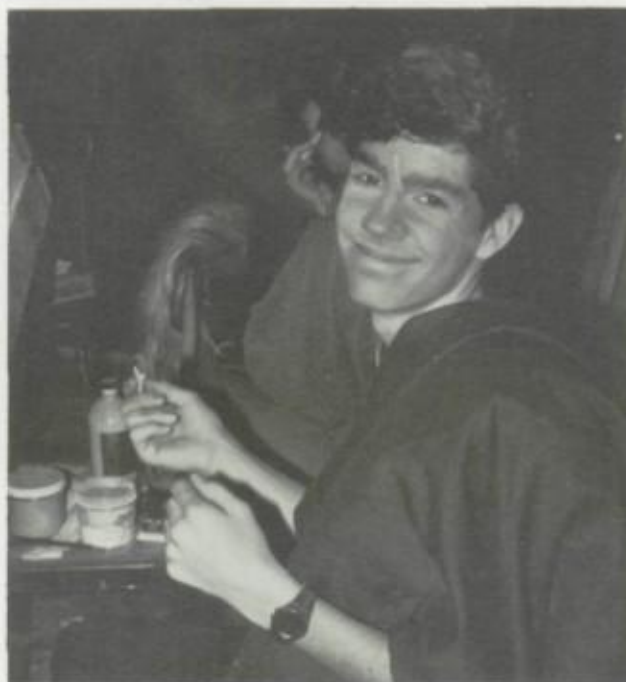
David Hodges

The Summoning Of Everyman

By Jeff Cole

"I pray ye all give your audience and hear this matter with reverence by figure a moral play." "The Summoning of Everyman" was performed by drama first semester. Beginning as a class project, the play grew as changes in student directors and casts were made. Finally, plans were made to perform twice after school for the English classes and once in the evening for family and friends.

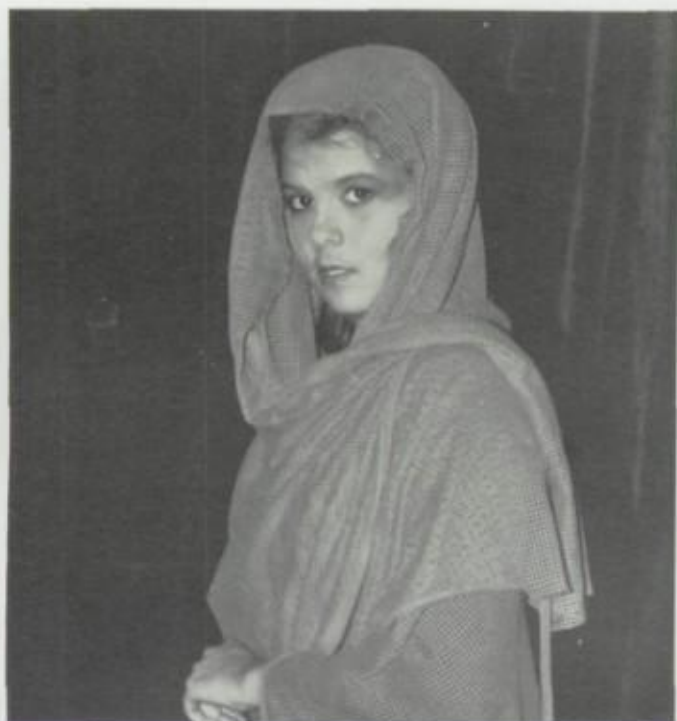
The cast found the play was an experience in "unique and exciting make-up application" in addition to an "avant garde" expression in costuming.



Ken Guinnup experiments with different make-up techniques to enhance his portrayal of Discretion.



Director Carol Starkweather also played the lead role of Everyman.



"Getting into character," Knowledge, otherwise known as Jody Clifton, lingers behind the curtain opening night.



Brian Wells used liquid latex to achieve an old wicked look in his portrayal of Death.



Michelle Mayers, Tracy Reeves, Sean Hartley, and Joe Laughhead ham it up after a successful rehearsal.



Solmun, thoughtful, and in character, Don Peterson prepares himself for his performance of God.

BEING A

JUNIOR

\$1.75

CAUGHT IN THE MIDDLE

By Laurie Erdman

You are approaching the end of your second year in high school quickly. It has been a year full of thrills and disappointments, not much different than the previous year. You have been stuck in the middle for a year now, stuck between being a freshman and being an elite upper classman. You have had the feeling that things will never get better — the feeling that you will never have the privileges of a senior. But do not fret, for salvation is on its way.

It may have started in September or maybe at second semester. The driver's license was probably the biggest event in your sophomore year. You entered the task by taking a written driving exam followed by the simulators. The nerves started shaking as the behind the wheel portion came. No matter how nerve racking this whole process was it will all lead to the big senior parking space.

Becoming a sophomore brings with it a great many responsibilities. They might include more and harder homework or maintaining a car, but it also includes thinking about the senior prom. Mr. White started working with the sophomore class officers to begin the planning of the class of '87 celebration. Getting the planning out of the way is half the task.

But the real excitement on a sophomore's year ends here. Unfortunately, the life of a sophomore leaves much to be desired in the way of excitement. High school is no longer an exciting new adventure, and the solid thoughts of college have not yet begun. The sophomore year is left to find the niche of friends to be there for the next two years and to build social status.

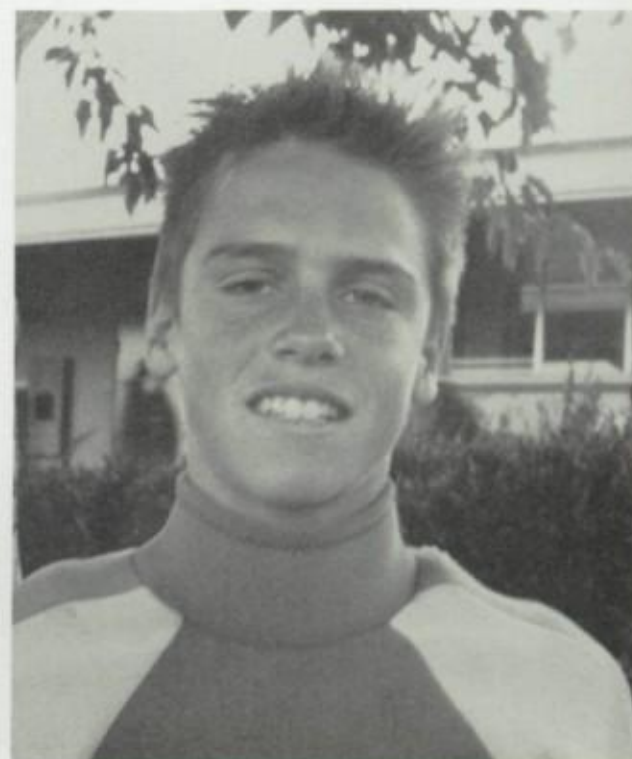
But do not sulk too long for the junior year is just around the corner, promising more fun and adventures. Not to mention the added homework.



Sophomore Officers Began Making Plans



Advisor Rick White



President Chris Blanco



Vice President Michelle Vaughn



Secretary Jennifer Howatt



Publicity Kathy Ashworth (at right) and Lisa Daniel (at left)



Treasurer Julie Damchen



Nicole Adams



Manny Adamson



Cesar Aguilar



Zenaida Aguirre



Jerry Aldridge



Sherry Alexander



David Allen



Tammy Allen



Tim Allen



Mary Ambriz



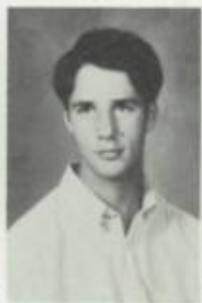
Shelly Andrews



Tony Andrews



Kathi Arnold



Robert Arnold



Jolene Asaro



Kathleen Ashworth



John Autry



Stanley Bacinett



Toni Bagalini



Angie Bailey



Steve Baird



Galen Bancroft



Dwayne Barbee



Kathleen Barber



Hank Barlow



Ken Barnum



David Barrett



Sophomores go Greek during Homecoming week.

Driving Dilemma

by Laurie Erdman, Driver's license; highlight of the sophomore year. But the driver's license is playing a lessening role in high school. Due to budget cuts, sophomores had to travel to participate in the driver's training Program.

Despite the new hassles, the excitement of gaining the license has not died. The sweating palms, shaking hands and knocking knees still appear as another, DMV required, task is about to be performed.

Hours of studying the little yellow driver's manual finally pays off when 100 is placed on the top of the finished exam. A sigh of relief is released while anxiety builds for the coming of the simulators. After the first few experiences, simulators become trite and relaxing. No longer are you afraid you are going to break the gadget.

Nerves really start to jump as you step into the car and sit behind the steering wheel. The fear mounts and you are off, driving with the guidance of an instructor. Next the nerves calm and the relaxation takes over leaving room for a building confidence. Only to be replaced by more jitters when the day of the test arrives.



Ray is taking the driver's license process in stride.



Kenny Barrett



Missy Bass



Christina Bauer



Justin Baxter



Jennifer Beall



Richard Beckman



Leah Behnke



Barbara Bellis



Ann Benioit



Rene Berkheimer



Douglas Berry



Jason Bertrand



Michelle Betts



Angie Biffle



Jeff Bigler



Nancy Blakeman



Brian Blanchard



Chris Blanco



Ruth Bledsoe



Lisa Bluffin



Rachel Bodell



James Bonano



Jenny Bonnett



James Bordine



Gino Borsellino



Cindy Boswell



Jill Botzer



Anita Bradley



James Bradley



Heidi Branch



Mike Branski



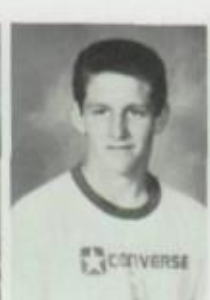
Ray Brassell



Clifford Broadbent



Michael Brock



Peter Brooks



Ron Brooks



Susie
Brotherton



Geneva Brown



Keith Brown



Shelly Brown



Mark
Browning



Shane
Browning



Anjie Bryant



Charles
Brzezinski



Janice Buie



John Burke



Kevin Burke



Kim
Burnworth



Samantha
Butler



Tina Cabello



Scott Callicott



Bobbi
Camarato



Dennis
Campbell



Pace Carbone



Tanya Carbone



Derek Carel



Devin Carel



Shelly
Carmack



Kim Carson



Annette Carter



Cristina Castro



Lisa Chaffin



Mike Chelsea



Tammy
Chitwood



Chris
Christiansen



Rene Cincotta



Lisa Citelli



Cheryl Clack



Becky Clark



James Clark



Lee Clark



Louise Clark

The Teenage Conflict

by Debby Corcoran, How can growing up be such a blast and such a total trauma at the same time? Imagine being totally, positively, absolutely sure of yourself one minute and out of control and insecure the next.

This is a conflict felt by many young people from time to time throughout their growing up years. We often feel like the rope in an emotional tug-of-war, being torn between dependence and independence. At times we feel ourselves wanting to scream out, "leave me alone, I can handle this, I'm an adult." But too quickly we forget these thoughts and reluctantly plea, "Oh Mom Dad, where are you? I need you." and expect the immediate beckoning of our supportive parents.

Independence seems so welcoming; that first car, grades, dating, jobs, college, growing, learning and constant challenge. Is this adulthood knocking at the door so soon? I gave at the office. "They never said it would be like this!"



Michelle's journal is an opportunity to work out conflicts.



Kim Clarke



Erin Cleland



Grant Clinger



Dean Cole



Kelly Cole



Nancy
Coleman



John Conney



Kristina
Contreras



Rigoberto
Contreras



Audra Cook



Sherry
Corduan



Andrea
Colombe



Troy Cox



Robbie Creed



Nora Cruz



Secora Cruz



Andrea
Cunningham



Gina Cupp



Jim Bradley cruisin' the quad.



Chris Curiel



Daniel Curtis



Janice Curtis



Joseph Daluz



Cheryl Daily



Julie
Damschen



Lisa Daniel



Chris Daniels



Bret
Dautremont



John Davis



Kenneth Davis



Martin
Delatorre



Shannon
Dewalt



Mary
Delgadillo



Jon Delong



Kent Dempsey



Casie Dennis



Ron Densford



Carrie
Destefano



Michael
Detwiler



Sherri Diaz



Darrin Dietzen



Andrea
Digeran



Terri Dixon



Jamie
Donahue



Kelli Draime



Mike Dreir



Melissa checking out the guys.



Lyle Drury



Steven
Drywater



Steven Duffy



Dustin Dumas



Kurt Duncan



Angie Dunham



Coleen Dunn



Amy Durst



Arica Eckert



Scott Edwards



Sheir
Elsenbarth



Sharon Elkins



Tim Elliott



Michelle Engel



Mike Ennis



Sarah Estrada



Monique Fain



Kelley Falter



Shawn Feele



Eddie Fischer



Laura Forrest



Robin Foster



Elizabeth
Freeman



Christen Frude



Check this out, Mr. Peabody



Kevin Gallup



Taza Gaoa



Andrea Garcia



Dale Garcia



Patrick Garcia



Shelly Gardner



Billy Gaston



Gina Gentile



Fred George



Nicole Gerdes



Sandra
Geroche



Patrick
Gervais



Rikki Gibson



Diana Gish



Charlie
Gladman



Robert Glance



Richard
Gonsalves



Melissa Goodel



Clara Gow



Ward Graham



Tina Grande



Trisha
Greenwell



Jordan Greer



Rachel
Grenquist



Mike Gross



Raymond
Guassac



Eva Guevara



Willy Gugel



Mike
Gummerman



Tina Gwyn



Kurt Hahn



Trevor
Hamilton



Laura
Hammond



Scott Hanssen



Tammy Hardy



Phil Harp



Aimi Harrison



Hayelen
Hartland



Sheila Hasley



Shana
Haugum



Lisa Hawkins



Chris Heppler



Sandra
Hermosillo



Mike
Hernandez



David Herring



Jon Hickie



Tanya Hiebert



Frank Hilliker



John Hirt



Angie Hixson



Laura
Hobbson



Welcome, to Lakeside, California



Chris Daniels plays a tourist.



Jennifer
Hollingsworth



Lisa Honey



Tracy
Hopwood



Jennifer
Howatt



Shawn Howes



Marc Hubbell



Chris Hull



Tom
Hunington



Kym Icke



Robert Imhoff



Sue Ivey



Tyra Jacques



Rose Jagers



Brett Jennings



Gilberto
Jimenez



Holly Johnson



Jeniena
Johnson



Katherine
Johnson



Steven Johnson



Sean Jones



Bruce Jordan



"Who says M & M's melt in your mouth, not in your hand?" asks Serena.



Raquel Keenan



Wayne Keener



Shawn Keller



John Kemp



Samantha
Keppel



John King



Kathryn King



Noah Kingery



Stephen Kito



Jenny Klee Melissa Klump Marlo Knorr



Karen Kobliska Marsha Koch Bob Krueger



Corey Kruse Tim Kundrat Tom LaCrue



Renee Labadie Christina Laird Robert Laird



Sheri Lajoie Scott Lanswick Mike Leavitt



Anxious Sophomores hoping to get on t.v. when Larry Himmel spoke at Homecoming



Steve LeGaut Ross Lee Jeannette Lehre



Justin Leinen Kim Lemon Jennifer Lenkowec



Sara Leo Joel Lies Teresa Little



Jerry Livingston Marion Locke Kim Loger



Gina Lombardo Mike Lombardo Sonia Lopez



Cheryl, Rhonda and friends enjoying their favorite subject — lunch.



Michelle
Lovett



Nancy Lowe



Alisa Lozano



Henry Lozano



James Lynch



Troy Lynch



Michelle
Makita



Colleen
Malmquist



Aaron Malone



Henry Manette



Harris Martin



Javier
Martinez



Rhonda
Martinez



Ron Mason



Scott Mason



Stacey Mc
Conaughey



Eric
McCormack



Leann
McCullagh



Melissa
McDermott



Jillian McFaul



Justin
McMahan



Matt
McMillan



William
McMullen



Mike
McVicker



Jennifer Howatt participating in Homecoming Week activities.



Michele Mills



Jeff Minch



Claudia
Mitchell



Who's taking me home today?



David Mitchell



Traci Mohr



Lisa Monfils



Lynn
Montagne



Robert
Morawski



Jason Morgan



Jerry Morgan Matt Morris Jeanette Mulkins



Jeff Murphy David Myers Wendy Nash



Erik Nelson Daniel Nesheim Stephanie Newberry



Rashell Nichols Mike Ninteman Cindy Noriega



Steve Duffy taking a break from his Biology lab.



Sean O'Dell Robert O'Hanlon Nelson O'Neill



Paul Orlando Kevin Osborn Gretchen Oslie Jennifer Owens Jeff Oyler



Michelle Parker



Kim Pauley Jeff Payne Eddie Pendergrass



Tiffany Perry Erika Peterson Walter Pimentel Shawn Pinciotti Belinda Pino



Teresa Plageman

Passing The Buck

by Jeff Cole, One can read their thoughts as they prepare to deliver their speech: "Wasn't it just last week that I had plenty of time to write this?" and "If I had just one more day ..." But because they are obligated to speak today or forever lose their grade, these unprepared souls start out with the basics: Title, author and publisher. The rustle of jackets and the chilly sound of winter can be heard because everyone knows these are the infamous snow blowers, those masters of procrastination. "Procrastination is the thief of time," said Dr. Young, and Milton's light answer: "Let me not let pass occasion, which now smiles."

The high school students would simply state "No time today!" "What about the game?" or "I have a whole week." And yet the pens fly when these junior philosophers see the light — ten minutes before speech time. Many are found to be students of Trench who said, "Speak but little and well, if you would be esteemed as a man of merit.", as they scribble down the barest simile of a crib sheet. But hope shouldn't be forsaken. Upon entering college or the business world as one UCSD student put it, "You're paying for it so you might as well do something while you're there."



Melissa is in the spirit of homecoming week.



Preparing for a last minute speech; Jeff Payne procrastinates.



Chris Polmear



Chuck Potter



Marnie Potter



Brenda Potts



Cinda Prisser



Matt Purcell



Jason Quinlog



Kim Rambo



Susan Rampsch



Karen Ransweiler



Desiree Rawls



Chanel Rayne



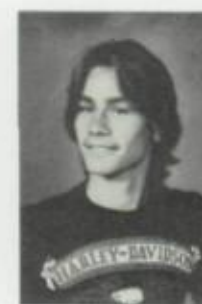
Anna Raymond



Ana Real



John Redd



Shanon Redle



Glen Reese



Frank Reid



William Reilly



Dynise Reinbold



Angela Rel



Adrian Reyes



Cliff Rhodes



Susan Richards



Andrew Richardson

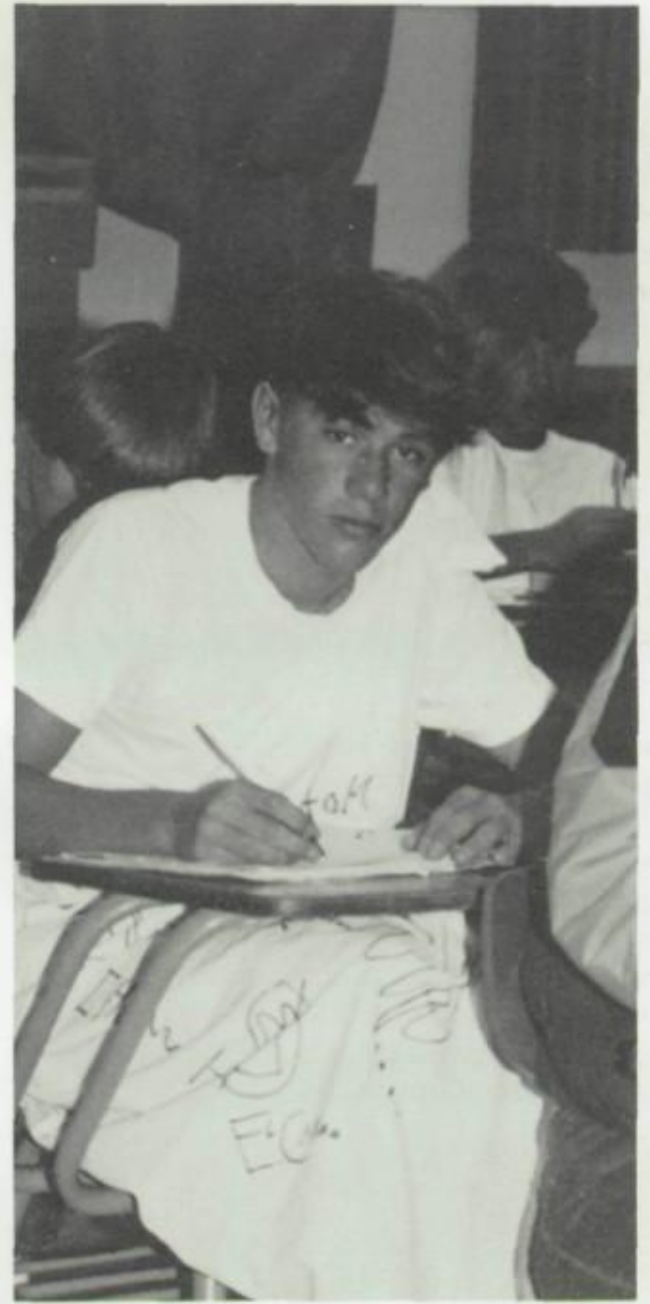


Monte Richardson



Henry Ring

Making Excuses



Chris is thinking of an excuse to snow Mrs. Schuster with.

by Jeff Cole, The scenario is familiar. A student didn't do his homework but is quite content to pay the consequences as long as the teachers doesn't ask, "Why didn't you do your homework?" He would have been happy to leave it as an incomplete but now the teacher has blatantly asked for the long list of excuses that each person carries with them. He plays out his role for the sake of tradition, and when he finally hits upon an excuse that is acceptable to both the teacher and himself, he can relax from this exhausting ritual. But according to an article in *PSYCHOLOGY TODAY*, by C.R. Snyder, the ritual of excuse making is actually beneficial to ones well-being. "We all make mistakes of one kind or another and find ourselves in predicaments in which we don't perform well. Something has to be done with these disappointing outcomes so that they don't restrict and intimidate us; that something often takes the form of excuses.



Kim Rippey



Julie Robbins



Eddie Rogers



Adriana Romero



Melissa Rose



Wendi Roskos



Jennifer Rossi



Michelle Rudkin



Mary Ruis



Mark Russell



George Russell



Reid Rutherford



Renee Saenz



Cindy Salazar



Scott Salyers



Jeanette Sanchez



Richard Sansom



Debbie Saunders



Laura Sauter



John Schater



Gina Schiavoni



Mellanie Schifano



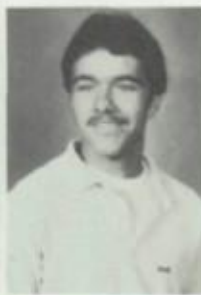
Stacy Schmidt



Cindy Schmitt



Kinda Scott



Jim Seeley



Laurie Shamp



Richard Shekey



Michelle Shunkan



John Shoemaker



John Simler



Cathleen Singer



Geri Smith



Jerry Snow



Vicki Snowden



Tom Sobehrad



Joel Spires



Lance Stacklie



Deana
Stamper



Linda
Standring



Scott
Standring



Michelle
Stanley



Lara
Stephenson



Shelly Stevens



Brad Steward



Anthony
Stewart



Michelle
Stewart



Jim Stilson



Crista Stovall



Albert Stray



Jama Stultz



Janet Sturges



Michelle
Sutphin



Mechelle
Taber



Sam Tagney



Ruben Tellez



Todd Teuscher



Jodee Tharp



Frank Thoeny



Jenny
Thomann



Mike
Thompson



Todd Throp



Terry
Tibitowski



Scott McMillan asks Jim Donahoo, "Did you see that girl?"



Brannon Tilley



Richard
Tochtrop



Susan Tomer



Lisa Torres



Dorothy
Trattner



Erik Trujillo



Cheryl Tyler



Andy Uppenkamp



Paul Uran



Jeff Urquhart

Philip Van
Paepeghem

Michelle
Vaughn



Michael
Velesko

Elissa Vick

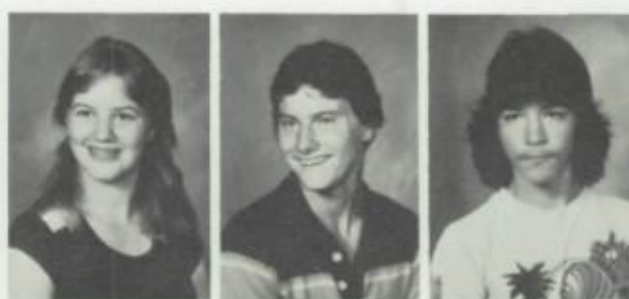
Richard
Virginia



Janine
Vockeroth

Danice Von
Feldt

Jamilyn
Walker



Melissa
Walker

Sean Walker

Doug Wallace



Christine
Waller

Robert Waller

Kelly Wash



Lisa Walters

Daniel Ward

Steven Wasko



Christina Castro enjoying another day in English.



Daniel
Wasserbauer

Mike Weaver

Kathy Wells



Lanette
Werner

Don
Westerberg

David
Westerhout



Tiffany
Weston

Heidi White

Linda White



Eric Whitlock

Nicole
Whitlock

Janine Whitten



Jodi Wildasin

Monica
Williams

Scott Williams



Friends gather together to talk during lunch.



Rita Kyne



Tammy Willis



Kim Wilmers



Cindy Woertz



Cory Womack



Chris Wood



Crissy Worix



Debbie Work



Julie Wyborny



Sam Yeager



Melanie
Yambo



Gary Yates



Leann Yates



Lori Yates



Cindy Yeadon



Brian Yette



Polly Young



Denise Zidlick



Travis
Zimmerman

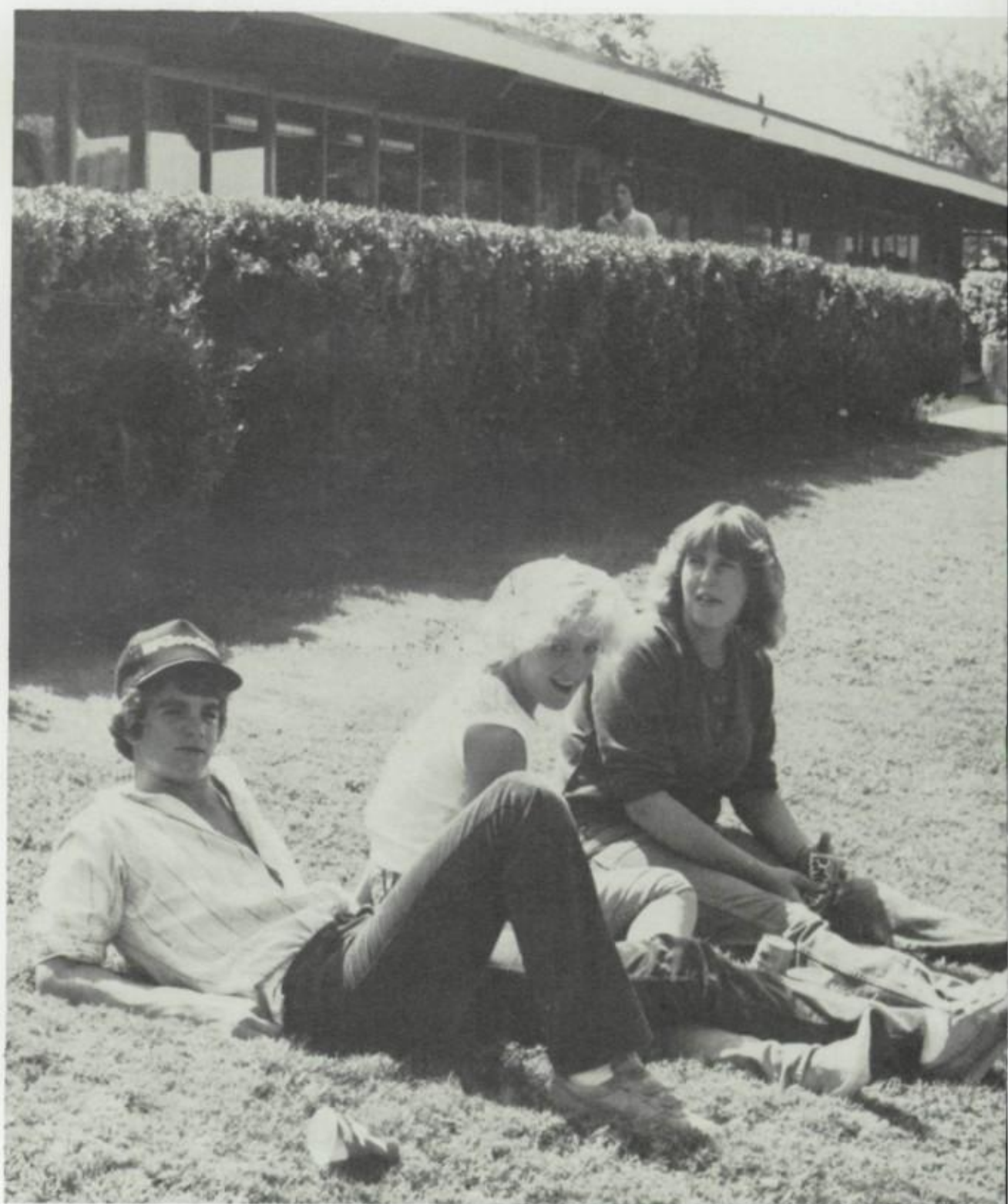


Tracey
Zumstein

Not Pictured

Georgina Amavisca
William Beard
Keith Becker
Keith Belfer
David Blair
Elizabeth Burton
Pete Carroll
John Cogburn
Scott Colson
Mylee Combs
Joel Creed
Debbie Dalton
Aaron Deason
Carrie Destefano
Charles Gilman
Shannon Graham
Orie Haynes
Lynn Herlihy
Jeff Johnson
Leslie LePage
Michael Leavitt
Ricky Lentz
Tim Martin

Shawn McCranie
Chris Moore
Richard Morse
Claudia Nadeau
Todd Neville
Crista Newcomb
Ricardo Ortega
Mike Patrick
Robert Perry
Laura Pierson
Carlos Rosas
Troy Saylor
Daniel Solomon
James Spear
Dennis Stone
John Stroud
Amal Vandervoort
Becky Villa
Victoria Williams
Chris Worix
Charles Yeadon
Francisco Zavalza



Julie, Susie and Shawn enjoying a leisurely lunch on the lawn.

June 13, 1985

JACK^{AND}JILLTM



FRESHMEN ARE "MOVIN' ON UP"

By Laurie Erdman

It was the start of what seemed to be a whole new life. The walk onto campus that first morning of their freshman year, was one they will never forget. The mounting excitement grew inside them as the next four years of their life was about to begin.

The excitements of geography, algebra, English and physical education were only a start to the new experiences. Lunch time and passing periods were a nightmare in themselves. "Where is room 1406?" they wondered. But their intense fear surmounted the urge to ask someone or even pull out the handy dandy map which the office gave them. The panic increased as they dashed around madly, when all of a sudden the bold, black numbers 1406 shouted out from around the corner.

Lunchtime was left to find their friends. "There must be a thousand kids on this quad. Where could Debbie be?" Once again the fear mounted and they walked the other way, too afraid to step out onto the quad.

Worst of all their freshman year brought them criticism. The cut-downs and the hazing were sometimes more than they could handle. "Is starting out at the bottom always so hard?"

Even so, as the year came to an end, the freshmen had a spark of hope to know they were movin' on up to bein' an upper classman.

Freshmen Officers Fight For A Strong Start



Advisor Shirley Teeter



President Stacey Spencer



Vice President Thom Lane



Secretary Dawn White



Publicity Nancy Thomas and Diane Bradley



Treasurer Christie Baum

Autograph





Gary
Abrahams



Richard
Aguilar



Aledra Aguirre



Monica
Ahlefeld



Leoncio
Alderdyce



Judy Almeida



Robert
Amavisca



David
Anderson



Tracy
Anderson



Jason Anglum



Peter Antolich



Rebecca
Astley



Joan Atkins



John Ausderan



Melissa Ayers



William Bagby



Dawn Baines



Correy Baker



Tracie Baker



Mark Bales



Pat Balk



Jason Barbeau



Danny Barbee



Marcus Barlow



Heather
Barrett



Staci Barrett



Curt Barrus



Shawna Barry



James Barton



Darin Bassham



Kristie Baum



Gerald Beall



Michelle Bealo



Timothy Beaty



Michael Beck



Freddie Becker



Ray Becker



Derek
Bekhamber



Thomas Bell



David Bellis



Deanne Bender



Jason
Berkshire



Melany Beyer



Mc Neill
Bishop



Bradley
Blanchard



Thomas
Boland



Serena
Bollinger



Camille
Borland



Cherie Boryla



Brian Bott



Steven
Bownam



Kandi
Bracewell



Diane Bradley



Chritine
Bradshaw



Greg Branson Lisa Branswell Julia Bravo



Timothy Brinegar Russell Brock Carrie Brown



Karla Bryan Thomas Brynwood Jeri Bullington



Jeanie Burbach Todd Burks Sheryl Bushree



Eddie Bustin Corey Butcher Jeff Byerly



Stacy Byers Winston Caballa Tom Cabell



Clemente Cardenas Mirella Cardenas Michelle Carlson



Frank "shielding" for a test fifth period.



Chris Carmichael Deann Carpenter Wendy Carr



Peter Carrillo Dawn Carson Robert Castillo



Christina Castle Clinton Cattell Brint Centineo



Chad
Chapman



John
Christopher



Robert Church



Stephan
Cincotta



Dana Ciolli



Kim Clark



Jody Clifton



John Coffey



Tracy Cole



Candice
Compton



Michael
Copenhauer



George Costa



Tammy Creed



Mirella Critti



Peter
Crookston



Wendy Cruise



Kelly Cruse



Elizabeth
Cundri



LeLanie Curo



Jason Curry



Michael
DaLuz



Carol Dakin



Sandra Dalton



Phillip Daniel



Theresa Daniel



Ron Darby



Theresa
Darwell



Bret Davis



Eric Davis



Barbara
Dawson



Marlene
DeMattos



Greta Decker



Erica Deese



Steven Dell



Jennifer Demi



Barbara
Desautels



Curt, Donovan, and Brad practicing bike tricks after school in the student parking lot.



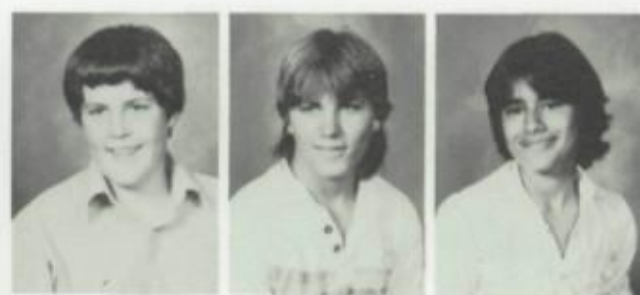
Dominic Dimaio Gina Dolan Nathan Drake Steve Drimmel Matthew Drogo Jada Dupuy Charles Dunkleberger Tiffany Duplanti Aimee Durm



Robert Dutra Casey Easley Lisa Eddins Camille Edwards Jennifer Ellison Perry Emerick Denise Englebright Thomas Espinoza Patrick Eyer



"Another day of getting ready for football practice," says Carlos.



Kelly Faias Patrick Fain Anthony Falcon



Heather Farrell Tami Fenn Dana Fennessy



Kimberly Ferrara Shawn Fillet Roger Flores



Lisa Fooks Patrick Fordham Peter Forte Mikele Fowler Leslie Fruin Judy Fuentes



Jamie Fugget Alan Fullarton Tyler Gaerin



Alison
Galewski



John Galjour



Christy Gall



Shawna
Galloway



Leonard
Gamble



Kathy Gardner



Michael
Gerber



Leah Geroche



Lissa Gonzales



Lisa West and Ray Oslie engaged in an in depth discussion that started with his toga.



Priscilla
Gonzales



Javier
Gonzalaz



James Graham



Tricia Gramse



Kristen Graves



Diana Greco



Scott Gregory



Shane Griffin



Daniel
Grubstad



Ken Guinup



Reese Gurney



Carlos
Gutierrez



Chris Hagan



Lisa Hale



Chris Hall



Eric Hall



Kellery
Hamelin



Raeann
Hamilton



Mary Hanna



Marci Harmon



Michael Harmon



Julie Harper



Cynthia Harris



Steven Harris



Brett Hart



Shaun Hartley



Johathan Hartman



Monique Hatch



Troy Hayden



John Healy



Robin Helton



Charles Hendrickson



Jaquel Herlihy



Bobby Hermosillo



Jon Hernandez



Manuel Hernandez



April Herrera



Danny Hertz



Kevin Hicks



Paula Hiczewski



David Hillberg



Lara Hilliker



Dale Hixson



Angie Hodges



Patrick Hogan



David Hogate



Sandra Hohn



Mike Hollinger



Jay Hollister



Stephen Hooper



Karla Hopper



The freshman class displays Mel's Drive-Inn for their homecoming float.



Jeff thinking hard on the quad during lunch.



Larry Houk Dianna Houlne James House



Michele Houseman Michael Howe Neil Howell



Chrysta Howie Melvin Hunnicutt Cheryl Huntley



Patti Hutchinson Kevin Huyser Jason Hyde



Kevin Jackson Sherrie Jackson Dan Jagers



Deborah James Heather James Todd Jardine



Kenny Jarvis Angie Jenkins Tammy Jennings



Kurt Wilkins expressing excitement.



Lisa Jensen Jeff Johansen Andrew Johns



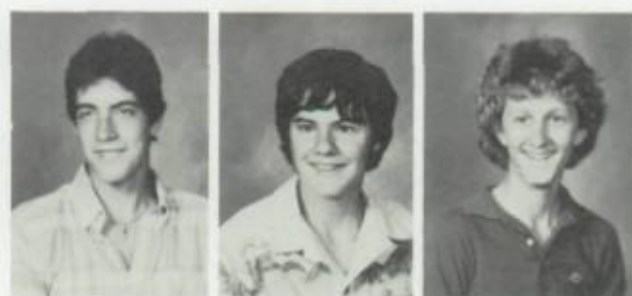
Dennis Johns Kim Johnson Scott Johnson



Brian Jones Janel Jones Kimberly Jones



Scott Kaczmarek Maile Kahananui Bruce Kassin



Scott Keith James Kemp Jon Kennedy



Jeff Kiley Diana King Geoff King



Tracie Kirk Patrick Kitts Tammy Kniffing



Mark Knott Kevin Krickhahn Lynda Kromer



Joe Ksiazek Karen Kuhner George Kumke



Pee Chee in hand, Mark Russel goes prepared to his math class.



Jeremy Kunkle



Jill Kwiatt



Jeff Kyne



Eric La
Chappa



Tawnya La
Chappa



James La
Bianca



Damian La
Ferriere



James Lamb



Deanne
Lambert



Brad Lane



Thom Lane



Clifford
Laplant



Kathleen
Laughead



Cathy Leach



Peter Leach



Charlene
Leatherman



Joan Lee



Alissa Leiker



Anissa Leiker



Michael
Lenahan



James Lenz



James Lester



Karen Lies



Stephan Link



Jodi Littlepage



Jana Lodahl



Heather Logan



Donavon Long



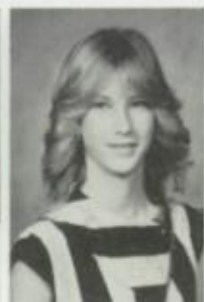
John Lopez



Shannon Lorr



Cesar Lotero



Michele Lowe



Mark Lucchesi



Esther
Luevano



Tracy Lynn



Michelle
Maganna



Allen Magarell



Rebecca
Mangold



Raynaldo
Mariano



Archie Marron



David Marrs



Tammy Marsh



Arron Martin



Chris Martin



Pamela Martin



Jason Martinez



Rachel
Martinez



Brian Mason



Ann Massey



Shanna
Mathison



Shannon
Maxwell



Rhonda Mayes



Heather Mc
Cawley



Leif Mc Clees



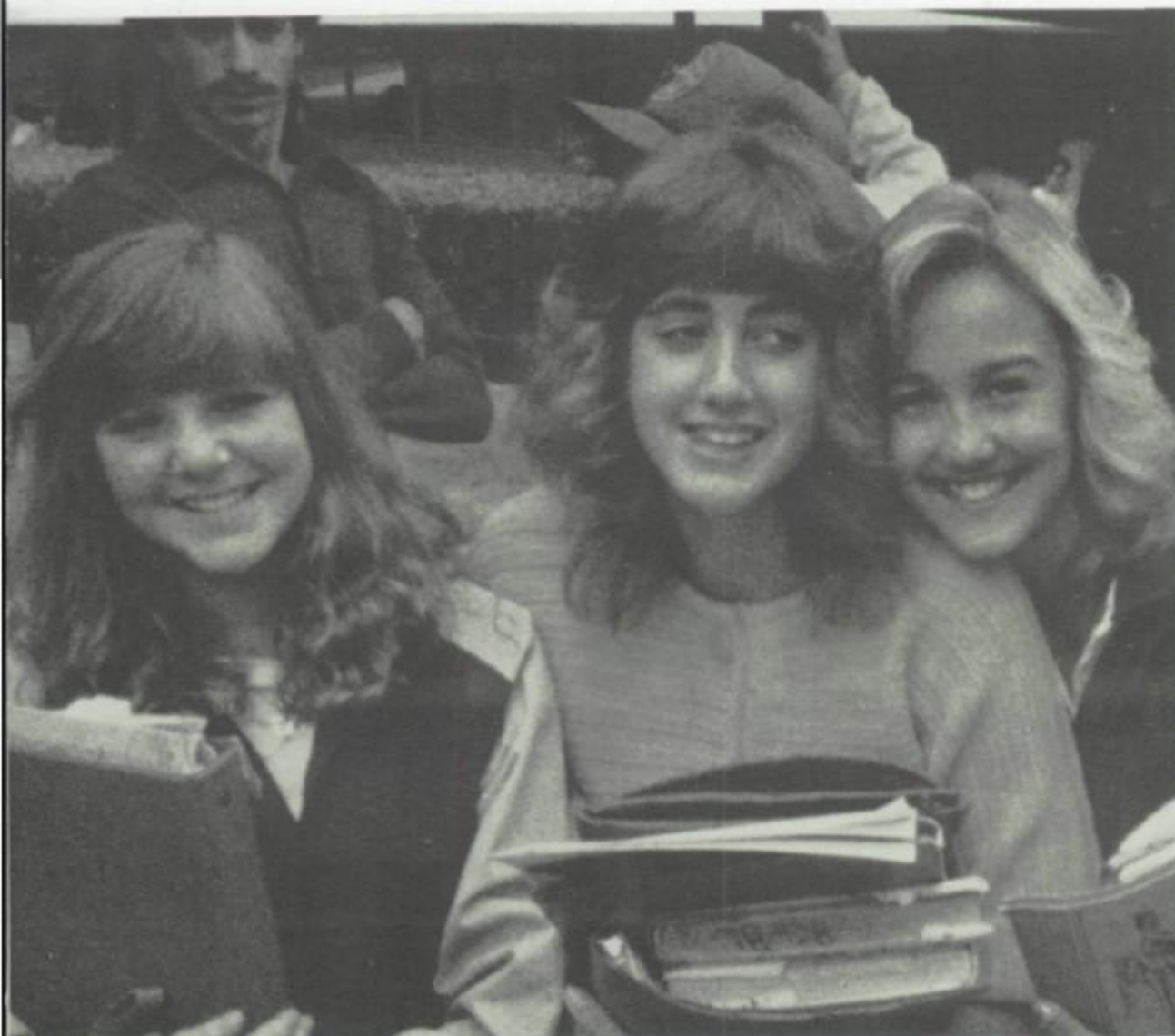
The Freshmen class show their pride on the number one float at Homecoming.



Barbara Mc Cullough Darren Mc Garvie Amy Mc Guire Kevin Mc Kay James Mc Kee Toby Mc Laughlin Steve Mc Namara Kurtis Meeder Annette Melchiori



Duane Mierop Scott Millspaugh Critti Mirella Veronica Mojarro Kimberly Morgan Sean Morgan Ted Morrison Dawn Morse John Morse



Shari, Tammi, and Madonna flash their smiles at guys passing by.



Todd Moyer James Muller John Muller



Kaden Mumford Denise Nash Daniel Neighbors



Gina Nelson Jeff Nelson Scott Newhan



Cuong Nguyen Shelly Nichols Katherine Niebauer Terrance Nolan Marcus Norin Brian Nunamaker



Heidi Nystrom Michael Ogilvie Jeremy Ojan



Rachel
Oppenheimer



John Ord



Michelle Orr



Cindy Ortega



Scott Orth



Todd Owens



Bryan Palmer



Amy
Paradowski



Daniel Paris



Jason Parker



John Parker



Richard
Parkhurst



Lori Parrish



Sherry Peek



Windy
Pemberton



Dane
Pennington



Valer Perez



Catherine
Perry



Stephen Perry



Patricia Peters



Donald
Petersen



Christine
Peterson



Dodie Peterson



Amy Pettersen



Krista Pfulb



Cherie
Piatkiewicz



Randy Pickton



Stacey Mc Conaughey and Debbie Work dressed for "Tourist Day."



Missy Pierce



Erik Pinkerton



Christine
Piontele



Michelle
Plymale



Deanna Porter



Shawn Potter



Robert Paratt



Michael
Presley



Joy Principe



Rocky Principe Valerie Propst Bruce Provost



Bret Pucci Nicole Puentes Lynnette Quick



Ed Quigley Cynthia Quintana Tammy Radlinger



Jami Rak Robert Ransweiler Brian Rapp



Justin Rasco Travis Ray John Reade



Theodore Reed Clinton Rees Stacy Reesor



Tracy Reesor Nicole Rehbein Dustin Rehn



Just taking a break.



Barbara Reidy Robert Reis Terri Relaford



Georgina Renaudo David Renison Penny Rhoades



Tony Richardson Daniel Ricketson Mike Rios



Lisa Rivera Eric Roberts Marc Robertson



Terri Robinson John Robison Michael Rogers



Tanya Romero Maria Rosas Ronald Rose



Diane Rouza Luke Rowland Mikelene Rupe



Amber Rutherford Shawn Salley Mark Sanchez



Rebecca
Sanchez



Lisa Sandecki



Marion
Sandoval



Charles
Sappington



Robert
Sarmiento



Erin Sawade



Students at the homecoming assembly show their appreciation for Larry Himmel on toga day.



Vince Scalise



Craig Scantlin



Troy Schmidt



Clifford
Schulenberg



Diane Scott



Robert
Scribner



Deena Shands



Darin Sharp



Lorrissa
Shenefield



Jeremy
Sherman



Rochelle
Sherman



Scott Sherrillo



Beth Cundari isn't sure if she should laugh or not at one of Mr. Kipetzky's jokes.



James Shields



Victoria Silva



Lara Silva



Glenn
Simmons



Scott Simmons



Michael Simon



Kathy Simpson



Charles
Singleton



Thomas
Skibinski



Justin Saldavic



Shannan Sloan



Brian Smith



Mark Smola

Jodi Snyder

Stacy Snyder

Greg Spielman

Toni Sprecco

Jason Stacy

Matt Stephans

William Stilson

Dennis Stone



Dan Solomon

Michael Solomon

Stacey Spencer

Pam Standring

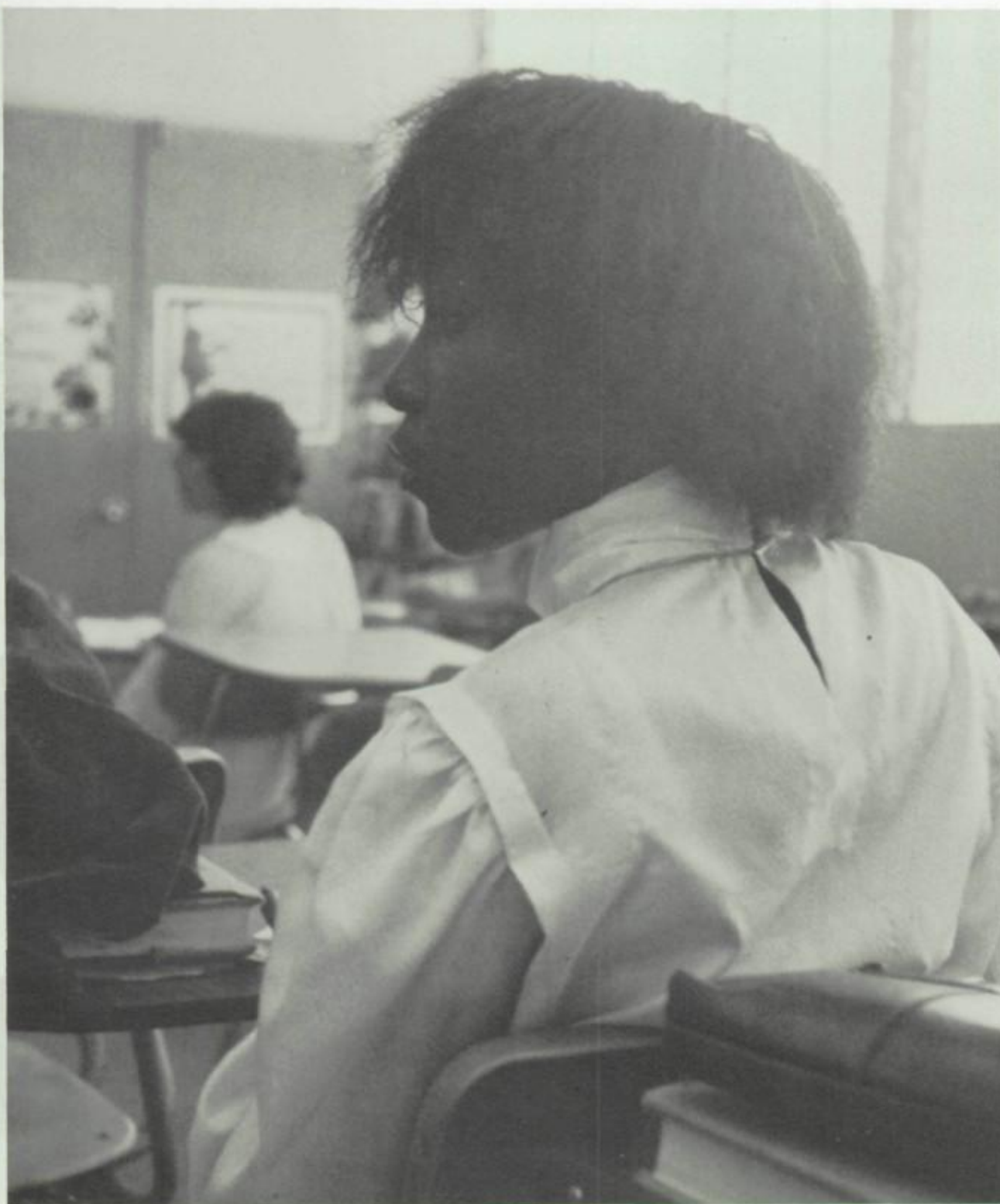
Carmen Stanley

Shannon Stanley

Norven Storrs

Danielle Stovall

Grant Strawmyer



Michelle Plymale demonstrates good listening in Mrs. Ellett's freshmen English class.



Ricky Strom

Kim Stults

Kim Sylvia



Mary Tallman

Amy Taylor

Nicole Taylor



Mark Tejero

Tiam Tellez

Tung Thai



Brenda Thomas

Na Thomas

Darby Thompson

Autograph





Richard
Thompson



Michael
Thorman



Henry Tietz



Brian Tindall



Dion Tippet



Chris
Tockstein



Heather
Torgerson



Valerie Towe



Glenn Troiano



Lisa
Tucciarone



Liza Tumang



James Turner



Shannon
Turner



Brian Tuttle



Michael Tween



Jen Tyrrell



Paul Uhrig



Dean Urquhart



Lisa Traver and Dori Eppstein dancing to their routine of "Hello Again".



Students look on at the first assembly of the year.



Robert
Urquhart



Susan Uzunov



Karen Van
Eseltine



Sol
Vanderveur



Tina Varden



Shannon
Vaughn



Rich, Paul and Ray competing in the toga race on the field.



Tracie Vega



Stacy Vetter

Thomas
Vockeroth

Robin Vogt



Jeff Voorhees



Matt Wagner

Jennifer
Walker

Shawn Wall



Jason Wallace

Robert
WallaceDonald
Walters

Anne Wasko

Richard
WatsonBrenda
WeaverKathleen
Weaver

Lora Weaver



Karen Webber

Tammy
Webster

Jennifer Weeks



Robert Weiser



Ted Welch



Traci Welch



Lori Wendt



Lisa West



Tammy Wettig



Lisa Wherley



Dawn White

FUNDRAISERS

By Laurie Erdman

It all Started September 4, 1984. The members of various campus clubs and organizations, of El Capitan High School, were warming up their vocal chords and practicing their sales pitches. All in hopes of selling the most T-shirts, stuffed animals, beef jerky or raffle tickets for their club. All kinds of gimmicks were used to increase club funds. Rock-a-thons, cook-books and slave auctions were just a few forms of money-making schemes this year. But no matter how "off the wall" the fundraiser, they all had one goal. That goal

was to insure a richer bank account. And that they did.

Fundraising is definately not new to the high school campus. You could almost call it a pastime. And the pastime got started early this year. Clubs and organizations such as the ASB, Senior Class and Cheer fought to get a week or two on the Master Calendar that hung in the front office. With this assured the clubs started "pounding the pavement" selling their prospective money-maker. "A high school campus can be the greatest place to raise money," said a former teacher of El Cap.



Scott White



Sean White

Gleen
Whitford

Anna Whitlock



Chad Whitlock

Thomas
WilkensDerrick
Wilkins



Cathy Perry went all out for her campaign.



Kurt Wilkins



David Williams



Shannon Williams



Teri Williams



Robert Williamson



Troy Wilson



Gail Windus



Arnold Wingler



Trisha Winningham



Carin Witt



Lara Wojdak



Daniel Wood



Tammy Woods



Randy Wooten



Heather
Worrel



John Wright



Nicole Wright



Ben Young



Robby Zimmer



Lauren
Zimmerman



Toni
Zimmerman



Joseph Hellam



Paula
Hildebrand



Kathleen
Leiczewski



Darren Mc
Knight

Too Late To Classify



Amy Brown



Mylee Combs



Kevin Dobson



Chrissy Nargas



Danny
Romano



Gary Romano



Shari Sanders



Vincent
Wimberly



Kim Scallorn: B.F.: Deb, Deb, and Squigs Most Mem: New faces, old places, T.P. runs, Marecharios and fun.

Hobbies: Drives through Euchy Hills, french fries, pizza, shaving cream, toilet paper, making friends, B-Ball games, Black and Gold.

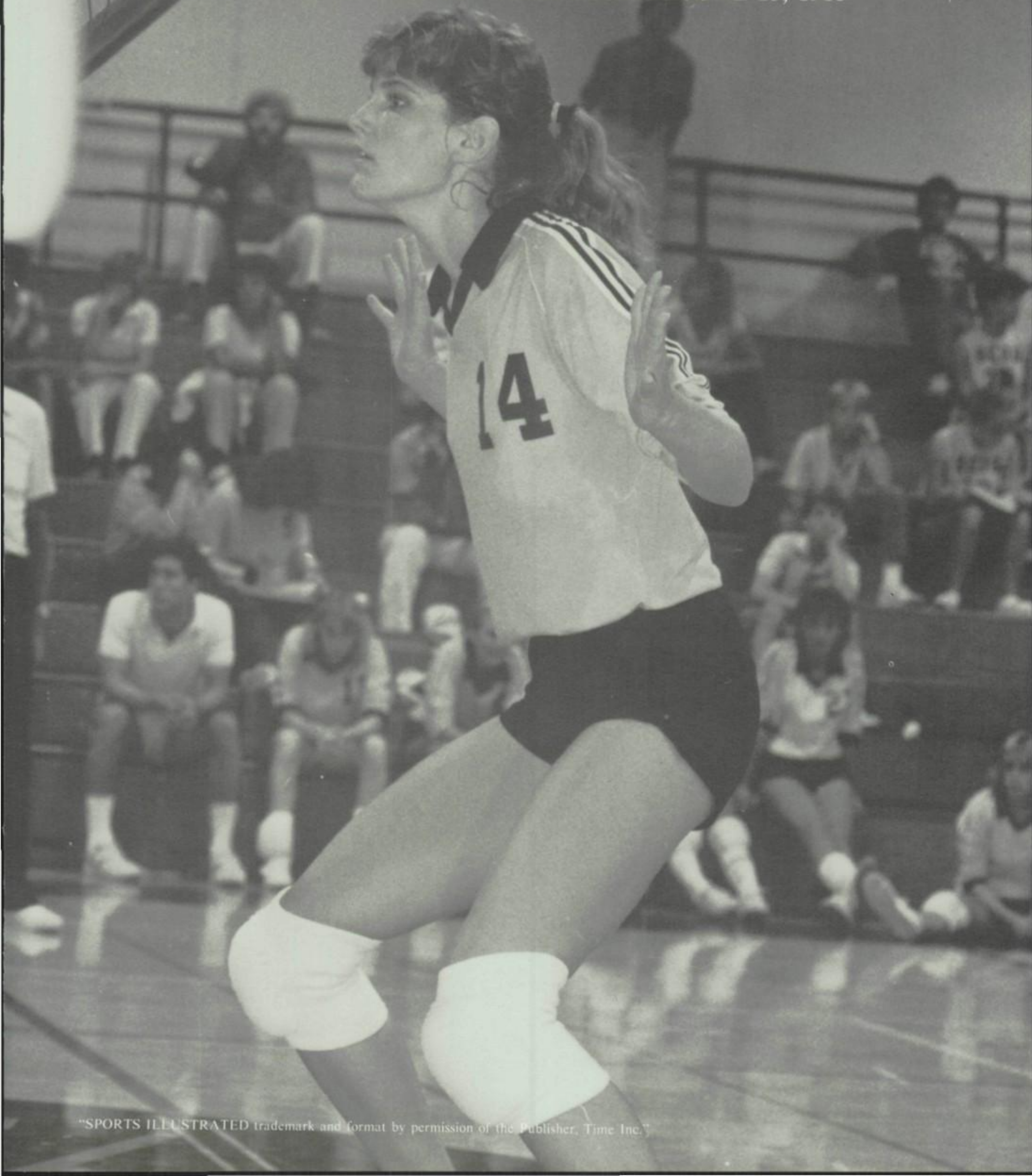
F. Plans: SDSU, crew, growth, independence, and many happy experiences.



Mark Fry grinding his weld in Agriculture Construction and Repair.

Sports Illustrated®

AT EL CAPITAN HIGH SCHOOL JUNE 13, 1985



"SPORTS ILLUSTRATED trademark and format by permission of the Publisher, Time Inc."

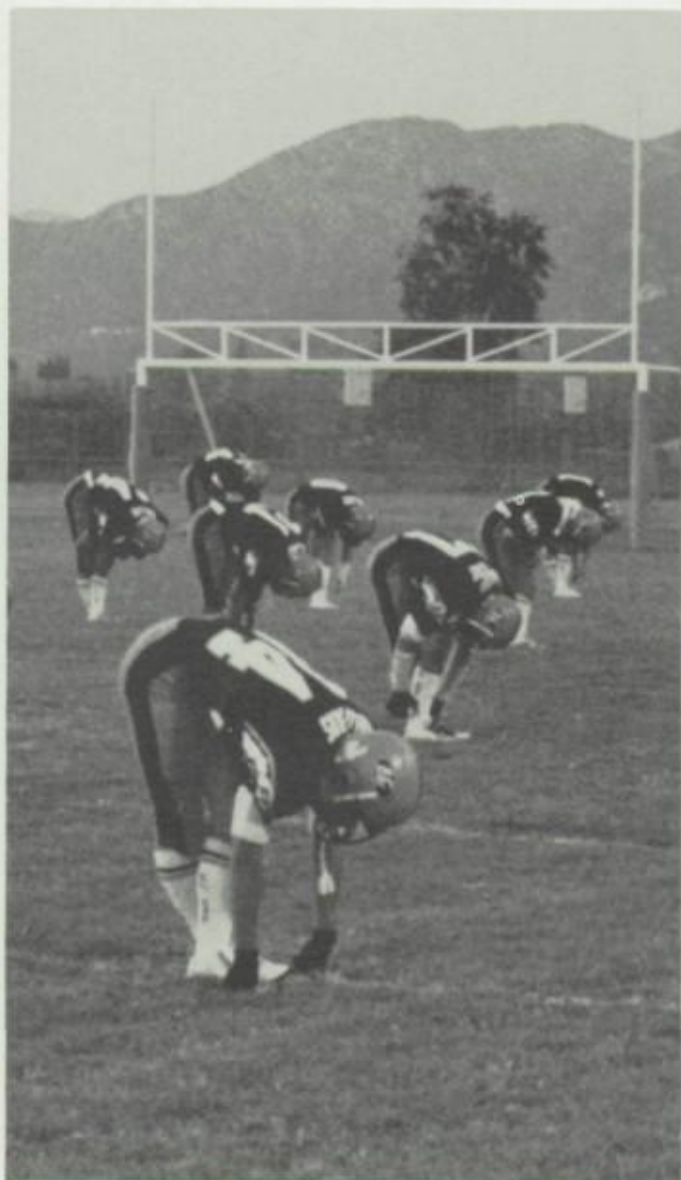
Reaching For Poise, Pride, And Promise.



Statistics can not evaluate a team's intensity, pride, and will to win. Never was this more evident than in the case of the 1984-85 Vaquero football team. Their strength led in its defense in which many starters returned. Linemen such as Troy Pinkerton and Brett Crockett were in continuous pursuit of the quarterback. Linebackers such as Chris Fain, Ken Brinegar, and Todd Torgerson played in excellent form despite injuries. Secondary starters such as Dave Nowlan and Tom Larimer batted down many passes and came up to make crushing hits. The offense was subject to a massive rebuilding process, but their inexperience was made up for in their pride. Three year lettermen, Brad and Mitch Burton, led the team in receiving and were a force to be reckoned with. Quarterback Scott Freeman had a fine year despite being hurt in the second to last game. Receivers such as Greg Bluffin and freshman, Carlos Gutierrez didn't see much action, but gave 100% with each reception. Running backs such as Joey Till and Rich Bowe were known for their great second efforts and ability to get to the open field. The line consisted of first year players such as Rob Robertson, and juniors Chris Dickerson and Jeff Sumner who did an excellent job picking up the blitz giving the quarterback time to throw. The Vaquero football team showed poise, pride, and promise for the future.

Front row — D. Wilson, J. Hunnull, D. Nowlan, T. Pitts, J. Till, K. Brinegar, J. Murphy, M. Hurst, J. Donahoo, C. Canfield. Row two — J. Hoss, T. Tilley, D. Waasted, D. Duke, J. Till, J. Rockhold, S. Vickery, R. Chavez, E. Legace, S. Flint, R. Rhoades. Row three — T. Crites, T. Cuevas, G. Bulffin, S. Freeman, A. Lynch, R. LaCoste, C. Fitzsimmons, D. Owens, D. Weaver, D. Valencia, S. Wilkey, M. Cabell, C. Fain. Row four — T. Durst, J. Brinegar, T. Pinkerton, M. Barlow, B. Crockett, G. Reese, K. Poindexter. Row five — T. Torgerson, J. Sumner, W. Pimentel, T. Larimer, R. Bowe, S. Nowlan. Row six — C. Dickerson, C. Atchinson, B. Burton, R. Robertson, M. Burton, B. Boggess, D. Krugh.

by Matt Barlow



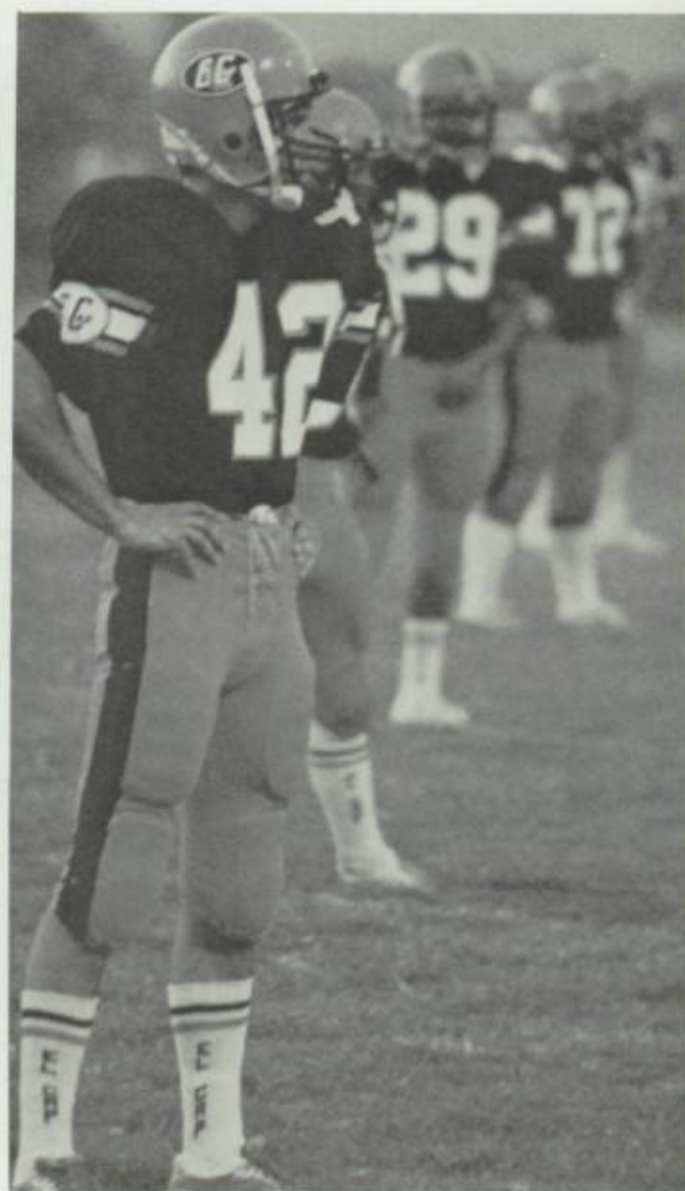
Team captains, Todd Torgerson and Scott Freeman.



Tom Larimer, Todd Torgerson, and Troy Pitts eagerly await playing.



Kurt Poindexter has his knee checked for possible injuries.



Tom Larimer taking charge.



Defense ready to attack.



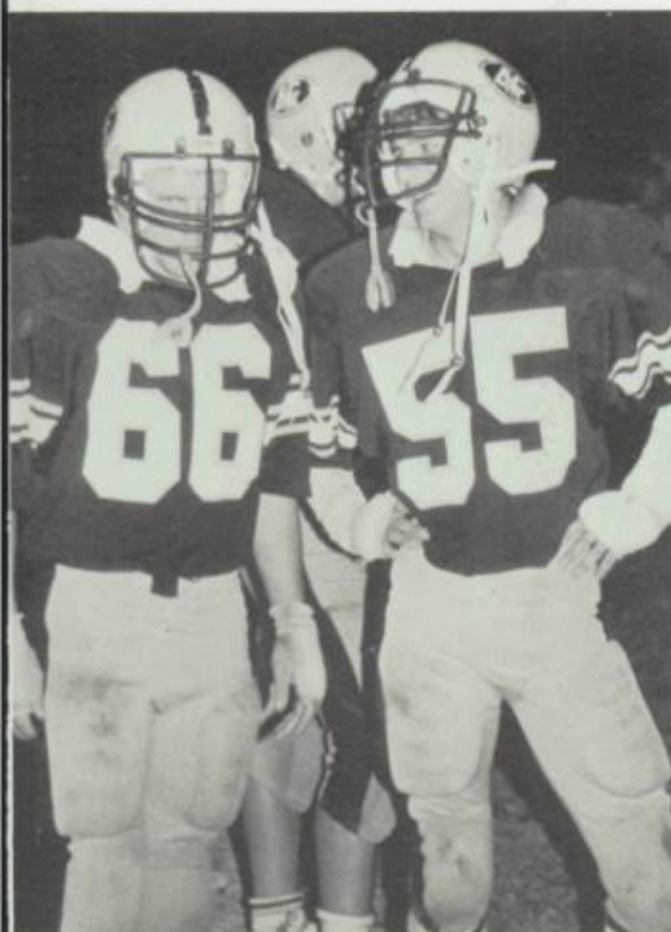
Mitch Burton displaying his expertise.



"Bird Dog", Dave Nowlan, going for extra points.



Jim (Frog) Donahue catches his breath on the sidelines.



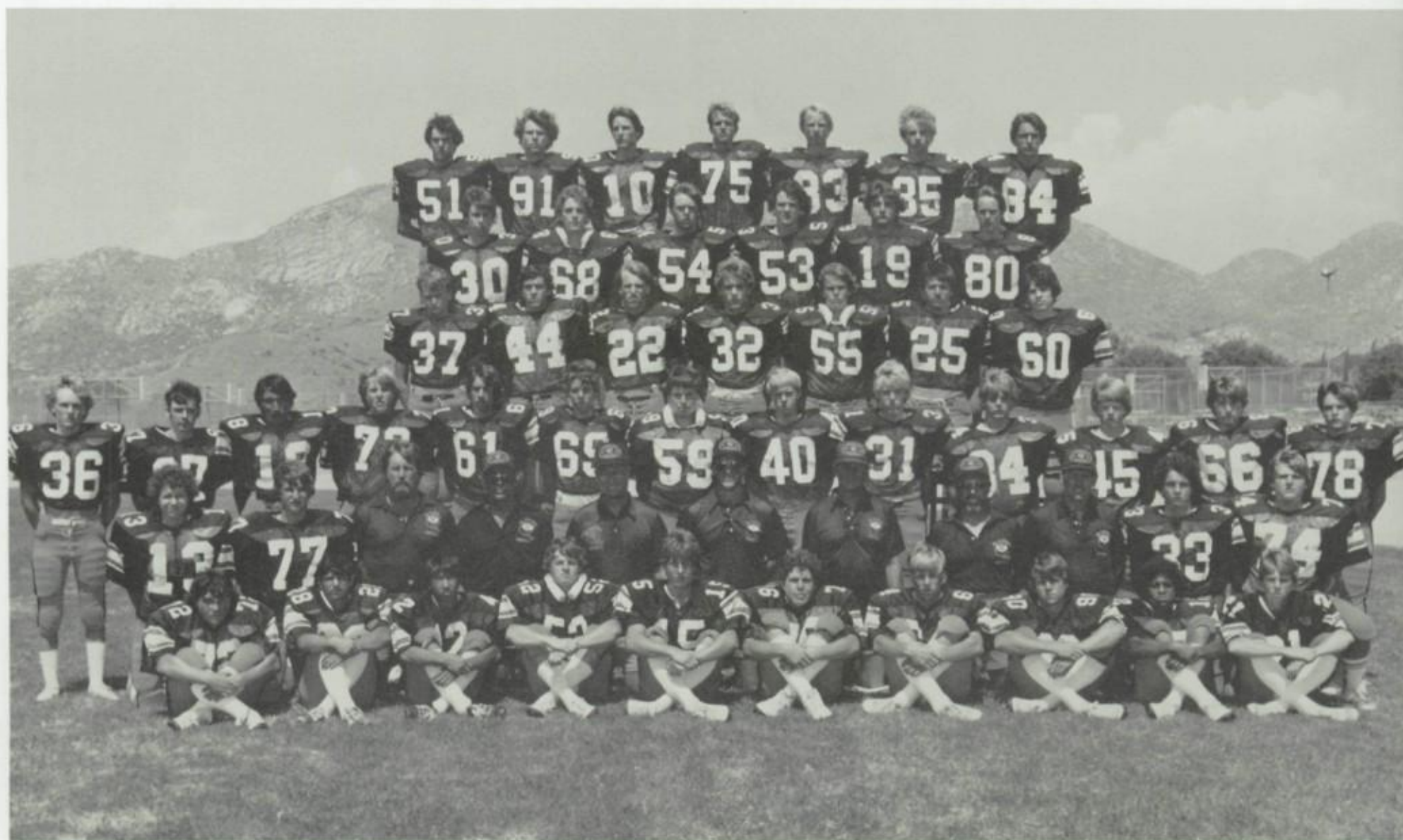
Willy and Billy discussing after game plans.



Linebackers waiting to chew up Mt. Miguel's offense.

J.V. Football Tackles

The 1984-1985 Grossmont League Championship



Front row: Robert Wallace, Ruben Tellez, Steve Kito, Robert Breedlove, Tyler Gaerin, Chris Barnes, Grant Clinger, Tim Reilly, Martin Ruzek, Troy Lynch
 row 2: Dave Zimmerman, Billy Reilly, coach Waasted, Coach Duke, Coach Till, Coach Vickery, Coach Rockhold, Coach Chavez, Coach Legace, Andrew Johns, Dave Tochthorp,
 row 3: Lance Walker, Bill McMillen, Raymond Guassac, Richard Tochthorp, Norven Storrs, Mike Ogilvie, Gary Lane, Kurt Wilkins, Noah Kingery, Corey Kruse, John Hirt, Steve Drimmel, Jeff Johansen
 row 4: Stan Bacinett, Troy Cox, Cliff Branch, John Lopez, Chris Christensen, Carlos Gutierrez, Brian Tuttle
 row 5: Brian Duffy, Matt Purcell, Robby Phares, Jim Baxter, Anthony Van Bostel, Mike Elkins
 row 6: Jack Ferris, Joe Ferris, Mike Thompson, Nathan Masters, Jason Berkshire, Cliff Rhodes, Jim Bradley
 Not pictured: David Krugh

El Capitan's 1984 Junior Varsity Football team won the Grossmont League Championship by defeating Grossmont 12-6 in their last game of the season. It was a year of team dedication, enthusiasm, and spirit. Through adversity and injuries our team proved that mental attitude is essential to succeed and in the end they finished the season with a 7-1-1 record. Since the purpose of the J.V. program is to build for the varsity team, we hope that all of the J.V. players will continue their enthusiasm and "can do" attitude with the varsity team next year and the years to come, in hopes of bringing another varsity championship to El Capitan.

Although all the players put out an outstanding effort this season, the most valuable players were Steve Kito, offense, and Alan Lynch, defense.



David Krugh throwing a long pass



Coach, can I go in?



John Hirt in deep concentration on the sideline.



Another Vince Lombardi lecture?

Varsity Water Polo Makes A Splash!

By Matt Barlow

First year coach, Paul Hedberg had a strange feeling about this season. The predicted standings at the beginning of the year placed El Cap Vacquero water polo team in last place, a usual finish for past teams. After the conclusion of the season, El Capitan surprised the league by compiling a 7-9 record and finishing in 5th place overall. The 7 league wins were the most ever recorded in El Capitan water polo history. The team was led by the Grossmont League co-coach of the year, Paul Hedberg. Coach Hedberg received this highly-coveted honor in only his first year of coaching. Troy Surratt, who scored a team high 52 goals, was selected to the All Grossmont League Second Team in only his junior year. Brett Barnett (35 goals) and goalkeeper Dave Berens (185 saves) received honorable mentions selections. Bill Crookshank, a first year senior player, greatly helped to inspire the team. Crookshank received the Coach's Award for his dedication and athletic ability. Other players such as senior Jon Isaacson (13 goals) and sophomore Bob Krueger (16 goals) showed superior ability and the desire to win.

The 1984-85 water polo team had all the qualities of a true winner — a definite change from the past.



Front row — Dave Myers, Troy Wilson, Kevin Krickhahn, Scott Hassen Middle row — Brad Bennett, Troy Surratt, Greg Rushing, Miles Gleaton, Rob Krueger Back row — Coach Hedberg, Bjarke Abel, Roy Shroyer, Jon Isaacson, Brett Barnett, Chris Krickhahn, Bill Crookshank Not pictured — Mike Velesko and Scott Edwards



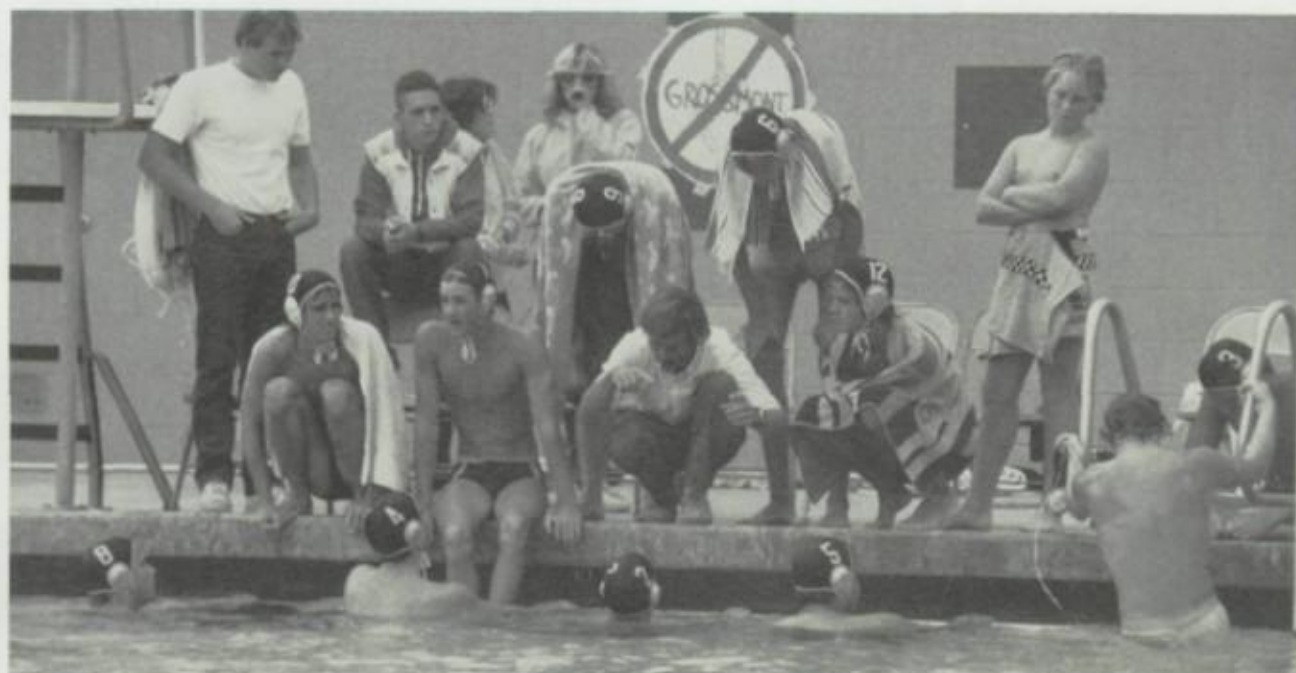
Paul Orlando ready to pass.



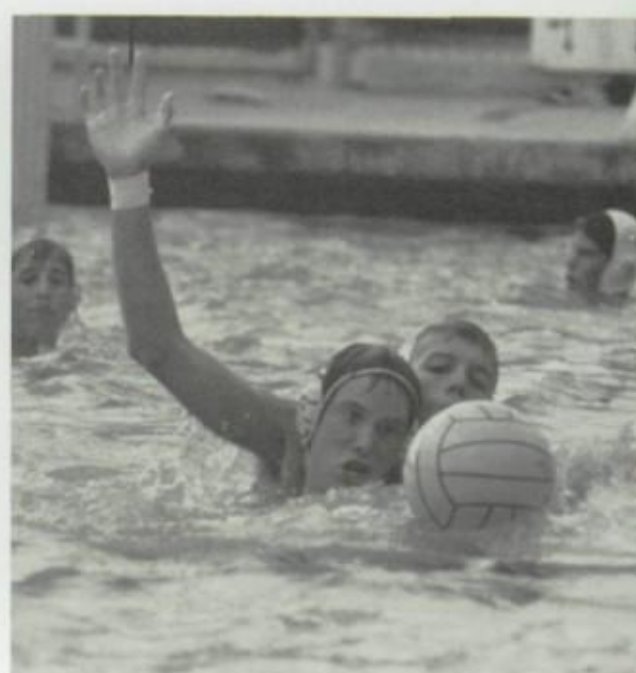
Coach Hedberg



Team Capitan Troy Surratt



Coach Hedberg giving his team some encouraging words.



Rob Krueger keeping the ball away from a defender.

Treading Above H₂O

How different is water polo? To the uninformed spectator, it seems more like a swim meet than a contact sport. Actually, water polo is an extremely demanding sport. It takes long periods of time to develop even the most basic skills. The 1984-85 junior varsity water polo team proved this during their "learning" season. The team was led by talented freshman, Troy Wilson. Troy received the freshman of the year award from Coach Hedberg to be honored for his excellent play and team leadership.

Despite a 2-14 season, the team won over El Cajon (19-2) and Santana (15-5) along with one point losses to Valhalla and El Cajon



L-R Scott Hanssen, Kevin Krickhahn, Scott Edwards, David Meyers, Troy Wilson, Jim Shields, Coach Hedberg



Assistant Coach Guy Magliato



Brett Barnett shooting for a goal.



Troy Surratt trying to prevent their opponent from scoring.



Real Men Don't Double-Fault

The 1985 season for the boy's tennis team was one with new goals and changes. Some of Coach Newton's goals were to bring the team's standing up and to send two singles players and one doubles team to CIF.

The starting line up for the varsity team, was a strong one with Geoff Adams, Bill Crookshank, Richard Balk, Glen Bauer, Karl Stanzick, Mike Alvarez, Stewart Morse, Mike Chelsea, and Carlos Matillo. The junior varsity consisted of Suraphan Phutayahon, Mike Hinson, Brian Bott, Mike McVicker, Dean Potter, and Mike Nichols.

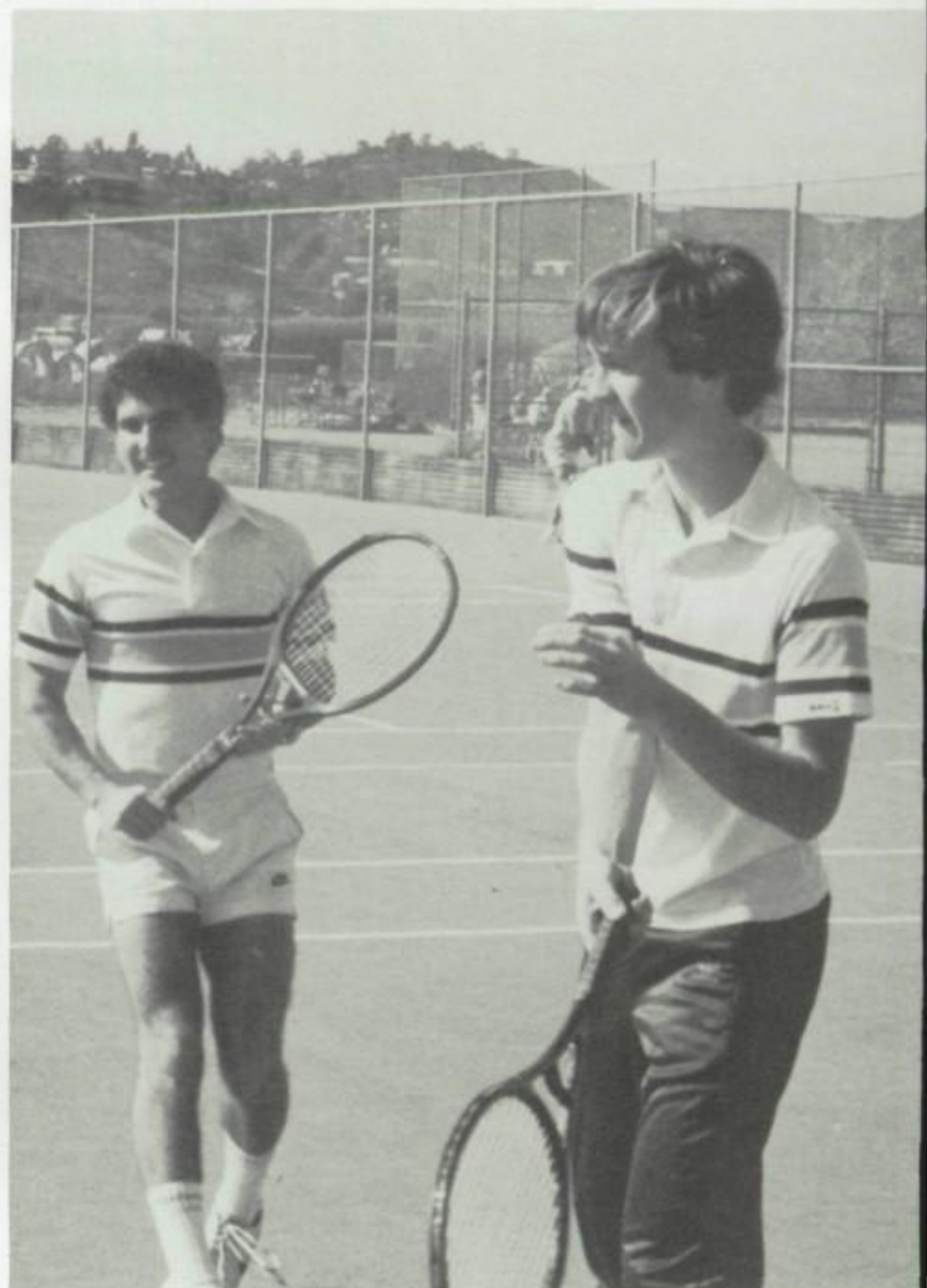
The assistant coach Ernie Mojaino helped the team along with George Copper who gave pointers to the doubles teams.



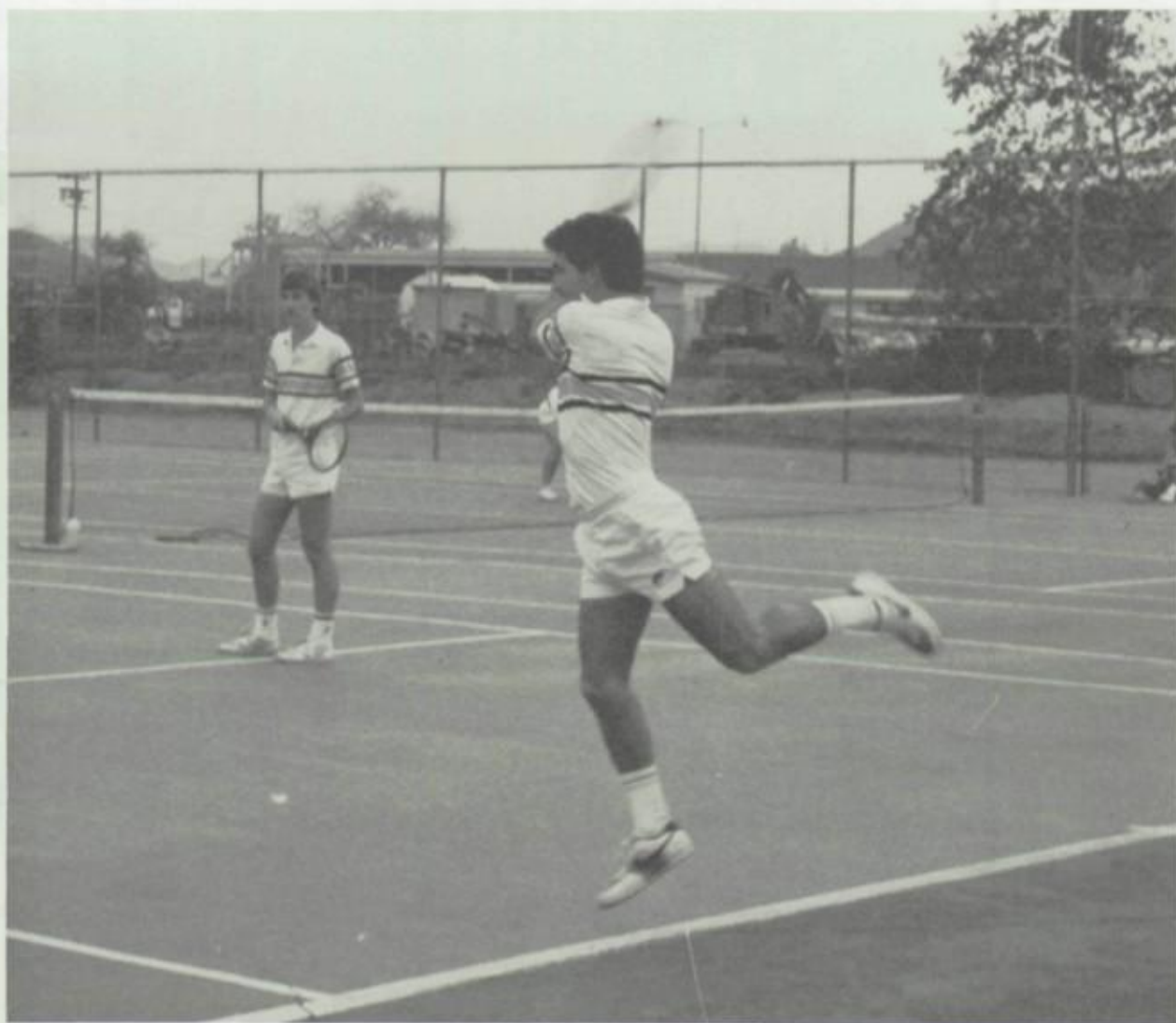
Back row Richard Balk, Carlos Matillo, Bill Crookshank, Geoff Adams, Karl Stanzick, Coach Newton
Front row, left to right: Miguel Alvarez, Suraphan Phutayahon, Mike Chelsea, and Stewart Morse.



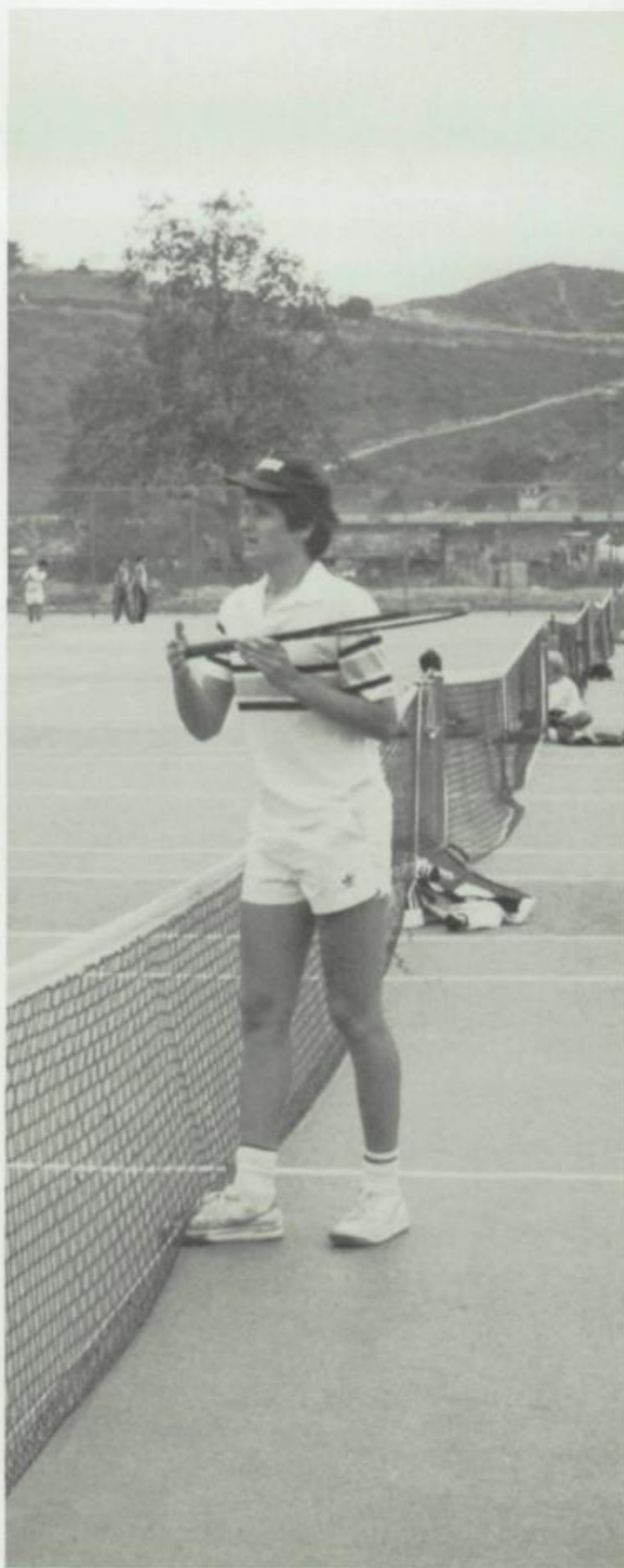
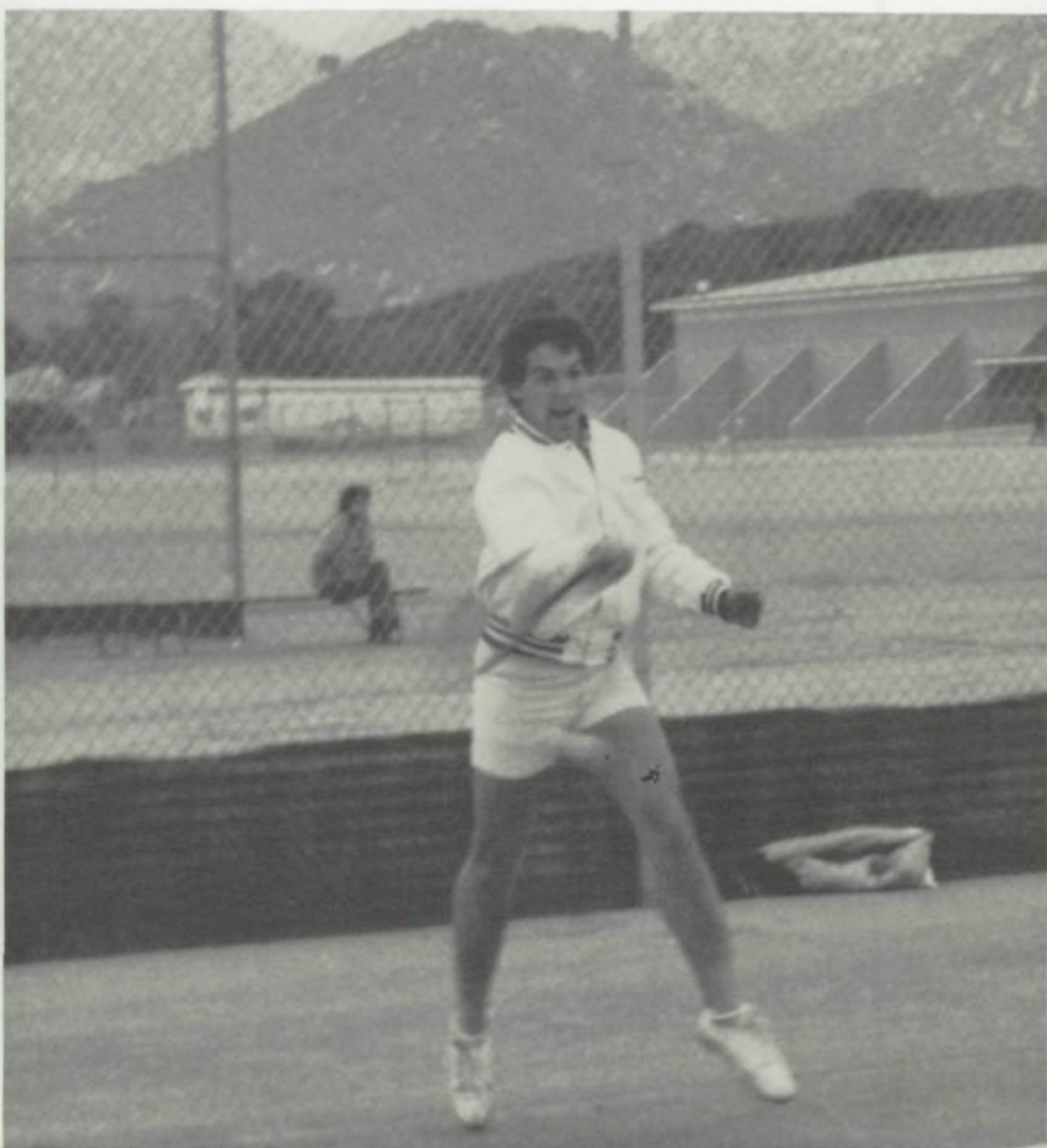
Bill goes for the ace.



Stewart Morse and Mike Chelsea discuss game plans.



Stewart Morse returns a serve with a powerful backhand while his partner Mike Chelsea looks on.



Spinning the racket is like flipping a coin, Geoff Adams spins for the serve.

Varsity On The Upswing

This year the tennis team started conditioning the last two weeks of summer vacation. New team coach, Maureen Newton started getting the players into shape by having them run, practice on their footwork, and working out with weights to develop their arm and leg muscles. The girls worked on specific drills that improved their forehand, backhand, lobs and net game. Coach Cooper taught the doubles teams game strategies.

The teams returning letterpersons were Shelly McVicker, Tami Petry, Nikki Reveles, Yvonne Phillips, and Shelly Crockett. Tami Petry and Shelly McVicker were this year's team captains. They organized the team's secret pal gift giving. This year, for the first

time, the team received secret pals that gave small treats at home matches.

The girls' tennis season competed with difficult opponents like Grossmont and Valhalla. The team, with its winning spirit had a 4-12 win-loss record. Every year all varsity players go to league finals, many of the girls did well, most won their first matches. Coach Newton is very excited about the coming year, she feels they will have an even better team if the girls practice on the off season.

This year's tennis banquet was held at Pancho Villas on November 20. The most valuable player was Shelly McVicker and the most improved players were Shelly Crockett and Debbie Brooks.



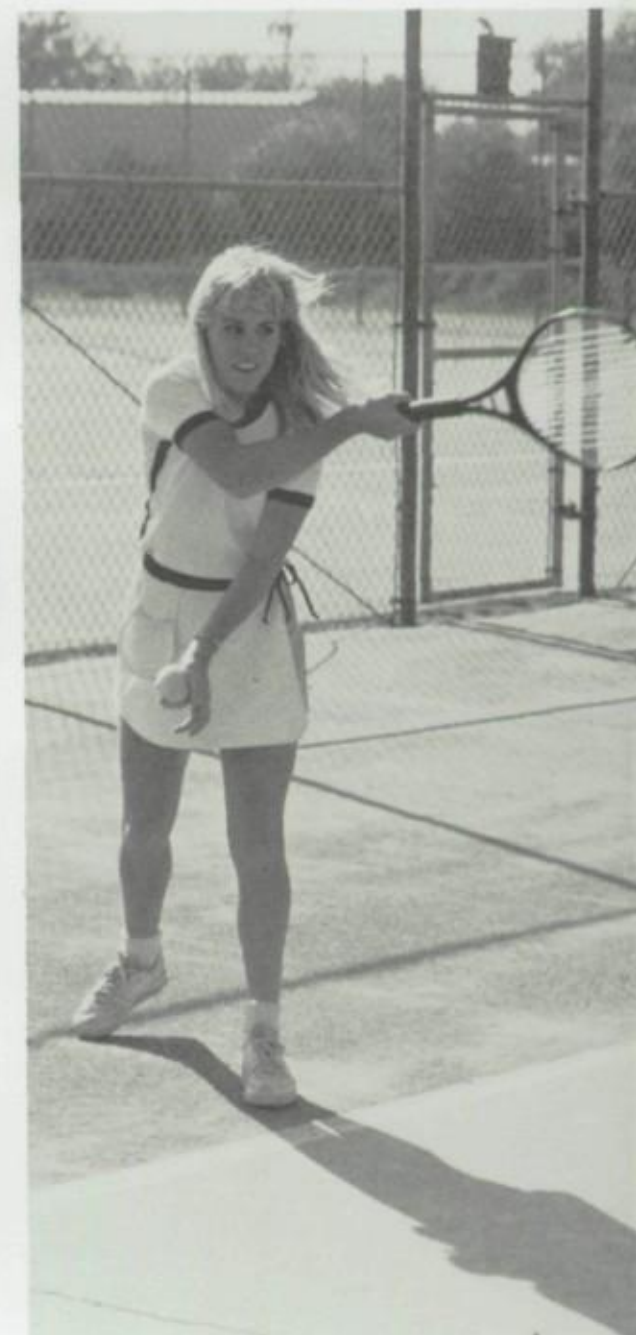
Shelly Crockett returns the ball with a powerful forehand.



Suzy Bass hits a smooth forehand.



Tami Petry sets up for a backhand smash.



Yvonne Phillips shows her grace and form.



Shelly McVicker displays the form which makes her one of El Caps top singles players.



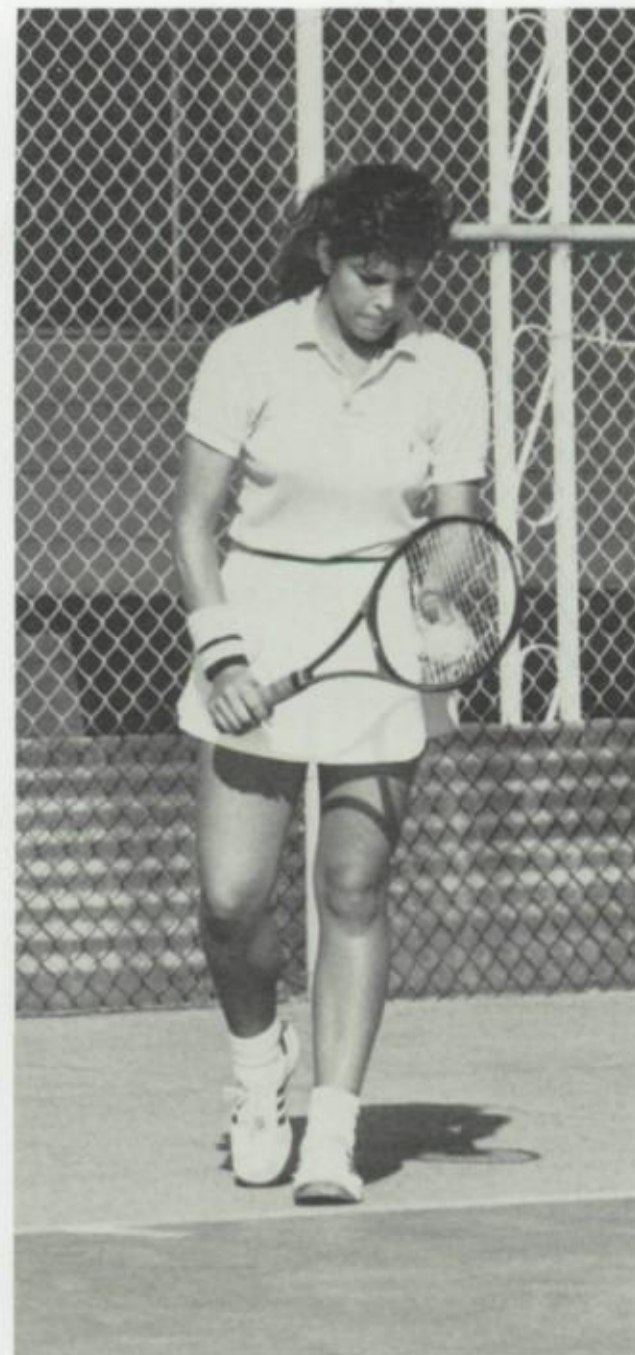
Yvonne Phillips and Jeri Bullington, El Caps number one doubles team.



Front row: Shelly McVicker, Tami Petry, Suzy Bass, Jennifer Howatt, Nancy Coleman, Nikki Reveles. Back Row: Yvonne Phillips, Jeri Bullington, Erica Rice, Coach Newton, Coach Cooper, Shelly Crockett, Debbie Brooks.



Jennifer Howatt puts forth all her effort in her forehand.

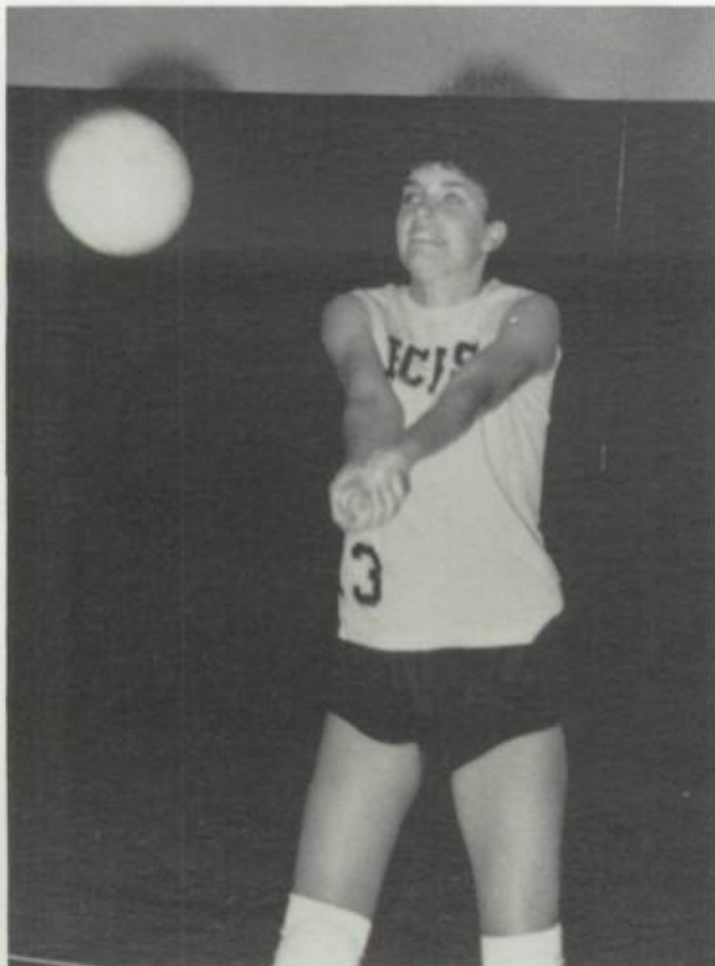


Nikki Reveles concentrates on perfection.

Volley To Victory



BACK — Julie Robbins, Melissa Klump, Marsha Koch, Monica Williams, Jennifer Owens, Becky Clark, Nicki Gerdes, Toni Sprecco, Tracy Zumstien, Linda Standring, Erika Robertson, Jen "Squid" Strong, Erika Peterson, Kelly Falter, Kathy Barber Front — Nicole Birkel, Pam Crawford, Sam Butler, Cris Frude, Dorothy Clinger



Pam Crawford ready to give it all she's got.

Because this is Southern California, we have all played Volleyball at one time or another. From this experience, we know it's not as easy as it looks. Most of the time the ball does not do what you intended it to do. To get the skills to place the ball takes intense practice and training.

Coach Yasuda put them through the works; he never let up on service, line, diving, setting, or spiking drills. The girls were well conditioned and ready for a competitive season.

Their record was 6-7 but that does not fully show the improvement over recent years. The girls this year really had the hustle and technique to go out and win even when faced with what could have been moral breaking accidents. Captain Lisa Standring was injured early in the season and out for the whole year. Nikki Gerdes took over as Captain and did a fine job leading the girls on to victory.

The year ended on a high note with a defeat of Grossmont in the final game.



Nicki Gerdes practicing spiking.

Prepared To Win



Back row: Shauna Haugum, Missy Bass, Shannon Maxwell. Middle row: Sherri Diaz, Coach Newton, Robin Stansbury. Front row: Veronica Mojarro, Roxanne McKechnie, Cheryl Clack, Kim Clarke. Not pictured: Coach Cooper, Casie Dennis, Maile Kahananui, Nicole Whitlock, Kristin Wilkins.

This year's J.V. team was greeted by a new coach with a positive attitude, Coach Maureen Newton. Coach Newton kept the team spirit going from the beginning pre-season to the final weeks in the fall. The team experienced a new fitness routine consisting of warm up stretches, running, and working out in the weight room. The girls also practiced line drills, which improved their quickness on the court, and ball drills, which helped strengthen and improve their skills of strategy. The positions on the team varied from match to match with challenge games being held every week to see who would be playing each position. By being so competitive within their squad many players were able to challenge and play with the varsity team. For the top singles position there was a battle between Veronica Majarro and Robin Stansbury. The top doubles was Kristin Wilkins and Casie Dennis.

Their banquet was held at Pancho Villas with most improved player award going to Shannon Maxwell and most valuable player to Robin Stansbury. The J.V. team did an outstanding job this year with an overall record of nine wins and seven losses. Coach Newton is especially looking forward to working with these girls next year.



Missy Bass sets up for a forehand smash.



Veronica Mojarro prepared to give a great return.



Shauna Haugum returns a short backhand.



Team mascot

Varsity Volleyball Spikes The 1984 Season



From left to right: Angie Bryant, Lisa Watkins, Dizharee Ralph, Amy Fishburn, Tiffany Perry, Jamie Rice, Natalie Smith, Kim Pauley, Karen Ransweiler, Laurie Dillavo, Tiffany Weston, Theresa Mergens.

This was a building year for the varsity volleyball team. With the help of the new coach, Troy Lemons, it was a year for becoming more experienced. His influence was apparent since three players made the Grossmont All League Team. Teresa Mergens, El Capitan's Most Valuable Player, made 2nd team, and Tiffany Perry and Tiffany Weston received honorable mention.

The Junior National Volleyball Club is made up of players throughout San Diego County. There are three different age groups: 17 and under, 15 and under, and 13 and under. Three El Capitan girls were asked to play for the club. Teresa Mergens played for the 17 and under while Tiffany Perry and Angie Bryant played for the 15 and under. On the 17 and under there were two teams which involved 28 people.



Melissa Rose spikes the ball through Monte Vista's tough defense.



Theresa tries to get the ball under control, while Natalie gets ready for an underhand pass.



Theresa Mergens goes for a kill!



Theresa Mergens exchanges Amy Fishburn's planned kill for an effective dink.



It takes a tough block from Santana to stop Angie's lefthanded hit.

Togetherness Is The Key

Watching the opening minutes of ABC's Wide World of Sports one would think the excitement of sports was limited to the outdoors. The 1984-85 girls' varsity basketball team proved this to be inaccurate. The team created a special excitement and when they played it was with vigor and strength.

Most impressive however, was the unity the team possessed. It seemed the team kept this unity whether they won or lost.

It was a diverse team with six new members and two returnees, Debbie Apton and Teresa Mergens. When described by one team member, the team was referred to as "young" and full of "inexperience". But from the stands, this was barely noticable as team captain Teresa Mergens became their top scorer, and Debbie Apton was scouted by such colleges as Grossmont and San Diego State University.



Coach Furrow giving the girls encouragement during a time out.



Janet Sturges, Coach Furrow, Kim Weiser, Teresa Mergens, Shelly McVicker, Pam Crawford, Debbie Apton, Coach Mary, Dizharee Ralph, and Kelley Walsh.



El Cap showing their strong defense against Valhalla.



Teresa getting the upper-hand.



Team Captain dominates for two points.

Shooting For The Top

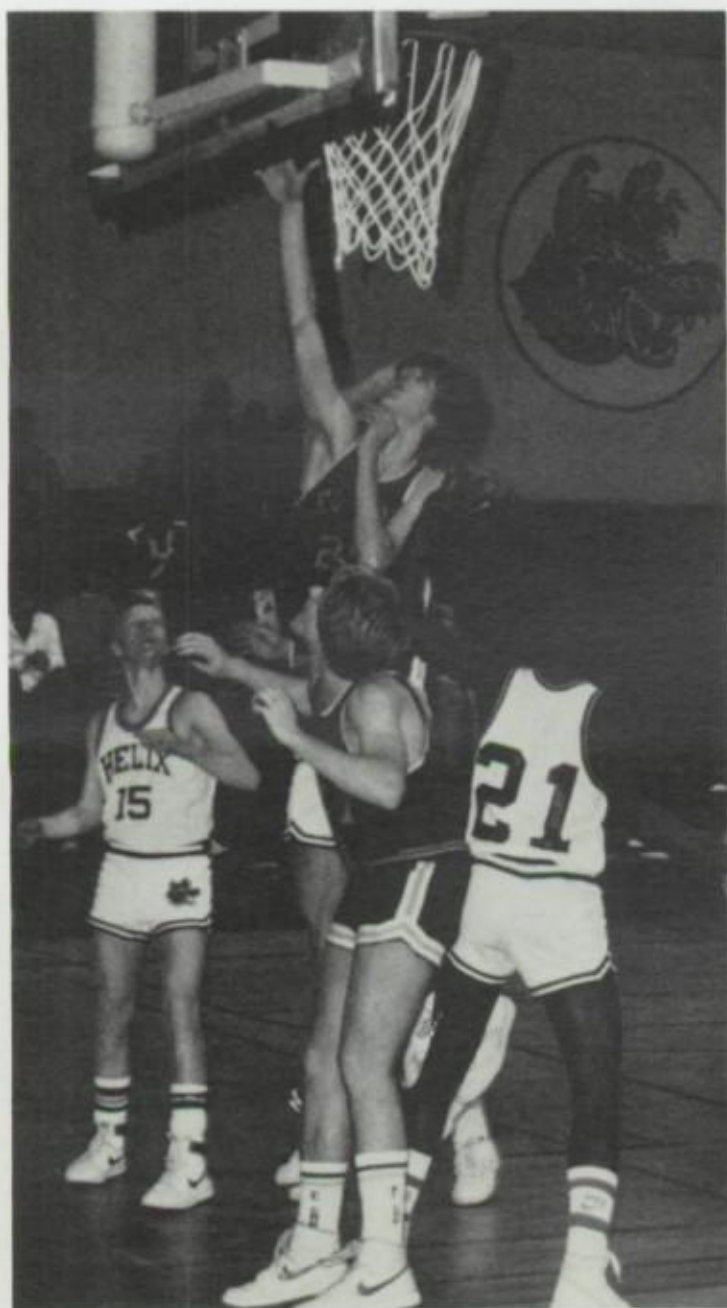
By Matt Barlow

Discipline, skill and experience drove the 1984-1985 Vaquero J.V. basketball squad to yet another successful season. Coach Bill Sullivan had 6 returnees to work with from last year's team. Their inside strength consisted of Greg Hauet and Mike Tapley. The outside shooting attack was led by Brooks Herald and Dave Krugh. In the backcourt, ballhandling chores were provided by Mike Chelsea, Tom Sobehrad, and Danny Curtis.

Their record in the first half of eight wins and four losses earned them second place in the Grossmont League. Two close losses, one in overtime, were the only things keeping the Vaqueros from the J.V. championship. The 1984-85 J.V. El Capitan basketball team's skill and pride developed with every game. The skills they have acquired and their knowledge of winning will be a great asset to the 1985-86 Varsity team next year.



Back row: Grant Clinger, Robert Cain, David Krugh, Mike Tapley, Greg Hauet, Brooks Herald, Tom Sobehrad, Coach Sullivan Front row: Jeff Murphy, Danny Curtis, Mike Chelsea, John Stroud, Phil Van Papenghan



Greg Hauet drives to the basket over Helix defenders.



Tom Sobehrad has no trouble flying over the highlanders.



Nathan Masters struggles for the rebound.

Take It To The Hoop



Back row: Linda Standring, Toni Sprecco, Dawn White, Kenda Scott, Tammy Jennings, Shelly Stevens, Angie Rel, Shannon Maxwell, Coach Sullivan. Front row: Chris Frude, Toni Zimmerman, Tina Storrs, Zenaida Aguire, Lorissa Shenefield, Theresa Darwell.



Zenaida Aguire's ambitions are high as she reaches for the ball.



Shannon Maxwell shoots the ball for two points over a Helix defender.

This year's j.v. Basketball worked very hard in practice on dribbling, passing and ball handling skills. Their dedication in practice gained each player new skills needed to prepare them for their varsity years. The team's leading scorers were Lorissa Shenefield, Linda Standring, and Theresa Darwell. Toni Zimmerman and Chris Frude took charge of the ballhandling duties. The top rebounders for the team were Kenda Scott, Linda Standring and Toni Sprecco. Although the team was young and inexperienced in high school basketball, they ended their season with great expectations for a fine 1985-86 season.

Rebounding For Success

The basketball games attracted many vociferous vaquero fans that were known throughout the district as being loud and competitive. "The crowd made our adrenaline high when we hit a slump in the game," said Brad Burton.

Success was the theme of this year's varsity boys' basketball team. The boys worked hard to prepare themselves for the second place title, winning all but two games. The practices were two hours long, full of drills, playing time, and positive coaching from Ross Furrow and Bob Hoss.

During the season, the team practiced six days a week to ready themselves for CIF Play-offs. The first game was set at Sweetwater High School where the players put their best plays into action. Coach Furrow called plays like the passing game and the U.C.L.A. highpost offense. Multiple defenses were used as a result of the opponents offense.

"The feeling of the over-all season was positive and full of anticipation," said point guard, Darin Curtis. "We weren't expected to win the C.I.F. game, coach just wanted us to play our best."

The team played good games and usually won them by a 20-30 point spread. The fact that the players worked so well together could be credited to their playing together for two or three years. Each player knew the level of skill of each of their teammates which enabled them to execute only the plays they knew best.

The 1984-85 basketball team can well be remembered for the participation of the crowds, the exciting games, and the composure held by the players shown by their winning record.



Points are scored for the Vaqueros as Brian Paradowski shoots for two in the Santana gym.



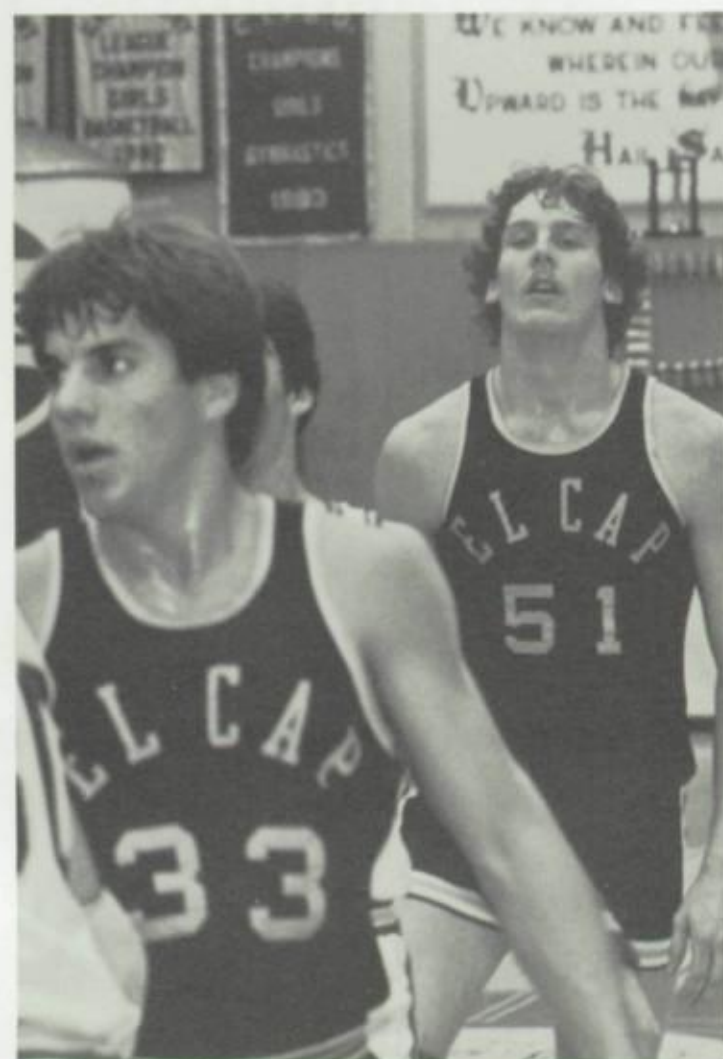
Alan Bocko makes scoring two points look easy as he scores against Mt. Miguel.



Back Row: Bob Hoss, Steve Nowlan, Darin Curtis, Carl Cato, Mitch Burton, Steve Burroughs, Brad Burton, Matt Schmidt, Geoff Adams, Ross Furrow.
Front Row: Aaron Johnson, Brian Paradowski, Alan Bocko.



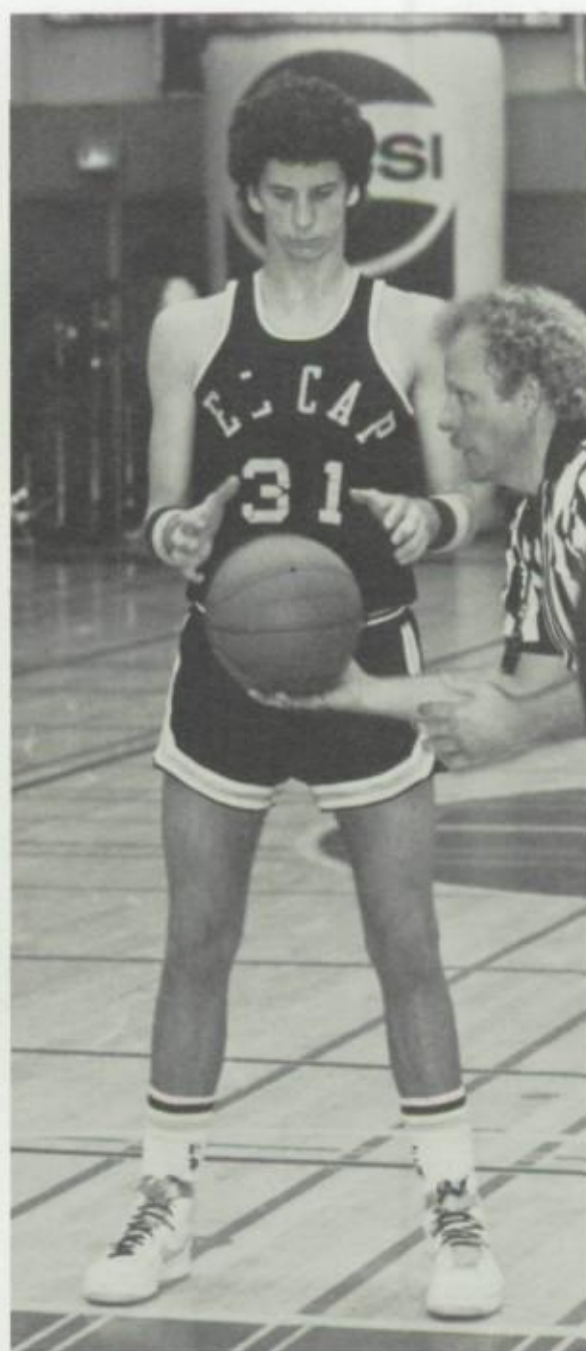
Coach Furrow tells the team, "I want intensity out there!," while the time out was called.



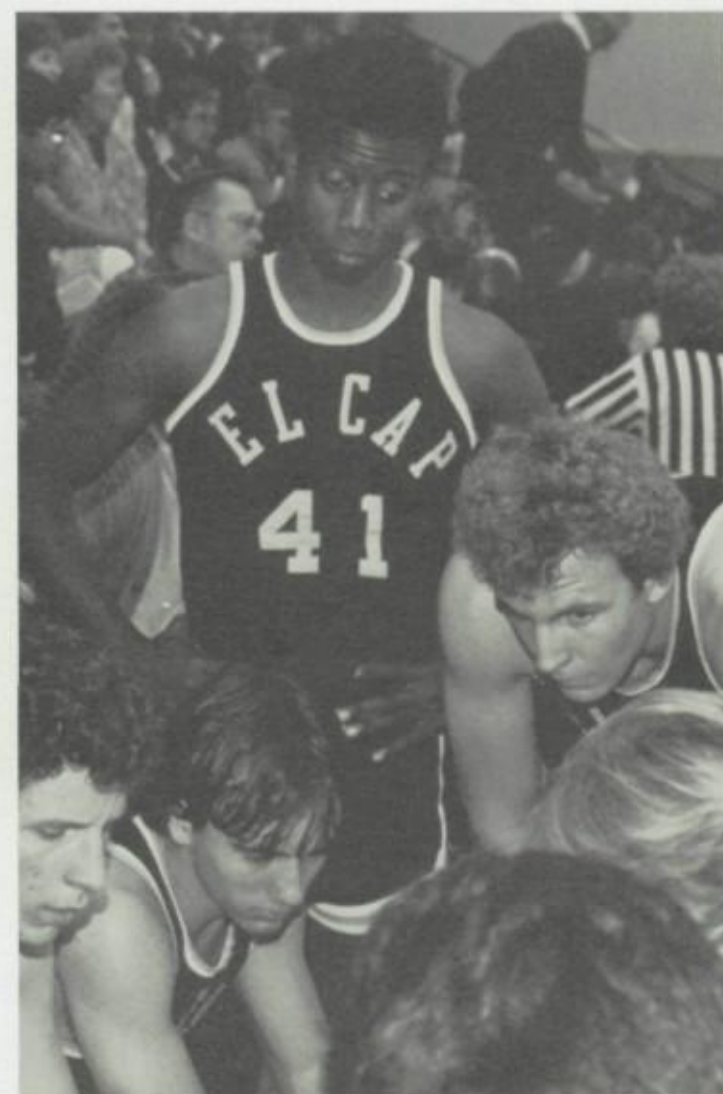
Darin Curtis and Matt Schmidt prepare themselves for the next play.



Brad Burton shoots for two as Matt Schmidt blocks out opposing players.



Steve Burroughs is a sure risk as he adds points for the Vaqueros at the freethrow line.



Carl Cato listens carefully while the team huddles to discuss future plays.

Push It To The Limit



Top row: Coach Wilkins, Jeff Rice, Darrell Baum, Jared Brooks, and Phil Aguilar. Bottom row: John Kemp, Don Gabriella, David Westerhout, and Devin Dietzen.

By Debby Corcoran

While most of us are still basking in the California sun, cruising to the beach with friends and plain old hanging out, El Capitan's Boys Cross Country team was busy training for the upcoming season.

Runners train six days a week, in the grueling August heat, jogging an average of 8-12 miles a day. In addition, the team does push ups, pull ups, and sit ups two to three days a week.

Staying physically fit was of the utmost importance, but, as Assistant Coach Wilkins stated, "depth was our real strength." This depth was achieved by the returning Varsity lettermen: Jeff Rice, Devin Deitzen, Phil Aguilar, and Jared Brooks. These four were, "the backbone of the team," stated Wilkins, "they kept the team together and stable." This cohesiveness also applied to the additional top runners: Don Gabriella, Darrell Baum, David Westerhout, and John Kemp.



Jeff Rice picks up speed rounding the bend.



Winning makes it all worth while.



Darrell always looking toward the finish.



The El Cap pack out in front.



Devin keeping his stride.

On Your Marks, Get Set, Go!!!



Tammy Kniffing, Coach Brooks, Danice Von Feldt

Cross country tested the mental and physical limits of the runners. Practicing long hours in all kinds of weather, the girls ran as far as Santee and El Cajon to prepare them for each league and invitational meet.

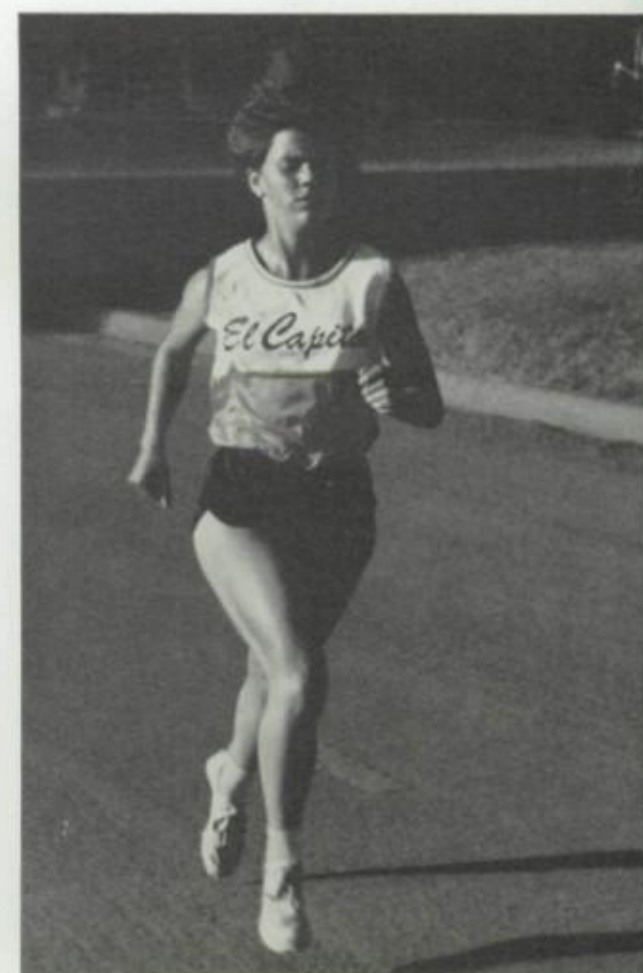
The team was small, consisting of two underclassmen. Returning lettermen Danice Von Feldt, all league first team, finishing ninth and first year lettermen Tammy Kniffing, all league first team, finishing second were the force that filled the positions of the 1984 cross country team. "These two were among the top runners of the district," said coach Joe Brooks.

Brooks also commented that during this season the girls were pushed and driven to achieve their own level of excellence. "They were the more aggressive runners of this league."

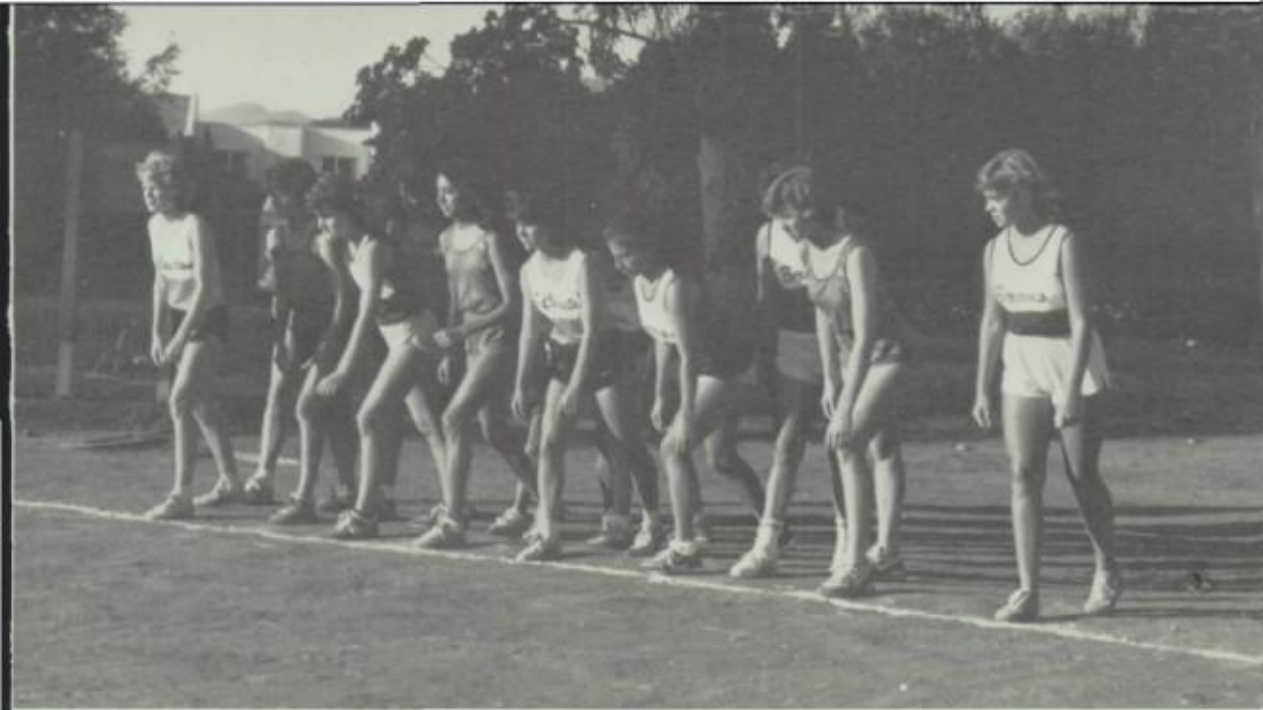
Unlike team competitors, runners rely solely on the power of their own will. They determine the scope of their own win or loss. The motto the girls chose was. "No pain, no gain."



Philip Aguilar and Darrel Baum show good placement at the beginning of the race.



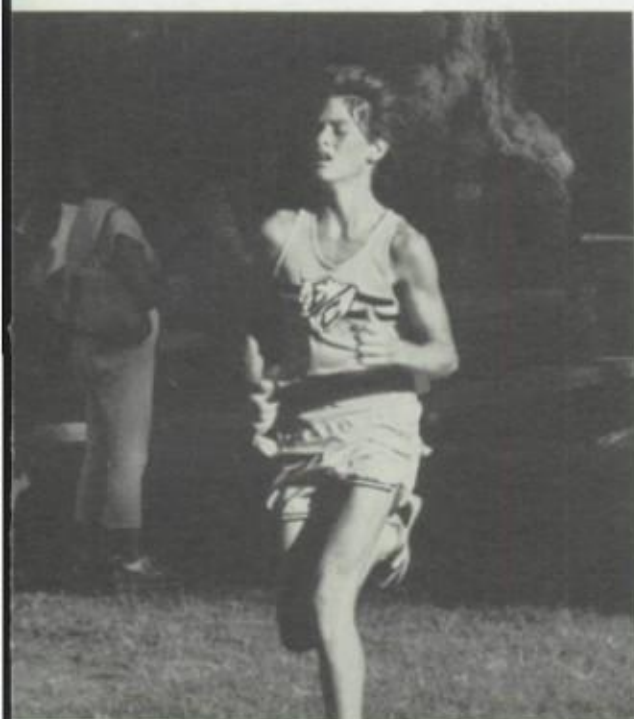
Tammy Kniffing shows her pride with every stride.



Danice and Tammy warming up before the race.



Danice Von Feldt pulling ahead at the start.



Sean Salltey pacing himself at Lindo Lake Park.



Cesar Aguilar giving it his all.



John Kemp ahead of his opponents.



Tammy Kniffing striving for the finish.

Stride Toward Your Highest Hurdle



Joy Principe finishes third in the hundred yard run at San Dieguito.



Jim Barton hands off to Kurt Wilkins on the way to the best time in freshman relay.



Cindy Noriega soars to new lengths in the lengths in the long jump.



Weight men Brian, Sebastian, Matt, John and Gary resting before their competition.



Chad Chapman and Jim Barton race for the finish line against Ramona and Army Navy.



Tina Storrs soars over the high jump bar.



Devon gives some encouragement to Davis before the relay race.

Track and Field at El Capitan has progressively gained popularity and prominence. Believing that "quantity breeds quality," the coaches were able to convince over 100 boys and girls to participate and compete on the team this year. This led to the well balanced teams at all levels, girls, boys varsity, and boys junior varsity. It gave the team more depth at each event. This concept has revealed the emergence of several outstanding athletes who were recognized in the count as well as the Grossmont League.

The solid nucleus of returning athletes with the "new" freshman and sophomore athletes solidified the girls' team. The entire "All Grossmont League" of Tammy Hiler, Renee Mueller, Jennifer Clinger, and Cindy Noriega returned. Jennifer and Cindy were also excellent in the high jump and long/triple jump respectively.

The boys' varsity team featured Brian Boggess in both the shot put and discus, Devon Winthrop in the 440 yard dash and relays, Mike Tapley in the jumps, seniors Brian Paradowski, Mitch Burton, Alan Bocko, and Trevor Warren in the relays, hurdles, and jumps. Davis Robbins led the boys team as captain and the solid crew of distance runners were led by Devon Dietzen and Don Gabriella. This group challenged the Grossmont League Championships.

The varsity team consisted of: P. Aguilar, A. Bocko, B. Boggess, J. Brooks, P. Brooks, M. Burton, D. Curtis, D. Dietzen, J. Duke, D. Gabriella, T. Gaerin, G. Hauet, J. Kemp, S. Kindreich, J. Leinen, B. Paradowski, M. Purcell, J.D. Reyes, R. Rhoades, J. Rice, D. Robbins, M. Tapley, J. Till, A. Tolley, T. Warren, D. Westerhout, D. Winthrop. The j.v. team was made up of: G. Abrahams, C. Aguilar, D. Barrett, J. Barton, J. Baxter, C. Chapman, J. Creed, D. Curtis, R. Fitzsimmons, T. Gaerin, R. Guassac, S. Harris, D. Hillberg, M. Hollinger, T. Huntington, G. Jiminez, S. Johnson, S. Keith, S. Kito, M. Lenahan, H. Manette, S. McNamara, J. Oyler, J. Payne, M. Principe, C. Reeder, H. Ring, M. Russell, S. Salley, C. Scantlin, J. Shields, G. Spielman, M. Thompson, D. Valdez, L. Weiser, K. Wilkins.

The girls consisted of: Z. Aguirre, M. Bevers, A. Bradley, D. Bradley, S. Butler, E. Cleland, J. Clinger, N. Coleman, M. Delgadillo, L. Hawkins, R. Herzig, T. Hiler, T. Kniffing, S. Maxwell, T. Mergens, K. Morgan, R. Mueller, C. Noriega, J. Principe, L. Rivera, L. Shenefield, V. Silva, L. Standring, L. Tumang, D. VonFeldt, J. Walker.

Our junior varsity consisted of an excellent group of freshman and sophomores. They showed continued improvement in each meet and a promising future for El Capitan track and field. Some of these people included Chad Chapman, Jim Barton, and Scott Keith in the sprints; Ray Guassac and Kurt Wilkins in the hurdles and relays; Justin Baxter and David Hillberg in the weights; Tyler Gaerin and Craig Scantlin in the pole vault; Greg Spielman in the middle distances; Ceasar Aguilar and David Westerhout in the distances and Danny Curtis are Mike Hollinger in the jumps.



Davis Robbins running the 330 yard intermediate hurdles.



Rachel Herzig and Teresa Mergens running the 100 meter low hurdles.



John Kemp and Jared Brooks running the 880 yard race.



Phil Aguilar, El Capitan's leading runner in the 1 mile race.



Tina Storrs giving it her all in the high jump.



Mitch Burton leaping for victory in the 300 yard intermediate hurdles.



Denise Von Felt showing her school pride as she participates in the 880.



Linda Standing showing her strength in the shot put.

Boys Soccer Ties Up The Season

By Kristine Stanzick

This season the boy's soccer team was faced with many tough opponents. In their first game they took a substantial loss with a shut out to Granite Hills but in the annual Christmas Tournament they showed considerable improvement by allowing them two goals for the win. The rest of the tournament also went well with one win; one loss; two ties that went into overtime, a sudden death, and a shootout against Monte Vista.

With the loss of graduates Toby Gaerin, Matt Eyer, Jim Vogt, John Strelic, Jeff Haymen, the team dedicated this year to developing and refining skills. Many passing and dribbling drills improved the skills of the freshmen and sophomores on the team.

"Although we didn't have a winning season, we had fun and that's something to look back on," added junior goalkeeper Bill Kitts.



Stan and Gilbert congratulate David on a job well done.



Brian gives the referee a few pointers.



Robert uses his quick moves to get around the opposing players.



Toby and Ron on a fast break to score a goal.



Top row, left to right: Coach Dickerson, Jeff Hamen, Toby Gaerin, Ron Jackson, Wally Pimentel, Jim Vogt, Dane Penington, Bill Kitts. Middle row: Mike Branski, Joe Martin, Kurt Wilkins, Cuong Nguyen, Patrick Garcia, Toby Mc Laughlin, Danny Romano. Front row: Craig Scantlin, Don Graham, Robert Ransweiler, Gilbert Jimenez, Darren Mc Garvie, David Chareonsuphiphat.



Kurt dribbles toward an open goal.



Toby and David using their tough defensive skills.

Girls Swim And Dive Takes The Plunge

The girls swim and dive team is the largest it has been in many years, with 45 members. The team approached the season with a very optimistic outlook. The all-around swimmer to look for was Kathryn King with her record setting times. Michelle Sanders backstroked her way towards many victories. Megan Skinner contributed additional points to the team with her outstanding diving. Although these were just a few of the recognized swimmers or divers, each person was aware of her vital contribution to the team.

The girls practiced five days a week for approximately two hours a day. The majority of the workout was spent in the water practicing various strokes, techniques, and after warm-up, they swam on the average of 100-150 laps a day. The remainder of the day was spent in the weight room or on an aerobic program.

The season consisted of twelve meets. Nine which were league meets and the other were non-league meets and practice events.



Back row: Deanna Boswell, Mary Carlson, Robin Stansbury, Roxanne McKenzie, Susan Ashburn, Carrie Pangborn, Stephanie Hiatt.

4th row: Becky Astley, Shannon Lorr, Carol Dakin, Denise Williams, Shannon Williams, Penny Phodes.

3rd row: Mary Hanna, Kim Clark, Kay Raymond, Jennifer Lenkowec, Gina Schiovani, Leslie Fruin, Karen Kuhner, Jenny Klee, Meg Skinner, Lisa Pfohl, Cindy Wortz.

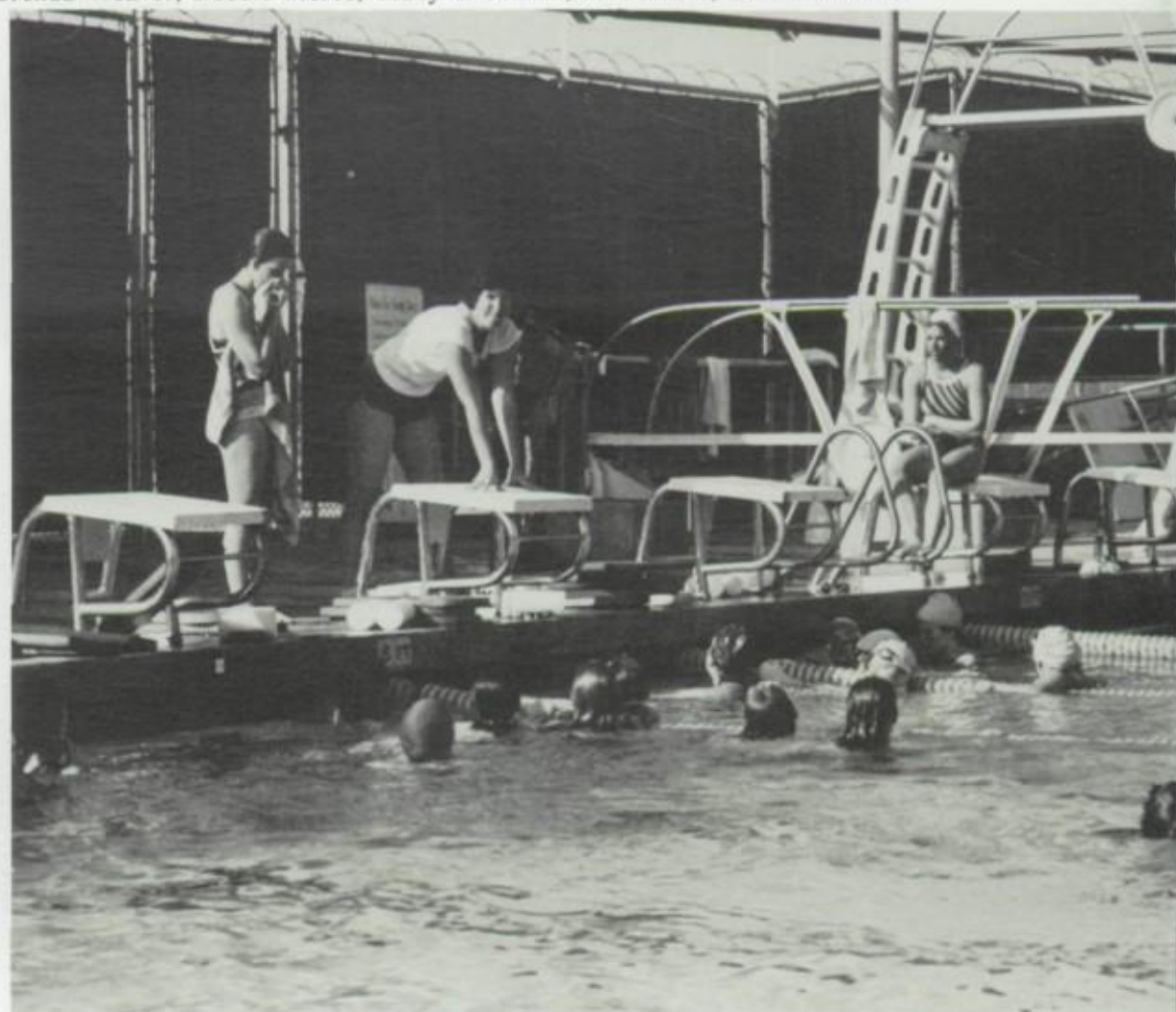
2nd row: Maile Kahananui, Anna Raymond, Geri Smith.

Front row: Michelle Hughes, Kathryn King, Rachel Brawdy, Kelly Kaiser, Cheryl Clark, Deanna Weber, Michelle Sanders, Jamie Birkel, Kristie Wikoren, Michelle Carlson.

Not pictured: Brenda Weaver, Debbie Pierce, Tracy O'Conner, Lisa Fooks, Donna Steward.



Denise, Shannon, and Donna waiting for their scores.



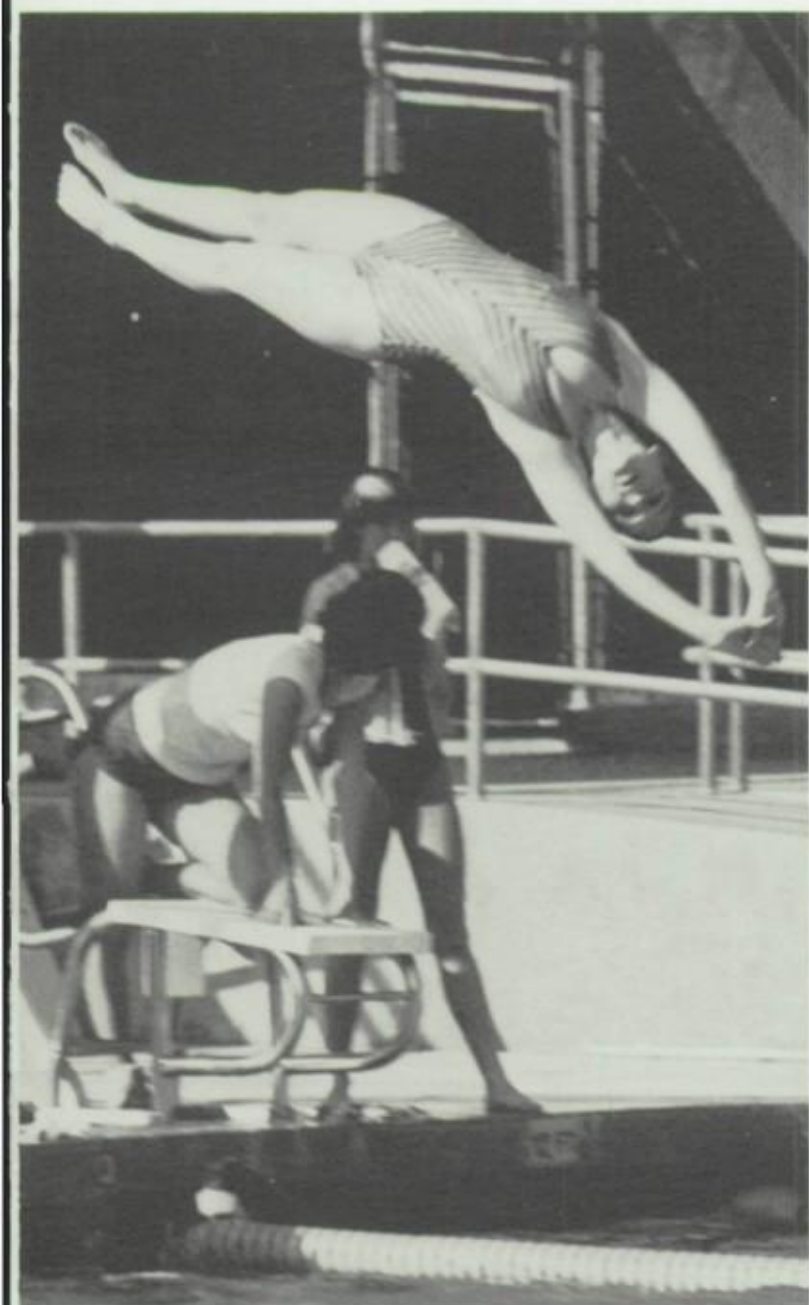
Coach McDonald giving pointers during practice.



Divers L to R: Leslie Fruin, Karen Kuhner, Cindy Wortz, Meg Skinner, Lisa Pfohl. Not Pictured: Kris Denton.



Kathryn King practicing the breast stroke.



Leslie Fruin perfecting her back dive.



The team beginning the Medley Relay with the backstroke.



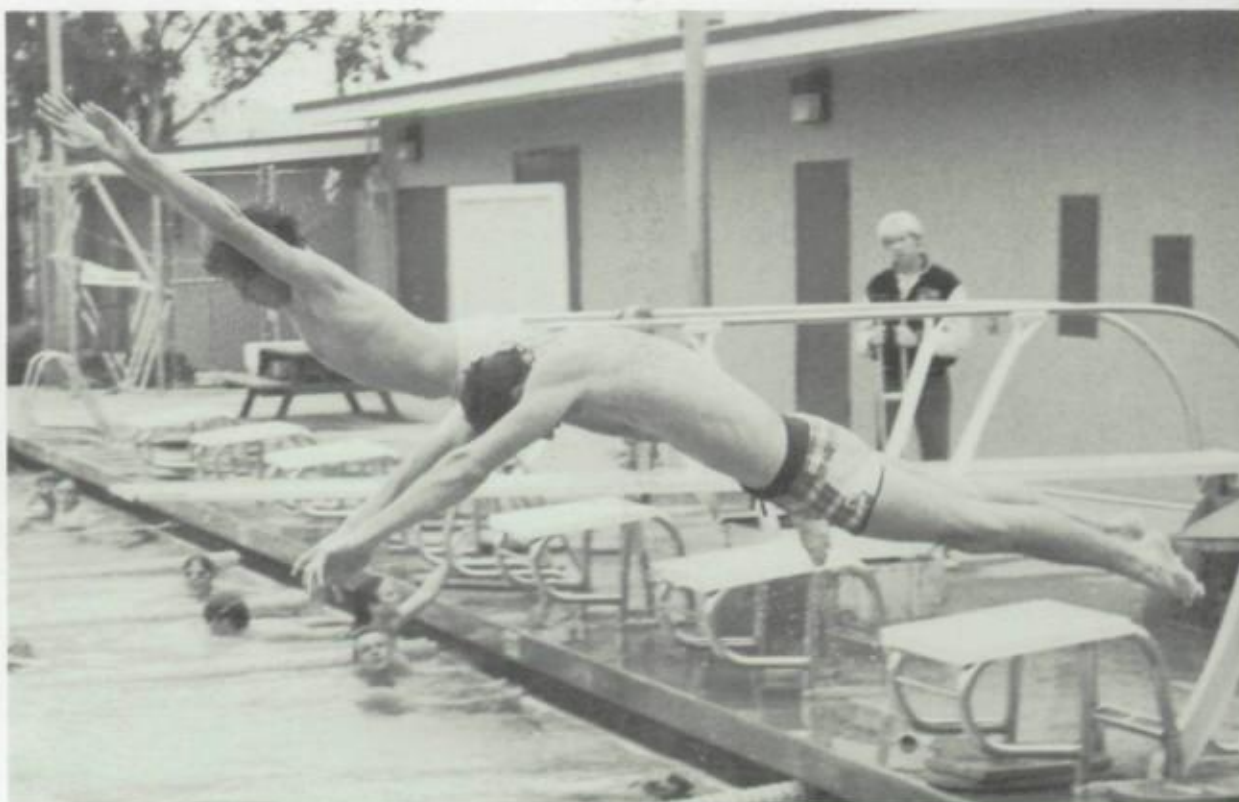
El Cap is off to a head start in lane three.

Front Row; Coach Hedberg, Todd Jardine, Thom Lane, Roy Shroyer, Clint Cattell, Scott Hanssen, Chris Krickhahn, Bjarke Abel, Miles Gleaton, Mike Velesko, and Mylee Combs — Manager. Back Row; Jamie Donahue, Jeff Johnson, Brett Barnett, Kevin Krickhahn, Dustin Dumas, Robert Krueger, John Stroud, Troy Surratt, Jasper Anderson, and John Russell.

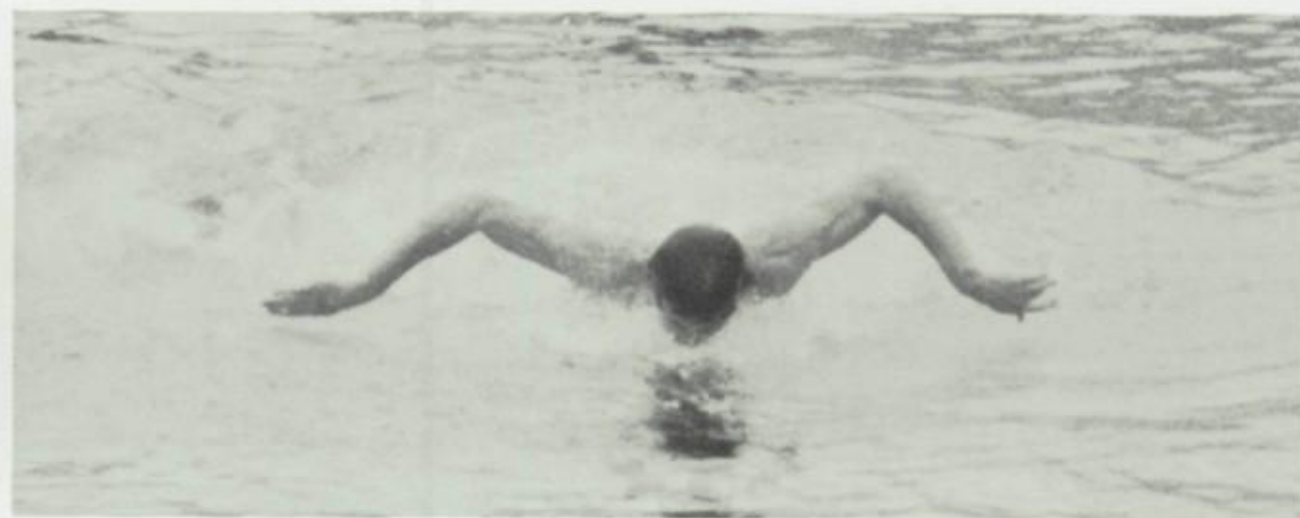


Poise On The Edge — Race With Courage

The El Capitan swim and dive team was inspired by the numerous gold medals awarded to the swimmers and divers such as San Diego's Greg Louganis in the 1984 Olympic Games. The olympics proved with years of practice and devotion, you can be the best. El Cap is becoming a strong devoted unit. They had to rebuild their team which is something every team must face when seniors leave, but this year there were plenty of new recruits to enlarge the unit. In addition, three of our foreign exchange students became a part of the group. Jasper Anderson was on the diving team and Bjarke Abel and Nashuira were a part of the swim team. This year's group had such standouts as Troy Surratt, with his breast and freestyle strokes, John Russell with his successful dives, and Robert Krueger in all swimming events. Other returnees include Brad Bennett and Mike Velesko who also helped the unit. With all the devoted talent the swim and dive teams became a stronger unit.



Two El Cap swimmers racing against themselves to better their times.



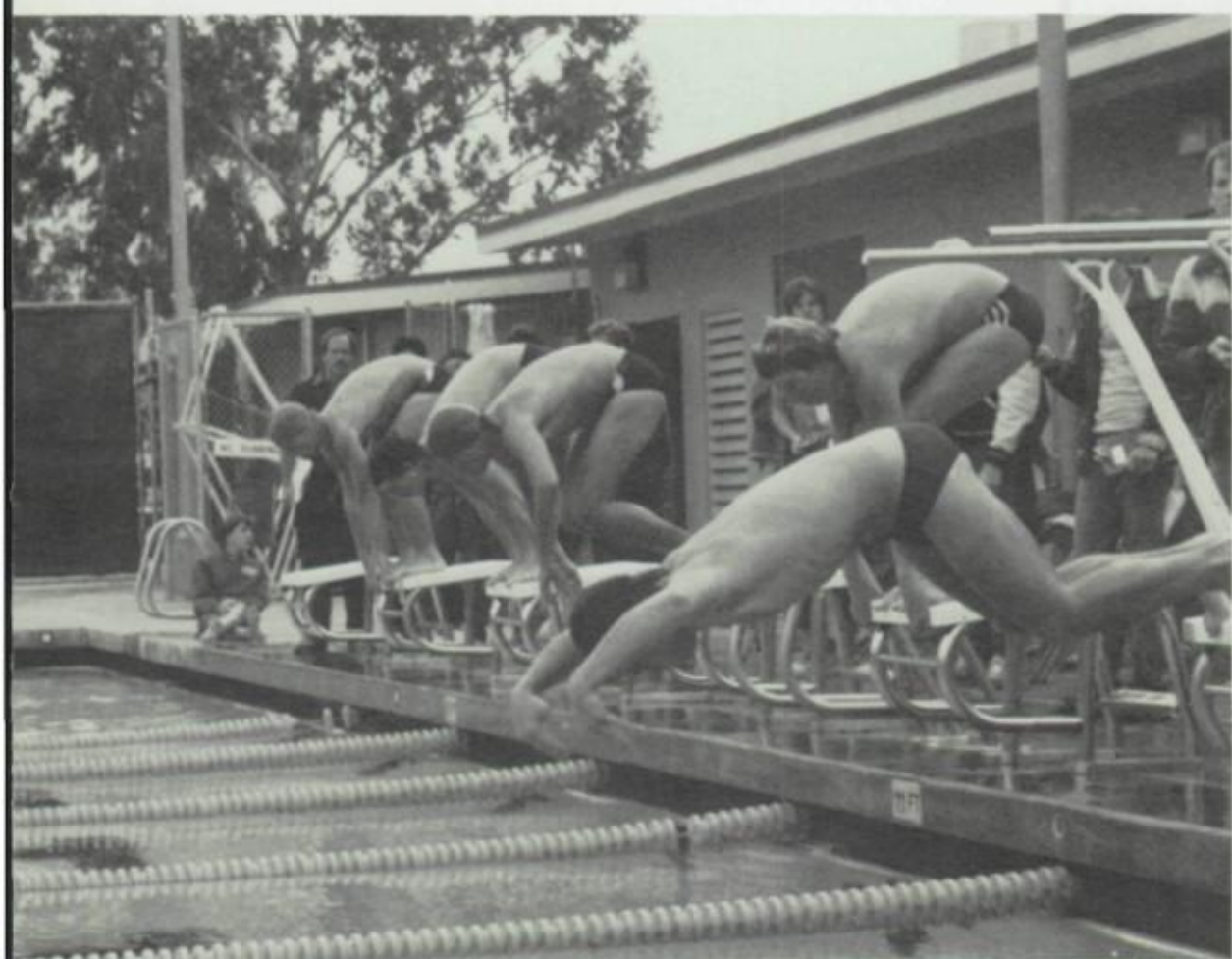
Returning varsity letterman, Troy Surrat, displays his race winning butterfly stroke.



Exchange student Jasper Anderson prepares to enter the water after a stunning high dive.



John Russell recovers from a back flip.



El Capitan swim team prepares for the start of the medly race.

Pinning For Perfection

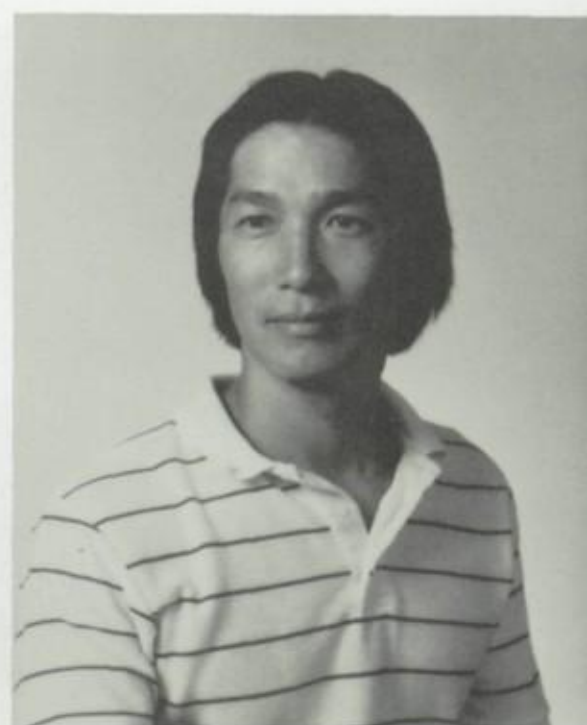
El Cap was represented by a group of strong wrestlers," stated Mann. CIF was held on February 16, 1985 at Orange Glenn High School. Gregg Osborn, team captain, placed fourth in CIF, Kevin Osborn placed first in CIF, third county wide, and in addition, qualified for state finals. Troy Pinkerton placed third in CIF.

The two hour daily practices consisted of running, 20 minute wrestling drills, and intense exercise.

Wrestling is the only sport that requires six minute hand-to-hand-combat. Coach Yasuda added that "wrestling is a character building, challenging, and self-disciplinary sport."



Coach Mann



Coach Yasuda



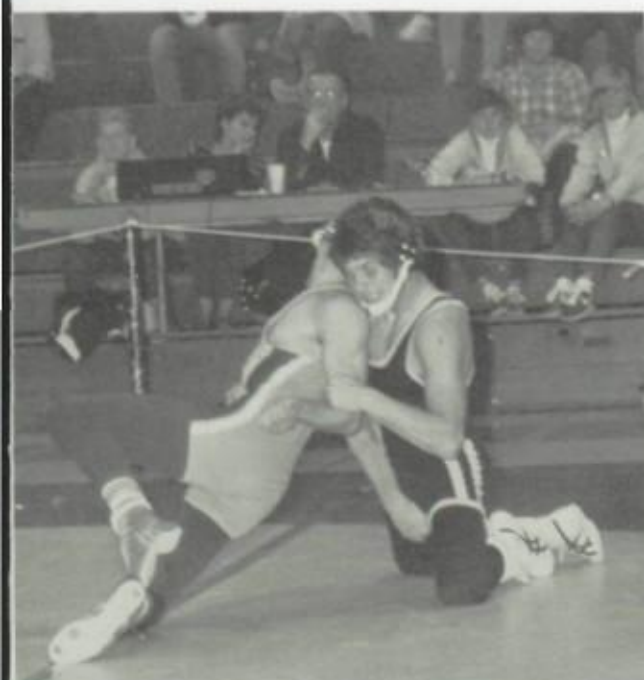
Front row — Allen Lynch, Greg Osborne, Troy Lynch, Thi Tung, Ernie Lawler, Kevin Osborne, Justin Lenen. Back row — Brad Whittman, Glen Reese, Chris Dickerson, Troy Pinkerton



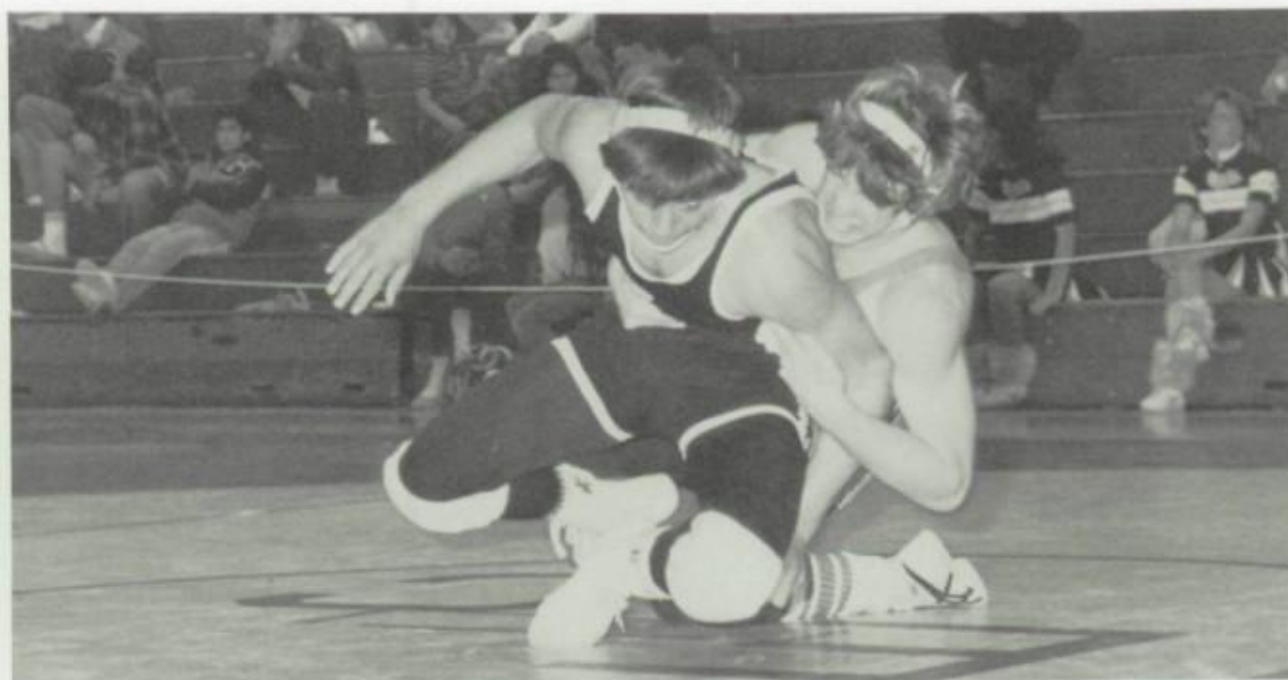
Kevin Osborne ready for action!



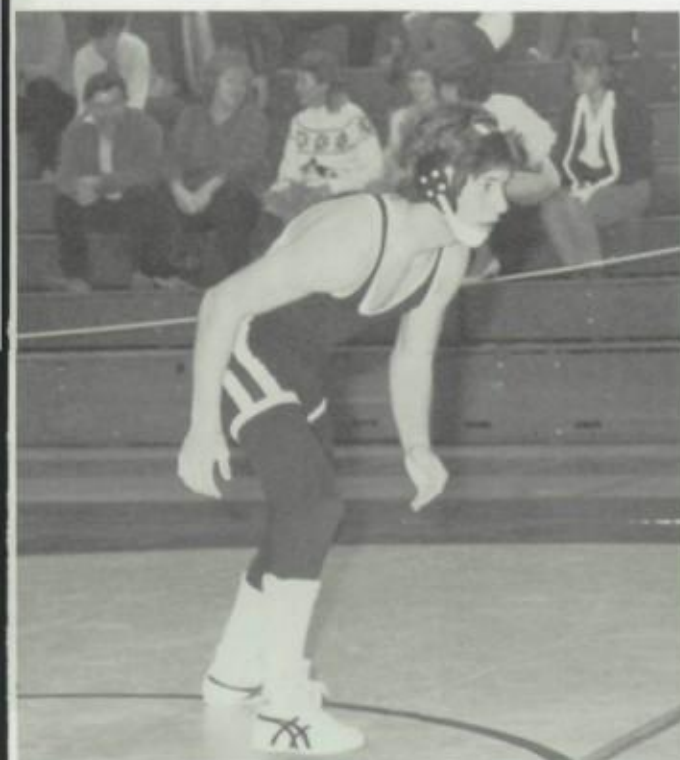
Ernie Lawler makes his move on Grossmont's wrestler.



Brad Whittman uses his strength to force down opponent.



Carlos Gutierrez, El Capitan's freshmen varsity wrestler.



Brad Whittman ready to approach his opponent.



Justin Lenen uses all his strength to regain control.



Coaches Mann and Yasuda watch their wrestlers.

Get A Hold On Victory

The J.V. Wrestling team placed 4th place at the Poway tournament and 6th place at the Helix tournament. The outstanding individual wrestlers were: Tyler Gaerin who at the Helix tournament. The outstanding individual wrestlers were: Tyler Gaerin who at the Helix tournament placed 1st. He also placed 1st at the Poway tournament; Carlos Gutierrez who also placed 1st at the Poway tournament; and David Hullberg who had 2nd place finishes at both Poway and Helix tournaments. Other future standouts are Nino Dimaio, Steve Drimmel and Shane Griffin.



Tyler Gaerin avoids being pinned by the tough Granite Hills wrestlers.



1. Rick McKee, 2. Luke Weiser, 3. Todd Burks, 4. Tim Elliott, 5. Robert Scribner, 6. Jason Hyde, 7. Tyler Gaerin, 8. Luke Roland, 9. Jason Martinez, 10. Mike Lenahan, 11. Carlos Emtierrez, 12. Tom Cabell, 13. Kevin McKay, 14. Scott White, 15. Shawn Pinciotti, 16. Michael Fisher, 17. Steve Drimmell, 18. Todd Owens, 19. Harvey Gonzales, 20. Nino Dimaio, 21. Sean Jones, 22. David Hillberg, 23. Jim Barton, 24. Coach Cooper not pictured: Shane Griffin

A Diamond In The Rough



Kent Dempsey fielding a ball.



Team Coaches, Chavez and Uden.

Cracking bats, smacking leather, and dust settling were some of the sights and sounds of the j.v. baseball team. The team included several motivated freshman eager to do well and succeed in league play. Freshman Kent Dempsey said, "I wanted a winning season and I was willing to work for it."

The team practiced everyday after school from 2:00 to 4:30. The work-out consisted of practice in batting, fielding, and running skills under the direction of the team's new coach, Coach Uden. Uden first began coaching in a successful Mountain Empire program. Currently, he is attempting to bring that spirit to El Capitan. Coach Uden's philosophy of a winning team, "A good practice and a positive attitude are the keys."



Jerry and Cliff during practice.



Front row: Robert Wallace, Phil Basset, Cory Kruse, Nino Dimaio, Jerry Aldrige, Ruben Tellez, Cliff Broadbent, Grant Clinger.
Back row: Rudy Chavez, Kent Dempsey, Rich Gonsalvez, Scott Mason, Chris Carmichael, Brett Deautremont, John Redd, Dan Nesheim, Coach Uden.

Varsity Baseball Swings To Success

By Bert Weiss

The Vaquero baseball team's main objective this season was to regain respect in the Grossmont League. To achieve this, El Capitan hired alumni Steve Vickery and his assistant, Tony Botte. Vickery brought with him a previously winning record and a new attitude. "Last year the team had a losing attitude; we wanted to win, but we didn't want to work for it," said second year letterman Curtis Canfield, "this season we worked hard in the off-season and went into games with a positive attitude."

A standout on this's ballclub was Captain David Nowlan. "Nowlan pounded opposing pitchers all season with his bat, and his play in the field was also exceptional," commented first year Head Coach Vickery. Senior second year lettermen Martin Kindreich, Scott Freeman and Curtis Canfield were also expected to have outstanding seasons. On the pitching mound, the rotation was built around Junior Mike Reed while Jim Medlin provided relief pitching in the late innings.

Although the Vaqueros had nine seniors, the team was relatively young. The squad had five juniors, including catcher Ron Peeler and starting shortstop Steve Nowlan, as well as three sophomores.



During the summer, Junior catcher Ron Peeler traveled to Japan to play with the elite United States National Team. He gained valuable catching experience while playing in various Japanese cities.



Front row — Scott Freeman, Kevin Gallup, Curtis Canfield, Jim Tixier, Scott Murray, David Nowlan, Bert Weiss, Jim Medlin. Back row — Coach Vickery, Steve Nowlan, Ron Peeler, Rob Arnold, Brad Burton, Martin Kindreich, Paul Dautremont, Mike Reed, Asst. Coach Botte.



Curtis Canfield waiting for the pitch.



Paul Dautremont throws for an out.



Brad Burton catching a pop-fly.



Dave Nowlan taking a high pitch.

Varsity Softball Covers All Bases



Top Row: Coach Pete Jernigan, Maja Campos, Shelly Crockett, Angie Bryant, Mary Longo, Terri Robinson, Melissa Rose, Asst. Coach Spatz, Bottom Row: Shelly McVicker, Tammy Kumke, Toni Zimmerman, Tanya Romero, Tami Petry.



This year the varsity softball team started the season with a winning frame of mind. A new coach and positive thinking boosted the team into the top three in the league. Pete Jernigan, former Santana coach headed the team for the first time. "He introduced us to many new things. We all liked him very much," commented Shelly McVicker.

The team was a well-balanced team with four returning seniors and juniors and one sophomore. The returning players were Angie Bryant, Shelly Crockett, Tammy Kunke, Mary Longo, Shelly McVicker, Tami Petry, Melissa Rose, and Lisa Watkins.



Terri, Toni, and Angie practicing before a game.

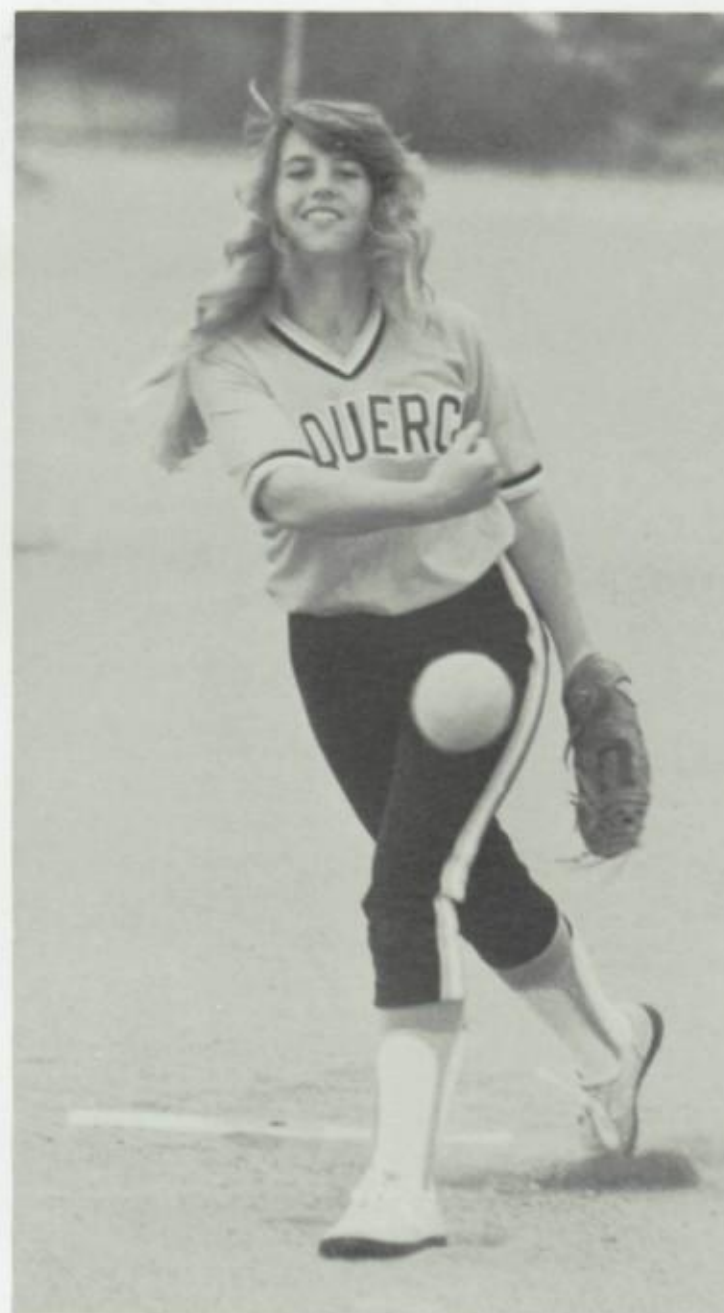


Junior Shelly Crockett, three year letterperson, digs out an infield hit.

Tanya and Maja practicing their throwing skills.



Maja fields the ball while Tanya backs her up.



Four year letterperson Tami Petry pitching a curve ball.

Not Just A Stepping Stone

By Matt Barlow
Kristine Stanzick
Kim White

Can a girls softball team be greatly affected by a first year coach? What about a team that has very few returning starters?

These questions were answered by the j.v. softball team. "This year's coach, Linda Harris motivated us to work hard in order to be competitive," said player Casie Dennis. The team started by working over the basics and progressed to game-winning strategy. Two players stood out in their competitiveness throughout the year. Players such as sophomore Geneva Brown and freshman Robin Vogt led the team to a successful season.

"Usually the j.v. team is just a stepping stone to varsity, but this year the team proved they could stand on their own. This team's new faces and new strategies brought along this change," commented team leader Geneva Brown.



Keeping her eye on the ball, Lisa Daniel is up to bat at an after school practice.



Always giving her all, Paula Hildebrand jumps to catch a fly ball.



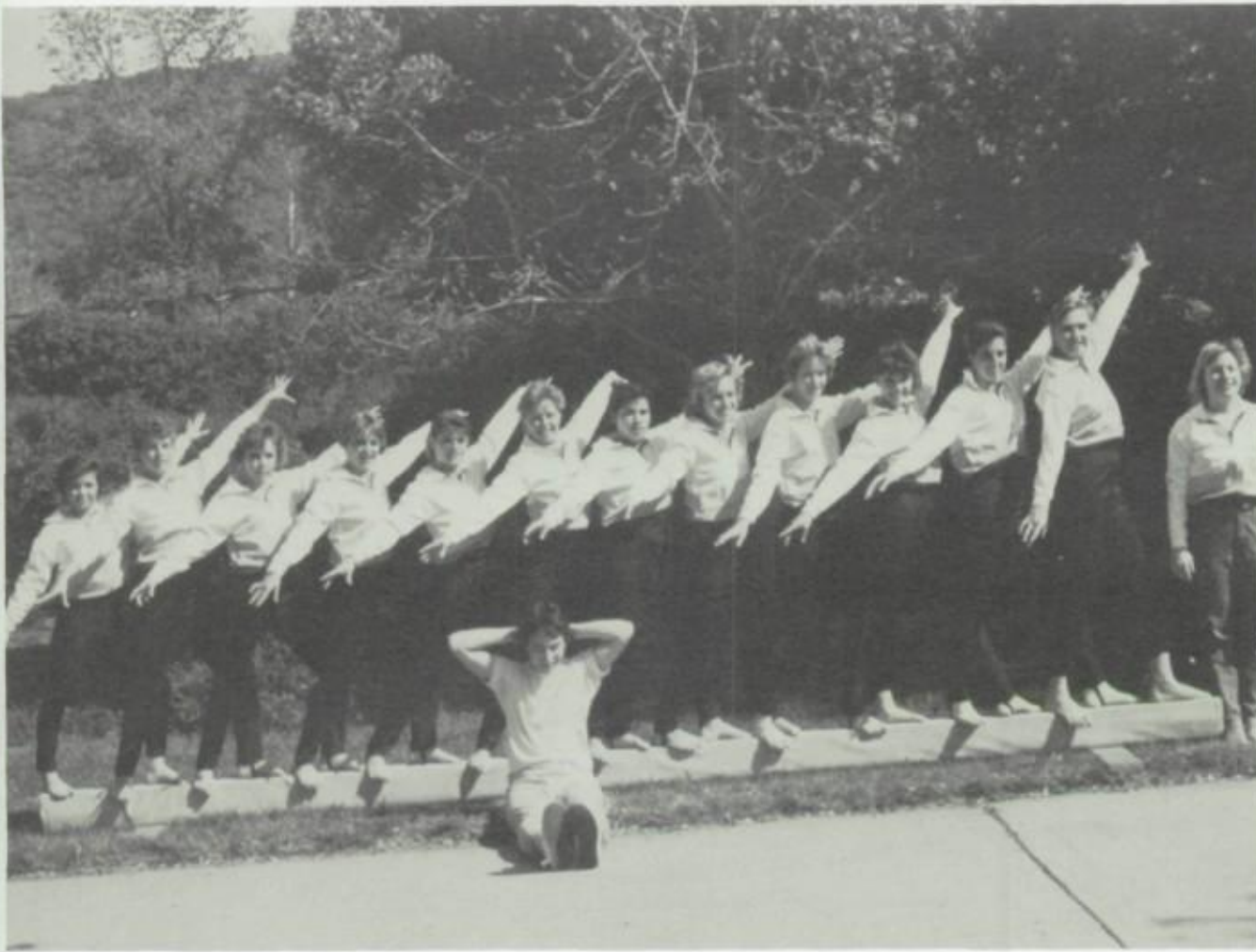
Back row: Linda Harris, Casie Dennis, Kristie Baum, Jama Stultz, Robin Vogt, Gail Flenning, Shelly Stevens, Kim Stultz, Nicole Puentes. Front row: Shannon Turner, Lisa Daniel, Geneva Brown, Nickie Adams, Tanya La Chappa, Paula Hildebrand, Toni Spricko.

Tumbling To Greater Heights

by Kristine Stanzick

Grace, agility, and strength are only a few of the skills necessary to be a good gymnast. This year Coach Diane Perkins and weight-training coach, Mr. Legace have emphasized these points with long workouts and many hours in the weight room.

Aside from weight lifting, Coach Perkins has taught the junior varsity team the basic gymnastic and dance moves needed to gracefully and skillfully perform their routines. The varsity team, including Chris Mendoza, the only male gymnast on the team, have learned the more advanced tumbling and dance needed for their routines. The highest class of high school gymnastics is optional gymnastics. This year El Capitan had four optional gymnasts; Lisa Reed, Michelle Buerkle, Jody Baker, and Kelley Falter. These girls created unique routines designed to fit their own personalities. All three classes of gymnasts competed on the floor, beam, bars, and vault.



From left to right: Michelle Buerkle, Lisa Reed, Marsha Koch, Amy McGuire, Kelley Falter, Crista Stovall, Delia Camarero, Julie Damshen, Heidi Nystrom, Jodie Baker, Kristina Koltavary, Susie Tomer, and Coach Diane Perkins. In front: Chris Mendoza.



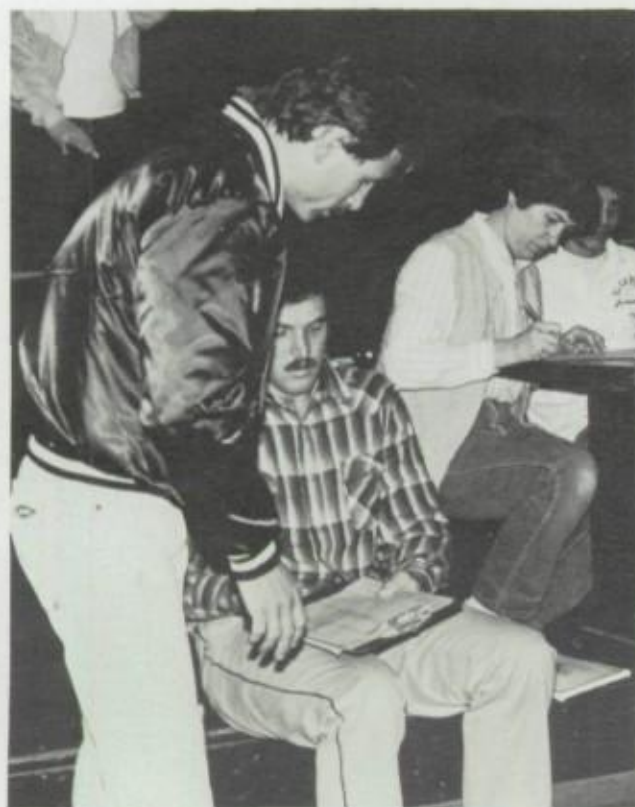
Jodie Baker exhibits her gymnastic talent on the beam.



Heidi Nystrom performs a handstand on the beam.

Potential In Motion

Gaining experience, playing against their peers, and preparing for successful varsity play; these were the advantages of playing Freshman Basketball. Freshman Basketball is a program whereby freshmen athletes are able to compete without the pressure of being cut from a Junior Varsity team. The program gives the players a chance to play against the best freshmen teams in San Diego County. The beginning of the season was a struggle for team units. It was marred by loses which were unnecessary and undeserving. After a few bumps and bruises, the team pulled together and had a successful second half. Although they finished fourth in their division, several high points emerged. Bryan Palmer was chosen for the All-League team for his leadership and athletic abilities. Palmer, along with teammate Jason Berkshire had the chance to try-out for the Freshmen All-Star Team. Coaches John Uden and Bill Sullivan were extremely proud of the team's accomplishments. Bob Hoss, assistant Boy's Varsity Coach says, "This program is helping to share El Capitan into the basketball dynasty it deserves to be."



Coach Uden and Coach Sullivan discuss plays.



Strong move to the basket.



Conference time!



Left to right: Asst. Coach Sullivan, Bruce Kasson, Bryan Palmer, David Clay, Jason Birkshire, Brian Tuttle, Rick Strom, Jason Barbeau, Justin Sladivick. Front: Bruce Provost. Not pictured: Head Coach Joe Uden



David Clay leaps for points.



JUNE 13, 1985

People

WEEKLY

AT EL CAPITAN HIGH SCHOOL



"PEOPLE" is a trademark of Time Incorporated and is used by special permission."

I Club — Invitation To The World

"This year was marked by strong student participation," said International Club President Sean Quigley. This strong student participation was evident when the members held a successful welcome party for approximately 40 foreign exchange students and club members in the fall. The club was kept busy the rest of the year by building a float for the homecoming parade and selling Advent calenders.

The I-club held their annual Global Awareness day on January 31. I-club members invited foreign exchange students from schools throughout the district to El Capitan. Exchange students from Ghana, Cypress, Yugoslavia and other exotic countries shared their cultures and daily routines with the students.

Besides these activities the I-club held weekly meetings where they often listened to guest speakers. These speakers, many who were from the faculty, shared their travel experiences with the students.

"Mrs. Bradley's knowledge of different countries was invaluable to the club as our advisor," said Quigley. With Mrs. Bradley's guidance, knowledge, and the students' dedication, the I-club became a highly visible and active club on campus.



Front Row: Dimitri Dalanis of Greece, Suraphan Phutayahon of Thailand, Monica Mas of Panama, Jesper Andersen of Denmark, Bjarke Abel of Denmark

Back Row Advisor Miss Bradley, Publicity Raquel Keenan and Debra Keenan, Treasurer Katrina Sevensma, Vice President 1st semester Susan Lucas, President Sean Quigley, Vice President 2nd semester Cathv Lucas



Front Row Cathy Lucas, Raquel Keenan, Susan Lucas, Sean Quigley, Katrina Sevensma, Debra Keenan

Row 2 Miss Bradley, Kim Zurline, Donna Steward, Anna Raymond, Erin Cleland, Maile Kahananui, Tammy Anderson, Tina Grande

Row 3 Melissa Goodall, Robin Foster, Brenda Potts, Arica Eckert, Cathy Koltavary, Mary Carlson, Michelle Carlson, Laurie Shamp, Zanida Aquirre, Wanda Walker, Lisa Hawkins, Kriss Gosen

Back Row Jesper Andersen, Bjarke Abel, Dimitri Dalanis, Suraphan Phutayahon, Monica Mas

The Key Club Opens New Doors



Back row: Johnna Morel, Debra Keenan, Mr. Fellman (advisor), Donna Steward, Susan Lucas, Kathy Koltavary, Michelle Carlson, Alison Chase, Shelly Crockett, Laurie Dennis, Pam Crawford, Heather Artzer, Mike Tapley Debby Brook, Katrina Sevensma, Kim Geary, Prisila Rivas, Tracy Morh, Sean Quigley. Front row: Mary Carlson, Jody Littlepage, Gretchen Oslie, Laura Sauter, Jeniena Johnson, Kathy Lucas.



The Key Club is a service club sponsored by Kiwanis of Lakeside and has over 100,000 members internationally. Their goals for the school were to improve school status by getting a new and better image of it and by getting rid of the "do nothing clubs", to clean up the campus, turn on the fountain in front of the school, put up a marquee on Maplevue, put mirrors in the boys' restrooms, get picnic benches on the quad, and make a new students' manual. They went to improve El Cap's status by showing we care for our community. Their community projects included cleaning up Lakeside, holding a Special Olympics, a blood drive, a Walk for Mankind, a Leukemia Run, a food drive, and to have a Toys for Tots Drive in Lakeside.

Front row: Sophomore Representative, Laura Sauter, Secretary, Laurie Dennis, Finemaster, Gretchen Oslie. Back row: Junior Representative, Johnna Morel, Vice President, Alison Chase, President, Sean Quigley, Treasurer, Tracy Mohr.

"Campus Life Is Everyone's Club"

In today's society, young adults are pressured into many situations while growing up. They need someone to help them understand their feelings and answer their questions during their high school years. Campus Life, led by Lee and Colleen Wright, is an organization which helped teenagers help themselves through various problems. This special club met every Tuesday from 6:46 to 9:00 p.m. at a different students' home each week. The topics of their discussions were normal problems most teenagers face, such as sex, drugs, drinking, peer pressure, grades, parents, friends, relationships, school, and emotions. They also held special activities for anyone to attend, such as Scream in the Dark, Broomball (at U.T.C. against other schools), and barbeque's, along with trips to the mountains, the beach, Disneyland, Mexico, ski trips, and just hanging around. Most people think Campus Life is a club only for the church-going, but it's exactly the opposite. As one member said, "This isn't a club just for certain people, it's for everyone!"



Toby and Lee showing their best side at the Christmas party.



Everyone playing broomball at University Town Center.



Lee and Colleen Wright, the directors of Campus Life.



DECA Means Business

America is a nation that was built and now stands on the free enterprise system of business. El Capitan students prepared to hold up this American tradition by participating in DECA (Distributive Education Clubs of America). DECA is the only organization in the nation, designed to prepare students for careers in marketing, merchandising, sales, and management. It evolves around individual high school chapters consisting of students taking part in Distributive Education.

At El Capitan, the DECA chapter had two responsibilities to fulfill. The first responsibility was taking part in district, state, and national CDC competency based events. These competitions are based on a 100 question test and two roleplay events. The chapter became well known this year with other chapters for being active and enthusiastic. "At district competition, they took in an astonishing 55 out of a possible 130 awards at Cal State Poly," said advisor, Mace Williamson.



2nd & 3rd Year Students: Back Row: Christina Romero, Keri Nesvic, Kathy Snowden, Paula Stooddy, Trisha Hock, Becky Long Front Row: David Gonzales, Crystal Vonfeldt, Tammi Signs, Richard Balk Not Pictured: Mia Branski, Scott Gerdes, Michelle Keehan



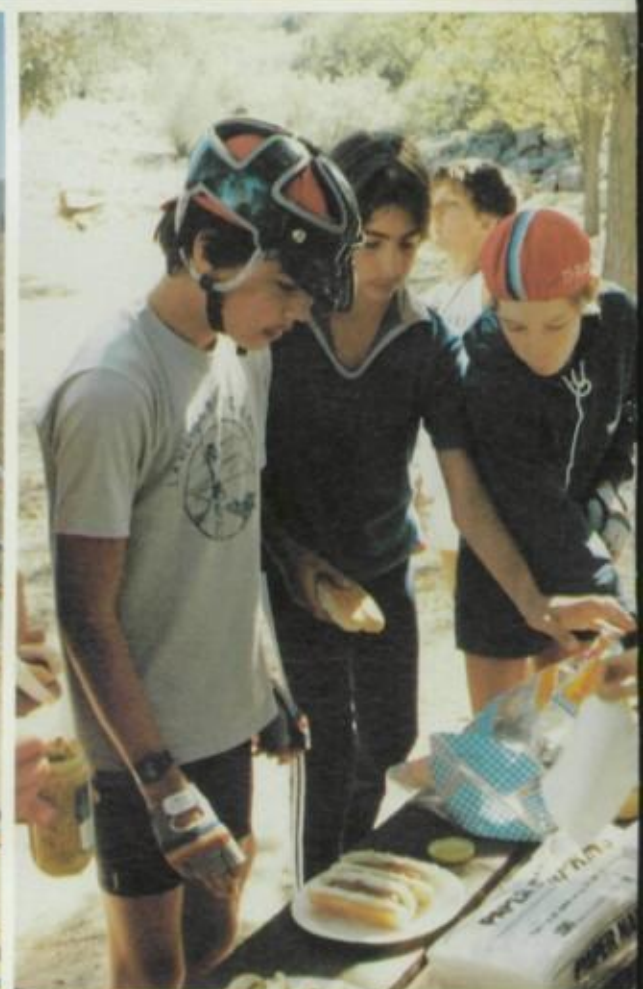
1st Year Students: Back Row: Mike Alvarez, David Nowlan, Kristina Millsap, Gary Wellong, Kelly Carmichael, Robert Cain; Kathy Rockwell, Janet Hodges, Suraphan Phutayanon, Gerri Critti, Front Row: Serena De LaTorre, Michelle Hyser, Tracey Urguhart, Stephanie Topping, Donna Whitt, Deanna B'ut-cuct, Laura Villia, Not Pictured: Gary Stewart, Brian Gerdes, Brian Mc Nulty, Debbie Grant, Michelle Birkel, Michelle Sanders, Carl Cato, John Lotz, Donna Morgan, JoLee Locker, Stephanie Swink, Mary Longo

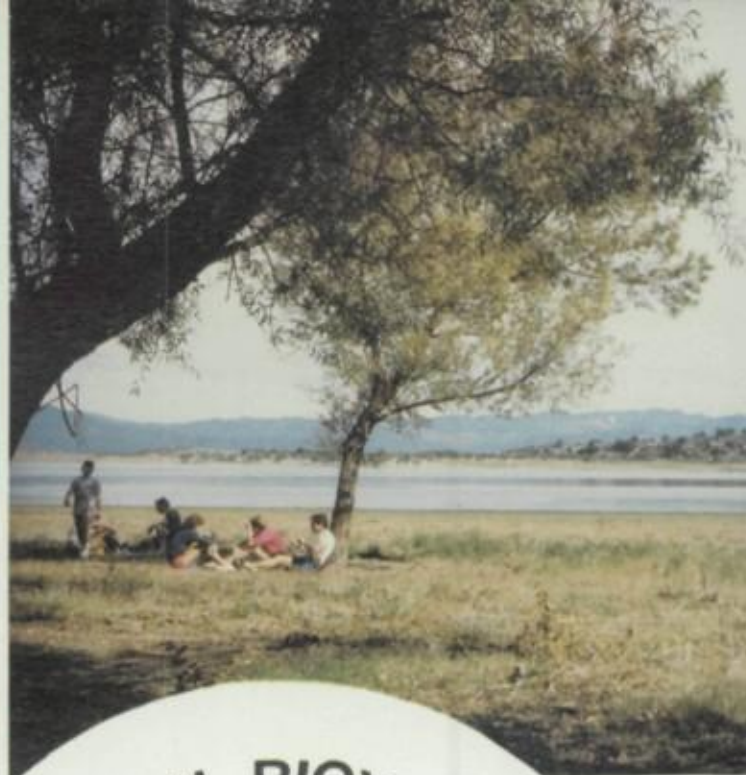


DECA Chapter President 1984-85 Richard Balk
Assistant Supervisor 1984-85 David Gonzales



DECA Advisor
Mace Williamson





VARSITY INTENSIFIES ENTHUSIASM

Being a varsity cheerleader may look like an easy task, but it was hard work for the twelve girls to get where they are now.

Tryouts lasted 2 weeks during the month of March. They consisted of a personal interview, teacher evaluation, mock tryouts, regular tryouts in front of a panel of judges, and tryouts before the school body. The girls put in many hours learning a song and cheer taught by the graduating cheerleaders, and

making up a song of their own.

Once making the squad, they spent every morning of the summer practicing together, for two hours, learning cheers, songs, and chants. A month before school starts practice is increased to twice a day, four hours total.

When school begins they cheer for every sport from basketball to water polo. Being a cheerleader may look easy, but it takes dedication and time.





Sherry Gebhardt, Debbie Adamson, Sonya Bradley, Carrie Pangborn, Brenda Spivey, Julie Brennon, Tina Stoner, Amy Hageman, Mia Branski, Trisha Hock, Paula Stooddy, and Lois Chareconsuphiphat.



Performing the success cheer.





Left to Right: Kim Carson, Lisa Bluffin, Monique Fain, Lea Ann Yates, Michelle Betts, Lori Yates, Janine Whitten, Stephanie Newberry.

"Eight is enough" was the motto of the 1984-85 J.V. cheerleaders. Adorned with short skirts, vests, and gold and white fluffies this year's squad had a growing spirit for the school. As they cheered at all the junior varsity events and assemblies, they promoted enthusiasm in the crowd. But according to the cheerleaders things were not all fun. Being a cheerleader took time, hard work, and dedication.

For the eight cheerleaders, the sound of the 1:35 bell meant more than the end of the school day. It signaled the beginning of hard work, practicing and perfecting routines, and cheering the team on in front of excited fans.

The entire squad agreed participating in cheer helped improve their grades, school spirit and self-confidence. They also felt their practice over the summer created memories and helped fulfill dreams. Being together made them



JV Cheer: Eight Is Enough



Double vision: Lea Ann and Lori Yates.



Go. Fight. Win.



Monique Fain seems to be feeling the weight on her shoulders.



Monique Fain enjoying the Welcome Week Assembly.



Is it something we said?

closer as friends and established them as a team instead of individuals.

No, the life of a cheerleader was not a story filled with glamour, but rather one filled with hard work to represent El Capitan High School. The '84-'85 junior varsity cheerleaders were determined workers who represented the school well.

A Sacrifice For Perfection

The "Little Giants," small in number but are mighty in competition, was the nickname the El Capitan Band carried the past few years. It was never more true than this year.

How did they become a "giant"? They practiced after school all year, many took private lessons, and then practiced more.

Mr. Nugent, the director, and the band members dedicated and committed themselves to the quality entertainment at concerts and half-time shows.

The sacrifices and dedication they made brought excellent results in the competitions they entered. They placed 1st in Bonsol with a score of 89.4. They also took 2nd place in the Artesia Competition.

Drum Major, Tom Elbert, chalked up another successful year. Over the summer of '84, he held the title of Grand Drum Major. When school and regular competition began, he was consistently rated at the top. In the Oceanside march he received a 96.0, the highest score an El Capitan student has ever received.

Majorette Michelle Sutphin also had a successful year. She placed second in every competition she entered.

A new addition to the band, but an old tradition, was the Banners. For the first time in several years, the Banners squad was directly affiliated with the band. Captain Michelle Clark and her corps carried the school name at the events.



Senior members



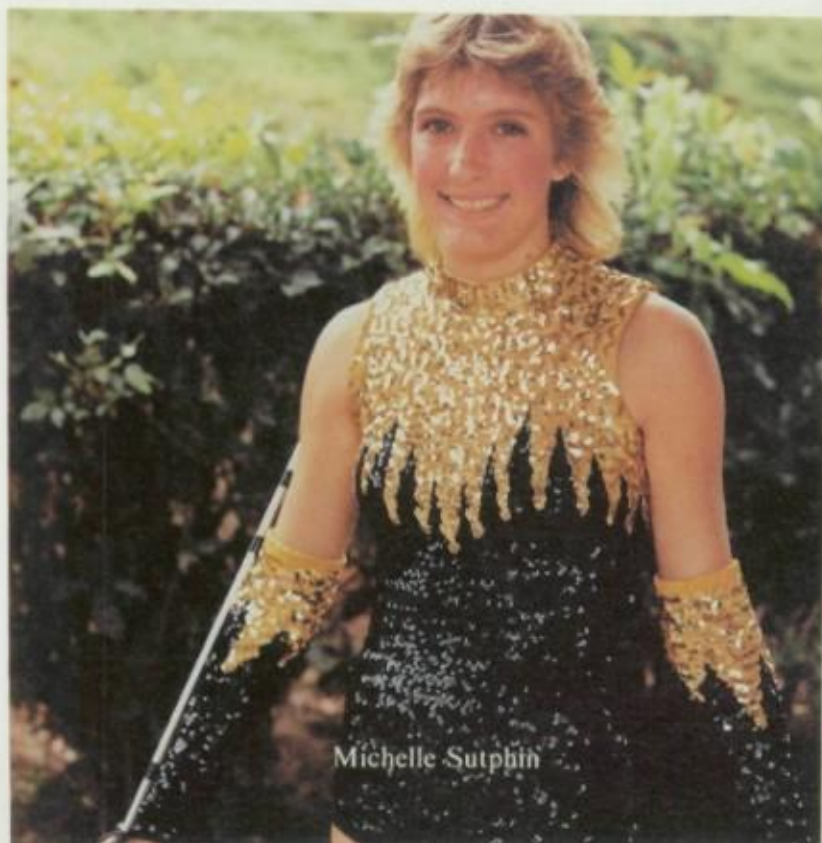
Junior members



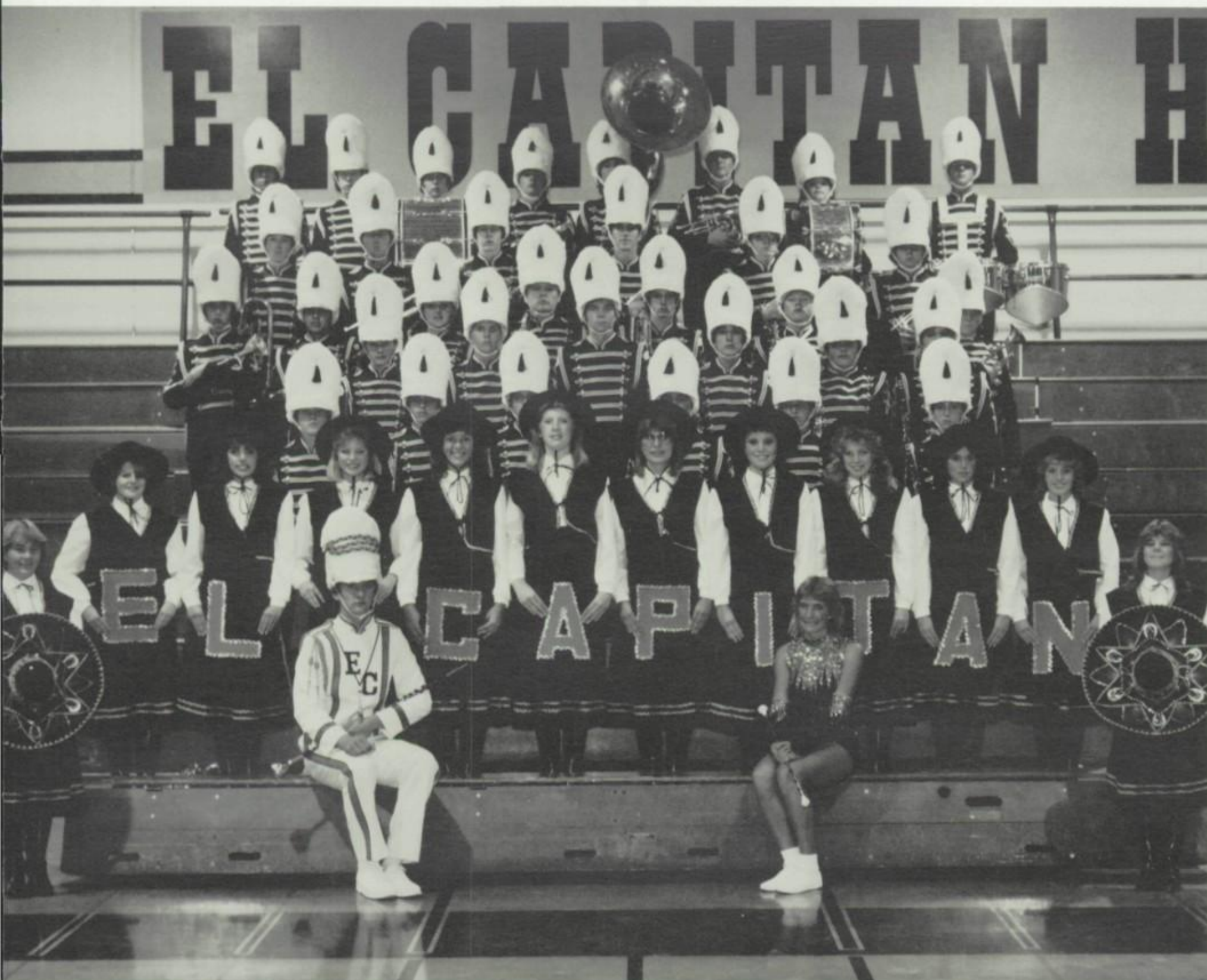
Sophomore members



Freshman members



Michelle Sutphin



Front row: Theresa Vargo, Tom Elbert, Michelle Sutphin, Laurie Forrest. Second row: Anna Raymond, Michelle Clark, Nicole Dries, Allison Chase, Angie Hixson, Janice Buie, Johnna Morel, Tammy Hicks, Penny Herbert, Tammy Finn. Third row: Wendy Cruz, Kim Clark, Jeanne Beat, Clinton Reese, Dan Wasserbauer, Cyndi Woertz. Fourth row: Kathy Barnard, Kristie Kundrat, Jim House, Kathi Arnold, Christie Gall, Valerie Towe. Fifth row: Matt Stephens, Aaron Martin, Kay Raymond, Rich Shekey, Jim Graham, Perry Emerick, Heidi Branch. Sixth row: Rich Sansom, Greg Rushing, Doug Berry, Greg Hauet, Robert Morawski, Jason Bordine. Back row: John Mueller, Greg Brackley, Shelly Gardner, Chris Moore, Joel Liebe, Jim Scantlin, John Russell.



El Capitan Banner core



Drum Major Tom Elbert

F.F.A.

by Laurie Erdman

"I believe in the future of farming ... "But what is the future of farming? This is just one of the many things members of the El Capitan Future Farmers of America learned. Not only did these FFA's learn about the essential industry of agriculture, but they learned leadership skills, parliamentary procedure, and public speaking.

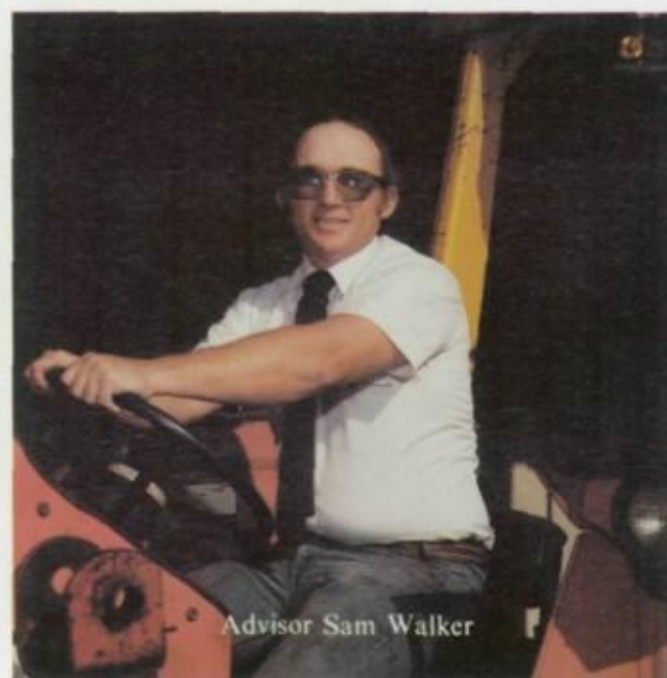
"We are not the hicks everybody thinks we are," said FFA member Becky Clark. We saw they were often adorned with black slacks or a black shirt and a blue corduroy jacket with tie.

The El Capitan FFA was one of the more active chapters of the 321 in California. The members learned to be good competitors through the various contests FFA offers. El Capitan boasted both novice and varsity parliamentary procedure teams plus livestock, horse, floriculture, and meat judging teams. "Even though the chapter doesn't come from a rich agriculture area, we still have the enthusiasm and ability to compete with the northern chapters," said chapter secretary Cindy Hargraves.

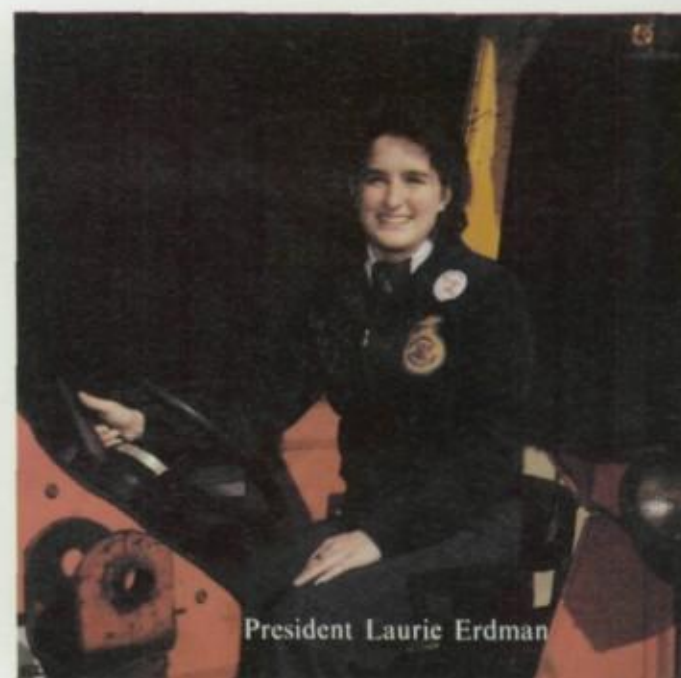
El Cap FFA was also very competitive in showing livestock. Some of the members traveled to Los Angeles to compete. Looking at the records, El Cap animals were always making it to the auction ring at the Lakeside and Del Mar fairs. The members learned how to take on the responsibility of caring for and preparing an animal for show. The buzz of clippers and the click, click, click of the hand shears filled the minds of the members and sparked the flow of adrenalin before every fair. This adrenalin was needed for the long hours of preparation that made the animals look their best.



Row 1: Sheryl Bushree, Ernie Lawler, Lydia Morrissey, Laurie Erdman
Row 2: Corey Womack, Heather Barrett, Dimitris Dalinis, Lara Hilliker, Cindy Yeadon, Kim Pauley, Jessie Camp, Lennie Vockradt, Becky Clark, Karen Ethridge, Bruce Jordan, Nikki Rehbein, Robert Abbott, Lief McCleese, Scott Newhan, Advisor Sam Walker



Advisor Sam Walker

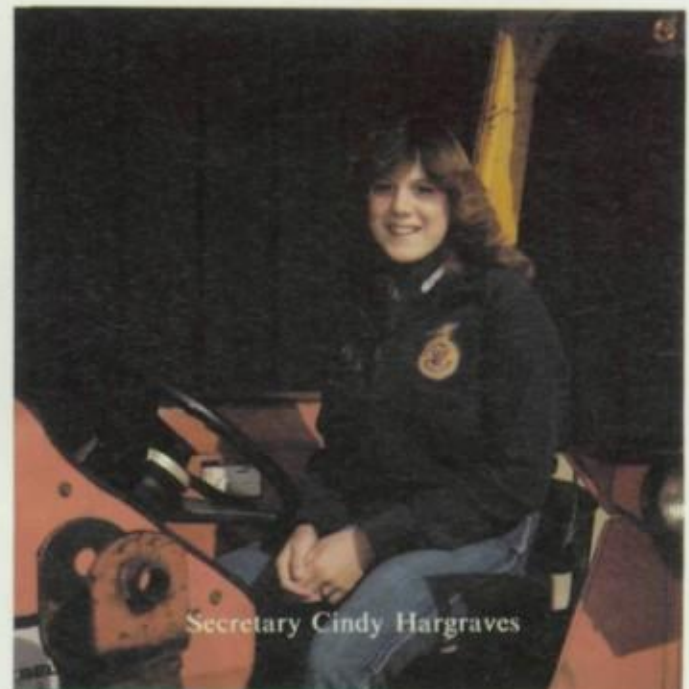


President Laurie Erdman

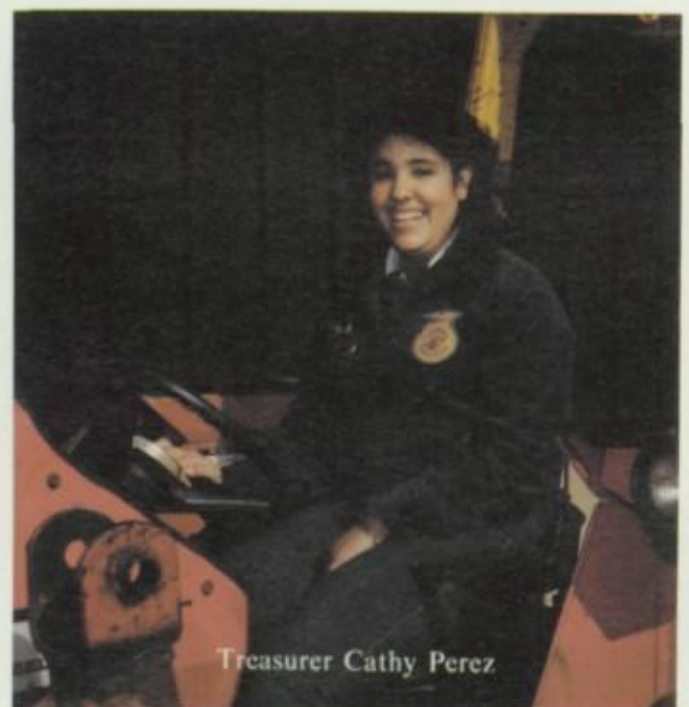
Keeping Agriculture Number One



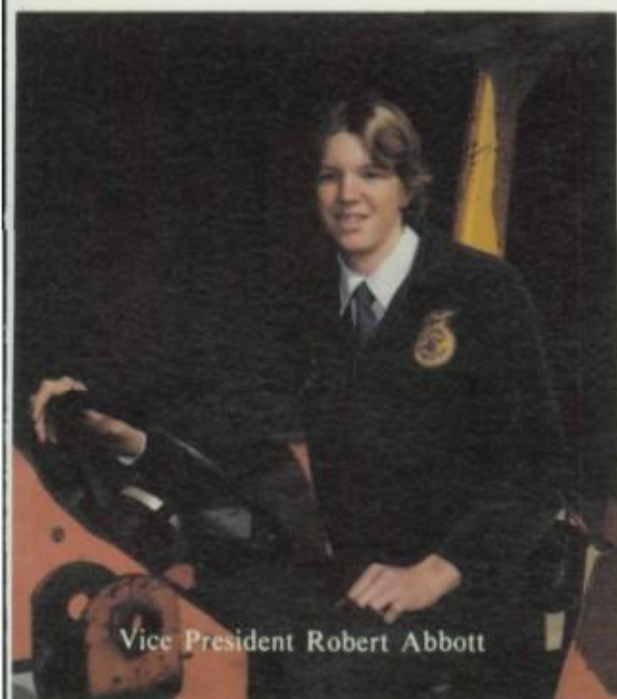
Row 3: Jerry Nolan, Mike Brock, Linda Gamble, Tray Cox, Jeff Hamer, Suzie Nolan, Dion
Gardner, Mark Frey, Raquel Davis, Eric Bott, Erik Robinson, Crissy Longo, Cindy Hargraves,
Thy Perez
Row 4: Chuck Yeadon, Richard Beckman, Chris Wood, Mike Brock, Dena Urquhart, Frank Hilliker



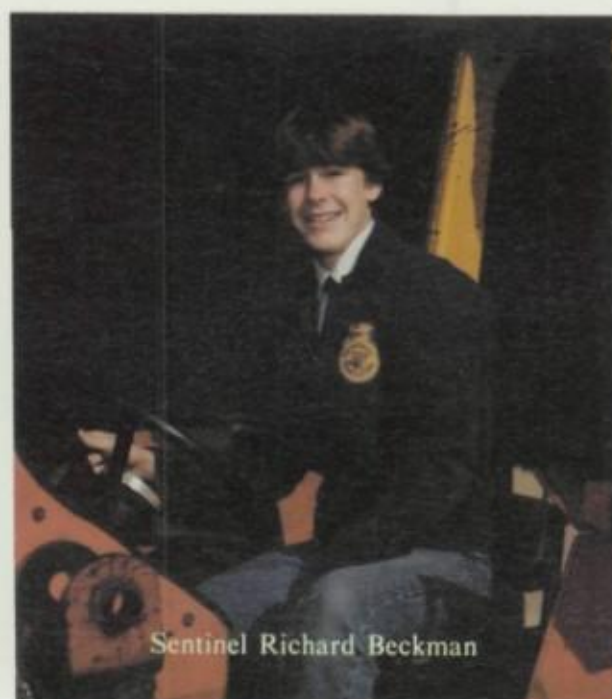
Secretary Cindy Hargraves



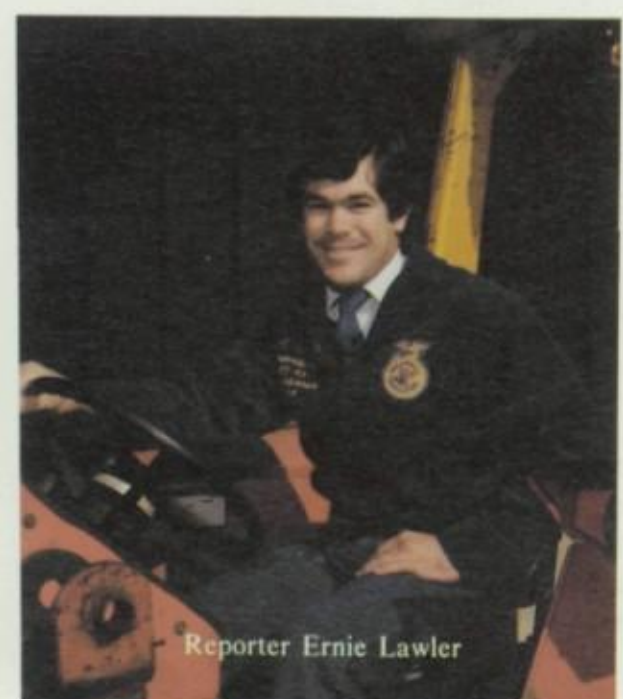
Treasurer Cathy Perez



Vice President Robert Abbott



Sentinel Richard Beckman



Reporter Ernie Lawler



Sea the World of Publications

by Cookie McLean

Yearbook staff requires responsibility and hard work. Sure you get to see all the pictures before anyone else, and if you're a photographer, get into sporting events free.

However, returning staff members met over the summer to have the format, theme, cover design, and end sheets estab-

lished before school began.

Then every class period, during the school year, was spent scheduling photographers, arranging for group picture, and writing copy. Then, editors spent long nights proofing pages and editing copy.

All this in hopes of producing the best annual El Cap has published.



Large photo: Front row — S. Castle, L. Carter, S. Castleberry. Back row — C. Harrison, Y. Phillips, D. Estrella, J. Rios, E. Robertson, S. Morse (Photographer), T. Gaerin (Photographer), S. Swink, K. Colls, C. McLean, T. Signs, K. Carmichael, D. Corcoran. Top to bottom: Sandy Schuster, Advisor. Jeff Cole, Ed. in Chief. Cookie McLean, Copy and Production Ed. Front row: Kristin Wilkins, Junior Editor, Debby Corcoran, Ads Manager. Back row — Kim Weiser, Faculty Editor, Debbie Adamson, Senior Editor, Leslie White, Sophomore Editor, Brenda Brassell, Freshman Editor. Not Pictured: M. Barlow, T. Cruz, D. Ellery, L. Erdman, H. Jones, G. Kopperud, R. Marcus, J. Morel, A. Sharp, K. Stanzick, K. White, B. Trenholm.

A.S.B. Unleashes School Spirit

by Cookie McLean

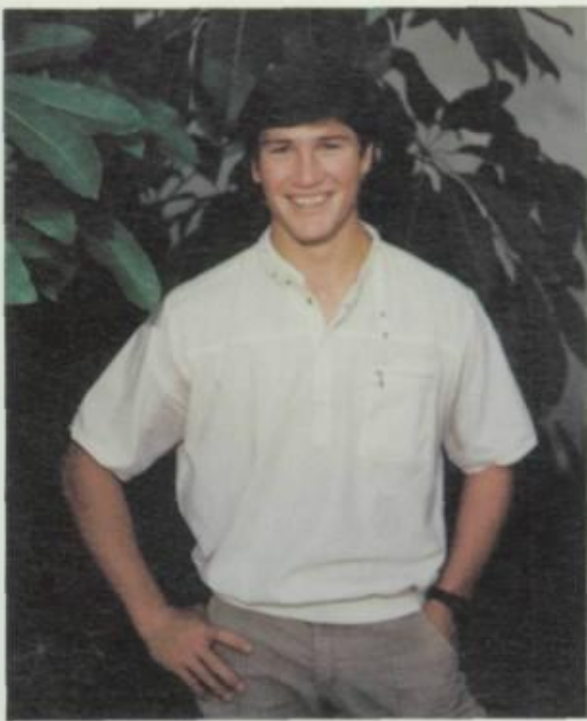
The Associated Students Body's motto, "Unleashed in the East," represented the growing amount of pride, spirit, and involvement unleashed in our East County school. Much of this spirit was attributed to weekly pep assemblies and class competitions. "When everyone competes for their class, it creates a pride in it. And, when you have pride in your class, you have pride in your school," stated Suszy Bass, Commis-

sioner of Pep, "The Friday pep assemblies gave everyone something to look forward to."

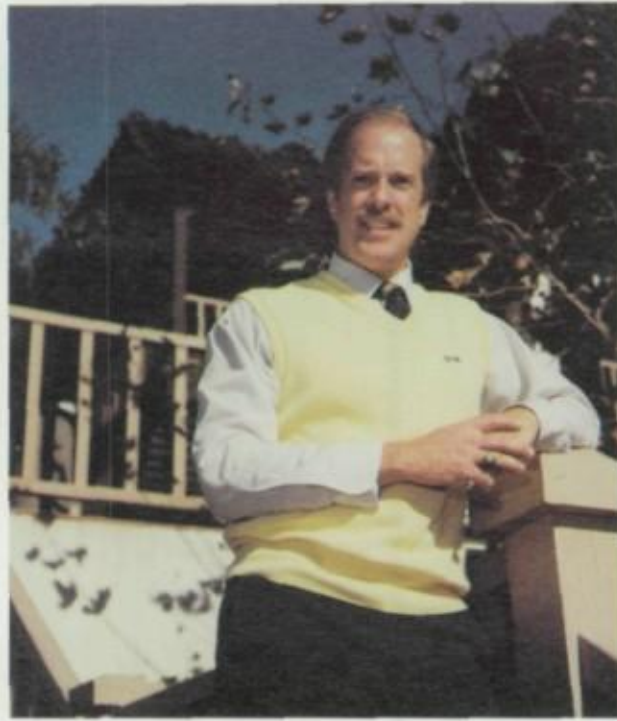
A.S.B. broke all traditions this year by taking over the job of rechalking the EC on the hill across from school, by selling A.S.B. cards, tickets to sporting events, and pep items, and by making a basketball program. "By having a new advisor and vice principal (Mr. Wong), we could try new things. There aren't any set guidelines or traditions," replied Joey Till.



House of Representatives: Up front — Mr. Plough, Advisor, Michelle Sanders, Executive Representative. First row, top to bottom — Cindy Noriega, Brenda Spivey, Amy Essman, Phil Bassett. Second row — Abel Bjarke, Sherry Gebhardt, Sean Quigley, Cookie McLean, Debby Corcoran. Third row — Scott Murray, Frances Carrillo, Chad Bramwell. Photo taken at the Mason Street School, Old Town.



President — Joey Till



Advisor — Dan Plough



Executive Council: Back row — Brian Leung, V. Mascot, Ken Brinegar, Comm. of Athletics, Scott Gerdes, Treasurer, Todd Torgerson, Comm. of Athletics, Rich Schulenberg, Comm. of Sales, Debbie Apton, V. President. Front row — Trisha Hock, Comm. of Student Affairs, Suzy Bass, Comm. of Pep, David Chareonsuphiphat, Student at Large, Jamie Birkel and Carrie Pangborn, Publicity, Liann Bryan, Secretary, Joey Till, President. Kneeling — Cathy Singer, J.V. Mascot, Tina Stoner, Comm. of Elections. Not Pictured — Jon Comford, Comm. of Sales.



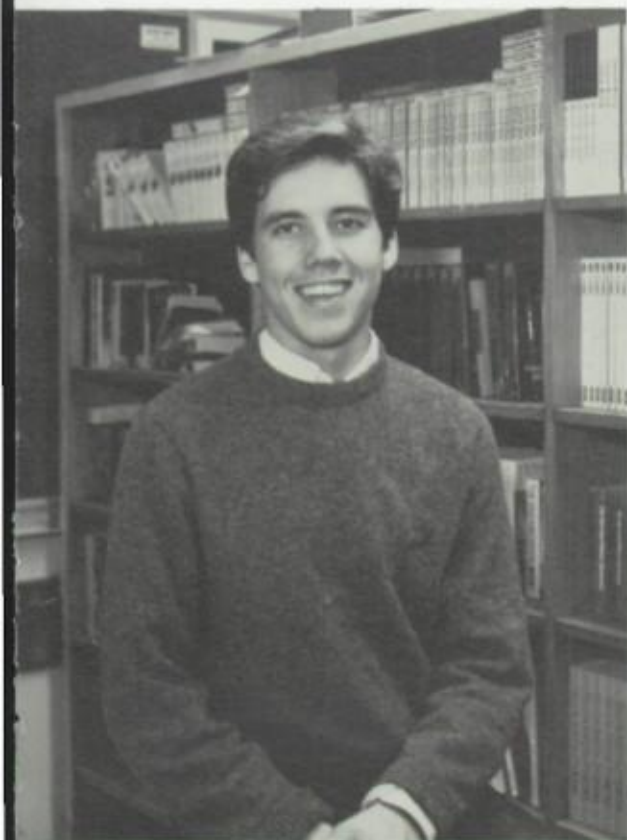
Front row — Aileen Storie, Bonnie Trenholm, Michelle Buerkle, Crystal von Feldt, DeAnna Weber. 2nd row — Mitch Burton, Brad Burton, Brian Paradowski, Cathy Koltavary, David Nowlan. Back row — Cookie McLean, Dominique Reveles, Brian Leung, Mr. Hanson. Not Pictured — Debby Corcoran, Mike Alvarez, Sannie Gibson, Rachael Brawdy, Frances Carillo (Art Editor), Kristin Wilkins, Laurie Erdman, Joey Till, and Steve Noriega.



Sannie, Frances, and Rachael discuss poems at a lunchtime meeting.



Mr. DeKock and Mr. Hanson find poetry in eating.



Brian Leung — Co-Editor



Mitch Burton — Co-Editor



Cookie McLean — Photography Editor

Express Yourself In Print

by Debby Corcoran

Allusions is a student produced literary magazine that has been published under the direction of senior English teacher Mark Hanson for fifteen years. The magazine had undergone many changes over the years. In the beginning, the Allusions staff handled all it's own layout work, design, writing, and printing. Students actually operated machines and gained practical vocational experience in the process of producing a book. In contrast, today, students have contracted the Sunlight Printing Company to do all the printing work. Staff members are constantly encouraged to look for suitable works in their classes. Allusions receives a variety of creative poems as well as scholarly essays throughout the school year. The student submitted writings are then read by the 25 staff members. Each paper is given five grades that determine it's fate for publication.

The real work begins over Easter Vacation for editors Brian Leung and Mitch Burton. They oversee the proofing process and layout work. The bulk of the work in producing Allusions is completed at this time.

Allusions received a Cultural Journalism Award last year for it's commentary on the historical Lakeside community. The National Scholastic Press Association was consistently recognized Allusions as a first class publication, ranking it in the upper 10% of all student published magazines across the country.



Brad Burton critiquing a short story.



Cookie McLean contributes her ideas to the Allusions staff meeting.

CSF: Help To Secure Your Future



Back Row Scott Freeman, Ron McGuire, Brian Paradowski, Mitch Burton, David Brooks, Joe Martin, Mike Tapley, Mike Nicholes, Mr. Price Middle Row: Paul Aguilar, Alan Bocko, Mike Hinson, Bill Crookshank, Kari Reightal. Front Row: Claudia Mitchell, Jenny Klee, Michelle Buerkle, Renee Mueller, David Chareonsuphiphat, Nikki Gerdes, Wyvonna Barrett

Most students here at El Capitan aren't sure of what CSF is or what it does. CSF, is, to define the abbreviation, the California Scholarship Federation. Its function is to make students, with grade point averages of 3.6 or better, aware of the scholarship opportunities that exist.

The El Capitan branch of CSF has had some renovation. The first, is the changing of advisors. Mr. Price is the new CSF advisor and also a new face this year. He teaches chemistry and his enthusiasm is very much welcomed on our spirited campus.

This year's President is Brian Paradowski, a qualified leader. He diligently worked on fundraisers and exciting field trips for the club.

The most honorable position in CSF is the position of a life-time member. A "Lifer" has been a member of CSF (which means maintaining a 3.6 GPA) for their four years of high school. These elite few are eligible for college scholarships from within the Federation.

The Federation can't promise a college scholarship for every member but it does promise a better awareness of the scholarships available.



Back Row: President Brian Paradowski, Vice President Mitch Burton, Front Row: Secretary Bill Crookshank, Treasury Renee Mueller

Get A Hold On Change



Debbie Apton announces the agenda.

by Laurie Erdman

Ever wonder who makes the rules? Nationally it's the job of the United States Congress but locally, on our campus, it's the job of the ASB Senate. The Senate was made up of presidents, captains, and editors from the various clubs and sports on campus.

The first Wednesday of every month brought the Senate together during 6th period. During their meetings the Senate members discussed events on campus and passed failed amendments of the ASB constitution.

"The Senate is unique in the fact that it gives almost every student a voice in what happens on campus," said ASB Vice President Debbie Apton. This is possible because the members of the Senate were encouraged to take all amendments back to their clubs and get their opinion before making a vote.

When something changed on campus you would be safe to bet that the ASB Senate had a hand in it.



Chad, Ken, Trisha, Suzy, and Todd participate in the Senate Meeting.



Brian Leung is quick to answer.



Joey thinking about the question.

"We Rise Above All Others"



First column: Debbie Work, Wanda Walker, Deanne Bender, Cathy Leach. Second column: Tammy Leach, Jodi Snyder, Kriss Gosen, Paula Hiczewski, Michelle Lovett. Third column: Brenda Thomas, Kathy Gardner, Susan Richards, Lynn Montagne, Sheryl Bushree. Fourth column: Stacey McConaughey, Lisa Hawkins, Ana Real, Karla Hopper.

Graduating with the class of 1984, El Capitan Alumni, Donna Bender advised the Specialty Team second semester. First semester advisor was Margaret Gill.





From left to right, top to bottom: Ana Real and Michelle Lovett, Hospitality; Karla Hopper and Paula Hiczewski, Manager; Lynn Montagne and Brenda Thomas, Publicity

The Specialty Team lived by their motto, "We rise above all others."

On August 17-20 the Specialty Team attended Hubbard's Drill Team Camp and received first and fourth places for hardest working tall flags and drill team, respectively. The camp was held at Cal Poly, Pomona where they were able to compete with other teams and learn new routines.

In October they were ranked among the best at the Artesia Parade. They took first place in the Bonsel Parade in November where they scored 86 out of 100 and defeated eight other teams. They also placed first in the Christmas Parade in Oceanside, the last parade of the marching season.

In preparation for the upcoming festival competitions, they attended a clinic on December 8 and 9, to sharpen their dance, flag, and drill team skills.



From left to right: Debbie Work, 1st lieutenant; Tammy Leach, captain; Stacey McConaughy, 2nd lieutenant



From left to right: Lisa Hawkins, historian; Susan Richards, vice-president; Wanda Walker, president; Kriss Gosen, secretary

Deadline:

JOURNALISM

THE HORIZON
Viewpoint



Today



Editor-in-chief Brian Leung and Advisor Ms. Schuster

The *Horizon* staff began an ambitious program this year to make its newspaper more appealing to the student body. In order to achieve this goal, the staff focused on reporting more school news as well as maintaining its policy to cover interesting stories outside of school.

The editors turned their efforts toward creating more aestically pleasing paper. "The paper," said Editor-in-chief Brian Leung, "had changed little since I first took journalism. I felt it was time for the paper to evolve and I hope it continues to grow in the years to come."

One of the obvious changes for the *Horizon* was its publishing schedule. For the first time since becoming a tabloid size, the newspaper was produced monthly, a major goal of the staff.

"We've worked hard to give the *Horizon* an identity," said Leung, "and I think we have achieved that."

1: Cindy Priser, 2: Donna Steward, 3: Alison Chase, 4: Tammy Hicks, 5: Arica Eckert, 6: Jon Comford (sports editor), 7: Brian Leung (editor-in-chief), 8: Suzy Bass, 9: Trisha Hock, 10: Aileen Storie, 11: Bert Weiss, 12: Jeff Cole, 13: Cookie McLean, 14: Debby Corcoran (features editor), 15: Bonnie Trenholm, 16: Mike Mayers, 17: Angelina Sprecco, 18: Ms. Schuster (advisor), 19: Laurie Dennis, 20: Christine Lucas, 21: Meg Skinner, 22: Ray Oslie, 23: Laurie Erdman, 24: Michelle Yarbrough
Not pictured: Debbie Adamson, Michele Mayers



Bobby Imhoff completes a difficult mogul run.



Rick Landstedt peers through the doorway to see if everything is under control.



I think I can, I think I can.



I thought I could, I thought I could.

Challenge The Downhill



Bottom row: Tina Stoner, Debbie Pierce, Tracy Welch, Shannon Mathison, Melinda Newman, Robbie Zimmer, Lenny Papp. Middle row: Michelle Parker, Cheryl Daily, Robin Foster, Casie Dennis, Sandy Hahn, Kelley Falter, Tracy Kirk, Mikelene Rupe, John Floyd, Eric Bakeman, Bobby Imhoff, Paul Uran, Mr. Morgan Newman, Dennis Newman, Ken Brinegar, Glen Simmons. Top row: Ms. Peairs, Ms. Sutton, Don Westerberg, Amy Hegeman, Charles Atchinson, Kenda Scott, Mona Simunovich, Paul Dautremont, Bill Crookshank, Chad Bramwell, Rick Landstedt, Dean Potter.

By Matt Barlow

Picture yourself going down a snow-covered hill at break-neck speed, flashing by trees, with snow in your face. Sound impossible? It wouldn't have been if you had joined the ski club. The ski club was forty members strong in its second year.

The ski trips for the year were planned by supervisor Ms. Sue Sutton and council

members Scott Keppel, Dain Hasson, Jami Long, Casey Dennis, and Ray Lacoste. These council members organized fundraisers such as cocoa sales, to raise money enabling them to go on their ski trips.

Some of the ski trips planned for the '84-'85 school year were:

December 7, 8, 9 at Mammoth

February 11, 12, 13, 14 at Mammoth

May 3, 4, 5 at Mammoth

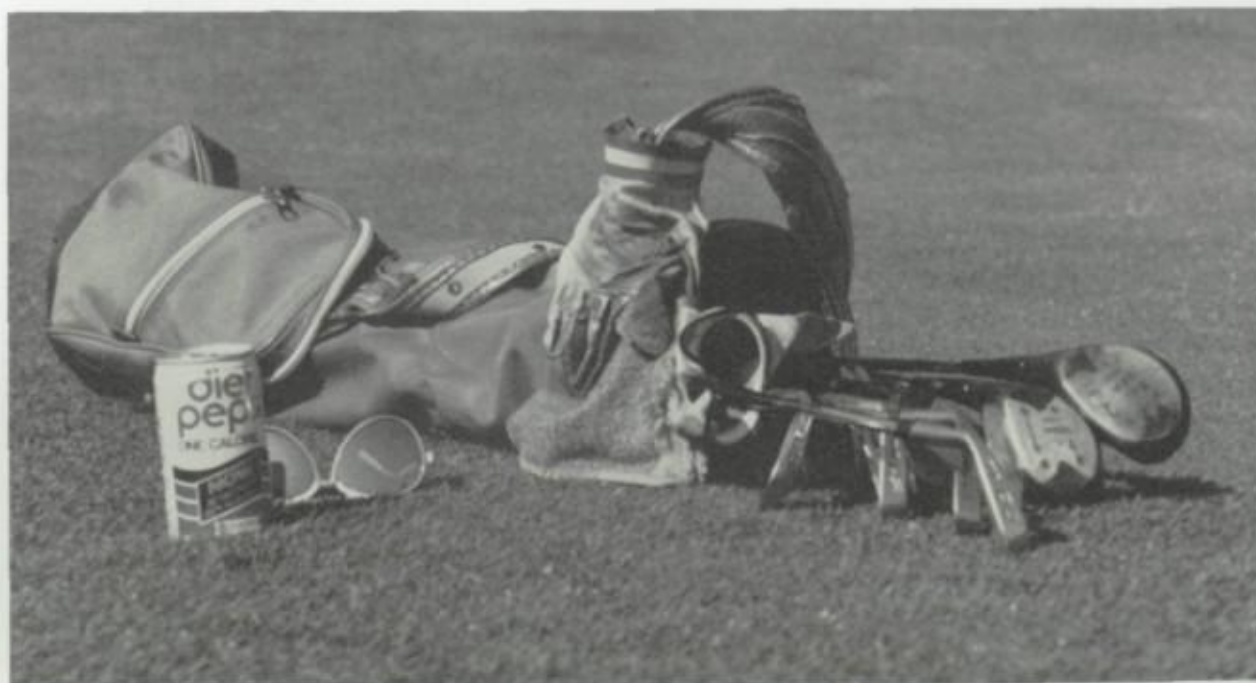
Next year the number of members in the ski club should increase and so should the trips to Mammoth and elsewhere.

See you at the slopes!

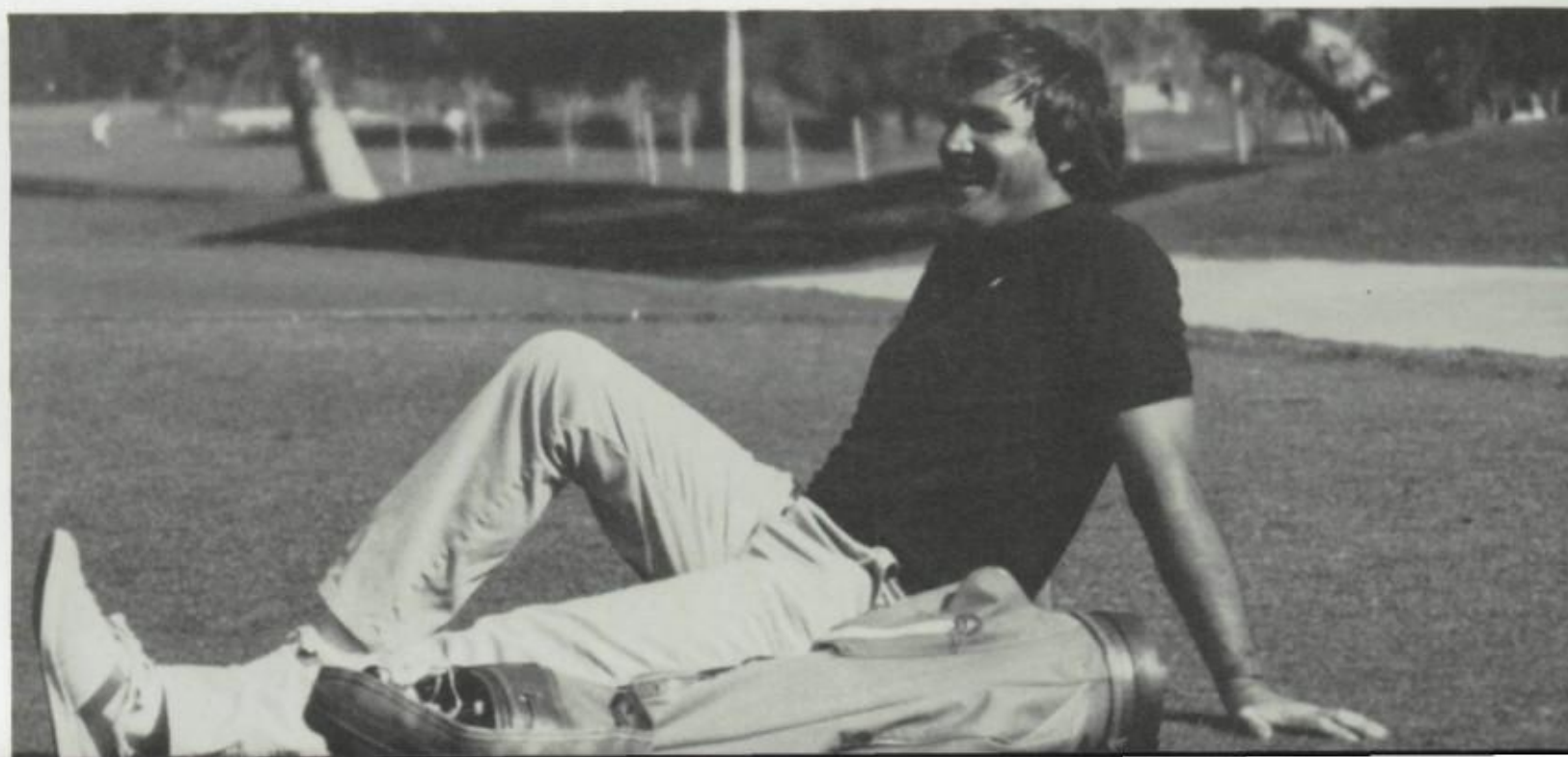
Never Above Par



Ken Treichel and Tom Fox relaxing between puts at the singing Hills Tournament.



Front Row: Tim Campbell, Pat Eyer, Luke Rowland, Ken Treichel, Glen Troiano
Back Row: Coach Sullivan, Wally Pimental, Bob Priddy, Robby Robertson, Stan Bacinett, Tom Fox, Mike Myers
Not pictured: Correy Baker, Lance Urquhart, Coach Ed Curtis



Interact And Be Recognized



Shelly and Debbie giving their opinion at the meeting.



Coach Rockhold taking charge at a EC Varsity Club meeting.

The EC Varsity Club was organized to fulfill a special need of varsity athletes. Any athlete with a varsity letter in any sport was welcome to join.

The organization was led by Coach Rockhold with help from President Todd Torgerson. They helped athletes obtain athletic scholarships for college.

During the year they held fundraisers to finance activities. The most popular fundraiser was the annual leg auction. Several athletes lined up behind a screen to hide their faces, and an auctioneer sold the legs to the highest bidder. It drew quite a crowd.

The club awards the athlete of the year with a trophy to mark his or her achievement. This is considered an honor since athletes are honoring another athlete.

A tradition of involvement and interaction lives on in this club.



Front row: Trisha Hock, Carrie Pangborn, Suzy Bass, DeAnna Weber, Michelle Buerkle, Crystal VonFeldt, Troy Surratt.
Second row: Joey Till, Debbie Apton, Shelly McVicker, Scott Freeman, Robert Krugar, Don Gabriella, Devin Dietzen, Jeff Rice.
Back row: Brad Burton, Teresa Mergens, Brad Bennett, Roy Schroyer, Brian Paradowski, Mitch Burton, Alan Bock, Steve Burroughs.

Not Pictured: Todd Torgerson, Ken Brinegar, Rob Robertson, Curtis Canfield, Jaime Birkel, Michelle Sanders, Tami Petry, Tina Stoner, David Brooks.

by Leslie White

The 1984-85 Choir met period 5 every day and practiced their songs for their performances throughout the year.

During Christmas time the choir members caroled at convalescent homes which included the Lakeside Garden Retirement Home and Seaport Village. They performed with the band and choreography classes in the Christmas show held at the El Cajon Performing Arts Center on December 8, 1984. There were group performances as well as solos and duets.

During the last week in February all the high school choirs went to Point Loma College to perform. The choir members practiced to perfect their musical talents for this event known as the Thousand Voice Choir.

Fundraisers such as selling candy, candles and setting up Pepsi booths were used to raise money for various trips the choir took. One of their most exciting trips was to Catalina in May.

The officers of this year's choir were: President Linda Tagney; Vice-President Kelly Kaiser; Secretary Elisa Vick; Treasurer Janice Buie; and Representative Cheryl Huntley.

Choir: A Sound Future



Mr. Nugent and Mrs. Huff



Practice makes perfect, for every tune counts.



Top row: Donna Rather, Misty Walker, Anna Whitlock, Trevor Warren, Angie Hixson, Greg Rushing, Janice Buies, Kelly Kaiser, Linda Tagney,
 Second row: Brenda Kuder, Denise Zidlick, Shannon Stanley, Missy Ayers, Kim Ferrara, Ellisa Vick, Gina Gentile.
 Third row: Lelanie Curo, Wendi Roskos, Louise Weber, Tammy Kniffing, Frank Zavala, Deena Shands, Casey Easley.
 Bottom row: Lois Paris, Sandra Hohn, Trisha Winningham.



Mr Nugent instructing them on their next score.



The piano, an important part of choir.

With a tip of the hat the '84-'85 girls soccer season opened with a promise from Coach Jim Jones; any girl who made a "hat trick" (scored three goals in one game) would receive their own cowboy hat.

This wasn't their only inspiration though, the girls had a very successful building year last season and were looking forward to an even stronger team this season. They were not disappointed. The team, led by

Captains Rachel Herzig and Karen Ransweiler, had a very strong defense. For most of the girls it will be the third year together as a unit. The tradition of rewarding players with soccer ball patches for the player of the game, the one who out-shined them all is sure to continue.

Players are also given patches in the shape of stars for exceptional games or plays. All patches are placed on their team sweat shirts. Standouts in these categories included Kristine Stanzick, Rachel Herzig, Nikki Gerdes, Robin Stansbury, Jill McFaul, Tammie Hiler, and Karen Ransweiler. Next time you see a girl in a cowboy hat, it may not be just because she's from Lakeside.

Success Is The Goal

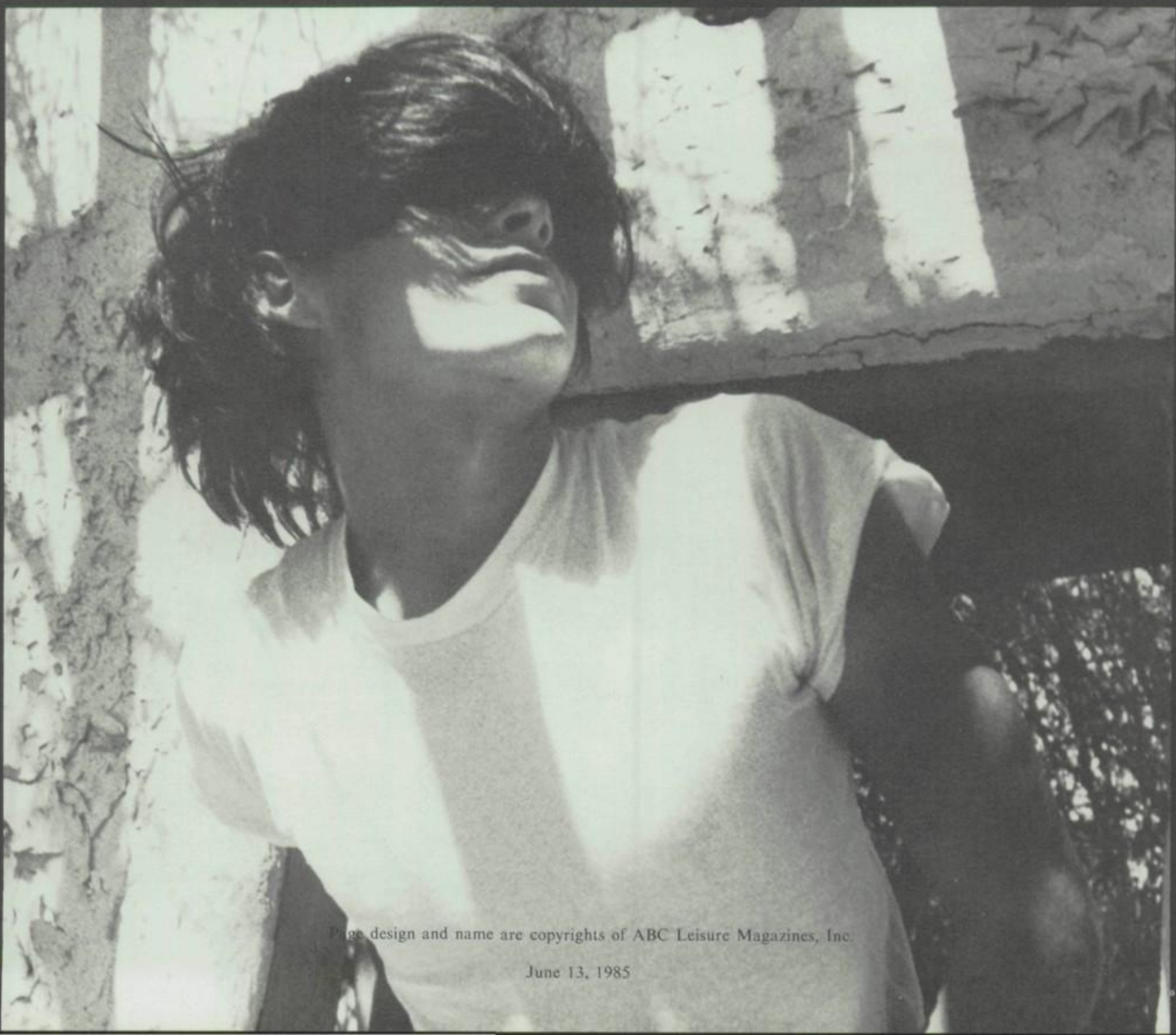


Rachel getting control of the ball.



Back Row; Coach Jones, Denise Nash, Mia Branski, Robin Stansbury, Tammie Hiler, Kristina Koltavary, Rachel Herzig, Cathy Koltavary, Coach Ransweiler.
Second Row; Angie Dunham, Debbie Brooks, Yvonne Phillips, Jill McFaul, Karen Ransweiler, Serena Blanks, Kristine Stanzick.
Front Row; Nikki Gerdes, Diana Bradley, Cheryl Daily, Crystal Von Felt, Beth Frasor.

MODERN PHOTOGRAPHY



Page design and name are copyrights of ABC Leisure Magazines, Inc.

June 13, 1985



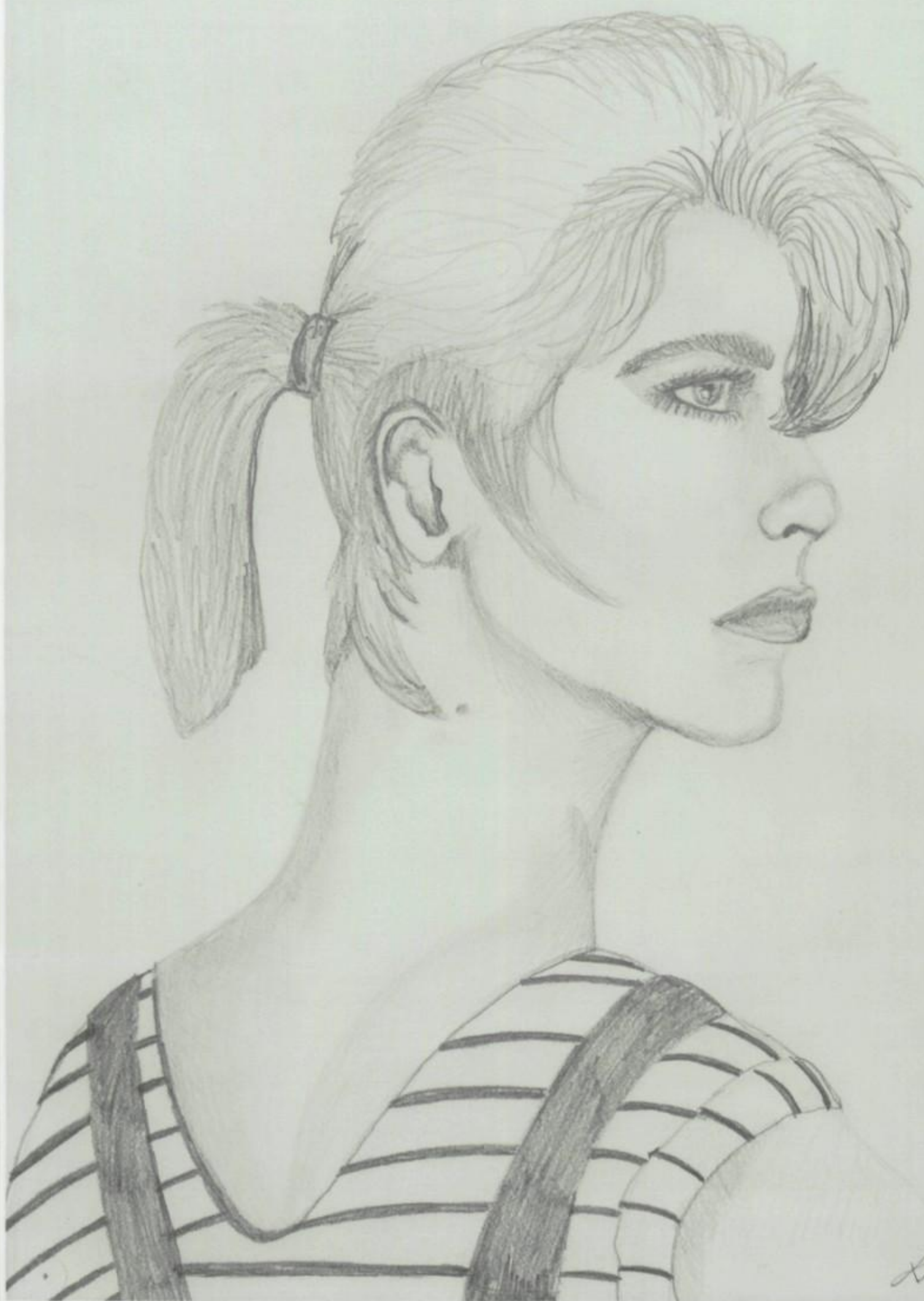
More Than A Friend

To write of you is to write of a dream.
You are no GQ but that doesn't matter.
Because we talk as friends, we talk as lovers,
we share the laughs we share the bothers. How
long will we last no one knows. Just day by day
we share each other.

Sometimes there is tragedy, sometimes triumph.
Always there to share it, always there to
comfort. You know when to hold me and when
to let me be. It's been only twelve months,
but it seems like eternity. You know me so
well you can predict my every move.

Why I didn't find you three years ago, I
will never know. I've never had a dearer
friend, someone who will hear my secrets and
comfort my fears. I feel safe in your arms,
like with no other friend. I can only say
you are, more than a friend.

Laurie Erdman — 12



DEBBIE ESTRELLA — 11

Signs of Change

The time has come to be on our way, the date
grows nearer every day. To forget the old and
bring in the new, to get on with life like we
planned to do.

They say after high school it's all going to
change, the carefree lifestyle all rearranged.
To get out in the world and find a new way,
to start a new life after that one spring day.

It seems so unreal, it all came so soon,
none of us feel ready for that one day in June.
It's hard to go on and change our life so,
our minds stay red when the light says go.

It's hard to grow up to what we must be,
when all childhood memories are clinging to me.
It's hard to let go, to seek, to find, this
strange new beginning being placed in our minds.

But don't think it's over, it's really just begun,
so search the world over for your rising sun.
Your life's just now opening to bigger, broader,
things, so let go of the past no matter how it clings.

Change shouldn't scare us from what we must find,
but send vast adventures to challenge our minds.
So keep all your memories but take them away, to a
whole new start on a brand new day.

Our last year is over, but life's just begun, don't stop
now for the journey's not done. You're saying you can't,
but you know it's a lie, so go for it full on,
reach for the sky!

Dominic Sprecco — 12



Claudia Mitchell — 10



Greg Bluffin — 12

I do not understand

Why mothers are overbearing

Why people don't follow rules

Why emotions are so hard to
comprehend.

But most of all I do not understand the
reason for life.

I see people breathing, just being alive
people thinking only of themselves
(being intentionally cruel to another
just because they're different)

What I understand most is music.

It tells me what I want to hear

I turn it on or off at anytime

It's comforting and demanding

Hard as sparkling steel

Light as a floating feather

A place to lose myself.

Kim White — 11



Cookie McLean —

LAKESIDE

Pennysaver



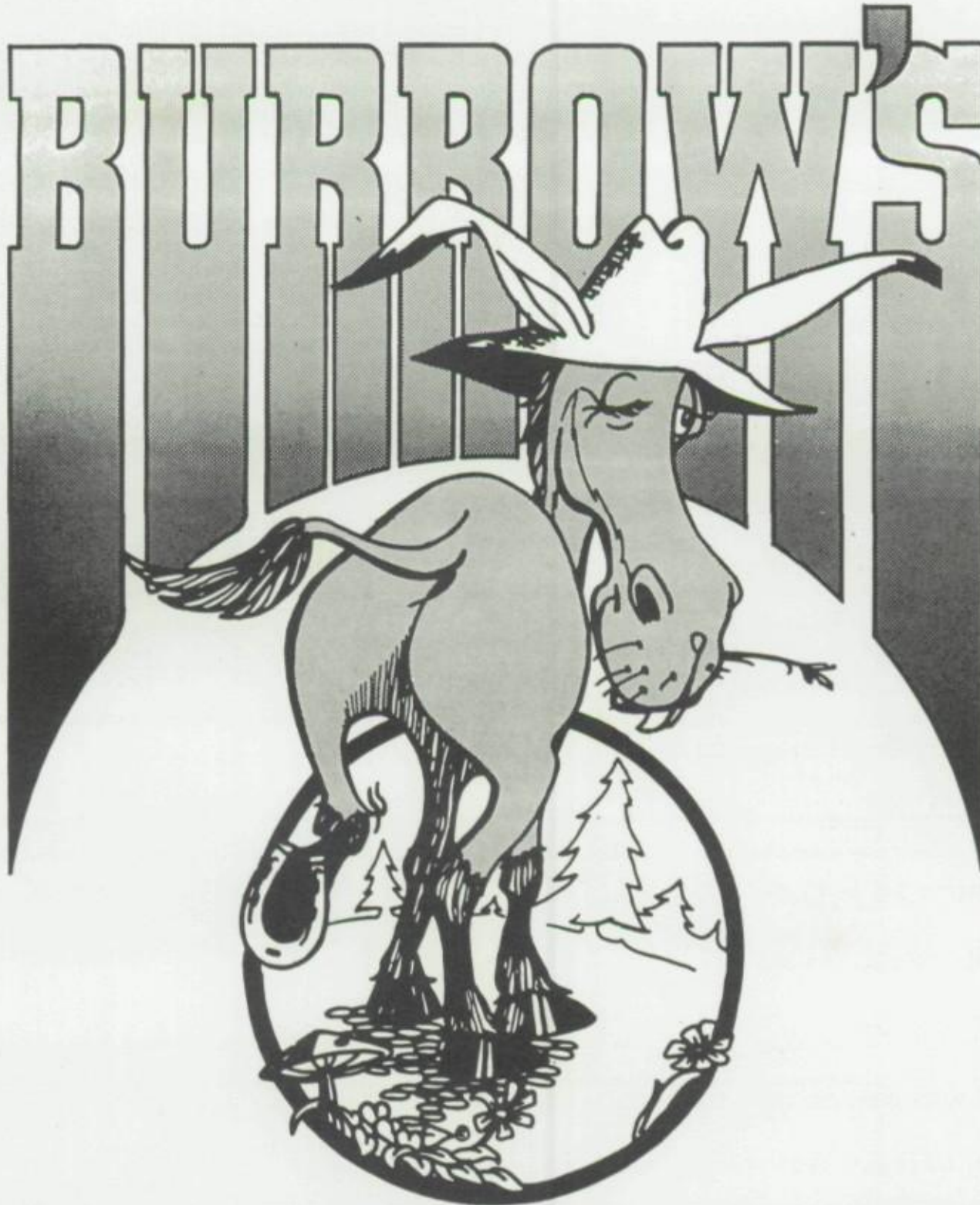
Circulation This Edition 10,000

4775 VIEWRIDGE AVENUE, SAN DIEGO, CA 92123

Comm'l. Reader Ad ... 576-6000

Personal Reader Ad .. 576-6060

Display Ad 576-6000



CONCRETE

GOOD LUCK '85
BEST OF LUCK '86

Eric Daniels,

We love you. We are so very proud of you. May your life be full of happiness.

Love, Mom, Dad and Christopher

Carl S. Cato,

Generations of your forefathers were denied access to education by government mandate. You must pursue education diligently. You must drink deeply from the well of learning.

Dad

Dapper,

May you always be so caring and loving. Here's wishing you a great future.

Thanks, Love, Dad and Mom

Kimberley Weiser,

We're very proud of you! You are a loving daughter and fun to be with. Success will be yours. We love you very much.

Dad and JoAnne

Jill Cunningham,

We love you and thank God for you. Love, joy and peace forever.

Mom and Dad

Danny,

Congratulations and good luck. You have truly made us proud.

Love, Mom and Dad (Zwolenski)

Cathy,

You are very special to us and we wish for you all the happiness in the world. We love you.

Mom, Dad and Karen

Laurie,

Secretary of Agriculture. May all your dreams become reality; you deserve no less.

Love, Mom and Dad

Debbie,

This was a difficult year for you, but you made it! You have filled my life with sunshine and love. We are so proud of you.

Love, Mom

Michelle Buerkle,

May this day be the first great step into your future and may your future be just as bright as you shine!

Love, Mom

Leslie,

You are the best friend a person could have. I'll always be there for you, time after time. You're my rainbow in a rainy world.

Love, Debbie

Julie,

"Ace Lady", you've made *us* feel like winners; just as proud as you felt receiving your first "ice" bouquet from Dad.

Love, Mom and Dad

Tom Elbert Jr,

You're the best son any person could ever ask for. We're so proud of you. Good luck forever!

Love, Mom and Dad

Julie,

Remember the summer we farmed onions in England? You were the first American girl caught stealing 12 bushels of onions under your shirt!

Your Aunt

Katrina Sevensma,

Congratulations Katrina! Good luck in college and in all you choose to do. We are all proud of you.

Love, Mom, Dad, Karen, Sonny, Kathy, Rick and T.B.

Shelly (Awesome) McVicker,

You have the ability to brighten up anyone's day with just your smile. You've made being parents an easy job. We love you.

Mom and Dad

Devin Dietzen,

Your name says it all. D-dear E-enthusiast V-vivacious I-intelligent N-nonchalant. All our love to a special son.

Mom and Dad

Shelly (G.S.),

Keep your standards and goals as high as they are now and the world is yours. I love you.

Grandma (G.Z.)

Rusty Espinoza,
We are quite proud of you, shoot for the moon. Remember your family is always with you.
All our love,
Dad and Mom

Dear Lois C., Suraphan P., and David C.,
Congratulations and good luck to Lois and Suraphan. Keep up the good work David.
Love,
Mom and Dad

KBBFS,
You are one of the best friends I ever had. I hope we can remain friends after high school. Good Luck always.
Love,
JBBFK

Dear Duke,

Long before you were able to realize it, we have loved you . . . and we always will. You are growing into a fine young gentleman with maturity beyond your years. You can forever depend on us. We derive much joy and pride from you, our son. Success in life is not measured by what you attain for yourself but rather by the happiness you bestow upon others whom your life touches.

Love and best wishes for your future,
Dad and Lauren



Lance,

Remember when reaching into the future-never forget the past. Also, when the going gets tough, never give up — when the going gets easy, never slack up.

We love you,
Mom and Dad

Dear Lois Chareonsuphiphat,

There's someone very special I found along the way. Who knows my deep affection. The words I so not say.

How changed would be the story without this someone dear, who shares my hopes, my dreams, and laughs away a tear. Companionship so priceless and understanding too. Who is this special someone? My daughter it is you. May you experience the joy you've brought to us. Best wishes to Lois and Amy Essman on your future.

Love,
Mom



Jack Marks Jr.,
We're so proud to have you for our son,
don't ever change. Always be loving and
kind. May your future be as bright as
you've made our lives. Congratulations
son, we love you.

Dad, Mom and Buba



Sandy,
I'm proud and happy you're my daughter.
You had disappointments and I've leaned
on you honey when the going was rough.
You're my best friend. I pray for your
happiness.

Love, Mom



Suzy Bass,
From the very beginning, you have made
us proud. You will always be our "S.S."
Congratulations and love,
Mom and Dad



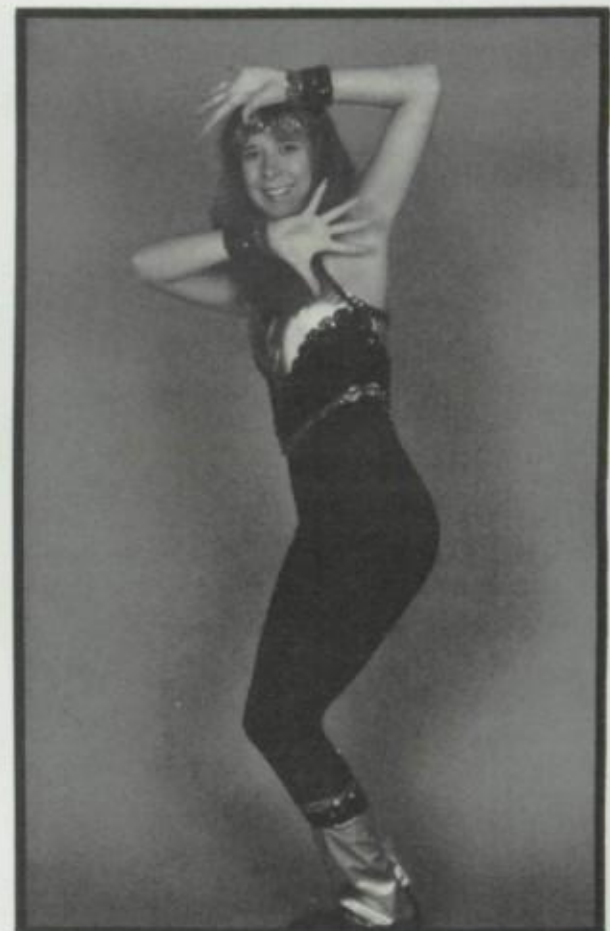
Mitch and Brad Burton,
Congratulations! We are very proud of
your accomplishments. We wish you con-
tinued success in all you do.

Love, Mom and Dad



A.J. (Zimbabwe)
Congratulations and blessings at this time
of new beginnings. Continue to grow and
become all you can, what ever that may
be. We all love you very much.

M, D, K, and T



Karyn,
Congratulations, We're proud of you.
You've done your very best. May you
dance into the world with the same posi-
tive outlook you've shown us.

Love, Mom and Dad



Debby Corcoran,
It's been a delight watching you grow. I'm
very proud of you. May God bless you
always.
Love always in Christ, Mom



Mark Charles Darwell,
You are a real joy, Mark, Good luck, con-
gratulations, and thanks for being you.
God bless you.
Mom and Dad



Michelle,
From your first day in school until now,
you have worked hard to make us proud.
"YOU DID IT"
We love you, Mom & Dad



Susan,
You've come a long way from that little
girl in the snapshot. We've watched you
journey with pride and love and will con-
tinue to throughout your future. You're a
winner!
Love, Mom, Dad, and Cathy



TGIWomen —
Parties, orange juice, chasing guys, being chased, shopping, and all the fun are just a memory, but
what good ones! We're sworn to fun and loyal to none. Kristine, it's all yours now; always remember,
2 are as good as 12. Wednesdays last forever. Zoid on! "Girls just want to have fun!!"

Top Soil • Sand • Decomposed Granite
Rock/Landscape Boulders • Cement • Flag Stone

Dave Martin

Supplies • Trucking

10168 Channel Road
Lakeside, CA 92040

619/561-4300

Alpine Creek Video

VIDEO ENTERTAINMENT SPECIALIST
VIDEO SALES & RENTALS
SATELLITE ANTENNA SALES

John & Ann Fravel

1347 Tavern Road — Suite 32
Alpine, CA 92021

Alpine Creek
Shopping Center
Phone 619-445-0725

Repairs •
Maintenance •

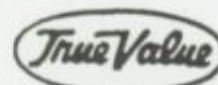
State Lic. 354088



J. R. Baum Plumbing

Tel. 443-5263

Repipe • Remodel • New Construction •



ALPINE CREEK HARDWARE & PAINT

THE BIGGEST LITTLE STORE IN TOWN
NEXT TO GROSSMONT BANK

Owner, Manager
JERRY & GEORGIA HINES
(619) 445-5674



1347 Tavern Road
Suite 31
Alpine, CA 92001

WONDER CITY COMICS

(619) 448-7121

9315 Mission Gorge Rd. Santee

New & collector Comics
Fantasy Games and Magazines
Boxes, bags, everything you need
Comic Locator Service
Quality Discounts Open 7 days a week

The Book Rack

13330 Old Hwy. 8
Lakeside, CA. 92040
Used paperbacks sold/traded
Cards, Calendars & Copies

561-2297

Job Skills=Successful Employment
Best wishes in your future employment
from:

Vocational & Career Assessment
Post Office Box 1566
Lakeside, Ca. 92040

Publisher's of:
The Job-Seeker's Bible:
How to sell yourself



Many Thanks To Boyd Anderson's Studio, Rod
Williams, And Dan Plough For Their Help To
Annual Staff.

- SPORTING GOODS
- TROPHIES
- TEAM OUTFITTERS

- SHOES
- CLEATS
- CLOTHES

LANES SPORTS STORE

9732 WINTER GARDENS BLVD.
LAKESIDE, CA 92040

BOB & CAROL LANE
(619) 561-7168

(IN ALPHA BETA
SHOPPING CENTER)



Portable

WELDING REPAIR & FABRICATION

TIG - MIG - ARC - GAS
CERTIFIED

Silver Brazing
Steel - Stainless

MIKE ERDMAN
443-6718



McLean

CONSTRUCTION

Custom
Homes

GOOD LUCK
COOKIE & DEBBY

MEL GORHAM'S LAKESHORE FARMS

"The Friendly Store"

HOURS: 7 AM to 10 PM
7 DAYS A WEEK

12580 LAKESHORE DR.
LAKESIDE, CA 92040
(619) 443-4747

Tractors — Implements — Trucks — Trailers
Commercial Industrial
11 Acres Of Equipment

LEWIS EQUIPMENT

New & Used Machinery

Tractor Bill's

14444 Olde Highway 80
EL CAJON, CA 92021

BILL LEWIS
BILL LEWIS, JR
(619) 561-3250

(714) 443-3002

Family Clothing

LAKESIDE DEPARTMENT STORE

Good Luck

J.A. SHAW
Manager

9917 Main St.
Lakeside, CA. 92040

ALVORD CRANE



12341 JULIAN AV.
LAKESIDE, CA 92040

BOB ALVORD
(714) 561-2249

David Nowlan,

We are proud of your scholastic and athletic accomplishments. With your determination, your future will be bright.

Love
Mom & Dad

Michelle Lepire,

May prosperity, good fortune and health be with you always. You've only just begun.

Love,
Dad, Jo & Suzanne

Laura Moen,

Laura, sometimes I forget to tell you how much I appreciate your help especially having to help raise your little sister Mitzi.

Love always,
Mom

Wendy and Kathy Ashworth,

Congratulations to two young ladies determined to reach and surpass their goals. I am proud of your accomplishments and wish you life's best.

Love,
Mom

Bonnie Trenholm,

You are the sunshine of our lives. We love you and are proud of you.

Love,
Mom and Dad

Jesse Lopez,

Your dreams are special, let no one change them. We support your decisions, because you're a winner. Congratulations Graduate.

Love,
Mom and Dad

John Lopez,

We're proud of your achievements during your freshman year both in the classroom and in sports.

Love,
Mom and Dad

Terra Hofmann,

Dear Terra, you are so beautiful; a lovely person. We wish you every blessing. You have made us proud to be your mom and dad.

Love,
Mom and Dad

Karyn,

Congratulations for a job well done. Best wishes for your future.

Love,
Uncle Ed, Aunt Marti, Scott,
Matt, and Grandma Ryan

Suzanne

Congratulations! You've always been a sweet girl. Glad you're graduating. We wish you the best!

Love,
Grandma and Grandpa

Lydia Morrisy (Poopsie)

Congratulations on all your achievements. We love you and we're very proud of you.

Love,
Mom, Dad, Kelly, Moey & Billy

Cherie Haugum,

To our beautiful daughter, throughout the years of scrapes, stitches, broken bones, and broken hearts, you have been worth your weight in gold. You've been our pride and joy even more than we could have hoped for. Thank you for making our hearts burst with pride and love for you, and thanks for the fun you've shared with us through your high schools years. I hope the future brings to you as much joy as the past has brought to us with you. Cherie we love you very much, more than any words can say.

All our love,
Mom, Dad, Shana & Scott

In the immortal words of Vince Lombardi; "Mental toughness is essential to success." To our favorite teachers and friends; Cleland, DeKock, Yount, Furrow, Hansen, Hoss, LaBlond, A "Krotchmeyer", Lipetzky, Louissa McClain, Peabody, Cathy Peairs, Plough, Rockhold, Waasted, Dad's adventure through Algebra Land.

Thanks for the memories;
Susanne, Michael, Karen, John & Joey Till

James Gregory,

I'm so glad we're together. You've made my life full of surprises and loads of fun. I love you forever.

Thanks,
Baby K

DELIVERY SERVICE

LEO'S *Lakeside Pharmacy*

9943 MAINE AVE. - LAKESIDE, CALIF. 92040

LEO E. WARD, R.Ph.

Serving the Community for 25 Years

443-1013
STORE PHONE



**WOODY &
DOLLY'S**
FAMILY RESTAURANT

12212 Woodside Avenue • Lakeside
Just Good Country Cookin' 561-0798



Ruth Ann Borst
(619) 442-0669



RUTH ANN'S *Hallmark*

1059 BROADWAY • EL CAJON, CALIFORNIA 92021



442-1096

Charlie and Company "Too"

Date _____ Time _____

Operator _____

Judy Balk
Owner

1769 N. Second St.
El Cajon, CA 92021



DOUG & VILMA LATHREM

CONROY'S
FLORISTS

1303 BROADWAY, EL CAJON, CALIFORNIA 92021
(619) 444-3101

The Barona General Store

Barona Indian Reservation



S.A.F.E.
FIRE EXTINGUISHER

Sales — Service

697-7000
P.O. Box 14555
San Diego, CA 92114
"Roy Arce"

J & S QUARTER HORSES

Lemon Grove, California

Horses for Sale
Stud Service
463-6357

Bucket Florist

ARRANGEMENTS FOR ALL OCCASIONS
WEDDINGS • FUNERALS
WEDDING CONSULTANT

442-5603

1308 MANOR AND 2ND • EL CAJON, CA 92021



The Golden Touch Beauty Salon

JEAN MENDEL
OWNER

Full Service
Hair Care for
Men & Women

12407 Woodside Avenue
Lakeside, CA 92040
(619) 443-4500

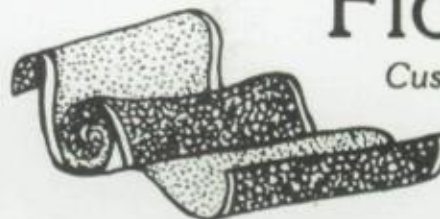
kinko's

Kinko's San Diego
5188 College Avenue • San Diego, California 92115

Phone 562-8022
Lic. #329144

Shar Jon Floors

*Custom Flooring
With A Flair*



Suite # 108

8733 Magnolia Ave., Santee, CA 92071

OUR NAME SAYS IT ALL

PRICE RITE Discount Pharmacy **449-4990**

DIRK JERGENSEN
R. PH.

8774 CUYAMACA ST.
SANTEE, CA 92071

Lakeside Santee Funeral Chapel

Serving East County since 1958
619-443-3918

9840 Main Avenue
Lakeside, CA 92040

BOYCE'S IMPORTS

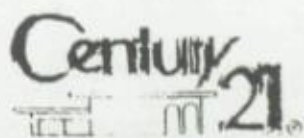
CERAMICS • LAWN DECOR
MEXICAN POTTERY ETC.

BOYCE'S WINDOW CO.
LIC. NO. 337285

WINDOWS • SHOWERS • BATH ENCLOSURES
MIRRORS • SCREEN REPLACEMENTS
14392 OLD HIGHWAY 80
EL CAJON, CA 92021
443-6464



**Wishes the graduating class
of 1985 the best of luck in
all their endeavors.**



TOWN 'N RANCH REALTY PROPERTY MANAGEMENT
 11980 Woodside Avenue, Suite 1
 Lakeside, California 92040
 Business 561-1664
 Residence 562-7099

MICHELLE SMITH

Each Office is Independently Owned and Operated

WEBB'S RV SUPPLY

★ PARTS ★ REPAIRS ★ ACCESSORIES

— FEATURING —

- HITCHES
- ANTENNAS
- APPLIANCES
- PROPANE
- AIR CONDITIONING
- CHEMICALS
- RV BODY REPAIRS
- OIL CHANGES & LUBES
- FREE INSURANCE ESTIMATES

CALL **443-5073**

10030 MAINE AVE LAKESIDE

RETAIL HAY CUBES WHOLESALE



BULK & FLATBED TRUCKING

10125 Channel Rd., Lakeside, CA 92040
 (619) 443-0971

HELTON CABINETS

11459 WOODSIDE AVENUE, SANTEE, CA
 92071

Lic. No. B-358871 — General Contracting
 Lic. No. C6-358871 — Cabinet & Millwork

Shop 562-6230

Owner — JACK

SALIS • SERVICE • RENTALS

**Jack LaCoste TV
& Appliances**

1 BLOCK EAST OF 30TH ST., JUST OFF UNIV. AVE.
 PH. 291-8200

RCA
 3925 OHIO STREET

WHIRLPOOL
 SAN DIEGO, CA 92104

443-1077



443-1078

PAYTON T.V. HARDWARE

9841 MAINE AVE.

JIM & DIANNE
 EL-HAJJ

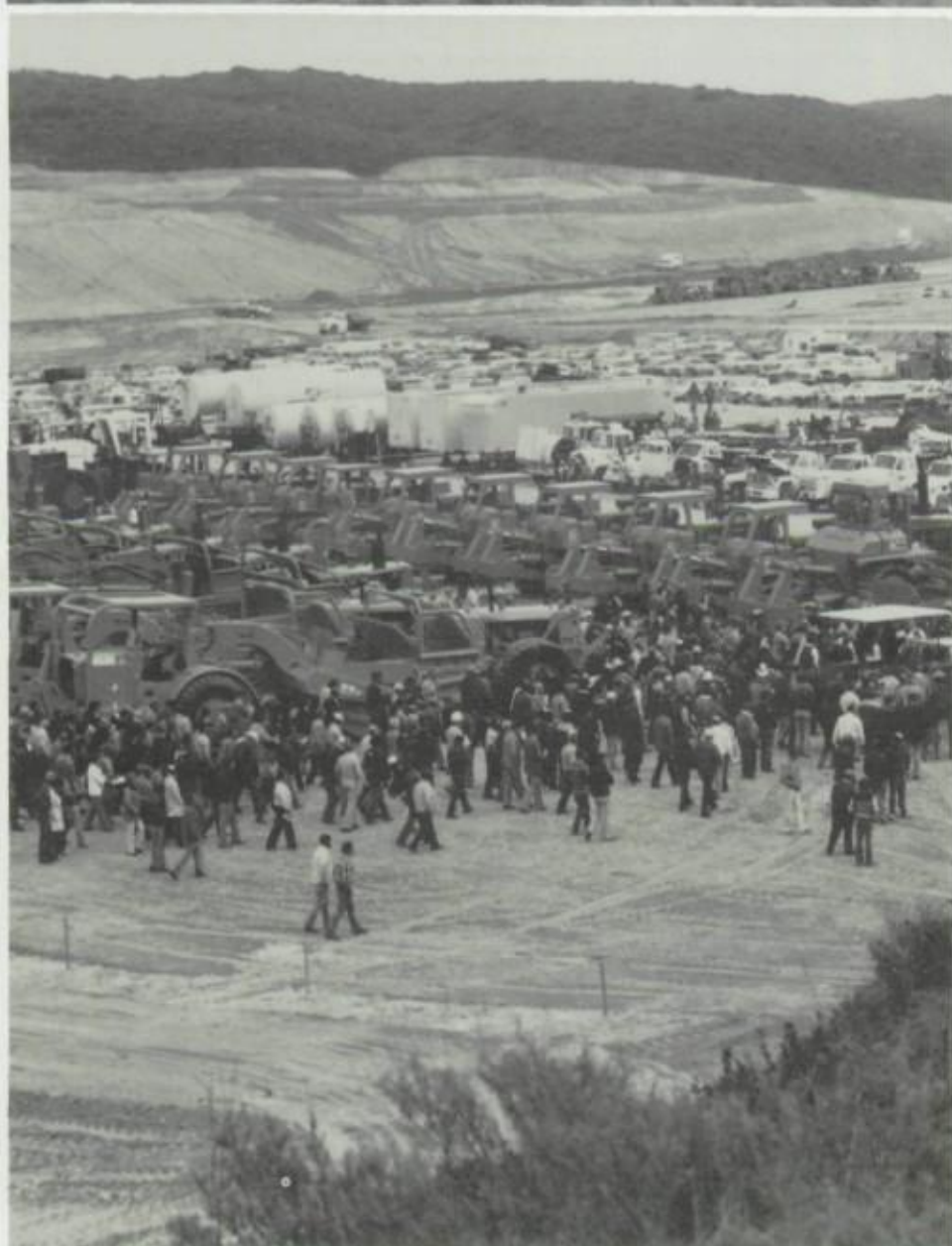
OPEN 7 DAYS

Official Brake, Lamp & Smog Station

Gene Howarth's Chevron Service
 1298 Broadway, El Cajon, CA 92021
 Phone 444-7890



Corner of 1st & Broadway • El Cajon
 442-0486 Open 7 Days A Week



LICENSE NO. 299932

SIGNS
SPINNICK
 GENERAL ENGINEERING CONTRACTORS

BILL SIGNS
 BUS. (619) 579-8333
 RES. (619) 443-7011

685 FRONT STREET
 EL CAJON, CA 92020

**Congratulations
Class of 1985!**

*One
Jo. and
Sharon*



Since 1972
Dave LePire
9820 Maine Avenue
near Woodside & Maine
Lakeside, Ca. 92040
619-443-8300

**We don't just sell insurance,
we explain it!**



SOBER GRADUATION

**make it to
your future.**



SPONSORED BY KIWANIS OF LAKESIDE

Cowboy's Corner

WESTERN WEAR

(619) 561-6070
10014 Maine Ave.
Lakeside, CA 92040

**Ben & Fran Bruton
Tom & Jody Hostetler**

**443-1013
STORE PHONE**

LEO'S Lakeside Pharmacy

9943 MAINE AVE. - LAKESIDE, CALIF. 92040

LEO E. WARD, R.Ph.

Serving the Community for 25 Years

DELIVERY SERVICE



Rachel Herzig and Andy Tolley successfully integrate through Ellis Island.

American Studies Students:
"Remember Ellis Island ... February 1, 1985 ... Good Luck!"
Mr. Yount and Mr. Dekock



442-0627

Charlie and Company

Shirley Aldridge

685 Jamacha Road
El Cajon, CA 92021

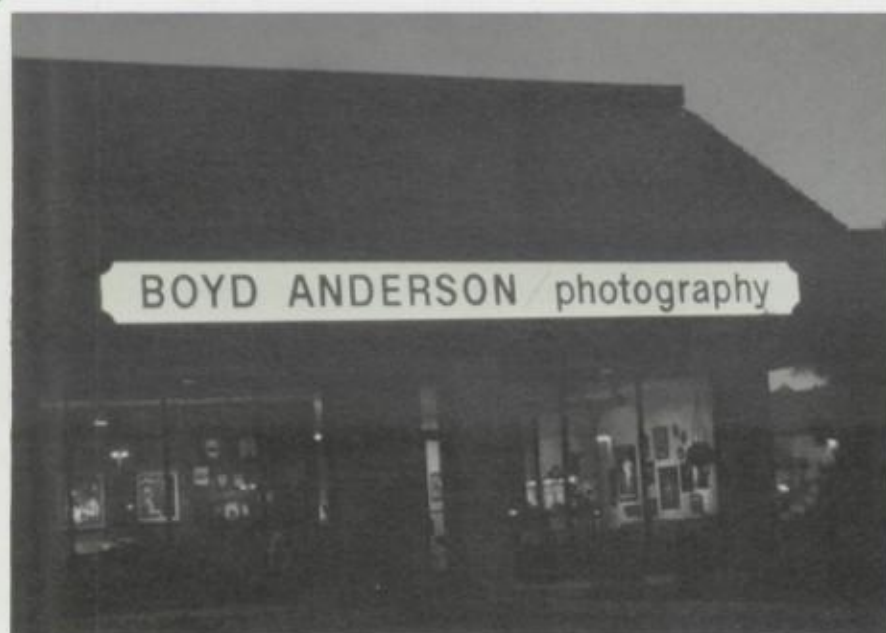
WALLACE EMBROIDERY & SILK SCREEN

Shirley Wallace

(714) 443-3606

(714) 443-3607

9932 Maine Ave., Lakeside Ca. 92040



885 Arnele Ave.
El Cajon, California 92020
Phone: 444-1184



Tacos

Hamburgers

12136 Woodside Ave.
Lakeside, CA 92040

JEAN EMMONS *Manager*
561-5904

Trophies — Awards — Engraving



JAKE'S
Trophy World

(619) 443-6831

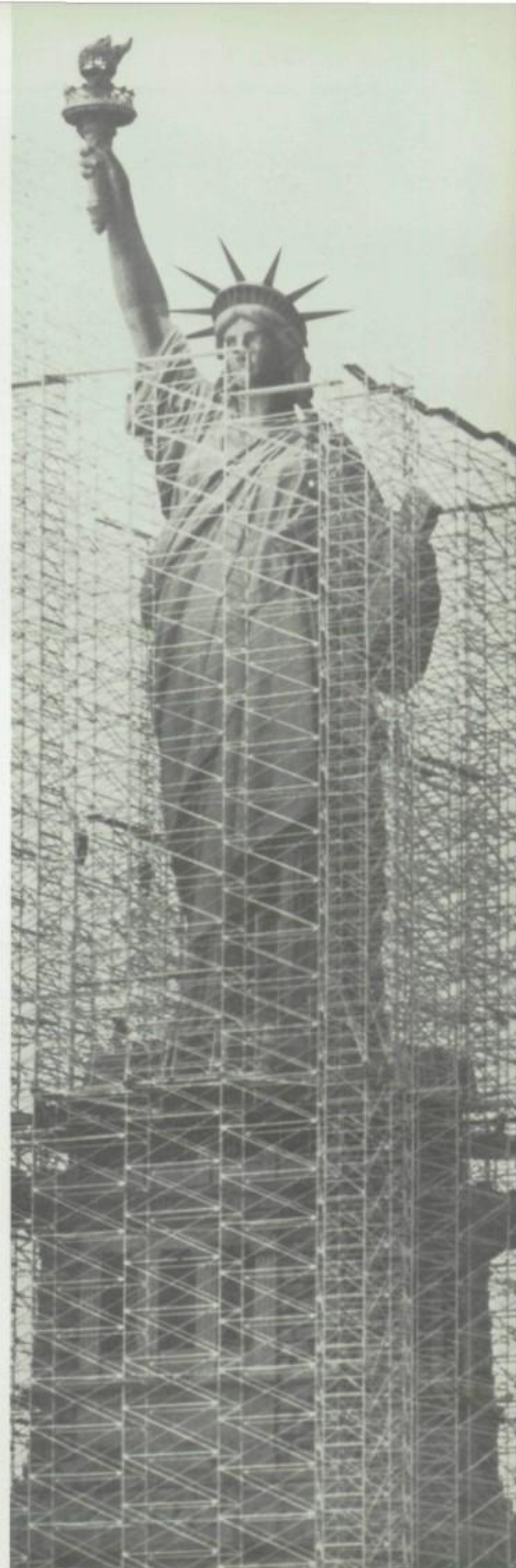
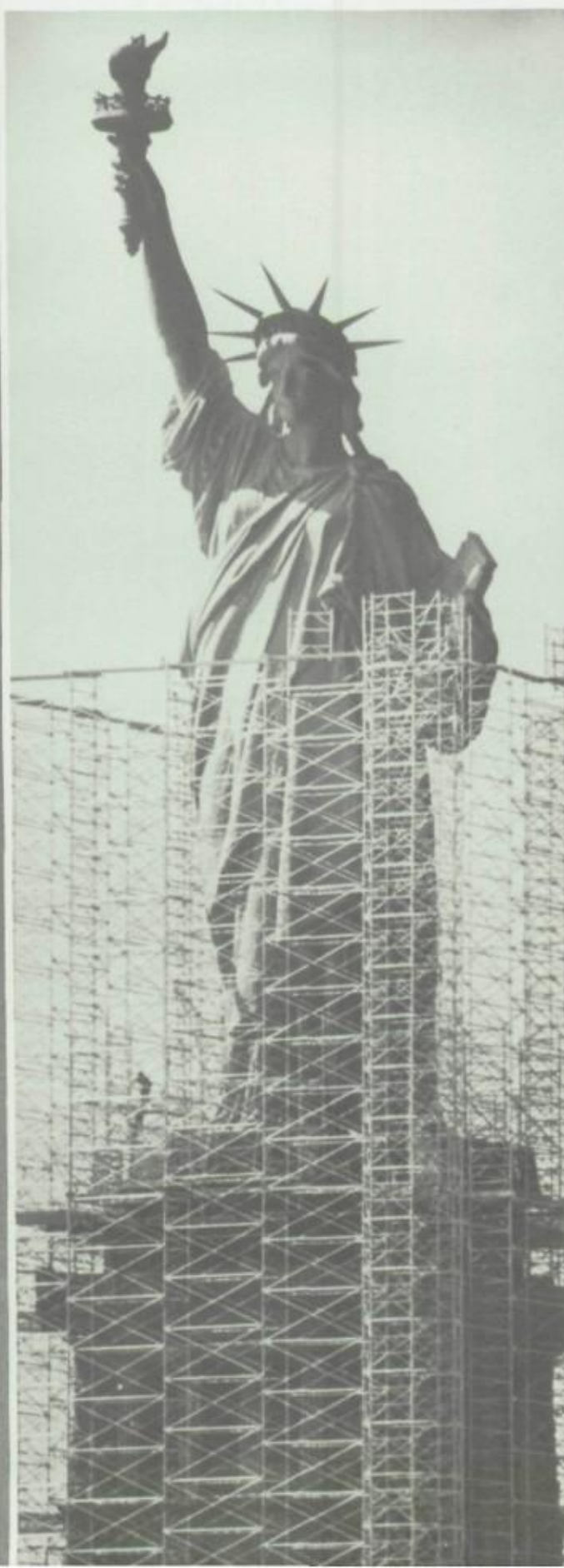
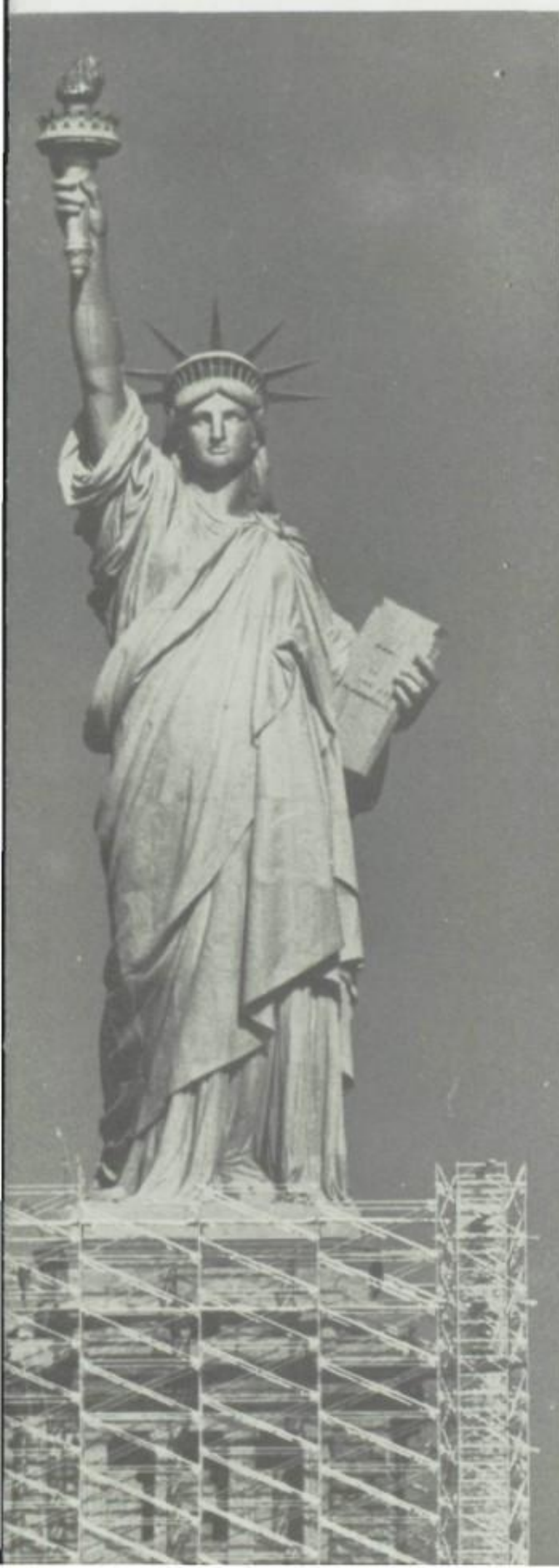
9819 Maine Avenue
Lakeside, CA. 92040

NEWS

From Across The Nation

\$1.75

June 13, 1985



The Statue of Liberty celebrated her 98th birthday in 1984 and she began to show her age. The statue was worn from constant pummeling by wind, salt air and acid rain, and the iron ribbing supporting the copper covering was badly corroded. A two-year restoration began in July 1984. It included a new gold-plated torch.



Presidential Elections

President Reagan won re-election with the biggest electoral vote in the nation's history. He won 49 states with 49 percent of the total vote. First Lady Nancy Reagan holds the Bible during the ceremony under the Rotunda of the Capitol in Washington Monday. Chief Justice Warren Burger is at right.

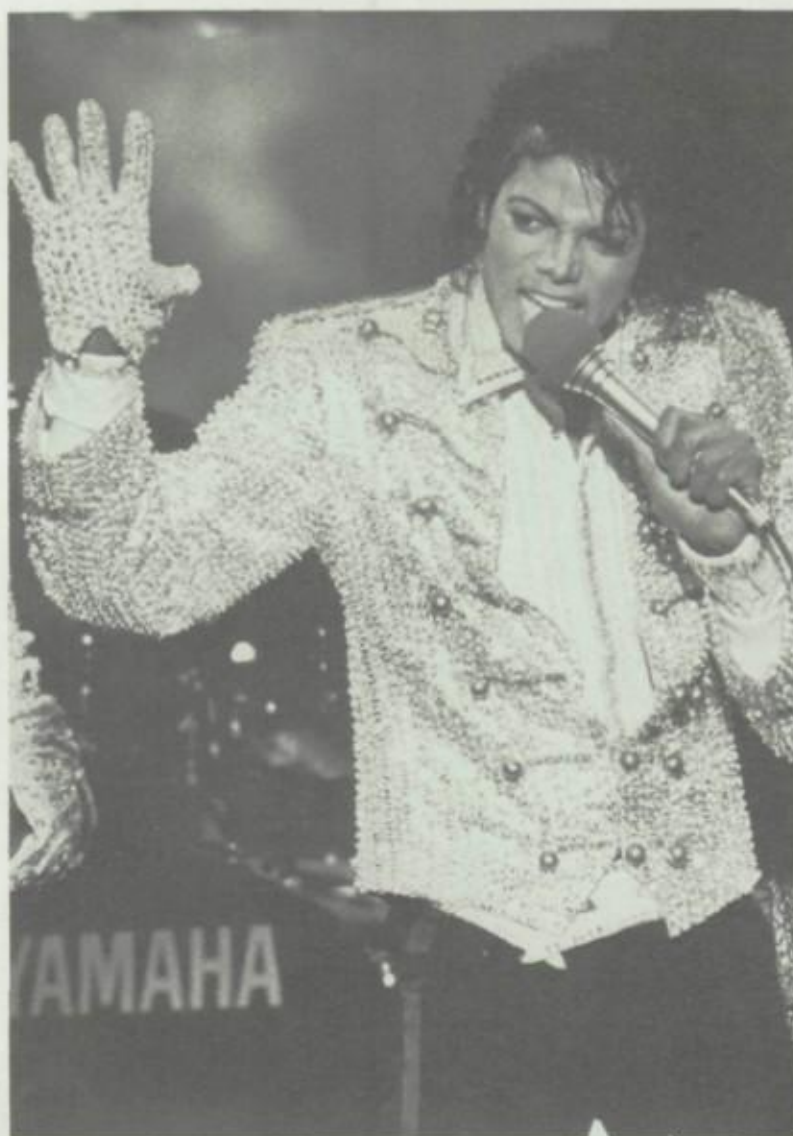
Democratic presidential candidate Walter Mondale made history when he chose a woman, Geraldine Ferraro, as his vice presidential running mate. Mondale and Ferraro were nominated on the Democratic ticket at the party convention in San Francisco in July. He announced early in his campaign that to lower the federal deficit increased taxes would be necessary.



Entertainment



Vanessa Williams was forced to surrender her title as Miss America at the request of pageant officials because she had posed nude for sexually explicit photos. She became the first of 57 Miss Americas to be forced to resign. Suzette Charles, the first runner-up became the 58th Miss America. She crowned Sharlene Wells, Miss Utah, at the Atlantic City Pageant in September.



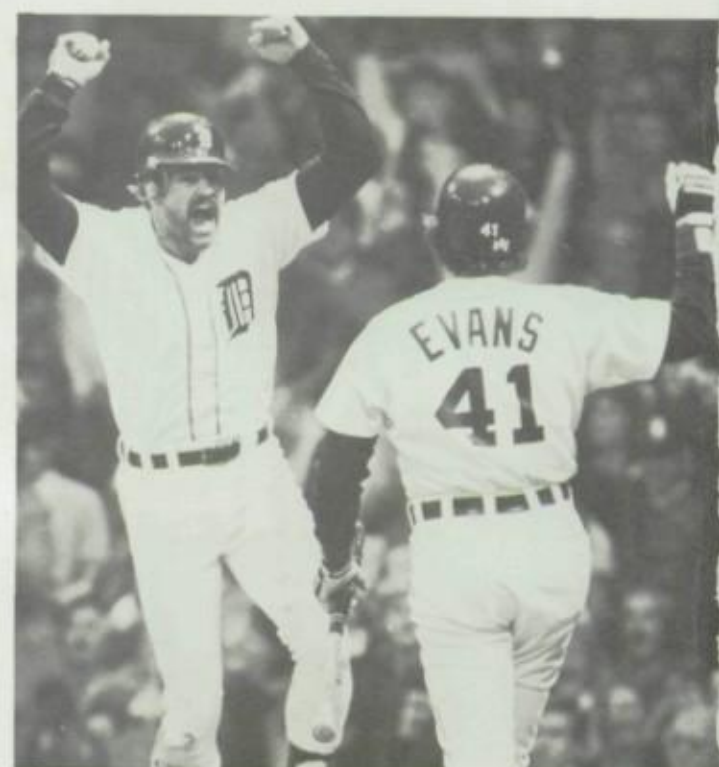
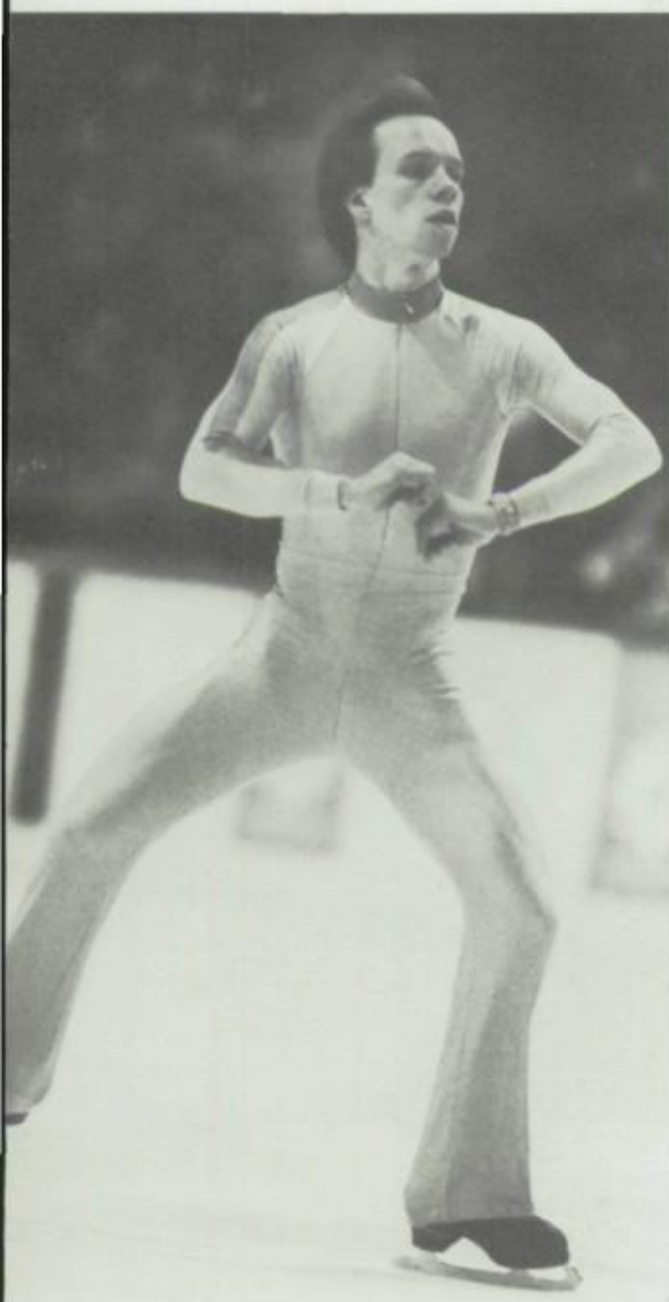
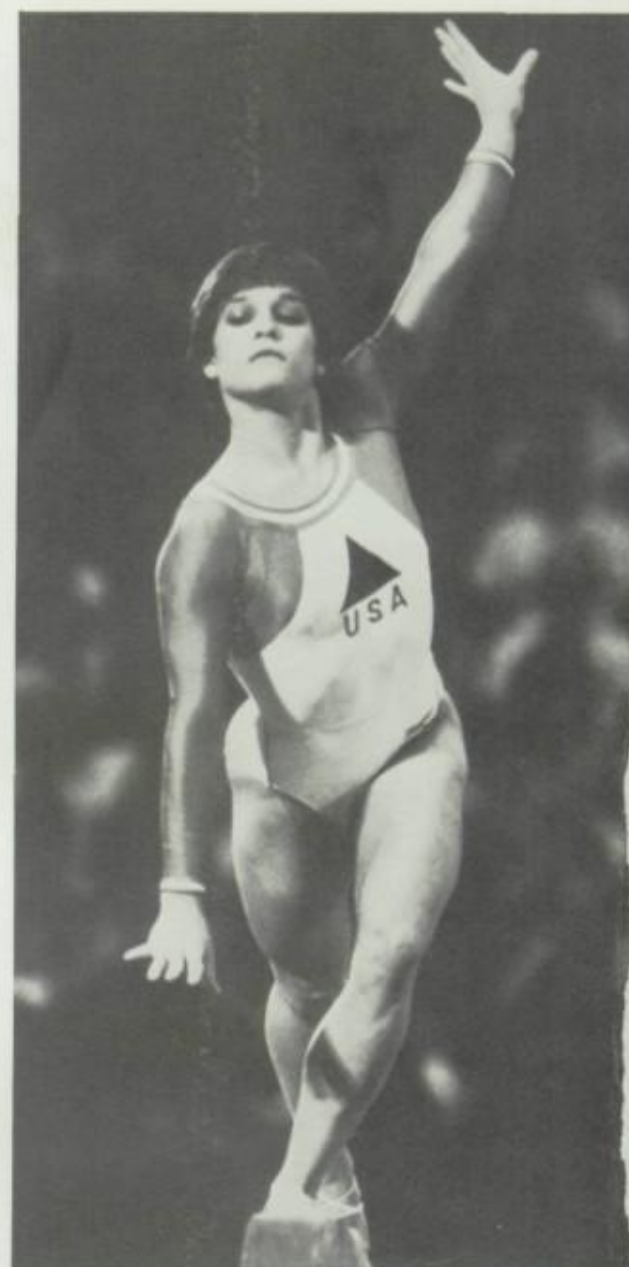
Robert Duvall received an Oscar for his role as a washed-up country singer who overcomes alcoholism in the film "Tender Mercies". Shirley MacLaine won for best Actress and Jack Nicholson won best supporting actor as an eccentric mother and pot-bellied ex-astronaut in "Terms of Endearment," which also won the best picture award. The best supporting actress Oscar went to Linda Hunt for her role in "The Year of Living Dangerously". The photo shows MacLaine and Duvall the night of the Oscars.

Michael Jackson conducted his so-called Victory Tour to more than a dozen cities. The original ticket policy, which required fans to mail in \$120 postal money order for four tickets with no guarantee that they could receive tickets, was shelved after much criticism.

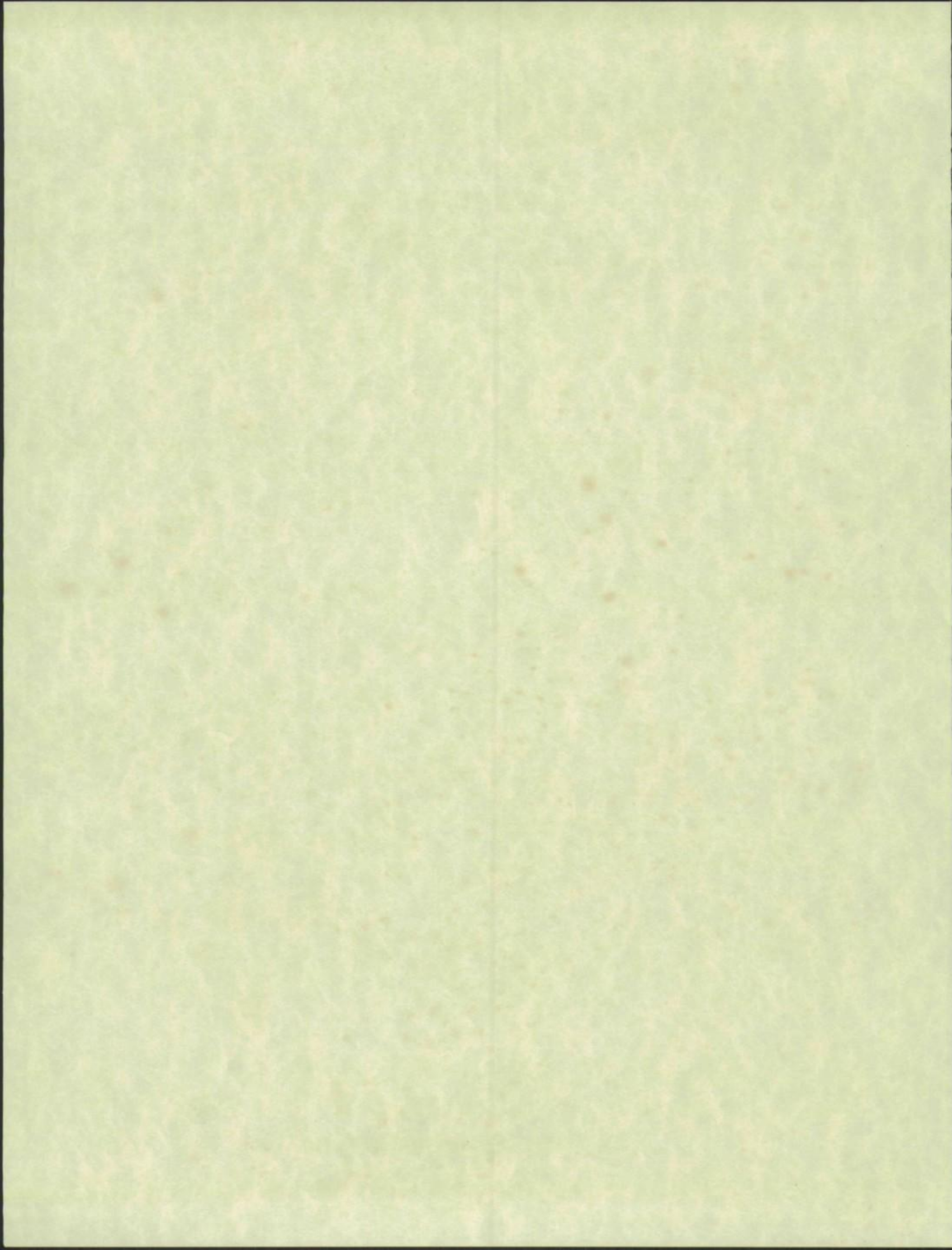
Sports

The United States did very well in the Summer Olympics, winning 83 gold medals, 61 silver and 30 bronze. Carl Lewis won four gold medals — the 100 meters, the 200 meters, the four 100 meter relay and the long jump. Mary Lou Retton won the all-round gold medal and led the gymnastic team to a silver medal; she also won bronze medals for the floor exercise and the uneven parallel bars and took a silver medal for the vault. The Soviet Union and other Communist countries boycotted the Summer Olympics.

The Winter Olympics in Yugoslavia saw the United States win four gold and four silver medals. Scott Hamilton won a gold in the men's figure skating and Steve Mahre won the gold medal in the Giant Slalom skiing event.



The World Series in 1984 saw the Detroit Tiger beat the San Diego Padres four games to one. The Chicago Cubs came close to getting into the series but the Padres won. In the American League, The Kansas City Royals lost in the playoffs to the Tigers. The photo shows Kirby Gibson of Detroit jumping for joy after scoring in game five. Darrell Evans is the on-deck hitter.



and their
to one
into the
American
the first
young
black.

